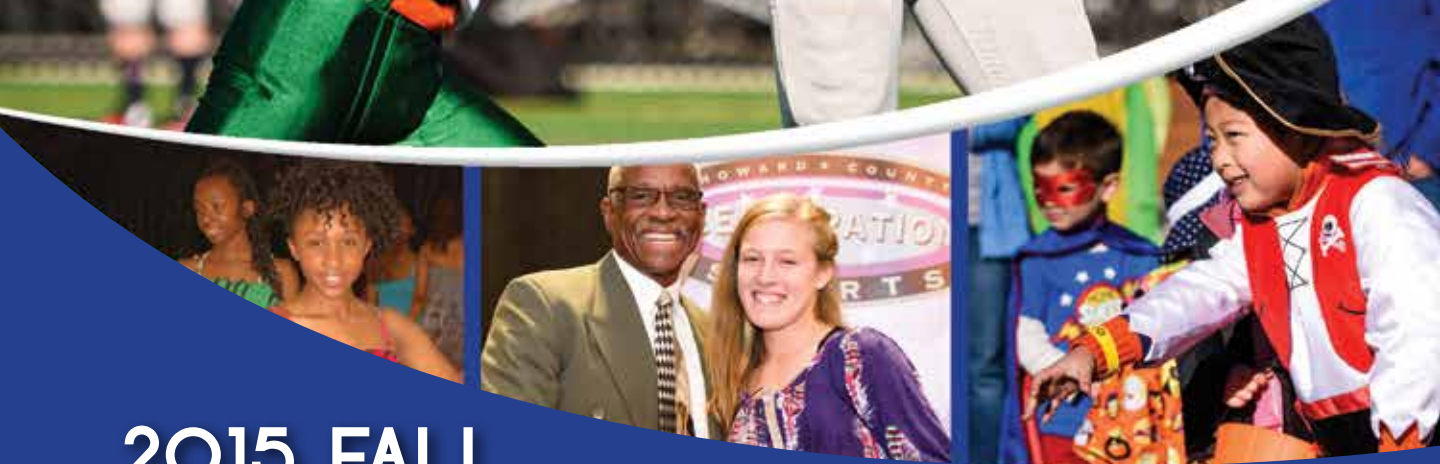




Howard County

RECREATION & PARKS

www.howardcountymd.gov/rap



2015 FALL ACTIVITY GUIDE

Includes 2015-16
FALL/WINTER
COMPETITIVE SPORTS

Online Registration
STARTS
AUGUST 5, 6 PM

Welcome to the Fall 2015 Activity Guide!

Welcome to the 2015 Fall Activity Guide, where you will find a diverse selection of programs, leagues, classes, special events and more to get you up, out and active in Howard County!

Whether you are looking to learn a new craft, take your cooking skills up a notch, join a sports league or anything in between, you are sure to find something fun and enriching this fall.

We are also excited to announce that the county's new Howard Astronomical League Observatory in Alpha Ridge Park is now open! First of its kind in our park system, the observatory features a 15-foot diameter dome that houses the restored Paul S. Watson telescope, a 12-inch Newtonian telescope originally built in 1937, and a library with more than 250 donated books. To learn about programs offered at the observatory this fall, check out pages 14 and 15.

With so much that's great about Howard County, we hope you take the opportunity this fall to experience all we have to offer!



Allan H. Kittleman

A handwritten signature of Allan H. Kittleman in dark ink.

Allan H. Kittleman
Howard County Executive

A handwritten signature of John R. Byrd in dark ink.

John R. Byrd
Department of Recreation
& Parks Director

Happy Retirement to Two Longtime Recreation & Parks Employees!



Barbara Moore, head of the licensed childcare division, retired in June after 40 years at Recreation & Parks. She began as a southern area program supervisor in February 1975, and holds the record for longest time work at Recreation & Parks.



Ken Webster, superintendent of administrative services, retired in June after 39 years with the department. Ken has held several roles in Recreation & Parks through the years and has also been integral in the department's partnership with the Elkridge Adult Athletic Association.

Cover photo: The Elkridge Hurricanes play the Ellicott City Patriots at Troy Park in Elkridge. For more information on fall youth tackle football leagues, contact Ray Hall, 410-313-1689 (Western Howard County Warhawks, Elkridge Hurricanes); Derrick Thompson, 410-313-4736 (North Laurel Tigers); Will Dunmore, 410-313-1697 (Ellicott City Patriots); or Sandra Lambert, 410-313-4715 (Howard County Terps).

How to Register

Howard County residents may register online beginning August 5 at 6 PM and by all other methods beginning August 6. Out-of-County residents may register online beginning August 12 at 6 PM and by all other methods beginning August 13. Plan ahead! An online account is required and may take up to 48 hours to approve.

For a complete listing of our policies and procedures, consult the "General Information" section beginning on page 99. Please let us know if you have any questions or suggestions — we always like to hear from you.

- On-line: www.howardcountymd.gov/rap
- Phone: 410-313-7275 (8 AM-4:30 PM, M-F)
- Fax: 410-313-4658
- TTY: 410-313-4665 (8 AM-4:30 PM, M-F)
- Mail-in: Howard County Recreation & Parks Headquarters
7120 Oakland Mills Road, Columbia, MD 21046
(Form on page 99)
- Walk-in: Howard County Recreation & Parks Headquarters
7120 Oakland Mills Road, Columbia (8 AM-4:30 PM, M-F)
- Bain Center (410-313-7320)
5470 Ruth Keeton Way, Columbia (9:30 AM-2 PM, M-F)
- Gary J. Arthur Community Center
2400 Rte. 97, Cooksville
(8 AM-8 PM, M-Sa; 9 AM-5 PM, Su)
- North Laurel Community Center
9411 Whiskey Bottom Road, Laurel
(8 AM-8 PM, M-Sa; 9 AM-5 PM, Su)
- Robinson Nature Center
6692 Cedar Lane, Columbia
(9 AM-5 PM, W-Sa; Noon-5 PM, Su)
- Roger Carter Community Center
3000 Milltowne Drive, Ellicott City
(7 AM-10 PM, M-Sa; 7 AM-9 PM, Su)

See page 95 for inclement weather/program status lines.

If you would like this Guide in a larger font, please contact Susan Potts, 410-313-4628.

Is the class you want full? Put your name on the wait list. We try to open new class sections for filled classes.

Table of Contents

Athletic, Community & Nature Centers	6
Pavilion & Facility Rentals	10
Historic Howard County Sites	10
Volunteer Opportunities	12
Special Events & Family Activities	14
Adventure & Outdoors	
Archery.....	19
Campfires.....	20
Camping.....	20
Canoeing/Kayaking.....	20
Fishing.....	21
Geocaching.....	22
Rock Climbing.....	22
Trail Hikes.....	22
Nature & Environment	
Astronomy & Planetarium.....	24
Family & Parent/Child.....	25
Youth.....	26
Adults.....	27
Trips & Tours	28
Child Care	
Early Learning Center.....	32
Elementary School.....	
Before & After Care.....	33
Middle School After Care.....	33
Therapeutic Recreation & Inclusion Services	
After School.....	33
Aquatics.....	34
Crafts & Fine Arts.....	34
Dance.....	34
Enrichment.....	34
Music & Theater Arts.....	35
Sports.....	35
Pre-K (0-5 yrs)	
Adventures in Learning.....	36
One Day Specials.....	37
Cooking.....	37
Crafts & Fine Arts.....	38
Dance.....	38
Fitness.....	39
Language.....	40
Music & Theater Arts.....	40
Youth (5-10 yrs)	
Chess.....	42
Cooking.....	42
Crafts & Fine Arts.....	43
Dance.....	44
Enrichment.....	44
Language.....	45
Music & Theater Arts.....	46
Science & Technology.....	48
Tweens & Teens (11-18 yrs)	
After School Program.....	51
Crafts & Fine Arts.....	51
Dance.....	51
Enrichment.....	51
Music & Theater Arts.....	52
School's Out.....	53
Special Events.....	53
Adults (18 yrs +)	
Cooking.....	54
Crafts & Fine Arts.....	55
Dance.....	58
Lifelong Learning.....	60
Music & Theater Arts.....	62
Paranormal Investigation.....	63
Adults (55 yrs +)	
Aquatics.....	64
Crafts & Fine Arts.....	64
Drop-In Activities.....	65
Lifelong Learning.....	65
Fitness	
Aerobics & Conditioning.....	66
Health & Relaxation.....	69
Sports	
Aquatics.....	73
Badminton.....	75
Baseball & Tee Ball.....	75
Basketball.....	76
Coaching Instruction.....	79
Cricket.....	79
Dodgeball.....	80
Fencing.....	80
Field Hockey.....	80
Fitness.....	81
Floor Hockey.....	81
Football.....	81
Golf.....	82
Gymnastics.....	84
Jump Rope.....	84
Lacrosse.....	85
Martial Arts.....	86
Multi-Sport.....	87
Pickleball.....	89
Running.....	89
Soccer.....	89
Softball.....	91
Tennis.....	91
Volleyball.....	93
Wrestling.....	94
General Information	95
Map	97
Registration Form	99

Extend Your Child's School Day

Atholton ES

A Golf Experience *Page 83*
 After-School Baseball *Page 76*
 After-School Soccer *Page 90*
 After-School Tennis *Page 92*
 Bricks4Kidz LEGO *Page 49*
 Chess Club - Before School *Page 42*
 NEW! Jr. Minecraft Programming *Page 50*
 KidzArt After School *Page 43*

Bellows Spring ES

After-School Baseball *Page 76*
 After-School Karate *Page 86*
 Chess Club - Before School *Page 42*
 Kid Empowerment *Page 45*
 KidzArt After School *Page 43*

Bollman Bridge ES

Bricks4Kidz LEGO After School *Page 49*

Burleigh Manor MS

Backyard Golf *Page 83*

Bushy Park ES

After-School Basketball *Page 77*
 After-School Dodgeball *Page 80*
 After-School Lacrosse *Page 85*
 After-School Soccer *Page 90*
 NEW! Cooking with Chef Nikki *Page 43*
 NEW! Jr. Minecraft Programming *Page 50*

Centennial Lane ES

Bricks4Kidz LEGO After School *Page 49*
 Kid Empowerment *Page 45*
 KidzArt After School *Page 43*

Clarksville ES

A Golf Experience *Page 83*
 Abrikadoodle Art Education *Page 43*
 After-School Lacrosse *Page 85*
 After-School Soccer *Page 90*
 Bricks4Kidz LEGO After School *Page 49*
 NEW! Jr. Minecraft Programming *Page 50*
 LEGO WE-DO Robotics *Page 50*
 NEW! Minecraft Modding *Page 50*
 Passport to China After School *Page 46*

Clemens Crossing ES

After-School Karate *Page 86*
 After-School Soccer *Page 90*
 Bricks4Kidz LEGO After School *Page 49*
 Chess Club - After School *Page 42*
 LEGO NXT Mindstorms *Page 50*

Cradlerock ES

After-School Basketball *Page 77*

Dayton Oaks ES

After-School Dodgeball *Page 80*
 After-School Lacrosse *Page 85*
 After-School Tennis *Page 92*
 Chess Club - After School *Page 42*
 NEW! Cooking with Chef Nikki *Page 43*
 NEW! Jr. Minecraft Programming *Page 50*
 Kid Empowerment *Page 45*

Passport to China After School *Page 46*
 Science Club After School *Page 48*
 Spanish After School *Page 46*

Deep Run ES

After-School Tennis *Page 92*
 Bricks4Kidz LEGO After School *Page 49*

Ducketts Lane ES

After-School Basketball *Page 77*
 Kid Empowerment *Page 45*

Elkridge ES

Abrikadoodle Art Education *Page 43*
 After-School Dodgeball *Page 80*
 After-School Floor Hockey *Page 81*
 After-School Flag Football *Page 81*
 Bricks4Kidz LEGO After School *Page 49*
 NEW! Jr. Minecraft Programming *Page 50*
 KidzArt After School *Page 43*
 Science Club After School *Page 48*

Forest Ridge ES

NEW! Cooking with Chef Nikki *Page 43*
 LEGO WE-DO Robotics *Page 50*

Fulton ES

A Golf Experience *Page 83*
 After-School Baseball *Page 76*
 After-School Dodgeball *Page 80*
 After School Recess *Page 88*
 Bricks4Kidz LEGO After School *Page 49*
 Chess Club - Before School *Page 42*
 NEW! Cooking with Chef Nikki *Page 43*
 KidzArt After School *Page 43*
 LEGO WE-DO Robotics *Page 50*
 Passport to China After School *Page 46*
 Science Club After School *Page 48*

Gorman Crossing ES

Abrikadoodle Art Education *Page 43*
 After-School Dodgeball *Page 80*
 After-School Floor Hockey *Page 81*
 After-School Soccer *Page 90*
 Bricks4Kidz LEGO After School *Page 49*
 Chess Club - After School *Page 42*
 NEW! Disney's Annie Jr. *Page 47*
 KidzArt After School *Page 43*
 LEGO NXT Mindstorms *Page 50*
 Passport to China After School *Page 46*
 Science Club After School *Page 48*
 Spanish After School *Page 46*

Guilford ES

After-School Soccer *Page 90*

Hammond ES

After-School Floor Hockey *Page 81*
 Chess Club - After School *Page 42*
 LEGO WE-DO Robotics *Page 50*

Hollifield Station ES

After-School Basketball *Page 77*
 Bricks4Kidz LEGO *Page 49*
 LEGO NXT Mindstorms *Page 50*

Ilchester ES

Bricks4Kidz LEGO After School *Page 49*
 Chess Club - Before School *Page 42*

NEW! Cooking with Chef Nikki *Page 43*
 NEW! Disney's Annie Jr. *Page 47*
 Kid Empowerment *Page 45*
 KidzArt After School *Page 43*
 Spanish After School *Page 46*

Jeffers Hill ES

After-School Flag Football *Page 81*
 After-School Tennis *Page 92*
 Bricks4Kidz LEGO After School *Page 49*

Lisbon ES

After-School Floor Hockey *Page 81*
 After-School Flag Football *Page 81*
 Chess Club - After School *Page 42*
 LEGO WE-DO Robotics *Page 50*

Longfellow ES

Kid Empowerment *Page 45*

Manor Woods ES

Chess Club - After School *Page 42*
 Kid Empowerment *Page 45*
 NEW! LEGO Engineers After School
 LEGO NXT Mindstorms *Page 50*
 LEGO WE-DO Robotics *Page 50*
 Science Club After School *Page 48*

Mayfield Woods MS

Backyard Golf *Page 83*

Northfield ES

A Golf Experience *Page 83*
 After School Recess *Page 88*
 Bricks4Kidz LEGO After School *Page 49*
 Chess Club - After School *Page 42*
 NEW! Cooking with Chef Nikki *Page 43*
 NEW! Disney's Annie Jr. *Page 47*
 KidzArt After School *Page 43*
 NEW! Minecraft Modding *Page 50*
 Spanish After School *Page 46*

Patapsco MS

Backyard Golf *Page 83*

Phelps Luck ES

After-School Floor Hockey *Page 81*
 Kid Empowerment *Page 45*

Pointers Run ES

After-School Dodgeball *Page 80*
 Bricks4Kidz LEGO After School *Page 49*
 Chess Club - Before School *Page 42*
 NEW! Disney's Annie Jr. *Page 47*
 Kid Empowerment *Page 45*
 KidzArt After School *Page 43*
 LEGO NXT Mindstorms *Page 50*
 Passport to China *Page 46*

Rockburn ES

After-School Dodgeball *Page 80*
 Bricks4Kidz LEGO After School *Page 49*
 Chess Club - After School *Page 42*
 Kid Empowerment *Page 45*
 KidzArt After School *Page 43*
 NEW! Minecraft Modding *Page 50*
 Passport to China *Page 46*
 Science Club After School *Page 48*

Running Brook ES

Bricks4Kidz LEGO After School *Page 49*

St. John's Lane ES

Abrikadoodle Art Education *Page 43*
 After-School Baseball *Page 76*
 Bricks4Kidz LEGO After School *Page 49*
 Chess Club - After School *Page 42*
 Kid Empowerment *Page 45*
 KidzArt After School *Page 43*
 LEGO NXT Mindstorms *Page 50*
 Passport to China After School *Page 46*
 Science Club After School *Page 48*

Swansfield ES

After-School Floor Hockey *Page 81*
 Bricks4Kidz LEGO After School *Page 49*
 NEW! Disney's Annie Jr. *Page 47*

Talbott Springs ES

Kid Empowerment *Page 45*

Thunder Hill ES

Abrikadoodle Art Education *Page 43*
 After-School Flag Football *Page 81*
 After-School Tennis *Page 92*
 Bricks4Kidz LEGO After School *Page 49*
 KidzArt After School *Page 43*
 Passport to China After School *Page 46*

Triadelphia Ridge ES

NEW! Cooking with Chef Nikki *Page 43*
 KidzArt After School *Page 43*

Veterans ES

After-School Basketball *Page 77*
 After-School Lacrosse *Page 85*
 Ballet/Jazz After School *Page 44*
 Kid Empowerment *Page 45*
 Passport to China After School *Page 46*
 Science Club After School *Page 48*

Waterloo ES

After-School Floor Hockey *Page 81*
 After-School Soccer *Page 90*
 After-School Tennis *Page 92*
 Bricks4Kidz LEGO After School *Page 49*
 Kid Empowerment *Page 45*
 LEGO NXT Mindstorms *Page 50*
 Passport to China After School *Page 46*
 Science Club After School *Page 48*

Waverly ES

After-School Soccer *Page 90*
 After-School Tennis *Page 92*
 Bricks4Kidz LEGO After School *Page 49*
 Chess Club - After School *Page 42*
 NEW! Disney's Annie Jr. *Page 47*
 Kid Empowerment *Page 45*
 NEW! Minecraft Modding *Page 50*

West Friendship ES

After-School Basketball *Page 77*
 Bricks4Kidz LEGO After School *Page 49*
 LEGO WE-DO Robotics *Page 50*
 Science Club After School *Page 48*

What To Do When School Is Out

September 14

Bricks4Kidz School's Out Workshop

5-11 yrs / Page 48

Meadowbrook School's Out Basketball Camp

9-14 yrs / Page 77

School's Out Drama Workshop by Drama Learning Center

Grades K-5 / Page 48

School's Out Junior Sports Camp

5-7 yrs / Page 88

School's Out Sports Camp

8-13 yrs / Page 88

September 23

Bricks4Kidz School's Out Workshop

5-11 yrs / Page 48

Meadowbrook School's Out Basketball Camp

9-14 yrs / Page 77

School's Out Drama Workshop by Drama Learning Center

Grades K-5 / Page 48

School's Out - Harry Potter – Travel On Our Magical Tour

6-11 yrs / Page 49

School's Out Junior Sports Camp

5-7 yrs / Page 88

School's Out Sports Camp

8-13 yrs / Page 88

School's Out Nature Day Camp

6-12 yrs / Page 26

October 2

Bricks4Kidz School's Out Workshop

5-11 yrs / Page 48

Meadowbrook School's Out Basketball Camp

9-14 yrs / Page 77

School's Out Archery Fishing & Kayaking

9-13 yrs / Page 19

School's Out Drama Workshop by Drama Learning Center

Grades K-5 / Page 48

School's Out Junior Sports Camp

5-7 yrs / Page 88

School's Out Sports Camp

8-13 yrs / Page 88

School's Out – Prospector's Mystery Rock

6-11 yrs / Page 49

Sciensational School's Out Workshop

6-11 yrs / Page 49 & 50

Teens Day Out

Grades 6-8 / Page 53

October 16

Bricks4Kidz School's Out Workshop

5-11 yrs / Page 48

Meadowbrook School's Out Basketball Camp

9-14 yrs / Page 77

School's Out - CSI Crime Scene Investigation

7-12 yrs / Page 50

School's Out Drama Workshop by Drama Learning Center

Grades K-5 / Page 48

School's Out Junior Sports Camp

5-7 yrs / Page 88

School's Out Sports Camp

8-13 yrs / Page 88

School's Out Nature Day Camp

6-12 yrs / Page 26

School's Out Rock Climbing & Swim

9-13 yrs / Page 22

Teens Day Out

Grades 6-8 / Page 53

November 25

Bricks4Kidz School's Out Workshop

5-11 yrs / Page 48

Meadowbrook School's Out Basketball Camp

9-14 yrs / Page 77

School's Out Drama Workshop by Drama Learning Center

Grades K-5 / Page 48

December 28-31

Bricks4Kidz Winter Break Camp

5-11 yrs / Dec 28-31 / Page 48

Chess Winter Break Camp

Grades K-8 / Dec 28-31 / Page 42

Magnetic Levitation For Future Transportation Winter Break Mini-Camp

7-12 yrs / Dec 30-31 / Page 50

Roller Coasters and More Amusement Park Rides Winter Break Mini-Camp

7-11 yrs / Dec 28-29 / Page 50

Teens Day Out: Winter Break Camp

11-14 yrs / Dec 28-30 / Page 53

Winter Mix Camp

5-13 yrs / Dec 28-31 / Page 88



Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children ages 15 and under require adult supervision in the facility.
- Ages 12-15 require adult supervision in the facility, except during the after-school TeenZone and Friday Fun Zone.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit [Pinterest /hocorec](https://www.pinterest.com/hocorec).

Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate, unless they are a participant in a Recreation & Parks program. The center membership gives you access to the three community centers (does not include the fitness room).

Annual Youth (5 yrs +)	\$25 / \$50 (NR) ₂
Annual Adult (16 yrs +)	\$25 / \$50 (NR) ₂
Annual Senior Weekday Fitness ₁	\$25 / \$50 (NR) ₂
Annual Senior 7-Day Fitness ₁	\$55 / \$110 (NR) ₂
Card Replacement Fee	\$10
Daily Center Pass	\$5

1. Only Senior Center Members are eligible. Senior Fitness times vary per center. This membership gives you access to N. Laurel and Gary J. Arthur Community Centers.
2. NR = Non Resident



3 GREAT CENTERS, 1 LOW PRICE!

- The Fit4U Package allows you to use our three community centers' fitness facilities.
- No enrollment fees.
- Center membership included!

Pricing

Yearly.....	\$25/month
6 Months.....	\$30/month
3 Months.....	\$35/month
Monthly.....	\$40/month
Drop-In/Guest Rate.....	\$5/visit

Additional Information

- For ages 13-15 at GJACC, NLCC and RCCC, parental supervision is required and each child must complete a mandatory orientation.
- Discounted rates available for members ages 60+.
- Discounted rates available for couples (two adults in same household).
- Discounted rates available for members ages 3-12, parental supervision is required (includes use of the swimming pool and gymnasium during drop-in hours and programs but does not include fitness rooms).
- Call for more pricing information.
Gary J. Arthur Community Center: 410-313-4840
North Laurel Community Center: 410-313-0390
Roger Carter Community Center: 410-313-2764

Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during open swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

Youth Fit4U

Children ages 3-12 have access to the pool, gymnasium and walking track, while accompanied by an chaperon over 18 years old.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85	\$55	\$35	\$15	\$5/visit

GJACC = Gary J. Arthur Community Center NLCC = North Laurel Community Center
RCCC = Roger Carter Community Center

Drop-In Fun

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur) or 410-313-2764 (Roger Carter).

Basketball (Family, 16 yrs + & 50 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	8-10 PM	M
16 yrs +	Gary J Arthur Comm Ctr ₁	7-9 PM	M
16 yrs +	N Laurel Comm Ctr	6-7 PM	Tu
16 yrs +	Roger Carter Comm Ctr	8-10 PM	M
16 yrs +	Roger Carter Comm Ctr	7-10 PM	Sa
50 yrs +	Gary J Arthur Comm Ctr ₂	9-11 AM	M, W & F
50 yrs +	N Laurel Comm Ctr	10 AM-noon	M & W

1 No full-court games at GJACC

2 An Office of Aging program

Billiards (18 yrs +)

Rack'em up and come play some pool!

Gary J Arthur Comm Ctr	10 AM-2 PM	Tu
N Laurel Comm Ctr	10 AM-2 PM	Tu

Friday Family Fun Night

Open gym time that is welcoming for kids and families. Basketball hoops can be lowered for our youngest members. No full court games, so there is space for fun for all.

Gary J Arthur Comm Ctr	5:30-7 PM	F
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Swimming

Full schedule: (www.howardcountymd.gov/RCCC.htm).

Lap Swim (13 yrs +)

Swim in one of our six lap lanes.

Roger Carter Comm Ctr	6-10 AM	M, W, F
Roger Carter Comm Ctr	7:30-9:30 PM	M-F

Open Swim (All ages)

Roger Carter Comm Ctr	Noon-5 PM	M-F
Roger Carter Comm Ctr	Noon-9:30 PM	Sa
Roger Carter Comm Ctr	9 AM-8:30 PM	Su

Pre-K Swim

Meet friendly local families to talk about the kids and have fun! Chaperone must be at least 16 years old. View the full schedule online (www.howardcountymd.gov/RCCC.htm).

Roger Carter Comm Ctr	10 AM-noon	M-F
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Masters Swim

See page 74

Pickleball (16 yrs +)

Learn and practice your Pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

N Laurel Comm Ctr	9 AM-noon	F
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Ping Pong (16 yrs +)

Are you a menace at table tennis?

Gary J Arthur Comm Ctr	Noon-4 PM	Th
N Laurel Comm Ctr	Noon-4 PM	Sa

Social Sandbox

Meet friendly local moms to talk about the kids and have fun!

Takes place in the gym. Chaperone must be at least 18 years old.

Gary J Arthur Comm Ctr	Noon-1 PM	Th
N Laurel Comm Ctr	9:30-11:30 AM	Tu & Th

Stroller Moms & Friends

Bring a friend, your stroller and the babies and get some exercise walking our indoor track. Chaperone must be at least 18 years old.

Gary J Arthur Comm Ctr	8-11 AM	W & F
N Laurel Comm Ctr	8-9 AM	Tu & Th

TeenZone (12 yrs +)

Come shoot hoops, play billiards, ping pong and games. Or just come and hang out!

Gary J Arthur Comm Ctr	2:30-5:30 PM	M-Th*
N Laurel Comm Ctr	2:30-5:30 PM	M-F
Roger Carter Comm Ctr	2:30-5 PM	M-F

*See Friday Fun Zone in Teen section on page 51.

Volleyball (Family & 16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	7-10 PM	W
Family	Roger Carter Comm Ctr	5-7 PM	Sa
16 yrs +	Gary J Arthur Comm Ctr	7-9 PM	W
16 yrs +	N Laurel Comm Ctr	5:30-7 PM	Th
16 yrs +	Roger Carter Comm Ctr	7-10 PM	W
16 yrs +	Roger Carter Comm Ctr	5-7 PM	Sa



Celebrate your Birthday with Howard County!

BIRTHDAY MAGIC IS CREATED WHEN YOU HOLD YOUR PARTY AT A
HOWARD COUNTY FACILITY OR PAVILION.
GREAT LOCATIONS! UNFORGETTABLE FUN!

ADVENTURE, NATURE & OUTDOORS

410-313-4623

GARY J. ARTHUR COMMUNITY CENTER

410-313-4840

MEADOWBROOK ATHLETIC COMPLEX

410-313-1163

NORTH LAUREL COMMUNITY CENTER

410-313-0390

PAVILIONS IN THE PARKS

410-313-4682

ROBINSON NATURE CENTER

410-313-0400

ROGER CARTER COMMUNITY CENTER

410-313-2764



Allows you to use these three Community Centers' fitness facilities.

See page 6



flickr



GARY J. ARTHUR
COMMUNITY CENTER

2400 Rte 97, Cooksville, MD 21723

Registration: 410-313-4840

Hours: 7 AM-9 PM, M-Sa; 9 AM-6 PM, Su

Closed: Sep 7, Nov 26-27, Dec 25

Closing at 5 PM: Dec 24 & 31

www.howardcountymd.gov/GJACC.htm



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NORTH LAUREL
COMMUNITY CENTER

9411 Whiskey Bottom Rd, Laurel, MD 20723

Registration: 410-313-0390

Hours: 8 AM-9 PM, M-Sa; 9 AM-6 PM, Su

Closed: Sep 7, Nov 26-27, Dec 25

Closing at 5 PM: Dec 24 & 31

www.howardcountymd.gov/NLCC.htm



flickr



ROGER CARTER
COMMUNITY CENTER

3000 Milltowne Drive, Ellicott City, MD 21043

Information/Rentals/Reservations: 410-313-2764

Hours: 6 AM-10 PM, M-F; 7 AM-9 PM, Sa & Su

Closed: Nov 26-27, Dec 25

Closing at 5 PM: Sep 7, Dec 24 & 31

www.howardcountymd.gov/RCCC.htm

Kiwanis-Wallas

HALL

3300 Norbert's Way, Ellicott City, MD 21042

Info: 410-313-2636

Reservations: 410-313-2637

Center Hours: 9 AM-5 PM, M-F

Closed: Sep 7, Nov 26-27, Dec 25

Closing at 5 PM: Dec 24 & 31

Perfect for larger events with a banquet capacity of 200 people.

Room dividers can partition the facility into three areas.



flickr



MEADOWBROOK
ATHLETIC COMPLEX

5001 Meadowbrook Lane, Ellicott City, MD 21043

Info: 410-313-1161

Facility Rental: 410-313-1163

Recorded Info: 410-313-4452

Inclement Weather/Facility Status: 410-313-4452

Gym Hours: 410-313-4452

www.howardcountymd.gov/MAC.htm

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve All ages and levels of play.

MAC Early Risers Walking Package

For one low, annual fee, you can use the walking track from 7-9 AM, M-F.

Info: Matthew Knoerlein, 410-313-1163.

Adults & Youth: \$25

Get Active Package

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults).

Info: Matthew Knoerlein, 410-313-1163.

Fall (Sep – Dec)

Adults: \$69 Season, \$25 Month

*Also includes select local school gym drop-in basketball and volleyball.

Youth: \$25 Season, \$10 Month



flickr



6692 Cedar Lane, Columbia, MD 21044

Info: 410-313-0400

Facility Rental: 410-313-0400

Center Hours: 9 AM-5 PM, W-Sa;

Noon-5 PM, Su

Closed: Mondays, Tuesdays, Nov 26-27, Dec 25

www.howardcountymd.gov/RobinsonNatureCenter.htm

This unique nature center features interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room, an outdoor "Nature Place" play area, and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities.

Daily General Admission*

Adults: \$5

Children (3-17 yrs): \$3

Children (under 3 yrs): Free

* Admission is complimentary for individuals and families every Wednesday.

Group visits are subject to admission fees and must be booked in advance.

Annual and Lifetime Passes

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, discounts in the gift shop during designated events and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

Senior (50 yrs +): \$20 / \$40 (Non Resident)

Student (with valid school ID): \$20 / \$40 (Non Resident)

Individual: \$25 / \$50 (Non Resident)

Family: \$50 / \$100 (Non Resident)

(Family pass includes members of the immediate household.)

Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits.

Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 or visit

www.friendsoftherobinsonnaturecenter.org for details.

Patron: \$175

Supporter: \$250

Sustainer: \$500

Lifetime: \$1,000

Field Trips

We offer year-round field trip programming for All ages. Programs may be booked Wednesday-Sunday during our hours of operation. Field trips last between 1½ and 3 hours and range between \$9 and \$15 per participant.

Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.



Pavilions are perfect for birthdays, family outings, and more.

Pavilion & Facility Rentals

Information/Reservations: 410-313-4682

*For North Laurel Park Pavilion: 410-313-0390

www.howardcountymd.gov/rentals.htm

Park/Pavilion Name	Fee (resident/non-resident)
Alpha Ridge Park Pavilion 1 & 2	\$155 / \$185
Centennial Park Pavilion A, B & C	\$150 / \$180
Centennial Park Pavilion D	\$360 / \$390
Centennial Park Pavilion E, F & G	\$150 / \$180
Centennial Park Pavilion H	\$900 / \$930
Centennial Park Pavilion O	\$155 / \$185
Cedar Lane Park East Pavilion	\$320 / \$350
Cedar Lane Park West Pavilion	\$400 / \$430
Guilford Park Pavilion	\$155 / \$185
Hammond Park Pavilion	\$155 / \$185
High Ridge Park Pavilion	\$300 / \$330
Meadowbrook Park Hawksview Pavilion	\$350 / \$380
*North Laurel Park Pavilion	\$300 / \$330
Rockburn Branch Park Pavilion	\$225 / \$255
Savage Park Pavilion	\$330 / \$360
Waterloo Park Large Pavilion	\$155 / \$185
Waterloo Park Small Pavilion	\$130 / \$160
Western Regional Park Pavilion 1	\$200 / \$230
Western Regional Park Pavilion 2 & 3	\$155 / \$185
Western Regional Park Pavilion 4 & 5	\$350 / \$380

Indoor Facilities

Info: 410-313-4682

www.howardcountymd.gov/CentersFacilitiesRentals.htm

Ellicott City Colored School, Restored: 410-313-5131

Gary J. Arthur Community Center: 410-313-4840

North Laurel Community Center: 410-313-0390

Patapsco Female Institute Historic Park: 410-313-5131

Pfeiffer's Corner Schoolhouse: 410-313-4682

Robinson Nature Center: 410-313-0400

Roger Carter Community Center: 410-313-2765

Schooley Mill Activity and Conference Rooms: 410-313-4682

Waverly Mansion: 410-437-5711

Historic Howard County Sites

Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.

For more information about these sites, visit www.howardcountymd.gov/HistoricalSites.htm.

To see more photos, visit [Pinterest /hocorec](https://www.pinterest.com/hocorec)

Baltimore & Ohio (B&O) Railroad Station

This national historic landmark is the oldest surviving railroad station in the United States. Erected in 1830-31, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19th and 20th centuries. Open Wednesday-Sunday, 11 AM-4 PM. Admission: \$6, adults; \$4, seniors (60+); \$3, 2-12 years old; Free, under 2 years old.

2711 Maryland Avenue, Ellicott City, MD 21043

(intersection of Main St. and Maryland Ave. in the Historic District).

Info: 410-461-1945 or ecborail.org

Belmont Manor & Historic Park

Howard County Government purchased Belmont in 2012 to ensure the stewardship of this historic site for the residents of Howard County. The Federal style manor house built in 1738 is one of Howard County's best kept secrets. Located on 68 acres in Elkridge, Belmont is a popular venue for executive retreats, weddings, luncheons, reunions, corporate trainings, company picnics, fundraisers and special events. Groups may rent rooms in the Manor House or choose among several packages that can include the house, formal gardens, picnic areas and grounds. Tours may be scheduled.

6555 Belmont Woods Road, Elkridge, MD 21075

Info: 410-313-0200 or www.howardcountymd.gov/Belmont.htm

Blandair Farm

Blandair takes its name from Theodorick Bland, a colorful figure in early Maryland politics. He served as Chancellor of Maryland from 1824 until his death in 1846. While the property was farmed as early as 1798, most of the existing buildings date from the mid-19th century and include a granary, a springhouse, some tenant houses and the brick main house. Howard County purchased the property in 1998 and plans to develop the site as a regional park. Occasional heritage programs are held there.

6651 Route 175, Columbia, MD 21044

Bollman Truss Bridge

This is the only known remaining example of the revolutionary all-iron truss system patented by Baltimore engineer Wendell Bollman in the mid-19th century. Constructed in 1869, the bridge was moved to its current site in 1888 and was in use until 1915. Designated a National Historic Landmark in 2000, it is now utilized as a pedestrian bridge connecting Historic Savage Mill with the Mill Trail, a walk linking old mill sites along the Patuxent River.

8650 Foundry Street, Savage, MD 20763



Belmont Manor & Historic Park



Thomas Isaac Log Cabin

Rentals

Historic Sites



Bollman Truss Bridge



Patapsco Female Institute Historic Park

Ellicott City Colored School, Restored

This one-room schoolhouse was constructed in 1880 as the first public school for African-American children in Howard County. In use as a school until the early 1950s, the building was re-purchased by the county in 1995 and restored with the assistance of public and private funding. The building houses a genealogical resource center and a museum chronicling the history of African Americans in Howard County. Changing exhibits and seminars highlight the contributions by people of color to the history of the region. Tours offered Saturday and Sunday at 3 PM, April through October. Private and group tours are available year-round, weather permitting.

8683 Frederick Road, Ellicott City, MD 21043

Info: 410-313-0420

Firehouse Museum

This museum is located in the County's first firehouse house (constructed by volunteers in 1889). View a wide array of fire apparatus, model toys and an impressive visual history of Howard County's Volunteer Fire Department. Open Saturday and Sunday, 1-4 PM, April through December. Private and group tours are available year-round, weather permitting.

3829 Church Road, Ellicott City, MD 21043

Info: 410-313-0420

Heritage Orientation Center

This is in the county's first Court Records building. View unique exhibits on the 18th and 19th Century milling techniques, floods of Ellicott Mills and the Ellicott Family. Open daily, 11 AM-4 PM (behind Thomas Isaac Log Cabin).

8334 Main Street, Ellicott City, MD 21043

Info: 410-313-0420

Patapsco Female Institute Historic Park

Situated on a hilltop overlooking the Patapsco River Valley, The Patapsco Female Institute was founded in 1837 as an elegant finishing school for young women. The stabilized ruins of the Greek revival structure are open for tours and serve as a beautiful setting for special events, including weddings, receptions, camps and open-air theatre. Tours on Saturday and Sunday at 1:30 PM, April through October. Private and group tours are available year-round, weather permitting.

3655 Church Road, Ellicott City, MD 21043

Info/Scheduling special events and rentals: 410-313-0420

Pfeiffer's Corner Schoolhouse

Originally constructed about 1883, this is one of the few remaining one-room schools in the county. Children were educated within its walls for over 50 years until it was converted into a residence in the 1940s. In 2003, it was moved to Rockburn Branch Park where it illustrates the changes over a 100-year time span of our schools, serves as a historic exhibit and provides space for demonstration classes, interpretive tours and small meetings.

6109 Rockburn Branch Park Road, Elkridge, MD 21227

Info: 410-313-0420

Thomas Isaac Log Cabin

Named after its late 19th century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott Mills. The cabin was reconstructed on the present site in the late 20th Century. Visitors learn about the settlement and development of the region and artisans. Open Saturdays and Sundays, 1-4 PM, April through December. Private and group tours are available year-round, weather permitting.

8394 Main Street, Ellicott City, MD 21043

Info: 410-313-0420



More than 40 volunteers planted 200 trees at West Friendship Park as part of the county's Earth Day events.

Volunteer Opportunities

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements

- Be at least 18 years old or 13-17 years old with parental consent;
- Complete the Volunteer Application;
- Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.

To sign up or to get more information about volunteer opportunities, please visit www.hocovolunteer.org. For additional information contact Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

MPEA Weed Warrior Volunteer Days

14 yrs + / Various days starting Sep 22 / Free

Learn about local ecology while taking action to improve the health of the county's local ecosystems. Complete required volunteer service hours and be eligible to receive coupons from Chick-fil-A on Johns Hopkins Road, a water bottle from REI, or a lawn ticket from Merriweather Post Pavilion. Activities include removing invasive plants from the forest and replanting native trees, shrubs and herbaceous plants. Registration/Info: Davey Rogner, 410-313-0476 or drogner@howardcountymd.gov.

Middle Patuxent Environmental Area (MPEA) (5795 Trotter Rd, Clarksville)

3:30-6 PM Tu & F

Gardening Get-Togethers at Robinson

All ages / Dates below / Free

Join us every Thursday and Saturday (weather-dependent and excluding holidays) as we venture into the outdoors at Robinson Nature Center to tackle various volunteer stewardship projects. Projects may include planting native wildflowers, removing invasive plants, maintaining native trees and shrubs, trail maintenance and trash cleanup. Children under the age of 18 must be accompanied by an adult during these events. Info/Event status: 410-313-0400 or Brian Campbell, bcampbell@howardcountymd.gov or www.howardcountymd.gov/RNCvolunteers.htm.

Robinson Nature Ctr 10 AM-noon Th & Sa (weekly)

Volunteers Needed: The Haunted Experience at Rockburn Branch Park

16 yrs + / Oct 16, 17, 23, 24, & 30 / Free

Volunteers, come dress as "characters" in the haunted house and in the fields. (Event info on page 15.) Volunteer for one or more nights. Preregistration is required. Volunteer hours are Fridays from 5:30-10:30 PM and Saturdays from 5:30-10:30 PM. Wear old clothes; costumes and make up are provided. Registration/Info: www.hocovolunteer.org.

Rockburn Branch Pk (Montgomery Rd entrance) F & Sa

Family Volunteer Day

All ages / Nov 7, rain date Nov 14

Beautify county parks and historic sites! Families, community groups, clubs and organizations, come be a part of a rewarding experience. Serve and spend quality time together while helping with trail and plant bed maintenance, leaf and invasive plant removal, tree planting and more. Please support the Howard County Food Bank by bringing a non-perishable food item! Volunteers under the age of 16 must be accompanied by an adult. You must register before October 30. To register: www.hocovolunteer.org. Info: Linda DiPanfilo, 410-313-4704 or ldipanfilo@howardcountymd.gov. County Parks (TBD) 9 AM-noon Sa



BELMONT

MANOR & HISTORIC PARK

Now Booking
Through
2017

- Beautiful Historic Manor House on 68 acres of protected park land
- Suitable for meetings, retreats, receptions, presentations, holiday parties, company picnics, team building & events
- WI-Fi & AV equipment
- Conference room, ballroom & dining rooms with adjacent break rooms & gas fireplaces
- Game package & billiards room
- Howard County Conservancy Nature Center on-site
- Convenient location, minutes from BWI Airport, I-95 & Rt 100

To book or for more information
Call 410-313-0200 or email callen@howardcountymd.gov
6555 Belmont Woods Road, Elkridge, MD 21075
www.howardcountymd.gov/belmont.htm



COMMUNITY SUPPORTED FORESTRY

Find out how you can receive free trees and shrubs to help enhance stream buffers and increase tree canopy in your community.

Stream ReLeaf Program

If you live near a stream, you may be eligible to receive free trees and shrubs to establish or increase the riparian stream buffer.
www.howardcountymd.gov/StreamReleaf.htm

Tree Canopy Program

If your yard has less than 40% tree canopy coverage, you may be eligible to receive free trees and planting services.
www.howardcountymd.gov/TreeCanopy.htm

Eligibility and Information

tree@howardcountymd.gov

Volunteers



November 21, 11 AM - 2 PM
at Long Reach High School

Connect with other teens through leadership, volunteer and recreational programs, and learn about great things to do in Howard County!

Information: Holly Harden, 410-313-4625
harden@howardcountymd.gov

Rockburn Open Car Show

2014
People's Choice
Award Winner



Saturday, August 15
10 AM – 2 PM

Rockburn Branch Park
(Montgomery Road entrance)

Show is free to the public!

- Classics
- Hot Rods
- 1999 & older
- Antiques
- Modifieds
- See page 14 for details



Vintage cars come to Howard County at the Rockburn Car Show.

Special Events & Family Activities

August

Rockburn Open Car Show

All ages / Aug 15 / Free to visitors, exhibitor prices below

Come celebrate the beauty of classic, antique, hot rods and modified cars. Find great enjoyment in viewing the cars on display. The show is open to the public. Food is available for purchase. Registration/Info: 410-313-7275.

Rockburn Branch Pk / 10 AM-2 PM / Sa

RP4099.401 Car Entries / \$10, preregister; \$15, on-site registration
Classics, antiques, hot rods and modifieds, 1999 and older. First 100 registrants receive a commemorative dash plate. Early registration is encouraged. Awards given: The Gary J. Arthur Memorial Award, The EAAA Jay Herbert Memorial Award, Best in Show Award and the People's Choice Award. Best of Class awarded in the following categories: American Cars, Corvettes, Trucks, Euro Imports & Asian Imports.

RP4099.402 Car Flea Market Vendors / \$25, preregister; \$30, on-site registration
18'x20' space for motor vehicles parts and accessories only.

Spaces are limited – first-come, first-served.

RP4099.403 Car Sales / \$20, preregister; \$30, on-site registration

September

Fall Outdoor Flea Market at Glenwood

18 yrs + / Sep 12 / \$20, space; \$5, 6' table; free for shoppers

Clean out those basements, closets, and garages and haul your items down to this community center for a fun day of selling and buying. Space available on a first-come, first-served basis. Reservations required at least one week before the event. Registration/Info: 410-313-4840.

RP4141.501 Gary J Arthur Comm Ctr 9 AM-noon Sa

NEW! Hispanic Cultural Fair

All ages / Sep 12 / Free

Come join us for a cultural celebration of our Hispanic communities! Enjoy delicious ethnic foods, entertainment, artisan crafts and children's activities. If interested in being a vendor or entertainer, call 410-313-0459.

N Laurel Comm Ctr 1-4 PM Sa

Lace Day at the Thomas Isaac Log Cabin **flickr** **9 yrs + / Sep 12 / Free**

Try your hand at the delicate and ancient craft of making lace alongside members of the Chesapeake Lace Maker's Guild as they return to the Thomas Isaac Log Cabin for this special event. Master and apprentice lace makers demonstrate various types of lace making and share their expertise on the history of lace making. Pillows for bobbin lace making are available to the public. Want to know more about Colonial crafts? Come learn about other common crafts and trades necessary to everyday life from this by-gone era! Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

Thomas Isaac Log Cabin 10 AM-3 PM Sa

NEW! Wine & Canvas Baltimore *Page 56*

Fall Heritage Day at the Historic Sites

All ages / Sep 19 / Free

Celebrate autumn throughout the historic sites in Ellicott City during Fall Heritage Day! Sites are open with special activities to entertain all ages. Step back in time at the Thomas Isaac Log Cabin for a taste of Colonial life. Bring the kids to The Firehouse Museum for a show & tell corner and information on fire safety to take home. Visit the Ellicott City Colored School, Restored to view an exhibit of photos and documents about the history of the school, life in segregated Howard County and some of its former students.

Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

Ellicott City Colored School, Restored 1-4 PM Sa

Firehouse Museum 1-4 PM Sa

Thomas Isaac Log Cabin 1-4 PM Sa

NEW! Sky-Scanning

7 yrs+ / Sep 19 / \$6, individual; \$18, family (up to 5 members)

Join us for special guided night hikes by moonlight. Enjoy tours on how to navigate the night sky. View near and deep sky targets through the Watson telescope at the new Howard Astronomical League (HAL) Observatory to celebrate "International Observe the Moon Night" with members of HAL and staff from the Robinson Nature Center. Bring a flashlight. Preregistration required. Registration/Info: 410-313-0400.

RP4804.501 Alpha Ridge Pk Observatory 7-9 PM Sa

Belmont Manor & Historic Park Open House

All ages / Sep 20 / Free

This unique site is not open daily for public tours, so this is your chance to see what everyone is talking about! Spend some time exploring the pristine setting of one of Howard County's most beautiful historic sites. Nestled within a 68-acre natural setting, you are transported back to the 18th century as you come upon the stucco-covered Manor and its lush gardens, historic outbuildings, cemetery, aqua garden, carriage house and original barn. Enjoy a walk through the manor house or a stroll through the grounds where you can play croquet, horseshoes, badminton, or other outside games. Feel free to bring a picnic. The Howard County Conservancy operates a nature center in the Carriage House and will be open to visitors.

Belmont Manor & Historic Pk 1-5 PM Su

Leave Your Mark: Art Tile Project

3 yrs + / Sep 20 / \$35 per tile or 3 tiles for \$100

Make a memory that lasts a lifetime! Through this program, your child creates original art work for a tile that will be permanently installed inside the Robinson Nature Center's main building. Proceeds from this program support Friends of the Nature Center projects, including scholarships for Title 1 school field trips and the outdoor Nature Place. Please preregister. Registration/Info: 410-313-0400.

RP4853.501 Robinson Nature Ctr 12:30-2 PM Su

RP4853.502 Robinson Nature Ctr 2:30-4 PM Su

Robinson Nature Center Anniversary Open House Event **flickr**

All ages / Sep 20 / Free

We can't wait to celebrate Robinson Nature Center's 4th birthday with you! Come see what's new (including our "Nature Place" outdoor play area for kids). Enjoy live animal presentations, guided nature walks, face-painting, crafts and shows in our planetarium. Enjoy music, activities with our partners, food vendors and outdoor picnic area. Explore the exhibits and play in the Discovery Room. Children must be accompanied by an adult at all times. No registration necessary. Activity and parking info:

<http://www.howardcountymd.gov/RNCopenhouse.htm> or 410-313-0400.

Robinson Nature Ctr Noon-5 PM Su

Harmony and Hops

21 yrs + / Sep 25 / \$40

Join Candlelight Concert Society and Robinson Nature Center for a unique, adults-only fall celebration. Hear art imitate nature as you migrate through genres of music in beautiful, natural settings. Enjoy jazz in the meadow, ethereal vocals cascading through the woods, an array of classical works with wind and strings, and avant-garde music under the stars. Local food truck and craft brews available throughout the evening. Info on artists, food and breweries: www.howardcountymd.gov/RNCHarmonyHops.htm.

RP4860.502 Robinson Nature Ctr 6:30-9:30 PM F

Public Star Parties

All ages / Dates below / Free

Come enjoy the night sky through telescopes set up by The Howard Astronomical League. At this relaxed, casual, family event, view live images on a big screen as seen through the Watson Telescope in Howard Astronomical League's new observatory located in the park. Info/weather updates: www.howardastro.org or call 410-313-4372.

RP3425.501	Alpha Ridge Pk Observatory	Sep 26	7-11 PM	Sa
RP3425.502	Alpha Ridge Pk Observatory	Oct 24	6:30-11 PM	Sa
RP3425.503	Alpha Ridge Pk Observatory	Nov 21	5-11 PM	Sa

NEW! 20th Anniversary Celebration of the Patapsco Female Institute Historic Park

All ages / Sep 27 / Free

Celebrate the 20th anniversary of the Patapsco Female Institute (PFI) Historic Park. PFI was a renowned school for girls (1837-1891). Enjoy portrayals of students and scenes from the mid-19th Century (2-4 PM), followed by a reception (4-6 PM), including presentations. Shuttle available to and from the Courthouse parking lot. Open rain or shine.

Info: Friends, 410-465-8500 or friendsofpfi@yahoo.com or Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

Patapsco Female Institute Historic Pk 2-6 PM Su

October

Celebration of Sports **flickr**

All ages / Oct 6 / \$40, individual; \$400, table of 10

Join us along with other organizations and businesses with a vested interest in community sports in Howard County for a Celebration of Sports. Share in the evening's events as we induct members into the Community Sports Hall of Fame, honor GoodSports recipients, and enjoy a delicious buffet dinner. Seating begins at 5 PM. Tickets purchased after September 18 are held at will call. Info: Mike Blevins, 410-313-1691.

RP6600.501	Individual Turf Valley Resort	5-9 PM	Tu
RP6600.502	Table of 10 Turf Valley Resort	5-9 PM	Tu

Celebration of Sports Golf Tournament *Page 82*



GoodSports Youth Player Award recipient Sienna Huber with Al Bumbry.

Scope Out the Night Sky **flickr**

8 yrs + / Oct 3 / \$24 per family (up to five members)

The Maryland Science Center and Robinson Nature Center jointly present this exciting, family-focused astronomy event! Enjoy a planetarium program, build your very own Galileoscope (a functional telescope for night sky viewing), hold a meteorite and take a "tour" of the sky outside with professional and amateur guides. Each family takes home one Galileoscope and all participants receive a star map. Registration/Info: 410-313-0400.

RP4860.501 Robinson Nature Ctr 6:30-9:30 PM Sa

The Great Snipe Hunt! **flickr**

4-7 yrs / Oct 3 / \$5 per child

Parents and kids, ever heard of Big Foot? The Loch Ness Monster? Howard County has its own creature of legend – The Howard County Snipe! Come gather around the campfire; take a hayride through the woods; and hear a story about the infamous, hard-to-catch, but harmless Howard County Snipe, the largest of the snipe species! After hearing the story, come venture into the woods in search of this elusive creature. Bring a flashlight for this catch-and-release event. Sponsored by the Elkridge Adult Athletic Association. Sign up early; the event is cancelled if minimum enrollment is not met. Register by September 25.

Rockburn Branch Pk West, Pfeiffer's Corner Schoolhouse

RP3005.501 7-9 PM Sa

The Haunted Experience at Rockburn Branch Park **flickr**

Ages, dates & prices below

Whether you choose fright or fun, a memorable experience awaits you at Rockburn Branch Park (Montgomery Rd entrance). This event is co-sponsored by the Elkridge Adult Athletic Association. Inclement weather phone number 410-313-4451.

Haunted Experience / 7 yrs + / Dates below / \$10 at gate (cash only)

An ink-black night sets the stage for a spooky hayride through the eerie trails to the ghostly dwelling deep in the woods. Awaiting you there are haunting tales of ghosts and goblins and horror that tingle the spine!

Oct 16, 23 & 30	7-10 PM	F
Oct 17 & 24	6:30-10 PM	Sa

Happy Haunted Hayride / 2-7 yrs / Dates below / \$5 at gate (cash only)

It's cute, it's friendly and not-so-scary. This hayride is for fun – not fright!

Oct 18 & 25	2-4 PM	Su
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Wind your way through the tree-lined trails while trick-or-treating.

NEW! Wine & Canvas Baltimore Page 56

NEW! Historic Ellicott City Autumn Clean-up All ages / Oct 17 / Free

Lend a hand by picking up litter along the tree lines and streets of Historic Ellicott City. Meet at Roger Carter Community Center for a continental breakfast. We provide gloves, bags and an event t-shirt for those who volunteer. RSVP by October 9, all are welcome! RSVP/Info: 410-313-2764.

RP5400.501 Roger Carter Comm Ctr 7:30-10:30 AM Sa

An Environmental Lens

All ages / Oct 17 / Daily admission* or free w/ Robinson annual pass

Discover and capture nature with your camera lens in this collaborative event between Robinson Nature Center and the Central Maryland Photographers Guild. Enjoy films highlighting the work of Ansel Adams and *National Geographic* photographers. Go on a nature-photo scavenger hunt with family or friends. Attend mini-sessions on tips for taking nature, wildlife and outdoor family photos. Bring your camera to the "help desk" for advice and take a hike on our trails to test your photographic eye. Info/schedule: www.howardcountymd.gov/RNCenvironmentallens.htm or 410-313-0400.

Robinson Nature Ctr 10 AM-3 PM Sa

* Admission fee listed on page 9.

Public Star Parties Page 15

Trick or Treat Among the Trees flickr

5 yrs + / Oct 24 / \$15 (one child & adult)

Celebrate Halloween with a trick-or-treating adventure along the Robinson Nature Center trail where each stop offers fun, live interpretation of fall nature happenings and healthy treats from our sponsors (Giant Foods and David's Natural Market) to take home. Preregister for one of the program times to secure your spot and arrive promptly as your group leaves for the trail immediately. Please note that our trails are unpaved and not easily navigable with a stroller. Please see our Enchanted Forest Trick-IN-Treat program for a stroller-friendly option. Call to register an additional adult (\$5) or child (\$10). Registration/Info: 410-313-0400 or www.howardcountymd.gov/RNCtrickortreat.htm.

Robinson Nature Ctr

RP4858.501	4 PM	Sa	RP4858.504	4:45 PM	Sa
RP4858.502	4:15 PM	Sa	RP4858.505	5 PM	Sa
RP4858.503	4:30 PM	Sa	RP4858.506	5:15 PM	Sa

"Trick-or-Treat Among the Trees"

- Best trick or treat program that my son has ever attended. We really like the content and knowledge of each stop!
- This was a really fantastic program! Lots of great facts and able to keep the kids attention! Loved it!
- Thank you for providing fun nature-oriented programs for all seasons! :)

Enchanted Forest

Trick-IN-Treat for Tots flickr

2-6 yrs / Oct 25 / \$15 (one child & adult); Free, under 2 yrs

Enjoy a stroller-friendly, Halloween trick-or-treating adventure through Robinson Nature Center's indoor exhibits and along paved portions of the trail where each stop offers fun, fall-themed activities for younger children and healthy treats from our sponsors (Giant Foods and David's Natural Market) to take home. Please preregister for one of the following program times to secure your spot and arrive promptly as your group leaves on their adventure at the time indicated. All participants 2 years and older must register. Call to register an additional adult (\$5) or child (\$10). Registration/Info: 410-313-0400 or www.howardcountymd.gov/RNCtrickortreat.htm.

Robinson Nature Ctr / Su

RP4858.513	10 AM	RP4858.516	10:45 AM
RP4858.514	10:15 AM	RP4858.517	11 AM
RP4858.515	10:30 AM		

"Enchanted Forest Trick-IN-Tot"

- Loved day time, outdoor activity. Great for small kids! Safe, easy, interesting.
- Very nice program. Teachers were great at interacting. Very good pacing.

Fall Spooktacular

3-12 yrs / Oct 25 / \$10, center members; \$15, nonmembers

Join us for a fall festival that is fun for the whole family. Enjoy crafts, treats, games, fall refreshments and entertainment! Children, come dressed in your favorite costume. Preregistration is required; children must be accompanied by an adult. Registration/Info: 410-313-0390.

RP4154.501 N Laurel Comm Ctr 3-4:30 PM Su

Gary J. Arthur Community Center Birthday Bash

All ages / Oct 28 / Free

Join in the celebration of the Gary J. Arthur Community Center's 9th anniversary. Free refreshments (while supplies last), nature displays, giveaways and tours of the facility for new participants. Info: 410-313-4840.

Gary J Arthur Comm Ctr 9 AM-noon W

NEW! Ghosts of Belmont Investigation

18 yrs + / Oct 30 / \$20 per person

Join the locally inspired ghost tracking team as they guide you on a tour and paranormal presentation of Belmont Manor House, grounds, and cemetery. Learn from and meet experts in the field, paranormal authors, investigators, and mediums. Acquire knowledge of equipment including a video camera, voice recorder, EMF meters, and ghost box. Cameras and your own equipment are welcome. Who knows what you will find on this very first paranormal investigation of Belmont! Bring a flashlight and dress for the weather. Registration/Info: 410-313-0200.

RP9901.501 Belmont Manor & Historic Pk 7-10 PM F

NEW! Halloween One-Mile Fun Run/Walk

3 yrs + / Oct 31 / \$7, center members; \$12, nonmembers

Come dressed in your favorite costume for a walk or run that includes fun circuits like crab walks and mummy kicks. This great family event has you exercising together while promoting healthy habits. All participants receive a ribbon, goody bag, and refreshments. Afterwards, children enjoy making Halloween crafts to take home. Stroller moms are encouraged to participate. Preregistration required. Race day begins promptly at 10 AM.

Info: Sara Schwab, 410-313-4842.

RP4130.501 Gary J Arthur Comm Ctr 10 AM-noon Sa

Halloween Trick-or-Treating at the Historic Sites

0-12 yrs / Oct 31 / Free

Have we got a treat for you! Come by these historic sites on Halloween afternoon dressed as your favorite famous person (or ghost) of Howard County history! Info: Jaimie Wilder, 410-313-0419

or jwilder@howardcountymd.gov.

Firehouse Museum 4-6 PM Sa

Thomas Isaac Log Cabin 4-6 PM Sa

November

NEW! BeFit4U Teen Fitness Room Challenge

13-16 yrs / Nov 1-30 / Free, members; \$25, nonmembers

Join our professional fitness trainer for a sweat-jamming BeFit4U Teen Challenge. This one-month challenge begins with our fitness trainer demonstrating fitness room equipment, helping participants build a workout program and reviewing weight-training safety. Trainer is in the Fitness Room on Tuesdays for two hours. All challengers receive s.w.a.g. bags full of fitness goodies and access to the GJACC Fitness Room during non-challenge times throughout the month with the supervision of a parent or guardian. This Fitness Room Challenge meets the centers' mandatory Fitness Room Orientation requirement for ages 13-15. Grand prize is a six-month Fit4U membership for challenger and one parent.

Info: Sara Schwab, 410-313-4842.

RP4131.501 Gary J Arthur Comm Ctr 10 AM Sa

Pumpkin Chunkin' flickr

All ages / Nov 1 / Daily admission* or free w/ Robinson annual pass

Join us for a special after-Halloween treat to watch a pumpkin-launching competition! Catapults are designed by local students as part of their STEM (Science, Technology, Engineering and Math) classes and clubs. Come cheer students on as we award them for accuracy, precision, teamwork and more. Children must be accompanied by an adult at all times.

Please note that viewing areas have limited seating and priority seating is reserved for handicap individuals and seniors. Info: 410-313-0400 or competition/rules: www.howardcountymd.gov/RNCpumpkinlaunch.htm.

Robinson Nature Ctr 2-4 PM Su

* Admission fee listed on page 9.

Tinsel & Treasures - Gifts, Crafts & Home Fair

18 yrs + / Dates below / \$25 per space includes 6' table;

Free for shoppers

Jumpstart your holiday shopping at our Holiday Gift and Home Fair (formerly named the Holiday Vendor Fair). You are sure to find unique gifts and home décor at this event. Preregistration required. Tables are limited to one per vendor. Space is limited. Registration/Info: 410-313-4840 (GJACC) or 410-313-0390 (NLCC).

RP4157.501 Gary J Arthur Comm Ctr Nov 7 10 AM-1 PM Sa

RP4157.502 N Laurel Comm Ctr Nov 21 10 AM-1 PM Sa



How far can students launch a pumpkin? Find out at Pumpkin Chunkin'.

NEW! YBL Hoop Fest! Page 77

Holiday Train Garden

All ages / Nov 21-Jan 10 / Free

Come visit us and enjoy some holiday fun provided by train enthusiast Dennis Moore. The layout features four continuously operating trains. Visitors of all ages delight in the buttons to activate accessories or sounds. Enter for a free drawing to win four passes to the B&O Railroad Museum in Baltimore. Train garden open during center operating hours.

Gary J Arthur Comm Ctr

Public Star Parties Page 15

NEW! Turkey Waddle

All ages / Nov 21 / \$5, center members; \$7, nonmembers

Join us as we gobble our way through the North Laurel Park! The walk consist of different fitness and children's activities. You also have the chance to enter to win a turkey for your Thanksgiving dinner. Info: 410-313-0459.

RP4405.501 N Laurel Comm Ctr 10:30 AM-noon Sa

NEW! Dribble, Pass, Shoot! Page 77

Family Volunteer Day Page 12

December

Santa's Workshop

at the Thomas Isaac Log Cabin

All ages / Dec 4 / Free

Join Santa and his elves on this special evening as the Thomas Isaac Log Cabin is transformed into a magical winter wonderland! Santa and some elf friends, presents a workshop that promises to captivate children of all ages. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

Thomas Isaac Log Cabin 4-8 PM F



Learn about Santa's deer, then get a picture with the man himself.

Santa arrives at the Thomas Isaac Log Cabin

All ages / Dec 5 / Free

See Santa arrive by sleigh! Come ready to share your holiday wish list with Santa. Warm up with seasonal hot drinks (non-alcoholic) and be sure to bring your camera for that perfect holiday greeting shot.

Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

Thomas Isaac Log Cabin Noon-4 PM Sa

Holiday Mart

All ages / Dec 5 / \$5, ages 5+; Free, 4 yrs & under

Join us for the 43rd year. Find seasonal gifts and merchandise created by 130 juried artisans. Enjoy door prizes and a children's craft corner. Discerning shoppers know this is the place to find unique handcrafted items and home decor. You're sure to find something for everyone on your list and don't forget yourself! Hot and cold beverages, lunch and snacks available for purchase. Coat and package check available. Info: 410-313-4840.

Gary J Arthur Comm Ctr 10 AM-5 PM Sa

Deck the Halls Winter Workshop

3-11 yrs / Dec 5 / \$10, center members; \$15, nonmembers

Get into the holiday spirit while enjoying festive holiday music, seasonal crafts, refreshments and entertainment by Blue Sky Puppet Theatre showcasing Rufus the Rednosed Reindog. You are encouraged to bring nonperishable food items and new toys for charitable donations. Preregistration is required. Registration/Info: 410-313-0390.

RP4400.501 N Laurel Comm Ctr 3-4:30 PM Sa

Deer Santa

2-6 yrs / Dec 13 / \$20 (one child & adult)

Santa's reindeer have many skills. Come discover our special "Reindeer trail." Hike through the woods as we test our skills against those of our four-legged friends in this family-friendly adventure. Then come back inside to warm up with a snack, make a seasonal craft and get a photo with Santa! Register an additional adult (\$5) or child (\$15). Registration/Info: 410-313-0400

RP4817.501 Robinson Nature Ctr 2-4 PM Su

"Deer Santa"

- Program was a lot of fun for the kids. Great with a variety of activities. Nice to have walk through the woods, a craft and santa visit. Would be a fun annual program.

Save The Date

Daddy-Daughter Sweetheart Dance

4-11 yrs / Jan 23 / \$40 (one child & adult)

Escort your princess to a memorable evening of dancing and fun. Dad (or special adult) and your little sweetheart enjoy dancing with a live DJ, light refreshments, crafts, a souvenir photo and ice cream sundae bar. Please register early. Each additional daughter is \$20. Inclement weather date: January 30. Preregistration is required. Registration/Info: 410-313-4634.

RP1029.601 4-6 yrs Roger Carter Comm Ctr 4-6 PM Sa

RP1029.611 7-11 yrs Roger Carter Comm Ctr 7-9 PM Sa

Snowflake Ball for Dads & Daughters

4-12 yrs / Jan 9 / \$32, center members (one child & adult); \$40, nonmembers (one child & adult)

Shake, rock and roll the winter blues away. Dads (or special adult) and daughters, enjoy refreshments, live DJ, dancing, games, crafts and ice cream sundae bar. Remember your camera to capture priceless moments. Each additional daughter is \$16 for center members and \$20 for nonmembers. Inclement weather date: January 16. Preregistration required.

Registration/Info: 410-313-4840.

RP4165.601 Gary J Arthur Comm Ctr 5:30-7:30 PM Sa

NEW! GJACC Indoor Track 5k

All ages / Jan 10 / Free, Fit4U members; \$25, nonmembers

On your mark! Get set! Go! Come in from the cold and take on a 5K indoors on our center's 3-lane indoor track. Info: Sara Schwab, 410-313-4842.

RP4132.601 Gary J Arthur Comm Ctr 7 AM Su

Mommy-Son Valentine's Dance

3-12 yrs / Feb 6 / \$32, center members (one child & adult); \$40, nonmembers (one child & adult)

Make this Valentine's Day memorable. Moms (or special adults) and sons, come to an evening jam-packed with fun, refreshments, live DJ, dancing, games, crafts, a souvenir photo and an ice cream sundae bar. Each additional son is \$16 (center members) and \$20 (nonmembers). Inclement weather date: February 20. Preregistration required.

Registration/Info: 410-313-0390.

RP4401.601 N Laurel Comm Ctr 5:30-7:30 PM Sa

Calling All Crafters: Crafter Jurying

18 yrs + / Application deadline Feb 12, 2016 / \$20

Craftspersons, you're invited to participate in the jurying process for Wine in the Woods and Holiday Mart 2016. Submit four professional digital photos on a CD, or photographs of your work (no Polaroids). Images must be representative of your original handcrafted art or craft items and display. Selection is based on uniqueness, originality, quality, display and popularity. You are notified of your score and acceptance, wait list, or non-acceptance by April 2016. Fee is non-refundable. Download the 2016 Jurying Application at www.howardcountymd.gov/rap (Forms and Publications).

Info: Linda Bell, 410-313-4831, or GJACC front desk, 410-313-4840.



Adventure & Outdoors

- www.howardcountymd.gov/adventure.htm
- Custom Adventure and Outdoor Programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, biking and a mobile skate park.
- Info: Dawn Thomas, 410-313-1754 or dthomas@howardcountymd.gov.

Archery

- Take an introduction course to be eligible for the HCRP Archery Club!
- No experience necessary and all equipment supplied for use during the program.
- Detailed information is emailed to participants.
- Info: Matt Medicus, 410-313-1769.

NEW! Qualified archers can sign up for a range pass at select times and locations during the fall target archery season. Visit www.howardcountymd.gov/archery.htm for more details!

Parent/Child

Lil' Archers

4-5 yrs / 2 classes, start dates below / \$35

Experience the sport of archery in a fun, safe and supervised environment. We use plastic arrows with rubber suction cups to teach the basics of archery.

RP9061.531	Meadowbrook Ath Comp	Sep 17	2-3 PM	Th
RP9061.532	Meadowbrook Ath Comp	Oct 8	4-5 PM	Th

Introduction to Target Archery

8 yrs + / 2 classes, start dates below / \$55

Discover the basics of archery! Learn basic techniques and form using recurve and compound bows from an USA Archery-certified instructor. Equipment, safety and elements of shooting are covered. Course meets the requirement to participate in the HCRP Archery Clubs.

8-13 yrs

RP9061.501	Alpha Ridge Pk	Sep 12	11:15 AM-1:15 PM	Sa
RP9061.502	Alpha Ridge Pk	Oct 10	11:15 AM-1:15 PM	Sa
RP9061.503	Rockburn Branch Pk West	Oct 25	11:30 AM-1:30 PM	Su

13-17 yrs

RP9061.511	Rockburn Branch Pk West	Sep 27	11:30 AM-1:30 PM	Su
RP9061.512	Rockburn Branch Pk West	Oct 24	10:30 AM-12:30 PM	Sa

18 yrs +

RP9061.521	Alpha Ridge Pk	Sep 13	11:30 AM-1:30 PM	Su
RP9061.522	Rockburn Branch Pk West	Sep 26	8:45-10:45 AM	Sa

NEW! Archery Fun & Games Club

8-17 yrs / 2 sessions, start dates below & next column / \$35

Make new friends and have fun with a variety of target archery games. Prerequisite: You must have attended and completed our *Introduction to Archery, Archery Together* or *Archery Camp*.

8-13 yrs

RP9064.501	Rockburn Branch Pk West	Sep 12	11 AM-12:30 PM	Sa
RP9064.502	Rockburn Branch Pk West	Sep 13	Noon-1:30 PM	Su



Join the archery craze with one of our introductory classes.

RP9064.503	Rockburn Branch Pk West	Sep 26	11 AM-12:30 PM	Sa
RP9064.504	Rockburn Branch Pk West	Oct 10	1-2:30 PM	Sa
RP9064.505	Alpha Ridge Pk	Oct 11	11:30 AM-1 PM	Su
RP9064.506	Alpha Ridge Pk	Oct 25	11:30 AM-1 PM	Su
13-17 yrs				
RP9064.511	Rockburn Branch Pk West	Sep 13	1:45-3:15 PM	Su
RP9064.512	Rockburn Branch Pk West	Sep 27	1:45-3:15 PM	Su
RP9064.513	Alpha Ridge Pk	Oct 10	9:30-11 AM	Sa
RP9064.514	Rockburn Branch Pk West	Oct 11	1:45-3:15 PM	Su
RP9064.515	Alpha Ridge Pk	Oct 24	9:30-11 AM	Sa

HCRP Target Archery Skills Club

18 yrs + / 4 sessions, start dates below / \$65

This club focuses on refining target archery technique through practice and self-paced development with our USA Archery-certified instructors. You must have attended and completed our *Introduction to Archery, Discover Archery Workshop, Archery Together* or *Archery Camp*. Youth sections include a tournament on the last day.

RP9064.541	8-13 yrs	Alpha Ridge Pk	Sep 12	9:30-11 AM	Sa
RP9064.542	13-17 yrs	Alpha Ridge Pk	Sep 12	1:45-3:15 PM	Sa

8 yrs + / Adult Archery Club

RP9064.521	Rockburn Branch Pk West	Oct 10	8:45-10:15 AM	Sa
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School's Out Archery, Fishing & Kayaking

9-13 yrs / Oct 2 / \$73

No school today? Then come spend the day outdoors on land and water! Make new friends while trying your hand at archery, fishing, kayaking, and field games. Fee includes equipment, instruction, transportation, supervision and lunch. Detailed information is emailed to participants prior to this fun-filled day. No experience necessary.

RP9240.501	Centennial Pk South – Pav A	9 AM-5 PM	F
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Join the family for a night of camping in Rockburn Branch Park.

Parent/Child

Target Archery Together (Parent/Child)

8-13 yrs / 2 classes, start dates below / \$80

You and your child learn the basic techniques of archery together!

Equipment, safety and elements of shooting are covered by an USA Archery-certified instructor. No experience necessary and all equipment supplied.

Fee is for one parent and one child.

RP9063.501	Rockburn Branch Pk West	Sep 12	8:45-10:45 AM	Sa
RP9063.502	Alpha Ridge Pk	Sep 26	11:15 AM-1:15 PM	Sa
RP9063.503	Alpha Ridge Pk	Sep 27	11:30-1:30 PM	Su
RP9063.504	Rockburn Branch Pk West	Oct 10	10:30 AM-12:30 PM	Sa
RP9063.505	Alpha Ridge Pk	Oct 11	11:30 AM-1:30 PM	Su
RP9063.506	Alpha Ridge Pk	Oct 24	11:15 AM-1:15 PM	Sa

Target Archery Together Club (Parent/Child)

8-13 yrs / 4 sessions, start dates below / \$99

You or your child must have attended and completed our *Introduction to Archery* or *Archery Together* course to join the *Parent/Child Archery Club*.

The club offers a unique experience with an emphasis on having fun while practicing basic archery technique and participating in archery games.

Fee is for one parent and one child.

RP9064.531	Rockburn Branch Pk West	Sep 12	1-2:30 PM	Sa
RP9064.532	Alpha Ridge Pk	Oct 11	1:15-2:45 PM	Su

Campfires

- Detailed information is emailed to participants.
- Listed in order by date.
- Info: Matt Medicus, 410-313-1769.

Halloween Campfire at PFI

All ages / Dates below / \$10, individual; \$25, family

Enjoy a spooky evening campfire with stories, songs, s'mores and a little bit of history among the ruins of the Patapsco Female Institute! Bring a flashlight and a blanket. Costumes are optional. Family fee is for three or more immediate family members (must call to register).

Under 16 must be accompanied by a participating adult.

RP9020.501	Patapsco Female Institute	Oct 16	6-7:30 PM	F
RP9020.502	Patapsco Female Institute	Oct 17	6-7:30 PM	Sa

Evening on the Hill:

Haunts, Heat & Eats at PFI

21 yrs + / Sep 4 / \$12, individual; \$22, couple/pair

Spend an evening experiencing the haunts and history of the Patapsco Female Institute while enjoying the company of others touring the historic grounds, sharing stories around the campfire and sampling a little wine and tasty treats. Bring a flashlight and blanket.

RP9020.503 Patapsco Female Institute 8-11 PM F

Camping

Parent/Child Camping in the Park

All ages / Sep 25 / \$55 (one child & adult)

Introduce your child to the joys of camping. Go on a flashlight walk and participate in your favorite campfire activities. Bring a tent and sleeping bags; snacks and breakfast are provided. Tents are available to borrow; indicate when registering. One additional immediate family member may be added for \$10 (must call to register). Info: Matt Medicus, 410-313-1769.

RP9091.501 Rockburn Branch Pk - Campfire Ring 6 PM-8 AM F-Sa

Canoeing/Kayaking

- Earn a certificate and patch by taking a flatwater paddling basics class and paddling our series of four Maryland Waterways at least once within a three-year period.
- Fees are per person. Canoes are two person boats; kayaks are either single or double.
- Under 16 must be accompanied by a participating parent or guardian.
- Detailed information is emailed to participants.
- Info: Matt Medicus, 410-313-1769, or www.howardcountymd.gov/canoe.htm.

School's Out Archery, Fishing & Kayaking

Page 19

Flatwater Paddling Basics for Canoe or Kayak

10 yrs + / Sep 12 / \$35

Learn flat water paddling techniques, self-rescue, safety, gear selection and how to load a canoe or kayak. Participants under 16 are placed in a canoe or tandem kayak with an accompanying registered adult. Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program.

Centennial Pk South - Concession Dock

RP9120.501	Canoe	9:30 AM-noon	Sa
RP9125.501	Kayak	9:30 AM-noon	Sa
RP9125.502	Kayak	1-3:30 PM	Sa

Float the Antietam

10 yrs + / Sep 13 / \$47, canoe or double kayak; \$68, single kayak

Nature enthusiasts and families, come enjoy a day of paddling on Antietam Creek near Sharpsburg, MD. Choose a canoe, double kayak or single kayak. Beginner to intermediate paddlers welcome. All paddlers must complete our *Flatwater Paddling Basics* class before the trip. Fee is per person, which includes transportation, leadership and boats; bring a lunch (no nut products) and beverage.

Centennial Pk South - Overflow Parking

RP9124.501	Canoe	10 yrs +	9 AM-6 PM	Su
RP9124.502	Double Kayak	10 yrs +	9 AM-6 PM	Su
RP9124.511	Single Kayak	16 yrs +	9 AM-6 PM	Su



Learn the basics of kayaking and canoeing and then join us on trips to the Potomac and Monocacy Rivers.

Float the Potomac River

10 yrs + / Sep 20 / \$47, canoe or double kayak; \$68, single kayak

Nature enthusiasts and families can discover the beauty of scenic Potomac River northwest of Harpers Ferry on this one-day trip. Beginner to intermediate paddlers welcome. All paddlers must complete our Flatwater Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring lunch (no nut products) and beverage.

Centennial Pk South - Overflow Parking

RP9123.501	Canoe	10 yrs +	9 AM-6 PM	Su
RP9123.502	Double kayak	10 yrs +	9 AM-6 PM	Su
RP9123.511	Single kayak	16 yrs +	9 AM-6 PM	Su

Float the Monocacy River

10 yrs + / Oct 4 / \$47 Canoe or Double Kayak, \$68 Single Kayak

Beginner to intermediate paddlers can discover the beauty of the scenic Monocacy River on this one-day trip. Paddle through history near the Monocacy National Battlefield with an ACA-certified instructor. All paddlers must complete our Flatwater Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring lunch (no nut products) and beverage.

Centennial Pk South - Overflow Parking

RP9122.501	Canoe	10 yrs +	9 AM-6 PM	Su
RP9122.502	Double kayak	10 yrs +	9 AM-6 PM	Su
RP9122.511	Single kayak	16 yrs +	9 AM-6 PM	Su

Fishing

- Listed in order by age.
- Info: Dawn Thomas, 410-313-1754 or www.howardcountymd.gov/fishing.htm.

Nite Bite Fishing

All ages / Dates next column / \$5

Have you ever wanted to fish Centennial Lake at night? Now's your chance! Bring your own fishing pole, bait, tackle, bug repellent, flashlight or lantern,

chair, or boat. Advanced registration is encouraged but on-site registration is available. Under 16 years must be accompanied by an adult.

Additional rules: www.howardcountymd.gov/nightfishing.htm.

Centennial Pk South - Boat Launch

RP9154.403	Aug 28	6 PM-midnight	F
RP9154.501	Sep 12	6-11 PM	Sa
RP9154.502	Oct 10	6-11 PM	Sa

Junior Anglers

5-12 yrs / 3 classes starting Sep 17 / \$40

New anglers, learn to rig a pole, cast, identify fish, tie knots, and much more. No experience necessary. All equipment and bait is provided. This class is a great way to make friends and swap fish stories while learning a lifelong outdoor skill.

RP9153.501	Centennial Pk South - Pav E	5:30-7 PM	Th
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Let's Go Fishing! (Parent/Child)

6-12 yrs / 2 classes, start dates below / \$29

This fishing class for beginners focuses on rigging a pole, casting, fish identification, knot tying, and much more. No experience necessary. All equipment and bait are provided. This class is a great way to spend quality family time together while learning a new lifelong outdoor skill.

RP9152.501	Centennial Pk South - Pav E	Sep 3	5:30-7 PM	Th
RP9152.502	Centennial Pk South - Pav E	Sep 21	5:30-7 PM	M

School's Out Archery, Fishing & Kayaking

Page 19

NEW! Adult Fishing Clinic

18 yrs+ / Dates below / \$15

New anglers, learn to cast, identify fish, rig a pole, tie knots, and much more. No experience necessary and all equipment and bait is provided.

RP9156.501	Centennial Pk South - Pav E	Sep 9	6-8 PM	W
RP9156.502	Centennial Pk South - Pav E	Sep 16	6-8 PM	W



Explore our parks and find hidden treasures with Geocaching!



Ascend to the top of the Roger Carter Community Center wall!

Geocaching

Geocaching Discovery Walk

8 yrs + / Sep 18 / \$9 per person

Learn how to use modern GPS technology to find hidden treasure boxes all over the world! Families, explore the outdoors and get caught up in the thrill of the hunt! Bring your GPS unit or smartphone (Geocaching app optional), a water bottle and hiking shoes. Under 16 must be accompanied by a participating and registered adult. Info: Matt Medicus, 410-313-1769.

RP9170.501 Rockburn Branch Pk West 5:30-7 PM F

Nature & Environment

Page 24

Rock Climbing

Indoor Rock Climbing

at Roger Carter Community Center

Boost your confidence, get a great workout or just give the 26-foot-tall climbing wall a try during Open Climbs (\$5 for 20 minutes!).

Visit www.howardcountymd.gov/rockclimbing.htm for additional details.

Climbing wall rentals & parties also available.

Info: Dawn Thomas, 410-313-1754.

School's Out Rock Climbing & Swimming

9-13 yrs / Oct 16 / \$73

Finish your week rising to new heights on our indoor climbing wall!

No experience necessary. Fee includes equipment, instruction, supervision, and lunch. Build confidence and make new friends while participating in rock climbing and team building games, then relax in our indoor pool.

Detailed info is emailed to participants prior to the event.

Info: Matt Medicus, 410-313-1769.

RP9240.502 Roger Carter Comm Ctr 9 AM-5 PM F

Trail Hikes

- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Special thank you to volunteer trail hike leaders: Mary Boeckman, John Breivogel, Henry Ellis, John Singleton, and Fred Shaw.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Info: Matt Medicus, 410-313-1769 or www.howardcountymd.gov/trailhikes.htm.

Appalachian Trail Hikes

The Appalachian Trail crossing Virginia, Maryland, and Pennsylvania features historic Civil War sights and panoramic views of mountains and valleys. Trip leaders interpret points of interest. All sections are generally between 6 and 9 miles. (Hike leaders keep a moderate pace.) Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a 3-year period. Earn a 100-mile certificate and patch by hiking additional miles on the Pennsylvania and Virginia sections of the Appalachian Trail.

Maryland Appalachian Trail Hike Section #3

8 yrs + / Oct 24 / \$17

See the remains of the Black Rock Hotel, a 1900s gambling house. Then hike to the panoramic view and fresh-water springs at Annapolis Rocks. Moderately difficult terrain: 8.4 miles

Wolfsville Road to Rte. 40

RP9180.504 Long Gate Park & Ride 8 AM-4 PM Sa

Virginia Appalachian Trail Hike Section #5

8 yrs + / Sep 26 / \$20

Hike north to Ashby Gap on this generally downhill trek.

Eat your lunch at Sky Meadows State Park. Moderate terrain: 6.8 miles.

G Richard Thompson Area to Ashby Gap

RP9180.502 Long Gate Park & Ride 8 AM-6 PM Sa



You can earn a certificate and patch by completing a series of Maryland Appalachian Trail hikes in a 3-year period.

Catoctin Trail Hikes

Families and individuals, catch a glimpse of Maryland's history and folklore while hiking the Catoctin Trail. This 27-mile trail runs from Gambrill State Park through the Frederick City Watershed and ends in Catoctin Mountain Park. Nine miles of the trail crisscrosses through Cunningham Falls State Park. Earn a certificate and patch by hiking each of the four sections in the series at least once within a three-year period.

Catoctin Trail Section #2

8 yrs + / Oct 10 / \$17

Look for signs of deer and wild turkey along this wooded trail that crosses Steep Creek. Survey the scenery at White Rocks.

Moderately difficult terrain: 7 miles.

Mountindale Rd to Hunting Creek

RP9180.503 Long Gate Park & Ride 8 AM-4 PM Sa

Catoctin Trail Section #4

8 yrs + / Nov 7 / \$17

Follow the Cunningham Falls State Park trail into the wooded National Park horse trails. Pass hemlock groves, fresh springs and creeks.

Enjoy a spectacular lunch-break at the top of the falls.

Moderately difficult terrain: 7 miles.

Houck Area to Mount Zion Rd

RP9180.505 Long Gate Park & Ride 8 AM-4 PM Sa

Other Hikes

Antietam National Battlefield

8 yrs + / Sep 19 / \$17

Follow the steps of the battle, which celebrates its anniversary on September 17. Starting at the infamous Cornfield, passing through the attack of Miller's Farm, West Woods, and Bloody Lane, where in 3 hours, 5,500 soldiers died. The final stretch of the trail ascends through Burnside's Bridge into Sharpsburg. Moderate terrain: 7 miles

RP9180.501 Long Gate Park & Ride 8 AM-4 PM Sa

Gunpowder Falls Circuit

8 yrs + / Nov 21 / \$17

Follow this forested trail as you hike along rocky gorges and scenic stream valleys. Enjoy lunch at Prettyboy Reservoir. Strenuous terrain: 6.5 miles.

RP9180.506 Long Gate Park & Ride 8 AM-4 PM Sa

Sugarloaf Mountain

8 yrs + / Dec 5 / \$17

Hike to the top of the rocky vistas in Frederick County. See remnants of the American Chestnut Tree and view the Catoctin Mountain Range and White's Overlook. Moderate terrain: 5 miles.

RP9180.507 Long Gate Park & Ride 8 AM-4 PM Sa



CUSTOM Adventure & Outdoor Programs

We will work with you to design a unique adventure!

Gather your scout group, school group, co-workers, family or friends and we do the planning and leading.

Specializing in birthday parties, campfires, fishing, target archery, canoeing, rock climbing, kayaking, river tubing, camping, biking and much more!

Info:

Dawn Thomas, 410-313-4623 or
dthomas@howardcountymd.gov.



Take a seat in the Robinson Nature Center "NatureSphere," a full-dome movie theater and planetarium, and enjoy cool and enriching shows!

Nature & Environment

- Below is in order by date.
- Call 410-313-0400, or go to www.howardcountymd.gov/RobinsonNatureCenter.htm for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop and more.

Astronomy & Planetarium

- The NatureSphere is a digital planetarium and dome-style movie theater.
- For all planetarium shows, please arrive 15 minutes prior to the show time to be seated.
- Due to dark conditions, we cannot seat you during the show.
- Previews of planetarium films: www.howardcountymd.gov/naturespherefeatures.htm.
- Below is in order by date.
- Fee is per person.
- Tickets/Registration/Info: 410-313-0400.

Public Star Parties *Page 15*

Family Fridays at the NatureSphere 5 yrs + / Dates below & next column / \$6 per person

Treat your family to a Friday evening of spectacular space delights including a full-dome movie and a fun, family-friendly planetarium presentation about current happenings in our night sky. Programs held in NatureSphere.

Robinson Nature Ctr

RP4801.501	<i>Stars</i>	Sep 4	6:30-7:30 PM	F
RP4801.502	<i>Stars</i>	Sep 18	6:30-7:30 PM	F
RP4801.503	<i>Earth, Moon & Sun</i>	Oct 2	6:30-7:30 PM	F
RP4801.504	<i>Earth, Moon & Sun</i>	Oct 16	6:30-7:30 PM	F

RP4801.505	<i>Astronaut</i>	Nov 6	6:30-7:30 PM	F
RP4801.506	<i>Astronaut</i>	Nov 20	6:30-7:30 PM	F
RP4801.507	<i>We Are Aliens</i>	Dec 4	6:30-7:30 PM	F
RP4801.508	<i>We Are Aliens</i>	Dec 18	6:30-7:30 PM	F

First Friday Late Nights in the NatureSphere - What's Up?

18 yrs + / Dates below / \$6 per person

Treat your partner or date to a unique Friday Night experience of top-notch astronomy and entertainment. This program is held in the NatureSphere and features a full-dome movie preceded by an adult-level planetarium presentation about current happenings in our night sky and space science.

Robinson Nature Ctr

RP4800.501	<i>Black Holes</i>	Sep 4	8-9 PM	F
RP4800.502	<i>Passport</i>	Oct 2	8-9 PM	F
RP4800.503	<i>Impact!</i>	Nov 6	8-9 PM	F
RP4800.504	<i>Oasis in Space</i>	Dec 4	8-9 PM	F

Star Storytelling: Our Constellations (Parent/Child)

3-8 yrs / Dates below / \$3 per person plus admission* or Robinson annual pass

Join us for half-hour presentations in the NatureSphere. Little ones discover the stories behind our favorite constellations through views of space, stories and song! Each month we focus on a different constellation and provide two opportunities to catch the program. Preregister to secure your seats.

Robinson Nature Ctr

RP4802.501	<i>Pegasus the Flying Horse</i>	Sep 12	11-11:30 AM	Sa
RP4802.502	<i>Pegasus the Flying Horse</i>	Sep 26	11-11:30 AM	Sa
RP4802.503	<i>Princess Andromeda</i>	Oct 10	11-11:30 AM	Sa
RP4802.504	<i>Princess Andromeda</i>	Oct 24	11-11:30 AM	Sa
RP4802.505	<i>Pisces and Aquarius</i>	Nov 7	11-11:30 AM	Sa
RP4802.506	<i>Pisces and Aquarius</i>	Nov 21	11-11:30 AM	Sa
RP4802.507	<i>Taurus the Great Bull</i>	Dec 12	11-11:30 AM	Sa
RP4802.508	<i>Taurus the Great Bull</i>	Dec 26	11-11:30 AM	Sa

* Admission fee listed on page 9.

NEW! Sky-Scanning *Page 14*

Scope Out the Night Sky *Page 15*

Family & Parent/Child

- Programs listed in order by start date.
- Tickets/Registration/Info: 410-313-0400.

NEW! First Saturday Discovery Days
3-10 yrs / Dates below / Daily admission* or Robinson annual pass**
Join us on the first Saturday of each month as we introduce a special theme. Each Discovery Days program lets you learn about native plants and animals through games, stories and crafts. Programs are available on a first-come, first-served basis to the first 15 children and their adult chaperone. You can continue to explore each month's theme throughout the remainder of the month at the Field Station in the Children's Discovery room, through our Facebook page (/RobinsonNatureCenter), or during special weekend hours with docent-led activities.

Robinson Nature Ctr

Sep 5	Birds	11:30 AM-noon	Sa
Oct 3	Tracking Animals	11:30 AM-noon	Sa
Nov 7	Digging up the Past	11:30 AM-noon	Sa
Dec 5	Astronomy	11:30 AM-noon	Sa

* Admission fee listed on page 9. **Event is free with Robinson Annual Pass

Walking with Woodpeckers

8 yrs + / Sep 26 / \$5

Get to know the seven species of woodpeckers that frequent our neighborhoods and forests with Howard County Bird Club member John Harris. Walk the trails at the Middle Patuxent Environmental Area (MPEA) looking for foraging species. Locate feeding sites for Pileated and Sapsucker species. Learn to identify different woodpecker calls. And discover amazing, unique facts about these birds. All children under the age of 18 must be accompanied by a registered adult. (MPEA does not have restroom facilities.)
RP4805.501 MPEA (Trotter Rd. entrance) 10 AM-noon Sa

"Leave Your Mark: Art Tile Project" *Page 14*

Robinson Nature Center Anniversary Open House Event *Page 15*

Magical Monarch Butterfly Tea Party
3 yrs + / Sep 27 / \$45 (one child & adult); \$20 each additional person
Discover the beautiful monarch butterflies migrating through our area each fall. Your little one "flies" through the nature center and creates his/her own, decorative butterfly-puddling stone to take home. Then, savor together an impeccably catered sit-down tea service by Sweet Simplici-Tea Tea Room. Enjoy tea, lemonade and delightful treats just right for little fingers. Price includes program, materials, full tea service and gratuity.
RP4865.501 Robinson Nature Ctr 2-4 PM Su

NEW! Animals, Animals, Animals!
3-10 yrs / Dates below / Daily admission* or Robinson annual pass**
Bring your family to the Robinson Nature Center. Explore our wild planet, creatures of the night and more in an engaging, play-to-learn platform with staff from the Port Discovery Children's Museum. Programs integrate music, poetry, games and nature exploration. Program lasts approximately 45 minutes. No registration necessary. Children must be accompanied by an adult at all times.

Robinson Nature Ctr

Oct 4	1-1:45 PM & 2-2:45 PM	Su	Nov 8	1-1:45 PM & 2-2:45 PM	Su
Oct 18	1-1:45 PM & 2-2:45 PM	Su	Nov 15	1-1:45 PM & 2-2:45 PM	Su

* Admission fee listed on page 9. **Event is free with Robinson Annual Pass



Explore beautiful fall colors with your Lil' Acorn.

Lil' Acorns Fall Romp (Parent/Child)

2-3 yrs / Oct 10 / \$18 (one child & adult)

Fall is full of new discoveries for you and your little one. Hold your lil' acorn's hand through an unforgettable morning. Share with your youngster the fascinating changes occurring during the fall through a parent/child interactive program that includes song, sensory activities, a puppet show and a short walk through the woods. Register an additional person (\$9) by calling 410-313-0400.
RP4817.501 Robinson Nature Ctr 10-11:30 AM Sa

Trick or Treat Among the Trees *Page 16*

Enchanted Forest Trick-IN-Treat for Tots *Page 16*

Pumpkin Chunkin' *Page 17*

NEW! One Smart Cookie
7 yrs + / Nov 13 / \$10; individual, \$35; family (up to 5 members)
Have a fun, family Friday. Come compete against other families in Robinson Nature Center's nature trivia. Participate in entertaining challenges and special raffles. Delicious "design-your-own" cookie bar included! You are welcome to bring your dinner. Doors open at 6:15 PM and trivia starts at 6:30 PM. This fall's topic is Reptiles & Amphibians, and the cookie bar features gingerbread cookies. All children must be accompanied by an adult.
RP4888.501 Robinson Nature Ctr 6:30-8:30 PM F

Deer Santa *Page 18*

Nature



When school is out, Nature Day Camp is in!



Robinson Nature Center has special programs for home-schoolers.

Youth

- Programs listed in order by start date.
- Registration/Info: 410-313-0400.

Nature Center

Home School Workshop 2015-2016

All ages / Starting Sep 10 / \$30 per season, HC family; \$36 per season, out-of-county

Connect with other home-school families. Give your children the chance to socialize and collaborate with other home-school children on nature, earth, and life science projects. Families can join the workshop at the beginning of the school year or beginning of each season (fall, winter, and spring). By joining, families have special access to a private, collaborative classroom space reserved specifically for home school families, special equipment, and tailored student projects on the 2nd Thursday of each month (September-May). Register for one, two or all three seasons. Workshop families receive discounts on home school classes. Registration closes when full.

Robinson Nature Ctr / 2-3:30 PM

RP4885.550	Fall season	Sep 10, Oct 8 & Nov 12	Th
RP4885.650	Winter season	Dec 10, Jan 14 & Feb 11	Th
RP4885.750	Spring season	Mar 10, Apr 14 & May 12	Th

NEW! Nature Center

Home School Classes 2015-2016

3-13 yrs / Dates below & next column / \$30* per child, \$15* per adult

Give your home-school student hands-on, immersive experiences on the first Thursday of each month (September-May) at Robinson Nature Center. Students are divided by age. All adult and child participants must register. Siblings younger than three are welcome, but must be accompanied by a parent at all times. Register for one, two or all three seasons.

Info: www.howardcountymd.gov/RNChomeschool.htm.

Fall - Earth Science (Oceans & Rivers: Sep 3 / Soils: Oct 1 / Weather & Climate: Nov 5)

RP4885.501	3-5 yrs	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.502	Adult	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.503	6-9 yrs	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.504	9-13 yrs	Robinson Nature Ctr	2-3:30 PM	Th

Winter - Cross Disciplinary (Nature & Math: Dec 3 / Nature & Art: Jan 7 / Nature & Language Arts: Feb 4)

RP4885.601	3-5 yrs	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.602	Adult	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.603	6-9 yrs	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.604	9-13 yrs	Robinson Nature Ctr	2-3:30 PM	Th

Spring - Life Science (Plants: Mar 3 / Fungi: Apr 7 / Microorganisms: May 5)

RP4885.701	3-5 yrs	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.702	Adult	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.703	6-9 yrs	Robinson Nature Ctr	2-3:30 PM	Th
RP4885.704	9-13 yrs	Robinson Nature Ctr	2-3:30 PM	Th

*** Fees listed are for non-workshop participants.** If your family enrolls in the home school workshop, fees are reduced to \$24 per child per season and there is no charge for adults to attend each class.

School's Out Nature Day Camp

6-12 yrs / Dates below / \$45 +\$10 (after-care option)

Summer's over, but while school is out, join us for an incredibly fun day at Robinson Nature Center. Enjoy live animal presentations, movies in our planetarium, crafts, nature hikes and scavenger hunts. Add optional after-care for an extended day of fun. Please pack your child a snack and a non-perishable lunch (no nut products). Check out camp descriptions at www.howardcountymd.gov/RNCdaycamps.htm.

Robinson Nature Ctr

RP4812.501	Sep 23	Ex-STREAM Encounters	8:30 AM-3:30 PM	W
RP4812.502	Sep 23	(After-care)	3:30 PM-5:30 PM	W
RP4812.503	Oct 16	Nature Detectives	8:30 AM-3:30 PM	F
RP4812.504	Oct 16	(After-care)	3:30 PM-5:30 PM	F

NEW! Hunt for the Holiday Opossum

5-10 yrs / Dec 20 / \$8

Holiday surprises are the best! Come trace the tracks of the holiday opossum through the Nature Center trails and building to find the ornaments that she's misplaced. Encounter special animal friends along the way. A unique holiday surprise awaits you at the end of your quest!

RP4817.502	Robinson Nature Ctr	1-2 PM	Su
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Test your smarts and raise money for a good cause through Nature Trivia.



Create the perfect holiday centerpiece with sustainable materials.

Adult

- Programs listed in order by start date.
- Tickets/Registration/Info: 410-313-0400.

Ladies Night-Hike Out!

21 yrs + / Oct 9 / \$10

Join other nature-loving gals on this unique Thursday night adventure! For those interested in grabbing a bite to eat first, meet at Great Sage vegan restaurant at 6 PM. Afterwards, aided by the light of a flashlight and your senses, immerse yourself in the nocturnal wonders of the Middle Patuxent Environmental Area (MPEA). Knowledgeable Robinson Nature Center naturalists are guides. Hike begins at 7:30 PM. You must preregister for the program. Please note, there are no bathrooms at the MPEA and parking is limited. The hike covers approximately 2 miles on unpaved terrain.

RP4883.501 MPEA (Trotter Rd Entrance) 7:30-9 PM Th

Trivia Night Socials at the Nature Center

21 yrs + / Oct 16 / \$10

Compete in nature-themed trivia and enjoy camaraderie, team challenges, raffle prizes and using your knowledge for a good cause. Proceeds fund the Friends of the Robinson Nature Center's scholarships for Title 1 school trips. Enjoy the cash bar with local brews from Jailbreak Brewing Company. Light snacks provided. Info: www.howardcountymd.gov/RNctrivianights.htm.

Robinson Nature Ctr / Doors open at 7:30, trivia is from 8-10 PM

RP4884.501 Phil Norman – All Things Deer to Us F

Adult Trivia

- What a fun evening! Entertaining and educational at the same time. An added bonus that the money raised is for a good cause.
- So fun. Will bring a team of friends next time!

NEW! "Forgotten Skills" Series Page 55

Holiday Centerpiece Workshop

14 yrs + / Dec 5 / \$30 per centerpiece

Kick off the holiday spirit with a hands-on greenery workshop. Enjoy festive music, light snacks and cider while learning tips on harvesting and using natural materials to make centerpieces, wreaths and more. During the workshop, create a centerpiece out of natural materials for your table

or mantle. Sustainably-harvested, freshly-cut greens (pine, arborvitae, boxwood, spruce, holly, etc.), cones and ribbons are provided. No experience needed. Price is per centerpiece (not per person) and you are welcome to bring members of your family over the age of 14 to join in the fun! Please bring pruners and gloves.

RP4861.501 Robinson Nature Ctr 2-4 PM Sa

Centerpiece workshop

- Creating this Centerpiece was a joy! I am so excited to take home something natural and fresh.



Robinson
NATURE CENTER
JAMES & ANNE

Enjoy through all four seasons:

- Children's Discovery Room
- Planetarium and full-dome movies
- Nature trails, interactive exhibits and more!

Enjoy complimentary admission and special discounts on designated programs and gift shop items with your family pass!

6692 Cedar Lane, Columbia, MD 21044 | 410-313-0400
www.howardcountymd.gov/RobinsonNatureCenter.htm



American Visionary Art Museum. (Photo by Jack Hoffberger)

Trips & Tours

- All children under 18 must be accompanied by an adult.
- Info: Ginny Russ, 410-313-7279.

August

Fisherman's Crab Deck

8 yrs + / Aug 11 / \$73

It's fun hammering away along the water. Join us for our annual trip to Grasonville, MD, for the best crab feast around! All-you-can-eat crabs with chicken tenders, corn on the cob, crab soup, hush puppies, beverages, and ice cream for dessert. Bring the kids, there is something for everyone.

Enjoy a fresh produce stop on the way home.

RP4532.401 Bain Ctr and Long Gate Park & Ride 10:30 AM-4 PM Tu

Into The Woods

8 yrs + / Aug 12 / \$52

Amid magnificent music, The Brothers Grimm hit the stage with an epic fairytale where worlds collide. See what happens when wishes are granted and the consequences revealed. "Careful the things you say, children will listen." Join us at Toby's Dinner Theatre for a marvelous show and buffet lunch. Meet the trip leader in the lobby, doors open at 10:30 AM.

RP4531.401 Toby's Dinner Theatre, Columbia 10:30 AM-3:30 PM W

NEW! Super Bingo Cruise

18 yrs + / Aug 13 / \$99

Hop aboard the Spirit of Washington cruise ship in D.C. and be taken back in time. The DJ plays songs from decades past for your singing and dancing pleasure. Enjoy amazing views as you sail past the sights of our nation's capital. Play trivia games and bingo for great prizes. Buffet lunch included.

RP4535.401 Bain Ctr and Long Gate Park & Ride 9:30 AM-3 PM Th

NEW! Wednesday in Washington

8 yrs + / Aug 26 / \$49

Enjoy your favorite museum, gallery or memorial in this exciting city. You are on your own for the day and your meal. You are dropped off on 4th Street between the East and West National Galleries of Art and picked up in the same spot for your return home. There may be a lot of walking.

RP4550.401 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM W

September

Hillwood Estate, Museum & Gardens

18 yrs + / Sep 9 / \$79

This is a hidden treasure in Washington, D.C. Marjorie Merriweather Post's fabulous home and gardens are a wonder to behold. Join us for a guided walking tour and lunch on this magnificent estate. There is a lot of walking on the tour of her home and gardens. Lunch at Hillwood Café is included.

Light lunch choice: smoked turkey sandwich, black forest ham sandwich or mixed vegetable quiche, each served with side, beverage, and cookies.

RP4503.501 Bain Ctr and Long Gate Park & Ride 9 AM-5 PM W

NEW! Frida Kahlo at NYC Botanical Gardens

18 yrs + / Sep 15 / \$149

This special exhibition in Bronx, N.Y., is the first solo presentation of celebrated Mexican artist Frida Kahlo in New York City in 25 years. The paintings reveal her intense interest in the natural world and the powerful inspiration it provided. Discover how the beauty and diversity of native Mexican flora cultivated in her garden was integral to her work. Enjoy a guided tour of the exhibit in the Enid A. Haupt Conservatory, followed by a boxed sandwich lunch in the cafe. After your meal spend time on your own exploring other areas of the amazing botanical gardens. Walking is involved.

RP4510.501 Bain Ctr and Long Gate Park & Ride 6 AM-10 PM Tu

NEW! President Lincoln's Cottage & Georgetown

18 yrs + / Sep 22 / \$59

Visit the cottage in Washington, D.C., where President Abraham Lincoln spent his summers and wrote the Emancipation Proclamation. Enjoy the great legacy he left behind through a tour of this historical home.

Afterwards, travel to Georgetown for lunch on your own. Georgetown is well known for its shops and varied restaurants. Walking involved.

RP4511.501 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM Tu

Ragtime

18 yrs + / Sep 23 / \$52

Time Magazine called *Ragtime* "a triumph for the stage." This acclaimed musical is filled with pageantry, emotion, and hope, busting onto the stage like no other musical. Join us at Toby's Dinner Theatre in Columbia for this majestic play. Meet the trip leader in the lobby. Doors open at 10:30 AM.

Enjoy a bountiful buffet before the show.

RP4501.501 Toby's Dinner Theatre, Columbia 10:30 AM-3:30 PM W

NEW! Golden Isles of Georgia & Charleston, SC

18 yrs + / Sep 27-Oct 3 / \$1,135, double room per person; \$1,355, single room

We are heading south! Join us on this fun trip to Georgia and South Carolina. Enjoy stops in Jekyll Island, St. Simons Island, Savannah and Charleston.

Tour the historic cities of the south and visit their most famous areas. Take a driving tour of Jekyll Island, which was purchased by wealthy families in 1886 as a winter retreat. Enjoy a two-hour guided tour of St. Simons Island, founded in 1600 by Spanish explorers. So much to see and do on this exciting trip. Fee includes transportation, accommodations, 12 meals, entry fees, and luggage handling. Driver and tour guides gratuities collected en-route.

A \$50 deposit saves your seat for this adventure.

RP4505.501 Bain Ctr 7 AM-7 PM Su-Sa

October

NEW! Kinky Boots

18 yrs + / Oct 4 / \$119

Kinky Boots is Broadway's huge-hearted, high-heeled hit! With songs by Grammy and Tony-winning pop icon Cyndi Lauper, this joyous musical celebration is about the friendships we discover, and the belief that you can change the world when you change your mind. Join us as we travel to the Hippodrome Theatre in Baltimore. The six-time Tony Award-winning show, including Best Musical, Best Score and Best Choreography is sure to be a crowd pleaser. Limited orchestra seating.

RP4529.501 Bain Ctr and Long Gate Park & Ride 11 AM-4 PM Su

Western Maryland Scenic Railroad

18 yrs + / Oct 6 / \$130

All aboard! Enjoy a one-way, 17-mile train ride from Cumberland to Frostburg, MD. Travel through the Allegheny Mountains amid the fall foliage. In Frostburg, visit the Thrasher Carriage Museum, home to over 50 antique carriages and sleighs. Re-board the motor coach and head to Hotel Gunter for a late lunch. Enjoy their signature meal of stuffed chicken breast and trimmings. Afterwards, tour of the circa 1899 historic hotel. On your bus trip back down the mountain, enjoy a stop at "Candyland" for fresh produce and over 900 varieties of candy for your sweet tooth.

RP4512.501 Bain Ctr and Long Gate Park & Ride 8:30 AM-7 PM Tu

NEW! Barnes Foundation & The Moshulu

18 yrs + / Oct 8 / \$125

Enjoy lunch aboard the "Moshulu," a hundred year-old clipper ship that is the largest four-masted sailing ship in the world still afloat. Docked at Penn's Landing in Philadelphia, it offers unparalleled views of the city and waterfront. Enjoy the magnificent setting and the delicious meal of filet and crab cake. Then venture to the Barnes Foundation Museum to tour their magnificent collection. Housed in a beautiful new gallery, the main room of the museum has the collection arranged exactly as it was in the original location. The collection of French Impressionists and Post-Impressionistic paintings is the finest collection in the Western hemisphere. Some walking involved.

RP4514.501 Bain Ctr and Long Gate Park & Ride 8:15 AM-7:15 PM Th

NEW! American Visionary Art Museum

18 yrs + / Oct 14 / \$89

Join us at the Inner Harbor in Baltimore for a visit to a unique and different museum. Visionary art is defined as "art produced by self-taught individuals, usually without formal training, whose works arise from an innate personal vision that reveals foremost in the creative act itself." See the "Giant Whirligig" by Vollis Simpson, the "Recovery" statue and the Painted Screens collection (a fixture of Baltimore row houses) plus so much more. Enjoy a guided tour plus lunch at the Rusty Scupper Restaurant, located across the street from the museum on the water.

RP4515.501 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM W

NEW! National Zoological Park

4 yrs + / Oct 17 / \$49

There is so much to see and do at the zoo in Washington, D.C. Spend the day on your own visiting your favorite animals. Don't forget the pandas! The zoo is located on a hilly area and is very extensive, but there are many places to eat and rest your feet. Be sure to bring the kids! There's a lot of walking.

RP4526.501 Bain Ctr and Long Gate Park & Ride 9 AM-5 PM Sa



Join us for Wednesday in Washington and check out all the sites!

Tea in the Tower

18 yrs + / Oct 20 / \$69

Enjoy an in-depth tour of the Washington National Cathedral in Washington, D.C. After your docent-led tour, enjoy being served tea at 3 PM in the Pilgrim Observation Gallery with scenic views of the city. Tea is meant to be a snack and not a meal, please eat lunch before the trip or bring a meal on the bus. There is a lot of walking involved on this trip.

RP4516.501 Bain Ctr and Long Gate Park & Ride 11 AM-6 PM Tu

Wednesday in Washington

18 yrs + / Oct 28 / \$49

Enjoy your favorite museum, gallery or memorial in this exciting city. The bus drops you off on 4th Street between the East and West National Galleries of Art and picks you up there for the return home. The day and your meal are on your own. There may be a lot of walking.

RP4517.501 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM W

November

NEW! Barn Quilts & Progressive Lunch

18 yrs + / Nov 5 / \$99

Travel to Carroll County for wonderful food and a scenic driving trail offering views of beautiful wooden quilt blocks mounted on barns and other buildings. Start with soup or salad at Johansson's in Westminster and then begin the Barn Quilt Trail which eventually takes you to Antrim 1844 Restaurant for lunch (entrée choice of chicken or salmon). After lunch, re-board the bus for your final stop at Gypsy's Tea Room for dessert (passing additional quilts along the way).

RP4523.501 Bain Ctr and Long Gate Park & Ride 9 AM-5 PM Th

NEW! Horseshoe Casino

21 yrs + / Nov 11 / \$49

Do you feel lucky? Join us on our first visit to the new Horseshoe Casino in Baltimore. Wednesday is senior day (receive a bonus for your casino playing). The day and your meal are on your own. There are many restaurant choices.

RP4518.501 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM W



Get your name on the waiting list to visit the White House.

NEW! Book of Mormon

18 yrs + / Nov 14 / \$149

Winner of nine Tony Awards, including Best Musical, this show tickles your funny bone. Playing at the Hippodrome Theatre in Baltimore, it has been called "the best musical of this century" by *The New York Times*. The play is a musical satire about missionaries sent to Africa and their adventures.

We have a limited number of orchestra seats.

RP4530.501 Bain Ctr and Long Gate Park & Ride Noon-6 PM Sa

NEW! American Music Theatre

Christmas Show

18 yrs + / Nov 19 / \$125

Join us in Lancaster, PA, as we "Deck the Halls" with a glorious musical presentation designed to get everyone in the holiday spirit. The critically acclaimed *Christmas Show* has become a tradition for many and is renowned as Lancaster's most beloved holiday show. Awe-inspiring music and dance are the ingredients for this extravaganza. Enjoy a pre-matinee lunch at "Shady Maple Smorgasbord" in East Earl, PA. The sumptuous buffet is one of the biggest and best! Their fabulous gift shop has collectibles great for gifts.

RP4519.501 Bain Ctr and Long Gate Park & Ride 9:30 AM-7:30 PM Th

December

NEW! Mount Vernon

18 yrs + / Dec 2 / \$99

Celebrate the holidays at President George Washington's mansion, decorated for the holidays in the 1790s in Alexandria, VA. Enjoy an early lunch at the Mount Vernon Inn before an on-your-own visit to the mansion and grounds. Menu choices: Roasted chicken, bacon-wrapped meatloaf, vegetable lasagna; each served with garden salad, beverage and cherry pie for dessert. There is a lot of walking over uneven terrain.

RP4520.501 Bain Ctr and Long Gate Park & Ride 9:30 AM- 4:30 PM W

NEW! 'Tis the Season with Brian Stokes Mitchell

6 yrs + / Dec 12 / \$99

Enjoy an exciting holiday show at the Joseph Myerhoff Symphony Hall in Baltimore. Tony Award-winning Broadway phenomenon Brian Stokes Mitchell joins the Baltimore Symphony Orchestra SuperPops to warm your heart with traditional and contemporary holiday favorites.

Mitchell is a charismatic vocalist and host and is sure to delight in this festive holiday treat. There is an appearance by the guy in the red suit.

Grand Tier seating.

RP4521.501 Bain Ctr and Long Gate Park & Ride Noon-6 PM Sa

Mrs. K's Toll House and Mormon Temple Lights

8 yrs + / Dec 15 / \$79

Join us at the historic Mrs. K's Toll House Restaurant in Silver Spring for dinner. Then on to the Mormon Temple Visitors Center in Kensington for their famous light display. This magnificent show features more than 450,000 lights, Christmas decorations from around the world and a musical presentation. Menu choices: Pork Loin, Chicken Marsala, Grilled Salmon or Linguini Pasta; each served with salad, beverage and ice cream. There may be some walking at the light display.

RP4522.501 Bain Ctr and Long Gate Park & Ride 4-10 PM Tu

Music in the Mansion

12 yrs + / Dec 19 / \$99

Spend a wonderful afternoon at the Engineers Club in the beautiful, historic Garrett-Jacobs Mansion; feasting on delicious food and glorious music.

This Baltimore jewel delights with its pre-concert buffet followed by the Christmas Cheer Concert presented by the Concert Artists of Baltimore.

RP4528.501 Bain Ctr and Long Gate Park & Ride 10 AM-5 PM Sa

NEW! Handel's "Messiah" at Strathmore

12 yrs + / Dec 20 / \$99

Begin your holidays with uplifting holiday music. The critically acclaimed National Philharmonic Orchestra and Chorale, conducted by Stan Engbretson, brings joy, spirit and tidings of the season.

Promenade seating at the Music Center at Strathmore in Bethesda, MD.

RP4527.501 Bain Ctr and Long Gate Park & Ride 1-7 PM Su

White House

55 yrs + / Date TBD / \$0

Once again we are on a WAITING LIST in the hopes of visiting the White House during the holidays. Please register as soon as possible as the names are submitted in late September and we are unable to take registrations after September 18. You must submit your LEGAL name, first and last with middle initial (no nicknames) as it appears on your driver's license; address, date of birth and social security number. We can not submit your name without all the information. There are long lines and security check points to go through with a lot of walking and standing. Eat lunch at Union Station on your own. If we are able to attend, a \$49 fee is collected.

RP4525.501 Bain Center (pick-up only) Time & Date TBD

RP4525.502 Long Gate Park & Ride (pick-up only) Time & Date TBD

January 2016

Toby's South Pacific

18 yrs + / Jan 20 / \$52

Let's get away to somewhere warm and sunny. How about the South Pacific? Be transported to an island paradise at Toby's Dinner Theatre. What could be more inviting than a great buffet, marvelous music, sailors and friendly natives? Doors open at 10:30 AM; meet trip leader in lobby. Aloha!

RP4501.601 Toby's Dinner Theatre, Columbia 10:30 AM-3:30 PM W

Wednesday in Washington

18 yrs + / Jan 27 / \$49

Catch the newest exhibitions, visit an art gallery or museum, and enjoy all that Washington, D.C. has to offer. You are dropped off and picked up between the East and West Buildings of the National Gallery of Art (on 4th Street). The day and your meal are on your own; there is a lot of walking.

RP4502.601 Bain Ctr and Long Gate Park & Ride 9 AM-4 PM W



LEARN TO COMPOST!

Join Howard County Master Gardeners for composting demonstrations, discussion and free* compost bins.

Demonstrations are held at Alpha Ridge Landfill, Centennial Park, Schooley Mill Park and the Robinson Nature Center.

For the schedule of demonstrations, visit <http://mastergardener.umd.edu/local/howard/Community%20Act/Composting.cfm>.

* Free bins to Howard County residents!

...because kids don't come with directions!



Office of
CHILDREN'S SERVICES
Howard County Department of Citizen Services

The Family Institute

A PARENT EDUCATION PROGRAM
Howard County Office of Children's Services

PARENTS, GRANDPARENTS & CAREGIVERS!

The Family Institute provides **informational sessions** and **training workshops** on the latest child and parent topics:

- Child Development
- Positive Discipline
- Health and Safety
- School Readiness
- Finding Resources
- Adolescent Issues

Also available, "**Parent Pages**," a FREE, quarterly, digital publication, geared to children of all ages and interests, specifically to Howard County.

To view a list of current workshops, or sign up to receive your digital issues of Parent Pages:

www.howardcountymd.gov/familyinstitute/

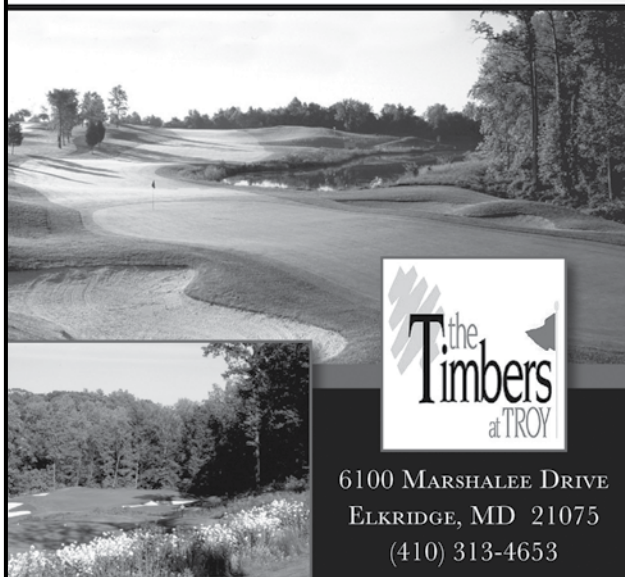
FOR MORE INFORMATION

410-313-1440 (VOICE/RELAY)

children@howardcountymd.gov



*Rated 4-Stars Best Places to Play by Golf Digest.
Top 100 Must Play Courses of the Mid-Atlantic
by Golf Styles Magazine.*



6100 MARSHALEE DRIVE
ELK RIDGE, MD 21075
(410) 313-4653

WWW.TIMBERSGOLF.COM



20 minutes from Downtown Baltimore and BWI Airport



Golf Tournament

Friday, October 9, 8:30 AM - Timbers at Troy Golf Course

Celebrate community sports and enjoy a day on the links. Registration: 410-313-7275 or on-site by 7:30 AM, shotgun starts at 8:30 AM.

RP6601.501 Foursome \$340 RP6601.502 Individual \$85

13th Annual Banquet

Tuesday, October 6, 5 PM - Turf Valley Resort

Recognize and thank those who are making a difference through sports by honoring Hall of Fame inductees and GoodSports coaches, players and officials.

Info: Mike Blevins, 410-313-1691.

Trips & Tours



Licensed Child Care is enriching and fun for your little one.

Child Care

Recreational Licensed Child Care (RLC) programs for preschoolers (ELC) through middle schoolers, along with Therapeutic Recreation Extended Care (TREC) have the following goal: To provide a safe and structured environment for children to have fun while participating in meaningful, group, recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration.

No nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs.

For a list of who to contact and additional information, visit www.howardcountymd.gov/rap and click on "Licensed Child Care" (on left side of webpage). For space availability, call 410-313-7275.



Healthy Childcare - A Healthy Howard initiative supported by The Horizon Foundation

Healthy Howard Childcare

Modeled after the National Let's Move! Child Care initiative, Healthy Childcare is a voluntary, goal-oriented program focusing on increasing physical activity, limiting screen time and increasing consumption of water, milk, and 100% juice. Participants reapply annually to meet new goals, while passing site visits to maintain a Healthy Childcare site status.

Early Learning Center

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural and cooking. There are instructional and self-directed activities throughout the day. Staff are trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2015. If class minimums are not met, a combined class will be offered.

Bushy Park ES (2014 Healthy Childcare Participant)

RP2252	3 yrs	9:30 AM-1:30 PM	M & W	\$254 mo
RP2252	4 yrs	9:30 AM-3 PM	M, W & F	\$509 mo

Fulton ES (2014 Healthy Childcare Participant)

RP2256	3 yrs	9:30 AM-1:30 PM	Tu & Th	\$254 mo
RP2256	4 yrs	9:30 AM-3 PM	M, W & F	\$509 mo

Roger Carter Comm Ctr (2014 Healthy Childcare Participant)

RP2292	3-5 yrs	9:30 AM-3 PM	M & W	\$254 mo
RP2292	3-5 yrs	9:30 AM-3 PM	Tu, Th & F	\$509 mo

Triadelphia Ridge ES (2014 Healthy Childcare Participant)

RP2266	3 yrs	9-11:30 AM	M, W & Th	\$242 mo
RP2266	4 yrs	9 AM-noon	M-Th	\$314 mo

Veterans ES (2014 Healthy Childcare Participant)

RP2269	4 yrs	8 AM-4 PM	M-F	\$780 mo
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Veterans ES has options for those registered in Veterans RECC program. Please call registration at 410-313-7275 for pricing.

Elementary School Before & After Care

Before & After Care for Elementary School 2015-2016 Academic Year

Grades K-5 / M-F, duration of school year 2015-2016 / Prices below

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, themed-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Before School / 7 AM to beginning of school day / \$201, month

After School / End of school day to 6 PM / \$309, month

Before & After School / 7 AM-6 PM / \$446, month

RP2050	Bellows Spring ES	RP2059	Ilchester ES
RP2051	Bollman Bridge ES	RP2060	Laurel Woods ES
RP2052	Bushy Park ES	RP2061	Lisbon ES
RP2049	Dayton Oaks ES	RP2062	Manor Woods ES
RP2053	Deep Run ES	RP2063	Pointers Run ES
RP2070	Ducketts Lane ES	RP2064	Rockburn ES
RP2054	Elkridge ES	RP2065	St. John's Lane ES
RP2055	Forest Ridge ES	RP2066	Triadelphia Ridge ES
RP2056	Fulton ES	RP2069	Veterans ES
RP2057	Gorman Crossing ES	RP2067	Waverly ES
RP2058	Hollifield Station ES	RP2068	West Friendship ES

Middle School After Care

"Can-TEEN Club" Middle School After-School Program

Grades 6-8 / M-F, duration of school year 2015-2016 / \$324, month

Our licensed program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences promoting positive thinking, healthy eating and proper etiquette. Participants receive leisure education skills to enhance constructive use of discretionary time and positive social skills necessary for everyday communication. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: Lakishia Major, 410-313-4717 or lmajor@howardcountymd.gov.

End of school day to 6 PM / Must have minimum enrollment for program to run.

RP2370	Bonnie Branch MS	RP2374	Folly Quarter MS
RP2372	Elkridge Landing MS	RP2378	Patapsco MS
RP2373	Ellicott Mills MS	RP2382	Thomas Viaduct MS



There are therapeutic recreation and inclusion options for all ages!

Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at 410-313-4628 or spotts@howardcountymd.gov or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov.
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. Supervision is not provided before the scheduled start time. Excessive early drop-offs and late pick-ups may result in being dropped from the program.
- Programs listed by category, then age, then alphabetical.

After School

Therapeutic Recreation Inclusion Opportunities (TRIO)

13-21 yrs / 4-5 wks / \$355 per month

This therapeutic-based program offers individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention and skills development for transitioning. Program is not held when schools are closed. Selected full-day schedule available. Staff to participant ratio is 1:3 for the school and 1:5 for the park. No transportation provided to site. (No program 9/7, 9/14, 9/23, 10/2, 10/16, 11/25-27, 12/24-31.)

Cedar Lane School / 2-6 PM

RP2501.511	Aug	M-F
RP2501.512	Sep	M-F
RP2501.513	Oct	M-F
RP2501.514	Nov	M-F
RP2501.515	Dec	M-F

Cedar Lane Pk / 2-6 PM

RP2501.521	Aug	M-F
RP2501.522	Sep	M-F
RP2501.523	Oct	M-F
RP2501.524	Nov	M-F
RP2501.525	Dec	M-F



The No Boundaries group put on Once Upon a Mattress in May.

Aquatics

Puddles (Parent/Child)

2-5 yrs / 6 classes starting Oct 8 / \$50

Learn safety, introduction to swim skills and have fun in this aquatics program for preschoolers with developmental disabilities. Parents must accompany child in the water. Siblings/non-disabled peers may register one week after open registration. Goal: Improve gross motor skills, increase self-confidence and improve ability to understand directions.

RP4201.501 Cedar Lane School 6:15-7 PM Th

Splashes

6-12 yrs / 6 classes starting Oct 7 / \$50

Learn and improve swimming skills in this aquatics program for children with disabilities. Siblings can register one week after open registration. Please call to verify class level and placement. Goal: Improve gross motor skills, increase self-confidence, and improve ability to understand directions.

Cedar Lane School

RP4205.501	6-8 yrs	Level 1	6:30-7:15 PM	W
RP4205.502	9-10 yrs	Level 2	7:15-8 PM	W
RP4205.503	11-12 yrs	Level 3	8-8:45 PM	W

Aquatic Skills Development

8 yrs + / 6 classes, start dates below / \$65

This semi-private skills session provides opportunities for increase endurance, core strengthening, and skills refinement for individuals with developmental disabilities who swim competitively. Participants should be able to swim multiple lengths of the pool independently.

RP4200.501	Roger Carter Comm Ctr	Sep 15	7:30-8 PM	Tu
RP4200.502	Roger Carter Comm Ctr	Sep 15	8-8:30 PM	Tu
RP4200.503	Roger Carter Comm Ctr	Oct 27	7:30-8 PM	Tu
RP4200.504	Roger Carter Comm Ctr	Oct 27	8-8:30 PM	Tu

Waverunners

13-21 yrs / 6 classes starting Oct 8 / \$50

Sharpen swimming skills and improve fitness in this aquatics program for teens with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence, and improve ability to understand directions.

RP4213.501 Cedar Lane School 7-7:45 PM Th

Water Fitness/Open Swim

18 yrs + / 6 classes starting Oct 8 / \$52

Adults with developmental disabilities exercise in a warm aquatic tank. Exercise at your own pace. Instructor provides guidance and exercises. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, and enhance fitness level.

RP4309.501 Cedar Lane School 7:45-8:30 PM Th

Crafts & Fine Arts

Expressions of Art

13 yrs + / 6 classes starting Oct 3 / \$75

Express yourself! Teens and adults with developmental disabilities, expand your creativity using a variety of art materials. Make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit.

Goal: Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions.

RP4302.501 Cedar Lane Pk 9:30-11 AM Sa

Dance

Dances

13 yrs + / Apr 25 / \$15

Teens and adults with developmental disabilities enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided.

Prepackaged donations only please.

RP4301.501	Under the Sea	Bain Ctr	Sep 12	7-10 PM	Sa
RP4301.502	Halloween Bash	Bain Ctr	Oct 24	7-10 PM	Sa
RP4301.503	Winter Wonderland	Bain Ctr	Dec 12	7-10 PM	Sa

Enrichment

Nature is Sensational (TRRC)

4-12 yrs + parent/legal guardian / \$50 for a family of up to 5

This Family Day Out is offered by Unbridled Rehabilitation Services for families to come to Therapeutic & Recreational Riding Center (TRRC) and experience the wonderful world of nature on a farm setting. Planned, fun-filled, sensory experiences through hands-on activities and novel adventures for the whole family are led by two occupational therapists. Pack a snack and enjoy a picnic in our sheltered area next to the adapted playground. Explore nature at its finest, splashing in the creek, wandering the wooded trails, bird watching, nature-themed crafts, and more!

RP4208.501	TRRC	Sep 5	2-5 PM	Sa
RP4208.502	TRRC	Sep 19	2-5 PM	Sa
RP4208.503	TRRC	Oct 10	2-5 PM	Sa
RP4208.504	TRRC	Oct 17	2-5 PM	Sa

Teen Venture

13-21 yrs / 6 events, start dates below / \$135

Teens with mild-to-moderate developmental disabilities spend time with their peers at various community outings. Teens must have moderate- to high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase awareness of others in social situations and of leisure activities and skills.

RP4206.501	Various Locations	Sep 18	6:30-9:30 PM	F
RP4206.502	Various Locations	Sep 19	2:30-6 PM	Sa

Friday Night Socials

22 yrs + / 6 events starting Oct 2 / \$115

Adults with developmental disabilities enjoy this casual group with easy-going activities, dancing, and socializing. Staff provide activity facilitation, caregivers must accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, improve social etiquette, and increase ability to listen to others.

RP4306.501 Various Locations 7:30-9 PM F

Out & About

22-51 yrs / 6 events, start dates below / \$160

Adults with mild developmental disabilities enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette, and increase ability to listen to others. Fee is inclusive of activities other than dining.

Various Locations / 6:30-9:30 PM

RP4308.501	22-30 yrs	Sep 11	F
RP4308.502	31-51 yrs	Sep 11	F
RP4308.503	22 yrs +	Oct 3	Sa

Music & Theater Arts

Evening at the Theatre

18 yrs + / Dates below / \$55

Dinner and a show! Participants enjoy a buffet dinner and evening performance of select productions. Price includes dinner, beverage, and show. Participants must be able to function in 1:5 staff to participant ratio.

Toby's Dinner Theatre

RP4314.501	<i>Ragtime</i>	Nov 7	4:30-11 PM	Sa
RP4314.502	<i>It's a Wonderful Life</i>	Dec 6	4:30-11 PM	Su

Musical Muses - Community Show Choir with Keith Tittermary

Page 62

No Boundaries

18 yrs + / 30 wks starting Sep 8 / \$285

In this musical theater class, young adults with mild to moderate disabilities can sing, dance and act while performing segments from a famous Broadway musical. The class ends with a public performance.

Goal: Increase self-awareness, increase confidence and self-expression.

Presented in cooperation with the Howard County Arts Council.

RP4303.501 Howard County Ctr for the Arts 5-6:30 PM Tu

Nature & Environment

Page 24

Sports

Strider Bike Camp by Unbridled Rehabilitation Services

3-10 yrs / 4 classes starting Sep 3 / \$200

Teach your child how to ride a bike! We use Strider no-pedal bikes to teach parents the fundamentals of balancing, learning and steering without the distraction of pedals or training wheels. Using games and obstacles, your child gains confidence and independence on these unique bikes across four sessions. Program run by adapted by licensed/registered occupational



Learn the state's most popular sport at the Adaptive Lacrosse Clinic.

therapists. Required: Well-fitted bike helmet and closed-toed shoes.

Parent/guardian required to be active participants to facilitate activities.

RP4210.501	3-5 yrs	Meadowbrook Ath Comp	4-5 PM	Th
RP4210.501	3-5 yrs	Meadowbrook Ath Comp	5:10-6:10 PM	Th
RP4210.501	6-10 yrs	Meadowbrook Ath Comp	6:15-7:15 PM	Th

Adaptive Lacrosse Clinic for Youth

10-21 yrs + / 6 classes starting Sep 6 / \$80

Students with developmental disabilities, improve skills and focus on lacrosse fundamentals. Current coaches and players of the Howard County Lacrosse Program, along with therapeutic recreation companions and parent volunteers, make this a fun and inclusive setting for all abilities.

Develop social skills and integrate among your peers while playing adaptive, non-competitive lacrosse. All equipment is provided. Parents and volunteers needed to assist in classes. Staff to participant ratio is 1:2.

RP6507.501	10-14 yrs	Cedar Lane Pk West	2-3 PM	Su
RP6507.502	15-21 yrs	Cedar Lane Pk West	2-3 PM	Su

Strikes & Spares Bowling League

13-35 yrs / 8 wks starting Oct 3 / \$89

Adults with developmental disabilities, improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Register early, space is limited! Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task.

Brunswick Normandy Lanes Ctr

RP4313.501	13-17 yrs	12:30-2 PM	Sa
RP4313.502	18-35 yrs	12:30-2 PM	Sa

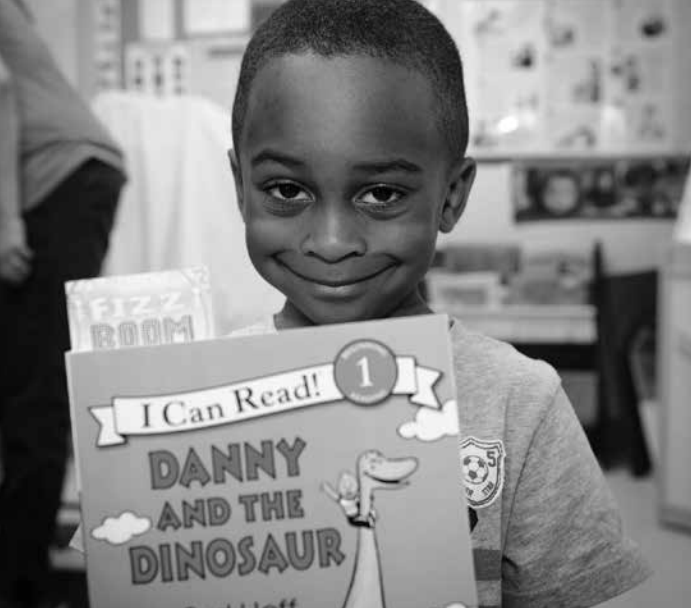
Pinbusters Bowling League

35 yrs + / 8 wks starting Oct 3 / \$86

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Register early, space is limited! Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

Brunswick Normandy Lanes Ctr

RP4312.501	11:30 AM-12:45 PM	Sa
RP4312.502	1-2:15 PM	Sa



Exploring with books is just one adventure in learning.

Pre-K (0-5 yrs) Classes & Activities

• Registration: 410-313-7275.

Adventure & Outdoors Page 19

Adventures in Learning

The Early Years Matter – Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them!

- Info: Cindy Ochs, 410-313-4681.
- Staff members do not change diapers.

NEW! Tots Discovery Jr. 2 yrs / 6 classes starting Sep 18 / \$90

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while exploring and meeting new friends. It's a wonderful way to make a seamless transition into our Tots Discovery classes. (No class 10/2, 10/16, 10/30.)

RP3204.501 Forest Ridge ES 10-10:45 AM F

Tots Discovery, Preschool Adventures, My First School, Step into School, Kindergarten Jump Start

\$45 non-refundable deposit holds a spot for the second session of these classes.

Tots Discovery

2 yrs / 12 classes, start dates below / \$185

Is your 2-year-old ready for a more challenging environment? Enriching, positive experiences allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. (No class 11/24, 11/26.)

RP3201.501	Dayton Oaks ES	Sep 15	10 AM-noon	Tu & Th
RP3201.511	Dayton Oaks ES	Oct 27	10 AM-noon	Tu & Th
RP3201.502	Forest Ridge ES	Sep 15	10 AM-noon	Tu & Th
RP3201.512	Forest Ridge ES	Oct 27	10 AM-noon	Tu & Th
RP3201.503	Rockburn ES	Sep 15	10 AM-noon	Tu & Th
RP3201.513	Rockburn ES	Oct 27	10 AM-noon	Tu & Th

Preschool Adventures

2½-4 yrs / 10 or 20 classes, start dates & prices below

Join the adventure through an exciting, physically active, and well-rounded experience. Enriching activities include story time, music, arts and crafts, along with sports-specific activities (including basketball, soccer, lacrosse, and other sports) in the gym. Participants should bring a nut-free lunch. Register for M-Th for a 10% discount. (No class 11/23-26.)

10 classes / Gary J Arthur Comm Ctr

RP6971.501	Sep 28	9:30 AM-12:30 PM	M & W	\$165
RP6971.502	Sep 29	9:30 AM-12:30 PM	Tu & Th	\$165
RP6971.511	Nov 2	9:30 AM-12:30 PM	M & W	\$165
RP6971.512	Nov 3	9:30 AM-12:30 PM	Tu & Th	\$165

20 classes / Gary J Arthur Comm Ctr

RP6971.503	Sep 28	9:30 AM-12:30 PM	M-Th	\$299
RP6971.513	Nov 2	9:30 AM-12:30 PM	M-Th	\$299

"Ms. Deanna is phenomenal! Can't say enough good things about her!"

My First School

2 yrs, 9 mos-3 yrs, 9 mos / 10 or 12 classes, start dates & prices below

Help your child make a successful transition to an independent experience. This program develops social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack. (No class 11/23-26.)

10 classes / \$155

RP3202.501	Rockburn ES	Sep 28	10 AM-noon	M & W
RP3202.511	Rockburn ES	Nov 2	10 AM-noon	M & W

12 classes / \$185

RP3202.502	Bonnie Branch MS *	Sep 15	10 AM-noon	Tu & Th
RP3202.512	Bonnie Branch MS*	Oct 27	10 AM-noon	Tu & Th
RP3202.503	N Laurel Comm Ctr	Sep 15	10 AM-noon	Tu & Th
RP3202.513	N Laurel Comm Ctr	Oct 27	10 AM-noon	Tu & Th

* New location

Step into School

3 yrs, 9 mos-4 yrs, 9 mos / 10 classes, start dates below / \$159

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness, and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. (No class 11/23, 11/25.)

RP3221.501	Bonnie Branch MS*	Sep 28	9:30 AM-noon	M & W
RP3221.511	Bonnie Branch MS*	Nov 2	9:30 AM-noon	M & W
RP3221.502	N Laurel Comm Ctr	Sep 28	9:30 AM-noon	M & W
RP3221.512	N Laurel Comm Ctr	Nov 2	9:30 AM-noon	M & W

* New location

Kindergarten Jump Start

4 yrs, 9 mos-5 yrs / 10 classes, start dates below / \$265

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science, and social studies, participants engage in individual, small, and large group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation, and expected school behavior. Music, movement, and art make the learning fun! Participants should bring a nut-free lunch. (No class 11/23, 11/25.)

RP1727.501	Ellicott Mills MS	Sep 28	9:30 AM-1 PM	M & W
RP1727.511	Ellicott Mills MS	Nov 2	9:30 AM-1 PM	M & W

Awesome Athletes,

Amazing Artists (Parent/Child)

2-4 yrs / 5 classes, start dates below / \$75

Enjoy being active and creative! Explore sports, games, and arts and crafts while meeting new friends! Spend the first half of class throwing, kicking, and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting, and creating an array of art projects! Parents are required to attend. (No class 10/2, 10/16, 11/27.)

RP6973.501	Gary J Arthur Comm Ctr	Sep 11	9:30-10:30 AM	F
RP6973.502	Gary J Arthur Comm Ctr	Nov 6	9:30-10:30 AM	F

Marshmallow Math

3-5 yrs / 8 classes starting Sep 18 / \$90

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing, and measuring. Snack becomes an adventure when sorting goldfish or making a number nine snack mix! Have a ball with gumballs, graph with marshmallows, explore terrific tanagrams and play a tenpin bowling game! Songs, art projects and manipulatives are incorporated to help this preschool experience be meaningful and stimulating. (No class 10/2, 10/16, 10/30, 11/27.)

RP3206.501	N Laurel Comm Ctr	10 AM-noon	F
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NEW! Little Scientist

3½-5 yrs / 6 classes starting Sep 30 / \$90

Explore science in the world around us. Little scientists participate in experiments and record observations in their own scientific journals! Make a volcano and watch it erupt. Want to take a trip to the moon? Learn about the stars, the moon, the planets and the sun! Fee includes snack.

RP3217.501	Forest Ridge ES	10 AM-noon	W
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One Day Specials

- Parent or caregiver is welcome to attend.
- Info: Cindy Ochs, 410-313-4681.

Mommy & Me Fun Days

2-3 yrs / Dates below / \$14

Enjoy a morning full of "quality time" designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft.

Sign up for one class or make a date for all six adventures.

Ellicott Mills MS / 10-10:45 AM

RP3212.501	Elmo's World	Oct 9	F
RP3212.502	Dora's Halloween	Oct 23	F
RP3212.503	Jake and the Neverland Pirates	Nov 6	F
RP3212.504	Paw Patrol	Nov 13	F
RP3212.505	Go Diego Go	Nov 20	F
RP3212.506	Thomas	Dec 4	F



Your budding artists' skills come to life in our Pre-K art programs.

Cooking

- More cooking classes for 4 years + starting on page 42.
- Info: Cindy Ochs, 410-313-4681.

C is for Cooking! (Parent/Child)

2 yrs / 6 classes starting Oct 1 / \$99

Let's get cooking! Parents enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Big Bird's Yogurt Parfait, Rosita's Pizza Bagels and Oscar's Quick Dip in the Mud.

RP3209.501	Ellicott Mills MS	9:45-10:45 AM	Th
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Eating the Alphabet

3-5 yrs / 6 classes, start dates below / \$99

A is for apples! B is for beets! C is for carrots! Eating the alphabet is fun! Inspired by the entertaining story *Eating the Alphabet* by Louis Ehler, children learn the alphabet and enjoy a corresponding snack. Children become excited about eating healthy snacks while developing early literacy skills that include letter recognition, letter-sound relationships, listening and reading comprehension. (No class 10/2, 10/16, 10/30.)

RP3203.501	Forest Ridge ES	Sep 21	10 AM-noon	M
RP3203.502	Thomas Viaduct MS	Sep 18	10 AM-noon	F

Cooking classes for 4 years + Page 42





Discover art with your preschooler at Cookies & Canvas!

Crafts & Fine Arts

• Info: Cindy Ochs, 410-313-4681.

Abrakadoodle Art Twoosy Doodlers (Parent/Child)

20-36 mos / 6 classes starting Oct 3 / \$89

Parents, join your kids as they experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others, and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories, and sing songs! Frames and protective aprons provided.

RP0133.503 Roger Carter Comm Ctr 9:30-10:15 AM Sa

Petite Picassos by Abrakadoodle (Parent/Child)

2-3 yrs / 6 classes starting Oct 9 / \$89

Experience art with your toddler by creating modern masterpieces while discovering colors, textures, and shapes. Fee includes participation of a parent or favorite adult and one child. (No class 10/16, 10/30, 11/27.)

RP3215.501 Rockburn ES 10-10:45 AM F

Abrakadoodle Art Mini Doodlers

3½-5 yrs / 6 classes starting Oct 3 / \$89

Get creative! Learn and imitate drawings of artists with new themes and topics! Kids paint, learn wet-on-wet techniques, create large-scale artwork, and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity, and develop new skills. Frames and protective aprons provided.

RP0134.502 Roger Carter Comm Ctr 10:30-11:15 AM Sa

NEW! Cookies & Canvas with Rachel Middleton (Parent/Child)

4 yrs + / Oct 4 / \$30 (1 child & parent)

Unleash your inner Picasso. This is a two-hour painting class that teaches you and your child step-by-step instructions. No experience necessary. Fee includes supplies, including paint, canvas, brushes, aprons and easels. Cookies are provided; please bring your drink.

Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP3300.501 Roger Carter Comm Ctr 9:30-11:30 AM Su

Dance

- Info (unless listed in description): Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov
- In order by youngest age.

Mommy & Me Movement by Misako Ballet Studio (Parent/Child)

2-3 yrs / 8 classes starting Sep 30 / \$75

Bring your toddler to an exciting movement class where you exercise and move together through dancing, singing, role-playing, and more. Watch your little one gain confidence and an appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Teacher: Cecilia Ituarte.

Info: Cindy Ochs, 410-313-4681.

RP1005.501 Misako Ballet Studio 10-10:45 AM W

Parent/Child Movement & Song by Kinetics Dance Theatre

2-3 yrs / 11 classes, start dates below / \$85

Encourage your child's imagination as you explore creative dance using stories, props and movement to encourage imagination. Bare feet preferred. Fee includes participation of one child and one parent/caregiver. Sections 501 & 502 teacher: Jodi Guzewich. Section 503 teacher: Rachel Wolfe.

RP1007.501	Kinetics Dance Theatre	Sep 15	9:45-10:30 AM	Tu
RP1007.502	Kinetics Dance Theatre	Sep 19	10:15-11 AM	Sa
RP1007.503	Kinetics Dance Theatre	Sep 19	1:45-2:30 PM	Sa

Ballerina Basics by Kinetics Dance Theatre 3-6 yrs / 11 classes starting Sep 16 / \$109

Do you dream of being a ballerina? This class introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. Teacher: Lauren Snyder.

(Adult classes offered concurrently, contact studio.)

RP1011.501 Kinetics Dance Theatre 9-10 AM W

Ballet & Tap by Dance Connections, Inc. 3-5 yrs / 12 classes, start dates below / \$145

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the class, dancers are introduced to ballet steps, dance fundamentals, and concepts in the center and across the floor in a fun and creative environment. Halfway through, dancers change into tap shoes and explore the basics of tap and rhythms in the center and across the floor.

Dancers need leather ballet and tap shoes. (No class 11/23, 11/25 & 11/28.)

RP1025.501	Dance Connections, Inc.	Sep 14	10:45-11:30 AM	M
RP1025.502	Dance Connections, Inc.	Sep 14	1-1:45 PM	M
RP1025.503	Dance Connections, Inc.	Sep 16	1:45-2:30 PM	W
RP1025.504	Dance Connections, Inc.	Sep 19	1:30-2:15 PM	Sa
RP1025.505	Dance Connections, Inc.	Sep 19	2:15-3 PM	Sa

Creative Dance by Kinetics Dance Theatre 3-6 yrs / 11 classes, start dates & prices below

This introduction to dance incorporates imagination, creative expression, and a lot of fun! Dancers are introduced to loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! Leotard and bare feet recommended. Section 501 teacher: Jodi Guzewich. Section 502 teacher: Rachel Wolfe. Section 503 teacher: Alexandra Krebs. (Adult class offered concurrently on Mondays, contact studio.)

Kinetics Dance Theatre

RP1010.501	Sep 19	9:30-10:15 AM	Sa	\$85
RP1010.502	Sep 19	1-1:45 PM	Sa	\$85
RP1010.503	Sep 21	9-10 AM	M	\$109

Creative Movement After School by Cindee Velle Ballet

3-5 yrs / 12 classes starting Sep 4 / \$105

This intro to dance incorporates the exploration of space, rhythm, body-awareness, time, shape, and dynamics. Imagination encouraged! Required attire: pink leotard, pink tights, and pink (leather or canvas) ballet shoes for girls; a white t-shirt, black shorts or sweat pants, and black ballet (leather or canvas) shoes for boys. Teacher: Amy Spears.

(No class 10/2, 10/16, 10/30, 11/27.)

RP1019.501 Veterans ES 4:10-4:55 PM F

Fairy Dance & Storytelling by Kinetics Dance Theatre

3-5 yrs / 11 classes starting Sep 15 / \$85

This fun introduction to dance lets your child's imagination take flight! The fairy theme is expressed through movement and storytelling and is incorporated into the dance components (including space, rhythm and body awareness). Dancers share and explore ideas in a safe and creative environment. Dancers should wear leotard and bare feet. Teacher: Jodi Guzewich. (Adult classes offered concurrently on Mondays, contact studio.)

RP1006.501 Kinetics Dance Theatre 9-9:45 AM Tu

Frozen Ballet & Tap

by Dance Connections, Inc.

3-5 yrs / 12 classes, start dates below / \$145

Let it Go! Learn ballet and tap with the themes and music from *Frozen*! Foundations of ballet and tap are covered while using fine and gross loco motor movements. Skate like Anna and Elsa, march and climb mountains like Kristoff, spin and dance like Olaf! Props and story lines used to explore movement in fun, creative ways. Dancers, wear clothes for ease of movement, leather ballet and tap shoes. (No class 11/24, 11/26-27.)

RP1014.501	Sep 15	Dance Connections, Inc.	11-11:45 AM	Tu
RP1014.502	Sep 17	Dance Connections, Inc.	2-2:45 PM	Th
RP1014.503	Sep 18	Dance Connections, Inc.	10-10:45 AM	F

Princess Ballet by Dance Connections, Inc.

3-5 yrs / 12 classes starting Sep 14 / \$145

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip toe around the beasts' castle like Belle, waltz like Sleeping Beauty, spin and twirl like Anna and Elsa. Dancers should wear leotard, tights, and (leather or canvas) ballet shoes. (No class 11/23.)

RP1046.501 Dance Connections, Inc. 10-10:45 AM M

Tinker Bell's Ballet

by Dance Connections, Inc.

3-5 yrs / 12 classes starting Sep 16 / \$145

Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights, and leather or canvas ballet shoes. (No class 11/25.)

RP1017.501 Dance Connections, Inc. 1-1:45 PM W

Ballet & Tap with Tatia Zack

3½-5 yrs / 8 classes, start dates in next column / \$75

Learn ballet positions and tap steps while developing coordination, body-awareness, balance, rhythm, and a love of dance. Ballet and tap shoes are



Dance as a princess, fairy, or your favorite Frozen character!

required. Performance during last class. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

RP1024.501	Meadowbrook Ath Comp	Sep 24	9:30-10:30 AM	Th
RP1024.502	Synergy Fitness	Sep 22	3:30-4:30 PM	Tu

Jazz & Tap with Tatia Zack

3½-5 yrs / 8 classes, start dates below / \$59

Combine the coordination, rhythm and timing of tap with the high-energy movements of jazz. Stretching and bending exercises and a dance routine done to Top 40's music. Performance during last class. Wear tap shoes and comfortable clothing. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

RP1023.501	Meadowbrook Ath Comp	Sep 24	10:30-11:15 AM	Th
RP1023.502	Synergy Fitness	Sep 22	4:30-5:15 PM	Tu

Movement for Boys

by Kinetics Dance Theatre 4-6 yrs / Page 44

Rhythm & Moves for Boys

by Kinetics Dance Theatre 4-7 yrs / Page 44

Beginning Princess Ballet: Rhythm & Steps

by Misako Ballet Studio 5-6 yrs / Page 44

Fitness

• Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Funfit Tots (Parent/Child)

11-35 months / 8 classes, start dates below / \$79

This fun-filled adult/child, high-energy class includes songs, stories, parachutes, games, balls, music and more! The perfect combination for kids who love to move and love music too! Great for parents who love to be a part of their child's excitement and success. Child must be walking.

N Laurel Comm Ctr

RP3210.501	11-20 months	Sep 24	10:15-11 AM	Th
RP3210.502	20-35 months	Sep 24	11:05-11:50 AM	Th

Roger Carter Comm Ctr

RP3210.503	11-35 months	Sep 25	10:20-11:05 AM	F
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Get active with your tot at Funfit Tots!

Funfit Shining Stars

3-5 yrs / 8 classes starting Sep 25 / \$79 per child

Your kids shine as they advance to the next level of game play in this fun, active class. They learn to play cooperatively, use game rules, take turns and more. Kids gain balance, coordination and advance cognitive development through games. Parents are welcome to participate, but not required.

RP3210.511 Roger Carter Comm Ctr 9:30-10:15 AM F

Language

• Info: Melissa Calleri, 410-313-4721 or
mcalleri@howardcountymd.gov.

Oh La La French Mommy & Me & Daddy Too! with Madame Nona (Parent/Child)

2-5 yrs / 6 classes starting Sep 26 / \$85

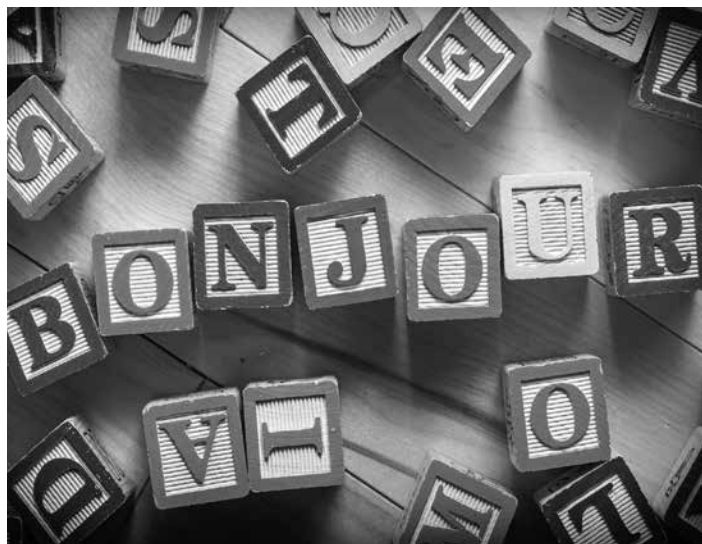
Learn French with your little one! Class developed by a professional Early Childhood educator. Learn French words for colors, animals, action words and more through a multi-sensory approach, using creative arts, language arts, singing, games and dancing. Enjoy French books, songs and games. Each week includes new topics and reinforces what's been learned. Bring a blanket. Fee includes one child and one parent/caregiver.

RP3310.501 Pointers Run ES 9:30-10:30 AM Sa

NEW! Beginning Chinese with Hui Liang (Parent/Child) 5-10 yrs / Page 45

Hola Amigos! Spanish with Cecilia Redmond

5-7 yrs / Page 45



The best way to learn a new language is to start early!

Music & Theater Arts

Music

• Info: Adam Wienckowski, 410-313-4714 or
awienckowski@howardcountymd.gov.

Music Together - Infant (Parent/Child) at Olenka School of Music (OSM)

Infant-8 mos / 8 classes, start dates below / \$129 + \$42 materials

Music Together Infants is an unique and exciting intro to the universal language of music. Infants and their caregivers engage in fun activities designed to foster music fluency. Learn skills necessary for the development of your child's musical ear and innate rhythmic abilities. Family materials includes a songbook, 2 CDs, educational materials, and a new student DVD. Materials fee due to OSM on the first day of class.

Olenka School of Music - Columbia

RP0120.501 Sep 12 11:15 AM-noon Sa

RP0120.512 Nov 21 11:15 AM-noon Sa

Olenka School of Music - Ellicott City

RP0120.551 Sep 14 1-1:45 PM M

RP0120.561 Nov 23 1-1:45 PM M

Music Together - Mixed (Parent/Child) at Olenka School of Music (OSM)

**Infant-5 yrs / 8 classes, start dates below & next page
\$129 + \$42 materials**

Immerse your infant, toddler, preschooler, or kindergartner in the universal language of music! Have fun singing, dancing, and playing with various rhythm instruments as part of a nurturing musical community. Music Together is the pioneer and leader of research-based, early childhood music and movement programs for children and adults who love them. Music Together recognizes that everyone has the ability to sing in tune, keep a beat, and experience world cultures through music. Family materials include a songbook, 2 CDs, educational materials, and a new student DVD. Materials fee due to OSM on the first day of class.

Olenka School of Music - Columbia

RP0121.501 Sep 8 10:30-11:15 AM Tu

RP0121.502	Sep 9	5:30-6:15 PM	W
RP0121.503	Sep 10	5:15-6 PM	Th
RP0121.504	Sep 11	11:30 AM-12:15 PM	F
RP0121.505	Sep 14	10:30-11:15 AM	M
RP0121.511	Nov 17	10:30-11:15 AM	Tu
RP0121.512	Nov 18	5:30-6:15 PM	W
RP0121.513	Nov 19	5:15-6 PM	Th
RP0121.514	Nov 20	11:30 AM-12:15 PM	F
RP0121.515	Nov 23	10:30-11:15 AM	M

Olenka School of Music – Ellicott City

RP0121.551	Sep 9	9:15-10 AM	W
RP0121.552	Sep 11	10-10:45 AM	F
RP0121.553	Sep 12	10:30-11:15 AM	Sa
RP0121.561	Nov 18	9:15-10 AM	W
RP0121.562	Nov 20	10-10:45 AM	F
RP0121.563	Nov 21	10:30-11:15 AM	Sa

Preschool Genius at Olenka School of Music

3-4 yrs / 8 classes, start dates below / \$159 + \$35 materials

Introduce your Little Genius into Olenka School of Music's (OSM's) unique Kindergarten Preparatory Program. Based upon the knowledge that music competency, language competency and motor skills develop hand-in-hand, focus is on a balanced combination of reading readiness, writing preparedness, fine motor development, rhythm skills, gross motor movement, dance and intro to both the ABCs of Language and Music! Parent participation and modeling strongly encouraged. Materials fee due to OSM on the first day of class. (No class 11/24-11/27, 12/19-1/1.)

Olenka School of Music – Columbia

RP0129.501	Sep 9	11:30 AM-12:15 PM	W
RP0129.502	Sep 13	2:30-3:15 PM	Su
RP0129.511	Nov 18	11:30 AM-12:15 PM	W
RP0129.512	Nov 22	2:30-3:15 PM	Su

Olenka School of Music – Ellicott City

RP0129.551	Sep 12	4:30-5:15 PM	Sa
RP0129.561	Nov 21	4:30-5:15 PM	Sa

Preschool Music Makers with Keyboards at Olenka School of Music (OSM)

(Parent/Child)

3-5 yrs / 8 classes, start dates below & next column

\$165 + \$42 materials

Begin a strong foundation for future musical learning through this energetic class designed as an inspiring introduction to the basics of music. Age-appropriate classes feature Do-Re-Mi singing and ear training exercises that lead to inner hearing and neuromuscular feeling for music. Enjoy dancing, singing, playing keyboards, rhythm instruments and stimulating music games designed to teach the fundamentals of the universal language of music. Materials include: songbook, CD, workbook, homework binder. Parent participation required. Materials fee due to OSM on the first day of class. Fee includes one child and one adult. (No class 11/24-11/27, 12/19-1/1.)

Olenka School of Music – Columbia

RP0128.501	Sep 9	1:30-2:15 PM	W
RP0128.502	Sep 10	10:30-11:15 AM	Th
RP0128.503	Sep 10	7:15-8 PM	Th
RP0128.504	Sep 12	1:30-2:15 PM	Sa
RP0128.505	Sep 14	11:30 AM-12:15 PM	M
RP0128.511	Nov 18	1:30-2:15 PM	W
RP0128.512	Nov 19	10:30-11:15 AM	Th
RP0128.513	Nov 19	7:15-8 PM	Th
RP0128.514	Nov 21	1:30-2:15 PM	Sa
RP0128.515	Nov 23	11:30 AM-12:15 PM	M



Your little one takes the stage at our theater programs.

Olenka School of Music – Ellicott City

RP0128.551	Sep 8	4:30-5:15 PM	Tu
RP0128.552	Sep 12	2:15-3 PM	Sa
RP0128.553	Sep 13	10:30-11:15 AM	Su
RP0128.561	Nov 17	4:30-5:15 PM	Tu
RP0128.562	Nov 21	2:15-3 PM	Sa
RP0128.563	Nov 22	10:30-11:15 AM	Su

Theater

• Info: Melissa Calleri, 410-313-4721 or
mcalleri@howardcountymd.gov.

Broadway Babies Drama: Fall Stars by Drama Learning Center

3-5 yrs / 6 classes starting Sep 26 / \$95

Our future stars shine bright in this session of Broadway Babies! Students work on singing, dancing, and acting, as they celebrate everything we love about fall! Class session culminates in a final performance for family and friends featuring props created by the students!

RP0103.501	Drama Learning Ctr	9:15-10:15 AM	Sa
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Nature & Environment Page 24

Science Page 48

Sports Page 73

Therapeutic Recreation Page 33





What's the next move? Learn it all at Chess Club.

Youth (5-10 yrs) Classes & Activities

- Programs listed by category, then age, then alphabetical.
- Registration: 410-313-7275.

Adventure & Outdoors Page 19

Chess

- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Chess Club Before/After School with Silver Knights Chess Company Grades K-5 / Class length, start dates & prices below

Learn how to play chess from highly rated professional chess instructors, who have coached many state and national champions! Time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Open to all ES grades and experience levels. Play time is structured to pair against opponent of similar skill. All chess supplies provided. (No class 10/2, 10/16, 11/25-27, 12/24-31, 1/1. After-school classes are also cancelled on 11/23 and 11/24.)

Before School / 14 classes (12 classes: Fulton ES) / \$185 (\$159: Fulton ES)

RP3323.501	Atholton ES	Oct 7	8-9 AM	W
RP3323.502	Bellows Spring ES	Oct 5	8:10-9:10 AM	M
RP3323.503	Fulton ES	Oct 9	8:10-9:10 AM	F
RP3323.504	Ilchester ES	Oct 6	8:10-9:10 AM	Tu
RP3323.505	Pointers Run ES	Oct 1	8:10-9:10 AM	Th

After School / 14 classes (12 classes: Northfield ES) / \$185 (\$159: Northfield ES)

RP3322.501	Clemens Crossing ES	Oct 5	3:50-4:50 PM	M
RP3322.502	Dayton Oaks ES	Oct 5	3:35-4:35 PM	M
RP3322.503	Gorman Crossing ES	Oct 1	4-5 PM	Th
RP3322.504	Hammond ES	Oct 1	3:35-4:35 PM	Th
RP3322.505	Lisbon ES	Oct 6	3:15-4:15 PM	Tu
RP3322.506	Manor Woods ES	Oct 1	3:20-4:20 PM	Th
RP3322.507	Northfield ES	Oct 9	3:30-4:30 PM	F
RP3322.508	Rockburn ES	Oct 6	3:25-4:25 PM	Tu
RP3322.509	St. John's Lane ES	Oct 6	3:20-4:20 PM	Tu
RP3322.510	Waverly ES	Oct 7	3:50-4:50 PM	W



Is your child curious in the kitchen? Turn them into a Wee Chef!

Chess Tournament Training with Silver Knights Chess Company Grades K-5 / 8 classes starting Oct 15 / \$159

Are you ready to get serious about your chess game? Do you wish to improve? Come use chess clocks and score sheets each week. Then focus on playing slower games and analyzing past games to learn from your mistakes. You must be a member of the US Chess Federation as this class plays rated tournament games. (We can help you sign up at the first class.)

RP3324.501 Veterans ES 6-7:30 PM Th

Chess Winter Break Camp with Silver Knights Chess Company Grades K-8 / Dec 28-31 / Prices below

Play and learn chess from the highly rated professional chess instructors. Campers are divided into skill level groups, from beginner to highly rated tournament players. Learn openings, tactics and endgames; study master games; play games against fellow students; and analyze students' games. Fresh air breaks included. Bring a nut-free snack (half-day campers) or lunch (full-day campers) and beverage.

Roger Carter Comm Ctr

RP1815.501	Full day	9 AM-4 PM	M-Th	\$275
RP1815.511	Half day	9 AM-noon	M-Th	\$165
RP1815.521	Half day	1-4 PM	M-Th	\$165

Cooking

- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Wee Chefs Mini-Session with Julie Lonegro 5-7 yrs / 2 classes, start dates below / \$35

Join us for hands-on cooking! Make fun, delicious food that is sure to please taste buds. Our classes teach little chefs how to make various appetizers and desserts. They learn different cooking techniques that allow them to help at home.

RP3225.501	Ellicott Mills MS	Oct 7	6-7:30 PM	W
RP3225.502	N Laurel Comm Ctr	Oct 28	6-7:30 PM	W
RP3225.503	Ellicott Mills MS	Dec 2	6-7:30 PM	W

What's Cooking? With Julie Lonegro

5-7 yrs / Dates below / \$29

Make delicious treats to share with friends and family! Handmade recipes, story sharing, and music add to the fun. Section 501 theme is *Trick or Treat!* Come in costume and make an edible haunted house, a spider cake and eye ball punch. Section 502 theme is *Celebrate the Holidays Around the World!* Design a holiday apron and create a book filled with the cookie recipes.

RP3227.501	N Laurel Comm Ctr	Oct 23	6-8 PM	F
RP3227.502	Ellicott Mills MS	Nov 20	6-8 PM	F

NEW! Cooking with Chef Nikki After School

Grades K-5 / 4 classes, start dates below / \$80 + \$40 materials

This mobile cooking program is offered through Madame BBQ (formerly CKCS Foods Studio). Class taught by Nikki McGowan and her staff of culinary experts. Emphasis is on etiquette, nutrition, kitchen safety and the science behind cooking! Material fee due at first class, payable to Madame BBQ. (No class 11/23-11/26.)

Session One Theme: Farm to Table!

Learn the importance of simple food and how to create cuisine that is delicious and healthy! Make your own cheese from local farm milk and use local honey in recipes.

RP3302.501	Dayton Oaks ES	Sep 30	3:35-5:05 PM	W
RP3302.502	Fulton ES	Sep 24	4-5:30 PM	Th
RP3302.503	Ilchester at Bonnie Branch MS	Sep 22	4:10-5:40 PM	Tu
RP3302.504	Triadelphia Ridge ES	Sep 21	3:30-5 PM	M

Session Two Theme: Fusion Cooking!

Blend cultures through cuisine. Indian Lasagna is possible and delicious!

RP3302.511	Bushy Park ES	Nov 3	3:55-5:25 PM	Tu
RP3302.512	Forest Ridge ES	Nov 2	3:45-5:15 PM	M
RP3302.513	Fulton ES	Nov 5	4-5:30 PM	Th
RP3302.514	Northfield ES	Nov 4	3:15-4:45 PM	W

~~Junior Chefs with Ms. Kisha~~

~~7-11 yrs / 5 classes, start dates below / \$89~~

~~New and healthier hands-on cooking activities are perfectly measured for aspiring young chefs. Each week features new tastes and techniques. Learn the difference between healthy and unhealthy fats while creating recipes without preservatives, dyes or man-made products like trans fats, MSG, sugar substitutes or artificial flavors. Complete the course with a recipe book. Each chef should bring a dish towel and a beverage. (No class 11/26.)~~

RP3228.501	Sep 24	Ellicott Mills MS	6:30-8 PM	Th
RP3228.502	Nov 5	Ellicott Mills MS	6:30-8 PM	Th

Crafts & Fine Arts

• Info: Melissa Calleri, 410-313-4721 or
mcalleri@howardcountymd.gov.

Abrakadoodle Art Education After School

Grades K-5 / 8 classes, start dates below / \$115 + \$24 materials

Discover your creative talents and abilities through painting, sculpting, and additional media. All skill levels welcome. Bolster self-confidence and pride through art history, techniques, vocabulary, and socialization skills. Each session has new lessons and inspiration artists; there are no repeats. Material fee due at first class, payable to Abrakadoodle.

RP0136.501	Clarksville ES	Sep 24	4-5 PM	Th
RP0136.502	Elkridge ES	Sep 22	4-5 PM	Tu
RP0136.503	Gorman Crossing ES	Oct 7	4-5 PM	W
RP0136.504	St. John's Lane ES	Sep 30	3:20-4:20 PM	W
RP0136.505	Thunder Hill ES	Sep 28	4-5 PM	M



Youth (5-10 yrs)

Your little one explores art in different mediums with KidzArt.

KidzArt After School

Grades K-5 / 8 classes, start dates below / \$120 + \$24 materials

Learning to draw creates confidence, focus and perseverance. So engage your imagination! Curriculum never repeats, enabling you to create your own masterpieces each week. There is no right or wrong way to do art. Explore a variety of artist-grade mediums, such as Prismacolor Markers, ArtStix, Oil Pastels, Chalk Pastels, Charcoal, Watercolor, Clay, Copper, Textured Papers, and more! Find out what others already know, KidzArt means fun and brings out the creativity! Bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. Bring a note each day your child participates. (No class 9/23, 10/15, 11/23-11/26, 12/24, 12/28-12/31.)

Session I

RP0113.501	Bellows Spring ES	Sep 15	4:10-5:10 PM	Tu
RP0113.502	Centennial Lane ES	Sep 17	3:30-4:30 PM	Th
RP0113.503	Elkridge ES	Sep 21	4:05-5:05 PM	M
RP0113.504	Fulton ES	Sep 15	4:10-5:10 PM	Tu
RP0113.505	Northfield ES	Sep 16	3:30-4:30 PM	W
RP0113.506	Pointers Run ES	Sep 16	4:10-5:10 PM	W
RP0113.507	Rockburn ES	Sep 21	3:35-4:35 PM	M
RP0113.508	St. John's Lane ES	Sep 21	3:25-4:25 PM	M
RP0113.509	Thunder Hill ES	Sep 17	4:10-5:10 PM	Th
RP0113.510	Triadelphia Ridge ES	Sep 17	3:40-4:40 PM	Th

Session II

RP0113.511	Atholton ES	Nov 10	4:10-5:10 PM	Tu
RP0113.512	Centennial Lane ES	Nov 12	3:30-4:30 PM	Th
RP0113.513	Elkridge ES	Nov 16	4:05-5:05 PM	M
RP0113.514	Fulton ES	Nov 10	4:10-5:10 PM	Tu
RP0113.515	Gorman Crossing ES	Nov 12	4:10-5:10 PM	Th
RP0113.516	Ilchester ES	Nov 16	4:10-5:10 PM	M
RP0113.517	Northfield ES	Nov 18	3:30-4:30 PM	W
RP0113.518	Pointers Run ES	Nov 18	4:10-5:10 PM	W
RP0113.519	St. John's Lane ES	Nov 16	3:25-4:25 PM	M
RP0113.520	Triadelphia Ridge ES	Nov 12	3:40-4:40 PM	Th



Ballet teaches coordination and movement.

Workshops with KidzArt

Grades K-5 / Dates below / \$25 + \$5 materials

While your parents enjoy a night out, come have a blast with us! KidzArt believes drawing creates confidence, focus, and perseverance. Come engage your imagination! Create your own masterpieces. These two-hour sessions let you work with mixed media like pastels, watercolor, textured paper, and more! Parents, you are welcome to enroll. Materials fee due at first class, payable to KidzArt.

Gary J Arthur Comm Ctr

RP0113.591	<i>Fall Fun for Everyone</i>	Oct 23	6:30-8:30 PM	F
RP0113.593	<i>Winter Wonderland</i>	Dec 4	6:30-8:30 PM	F

Roger Carter Comm Ctr

RP0113.592	<i>Fall Fun for Everyone</i>	Oct 30	6:30-8:30 PM	F
RP0113.594	<i>Winter Wonderland</i>	Dec 11	6:30-8:30 PM	F

Abrakadoodle Art Elementary Doodlers

6-10 yrs / 8 classes, start dates below / \$115 + \$24 materials

Have a blast creating a new masterpiece each week while painting, sculpting, and using additional creative media! Doodlers learn about master and contemporary artists, art history, and cultural art while bolstering self-confidence, pride, vocabulary, and socialization skills. Protective aprons are provided. Materials fee due at first class, payable to Abrakadoodle.

RP0136.590	Roger Carter Comm Ctr	Sep 26	10:30-11:30 AM	Sa
RP0136.591	Roger Carter Comm Ctr	Sep 22	6-7 PM	Tu

Dance

- More dance classes starting on page 38.
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov (unless otherwise noted).

Movement for Boys

by Kinetics Dance Theatre

4-6 yrs / 11 classes starting Sep 15 / \$85

This creative dance class is designed to introduce boys to movement and dance in a fun, structured environment. Class incorporates many of the components of dance, including space, rhythm, body-awareness and more! Teacher: Lauren Snyder. (Adult classes offered concurrently, contact studio.)

RP1013.501	Kinetics Dance Theatre	4:45-5:30 PM	Tu
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Rhythm & Moves for Boys

by Kinetics Dance Theatre

4-7 yrs / 11 classes starting Sep 18 / \$109

Groove to the music and learn about rhythm! Discover tempo, patterns and syncopation through tap and jazz movements. This is a beginner level class. No experience required. Wear comfortable clothing for ease of movement. Tap and jazz shoes recommended. Teacher: Lauren Snyder.

RP1012.501	Kinetics Dance Theatre	10-11 AM	F
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Beginning Princess Ballet:

Rhythm & Steps by Misako Ballet Studio

5-6 yrs / 8 classes starting Sep 25 / \$79

Dance with scarves to the music of your favorite princesses. Enjoy learning basic ballet steps combined with the imagination of creative movement. Establish basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required. Bring a reusable water bottle.

RP1001.501	Misako Ballet Studio	4:45-5:30 PM	F
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Ballet/Jazz After School

by Cindee Velle Ballet

6-11 yrs / 12 classes starting Sep 16 / \$159

This 90-minute dance class introduces basic barre exercises; leg, feet and arm positions; and first forms of classic center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical and funk. Girls wear black leotard, pink tights, pink ballet shoes (leather or canvas) and black jazz shoes. Boys wear white t-shirt, black shorts or sweat pants, black ballet shoes (leather or canvas) and black jazz shoes. Teacher: Catherine Phillips Rach. (No class 11/25.)

RP1018.501	Veterans ES	4:10-5:40 PM	W
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Back Beats with Nysia Carter

7-10 yrs / 10 classes starting Oct 3 / \$115

This fast-paced, high-energy hip-hop class emphasizes body isolations, intricate rhythms and individual expression. Learn basic hip-hop, popping and break dancing techniques to develop his/her own unique style.

Wear comfortable clothes. Sneakers required. (No class 11/28.)

RP1020.501	Roger Carter Comm Ctr	3:30-4:30 PM	Sa
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Enrichment

- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov. (unless otherwise noted).

Etiquette & Personal Development

How To Say It Best

by The International School of Protocol

4-7 yrs / 2 classes, start dates below / \$40; \$35 for sibling

Come have fun in this hands-on class designed to increase confidence when communicating. Learn by playing and working through a coloring/activity book. Have a great time while learning the importance of good manners. Handouts given for additional practice at home.

Session 1 - Learn how to make friends, give and receive compliments, avoid rude behaviors (like interrupting or whining) and have a conversation.

RP3335.501	Roger Carter Comm Ctr	Oct 19	5-6 PM	M
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Session 2 - Practice using the "magic words" of please, thank you, you're welcome, I'm sorry, excuse me, and may I. Learn telephone manners, and learn about how body language is a part of communication. Learn the importance of sitting quietly when in an audience at a play or movie, and how to communicate well at school.

RP3335.502	Roger Carter Comm Ctr	Nov 2	5-6 PM	M
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Communicate Like A Leader
by The International School of Protocol

8-11 yrs / 2 classes starting Oct 19 / \$40; \$35 for sibling
Through role-plays, activities, and handouts, learn how to feel more comfortable when meeting people for the first time. Feel confident when greeting people you have already met. While becoming a good conversationalists, learn how to give and receive compliments, and become a good listener. This two-day course also covers thank you notes and phone etiquette. This confidence-building program helps you feel more at ease at school, at play and in everywhere else you talk with others.

RP3332.501 Roger Carter Comm Ctr 6-7 PM M

An Evening of Etiquette & Dining
by The International School of Protocol

7 yrs + / Nov 16 / \$85
Get ready for the holidays! Learn proper handshaking and greetings and the history of why and how we eat. Do you know how to set a simple or formal table? How to identify the various utensils when eating, resting and finished? What do you do with your napkin during the meal? This event has the answers! Designed for parents, grandparents, children and teens! This four-course dinner is held at the beautiful, historic Belmont Manor.

RP3337.501 7-11 yrs Belmont Manor & Historic Pk 6-8 PM M
RP2865.501* 11 yrs-adults Belmont Manor & Historic Pk 6-8 PM M

*For info for 11 yrs-adults, please contact Kori Jones, 410-313-4609 or kjones@howardcountymd.gov instead of Adam Wienckowski.

Kid Empowerment Smashing ANTs & Leadership FUN-damentals Combo!
Grades 2-3 / 7 classes, start dates below / \$119 + \$20 materials

Building Confidence, Resilience, and a Success Mentality....One Child at a Time! ANTs are the self-limiting chatter we ALL have from time to time. It's so important to learn to empower ourselves. This unique program gives you the language, tools and resiliency skills to make life easier, more fun, and more comfortable. In this dynamic and enlightening program, learn fun, experiential ways to create or enhance your self-esteem. Gain powerful life skills and self-management strategies through engaging games and activities and a motivational cartoon lesson.

Info: www.smashingants.com. (No class 10/2, 10/16, 10/30, 11/23-27.)

RP3333.501	Bellows Spring ES	Sep 28	4:05-5:05 PM	M
RP3333.502	Centennial Lane ES	Oct 1	3:25-4:25 PM	Th
RP3333.503	Dayton Oaks ES	Sep 29	3:40-4:40 PM	Tu
RP3333.504	Ducketts Lane ES	Sep 30	3:30-4:30 PM	W
RP3333.505	Ilchester ES	Sep 30	4:05-5:05 PM	W
RP3333.506	Longfellow ES	Sep 28	3:35-4:35 PM	M
RP3333.507	Manor Woods ES	Sep 30	3:25-4:25 PM	W
RP3333.508	Phelps Luck ES	Oct 1	3:30-4:30 PM	Th
RP3333.509	Pointers Run ES	Sep 25	4:05-5:05 PM	F
RP3333.510	Rockburn ES	Sep 25	3:30-4:30 PM	F
RP3333.511	St. John's Lane ES	Oct 1	3:25-4:25 PM	Th
RP3333.512	Talbott Springs ES	Sep 25	3:20-4:20 PM	F
RP3333.513	Veterans ES	Oct 1	4:05-5:05 PM	Th
RP3333.514	Waterloo ES	Sep 29	4:05-5:05 PM	Tu
RP3333.515	Waverly ES	Sep 28	3:55-4:55 PM	M

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



Youth (5-10 yrs)

Take the runway and show off your fashion sense!

Modeling

Model Citizens: Intro to Modeling
7-10 yrs / 8 classes starting Oct 10 / \$119

Join Model Citizens Models, LLC for this workshop. Improve grooming habits, runway techniques, personality development, confidence, interviewing skills, auditioning, goal-setting, public speaking techniques and more! (No class 11/28.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP3362.501 N Laurel Comm Ctr 1:30-2:30 PM Sa

Language

• Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

NEW! Beginning Chinese
with Hui Liang (Parent/Child)
5-10 yrs / 6 classes starting Oct 3 / \$69

Learn Chinese with your child! Spark an interest in learning the Chinese language and culture. Basic language is used, including greetings, conversation, written language, numbers, colors, animals, food and family members. Have fun while learning a new and exciting language! Fee includes one child and one parent/caregiver. Dialect: Mandarin.

RP3313.501 Burleigh Manor MS 2-3:30 PM Sa

Hola Amigos! Spanish with Cecilia Redmond
5-7 yrs / 5 classes starting Oct 10 / \$55

Young children, this class is designed just for you. We introduce you to the basics of the Spanish language. Come learn words for the days of the week, greetings, numbers, and colors. Explore with jungle and farm animal vocabulary. Learn, have fun, and develop an appreciation and love of learning a language through songs and games!

RP3307.501 Veterans ES 10-11 AM Sa



Start on your way to learning to draw Chinese characters!

Oh La La French with Madame Nona

Grades K-5 / 6 classes starting Sep 26 / \$85

Learn the basics of the French language and the wonders of French culture! Learn everyday conversational words, the weather, colors, shapes, and much more using a multi-sensory approach involving creative arts, language arts, singing, games, and dancing. Emphasis is placed in listening, comprehension and speaking in a relaxed and fun environment. Literacy is increased through reading books, singing songs, and playing games in French. Each week covers new topics, but repetition is the key, so we review what's been learned and build from there. Bring a notebook, glue stick and crayons.

RP3310.512 Pointers Run ES 10:45-11:45 AM Sa

Spanish After School

by International School of Languages

Grades K-5 / 10 classes, start dates below / \$169

Learn a new language; explore a new culture and learn about traditions where Spanish is spoken. Learning is enhanced by playing games, singing songs, reading poems, creating crafts and other hands-on activities.

Classes are taught by engaging, fun and experienced native speakers.

(No class 10/16, 10/30, 11/23-11/27.)

Grades K-5 (Dayton Oaks ES section is 8 classes, \$135)

RP3301.501	Dayton Oaks ES	Oct 2	4-5 PM	F
RP3301.502	Gorman Crossing ES	Sep 30	4-5 PM	W
RP3301.503	Ilchester ES	Sep 28	4-5 PM	M

Grades 3-5

RP3301.504	Northfield ES	Sep 29	3:30-4:30 PM	Tu
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Passport to China After School

Grades 1-5 / 8 classes, start dates in next column / \$139

This popular after-school program gives you the chance to learn Chinese in an immersion environment, yet in a fun and efficient way. Enjoy being introduced to the geography, history, culture, and the language of China. Classes also cover basic conversational language, abacus math skills, as well as native music and song! Experiment with different crafts such as paper cutting (Jianzhi), paper folding (Origami), and the art of calligraphy (Shufa). Classes are taught by specially trained Academy of Excellence instructors, sponsored by the WeeStar Corporation, a non-profit educational organization focusing on Chinese language teaching and cultural exchange

programs. (No class 9/23, 10/2, 10/16, 10/30, 11/27.)

RP3314.501	Clarksville ES	Sep 18	4:05-5:35 PM	F
RP3314.502	Dayton Oaks ES	Sep 17	4:05-5:35 PM	Th
RP3314.503	Fulton ES	Sep 21	4:05-5:35 PM	M
RP3314.504	Gorman Crossing ES	Sep 18	4:05-5:35 PM	F
RP3314.505	Pointers Run ES	Sep 15	4:05-5:35 PM	Tu
RP3314.506	Rockburn ES	Sep 17	3:30-5 PM	Th
RP3314.507	St. John's Lane ES	Sep 16	3:25-4:55 PM	W
RP3314.508	Thunder Hill ES	Sep 16	4:05-5:35 PM	W
RP3314.509	Veterans ES	Sep 16	4:05-5:35 PM	W
RP3314.510	Waterloo ES	Sep 21	4-5:30 PM	M

Music & Theater Arts

Music

• Detailed info about each class:

www.howardcountymd.gov/music_theaterarts.htm

• Info: Adam Wienckowski, 410-313-4714 or

awienckowski@howardcountymd.gov.

Kidz Sing at Olenka School of Music (OSM)

4-6 yrs / 8 classes, start dates below / \$135 + \$25 materials

Does your little singing star love to belt out his/her favorite tunes around the house? This is the perfect class to learn to sing a variety of traditional and contemporary folk and popular songs with peers. Explore basic music reading skills, train little ears, learn to sing on pitch and develop expressive techniques, and beginning harmony through a variety of songs, games and movement. Family materials include a songbook and CD.

Materials fee due to OSM at first class. (No class 11/24-11/27, 12/19-1/1.)

RP0123.501	OSM-Columbia	Sep 14	4:30-5:15 PM	M
RP0123.511	OSM-Columbia	Nov 23	4:30-5:15 PM	M
RP0123.551	OSM-Ellicott City	Sep 8	5:30-6:15 PM	Tu
RP0123.561	OSM-Ellicott City	Nov 17	5:30-6:15 PM	Tu

Guitar Studio

6-17 yrs / 8 classes, start dates below / \$165 + \$25 materials

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises and how to apply basic chords to any song, in any style of music. Family materials include a songbook and CD. Materials fee due at first class. Contact Olenka School of Music (OSM) at 410-309-0770 to rent a guitar for this class.

(No class 11/24-11/27, 12/19-1/1.)

RP0125.501	6-10 yrs	OSM-Columbia	Sep 8	6:30-7:25 PM	Tu
RP0125.511	6-10 yrs	OSM-Columbia	Nov 17	6:30-7:25 PM	Tu
RP0125.551	6-10 yrs	OSM-Ellicott City	Sep 10	5:30-6:25 PM	Th
RP0125.561	6-10 yrs	OSM-Ellicott City	Nov 19	5:30-6:25 PM	Th
RP2870.501	11-17 yrs*	OSM-Columbia	Sep 8	6:30-7:25 PM	Tu
RP2870.502	11-17 yrs*	OSM-Ellicott City	Sep 10	5:30-6:25 PM	Th

*For info on 11-17 yrs, please contact Kori Jones, 410-313-4609 or

kjones@howardcountymd.gov instead of Adam Wienckowski.

Music Foundations with Keyboards at Olenka School of Music (OSM)

5-10 yrs / 8 classes, start dates on next page / \$235 + \$42 materials

Gain a strong foundation for all musical learning. This energetic class explores music theory and practice. Age-appropriate class features Do-Re-Mi singing and ear training exercises that improve neuromuscular feeling for music. Enjoy learning to read and write music, explore rhythm instruments and keyboard geography. Classes focus on the fundamentals of the Universal Language of Music. Optional monthly class performances. Student materials include a songbook, CD, workbook, and homework binder. Materials fee due at first class. Parent participation required.

RP0127.501	5-6 yrs	OSM-Columbia	Sep 11	5:30-6:25 PM	F
RP0127.502	5-6 yrs	OSM-Columbia	Sep 12	11:30 AM-12:25 PM	Sa
RP0127.503	5-6 yrs	OSM-Columbia	Sep 14	4:30-5:25 PM	M
RP0127.511	7-10 yrs	OSM-Columbia	Sep 11	6:30-7:25 PM	F
RP0127.512	7-10 yrs	OSM-Columbia	Sep 14	5:30-6:25 PM	M
RP0127.551	5-6 yrs	OSM-Ellicott City	Sep 8	6:30-7:25 PM	Tu
RP0127.552	5-6 yrs	OSM-Ellicott City	Sep 9	5:30-6:25 PM	W
RP0127.553	5-6 yrs	OSM-Ellicott City	Sep 10	4:30-5:25 PM	Th
RP0127.554	5-6 yrs	OSM-Ellicott City	Sep 12	1:15-2:10 PM	Sa
RP0127.561	7-10 yrs	OSM-Ellicott City	Sep 8	5:30-6:25 PM	Tu
RP0127.562	7-10 yrs	OSM-Ellicott City	Sep 9	6:30-7:25 PM	W
RP0127.563	7-10 yrs	OSM-Ellicott City	Sep 12	3:15-4:10 PM	Sa

Voice Studio at Olenka School of Music (OSM)

7-10 yrs / 8 classes, start dates below / \$165 + \$25 materials

Learn a variety of fun, age-appropriate songs spanning several genres. The focus is on learning lyrics, singing as part of an ensemble, and experimenting with performance skill. Singers practice Do-Re-Mi, vocal exercises and warm-ups, note value, and pitch recognition/ear training to improve singing in tune. Singers shine at the end-of-class show. Family materials include a songbook and CD. Materials fee due at first class. (No class 11/24-11/27, 12/19-1/1.)

RP0126.501	OSM-Columbia	Sep 14	5:30-6:25 PM	M
RP0126.511	OSM-Columbia	Nov 23	5:30-6:25 PM	M
RP0126.551	OSM-Ellicott City	Sep 8	6:30-7:25 PM	Tu
RP0126.561	OSM-Ellicott City	Nov 17	6:30-7:25 PM	Tu

Rock School –

Drums, Guitar, Keyboard or Vocals

7-17 yrs / 5 classes starting Nov 6 / \$139

Are you ready to rock? Beginners and up learn from professional working rock musicians while enhancing memory, self-expression, creativity and self-confidence. Instrumental sessions focus on instrument play, music theory, and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques, and singing lessons to help you learn how to properly use your voice when singing. Bring your guitar/bass. Drums are available during class. Wednesday afternoon classes offered for home-schooled children! Schedule subject to change, visit www.letthereberockschoools.com. (No class 11/27.)

The Rock Shop - Columbia

RP1037.501	7-10 yrs	Drums	6:30-7:30 PM	F
RP1037.502	7-10 yrs	Guitar/Bass	6:30-7:30 PM	F
RP1037.503	7-10 yrs	Vocals/Keyboards	5:30-6:30 PM	F
RP2871.501	11-17 yrs*	Drum Lessons	6:30-7:30 PM	F
RP2871.502	11-17 yrs*	Guitar/Bass Lessons	6:30-7:30 PM	F
RP2871.503	11-17 yrs*	Keyboard Lessons	5:30-6:30 PM	F
RP2871.504	11-17 yrs*	Vocal Lessons	5:30-6:30 PM	F

*For info on 11-17 yrs, please contact Kori Jones, 410-313-4609 or kjones@howardcountymd.gov instead of Adam Wienckowski.

Intro to Piano

8-11 yrs / 8 classes starting Oct 3 / Prices below

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. During class, play/practice on your own keyboard with headphones. You should have access to a keyboard to practice on outside of class.

River Hill HS

RP0182.501	8-11 yrs	10-11 AM	Sa	\$109
RP2872.501	11-17 yrs*	Noon-1 PM	Sa	\$115

*For info on 11-17 yrs, please contact Kori Jones, 410-313-4609 or kjones@howardcountymd.gov instead of Adam Wienckowski.



Youth (5-10 yrs)

Learn to play the piano...with a smile.

Theater

- Detailed info about each class: www.howardcountymd.gov/music_theaterarts.htm
- Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov

NEW! Disney's Annie Jr.

by Columbia Center for Theatrical Arts

6-11 yrs / 11 classes, start dates below / \$205

Howard County Recreation & Parks has teamed up with Columbia Center for Theatrical Arts to produce Disney's *Annie Jr.*! With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York City. There are plenty of parts to go around, including featured roles and ensemble parts for orphans, servants, and tourists. A performance for friends and family ends the season. Performers, bring a nut-free snack to be eaten while supervised between school dismissal and when class begins.

RP1041.501	Gorman Crossing ES	Sep 21	4-5 PM	M
RP1041.502	Ilchester ES	Sep 28	4-5 PM	M
RP1041.503	Northfield ES	Sep 24	3:15-4:15 PM	Th
RP1041.504	Pointers Run ES	Sep 22	4-5 PM	Tu
RP1041.505	Swansfield ES	Sep 29	3:20-4:20 PM	Tu
RP1041.506	Waverly ES	Sep 30	3:50-4:50 PM	W

Beginning Acting Class

by Drama Learning Center

Grades K-2 / 10 classes, start dates below / \$240

Come gain singing, dancing, and acting skills as you work together towards a final performance for family and friends. Program meets weekly for six classes, has two evening dress rehearsals and two weekend final performances. Detailed info about each class and show listings: www.howardcountymd.gov/music_theaterarts.htm.

RP1038.501	Drama Learning Ctr	Sep 24	5-7 PM	Th
RP1038.502	Drama Learning Ctr	Sep 25	5-7 PM	F



You don't have to act out excitement at our drama classes.

Peter Pan!

by Drama Learning Center

Grades 1-5 / 11 classes, start date listed online / \$195

Think of a wonderful thing, it's the same as having wings! Join Peter, Tink, Hook, the Darlings, Tiger Lily, fairies, mermaids, and all the pirates of Neverland! Program meets weekly for eight classes, has two evening dress rehearsals and an evening final performance for family and friends. Detailed info about each class: www.howardcountymd.gov/music_theaterarts.htm.

RP1045.501	Fulton ES	4-6 PM	W
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School's Out Drama Workshop

by Drama Learning Center

Grades K-5 / Dates below / \$75 each

Why sit at home in front of the TV when you're off from school? Join us for a day of drama-themed fun and arts & crafts. Additional sibling only \$25/day. Discounts apply to phone in registration only. Before & after care available: call DLC, 410-997-9352. Detailed info about each class: www.howardcountymd.gov/music_theaterarts.htm.

Drama Learning Ctr

RP0105.501	Sep 14	Teen Beach Movie Day	9 AM-4 PM	M
RP0105.502	Sep 23	Down on the Farm Day	9 AM-4 PM	W
RP0105.503	Oct 2	Under the Sea Adventures	9 AM-4 PM	F
RP0105.504	Oct 16	Famous Witches and Wizards	9 AM-4 PM	F
RP0105.505	Nov 25	Little Orphan Annie Day	9 AM-4 PM	W

Nature & Environment

Page 24



Science & Technology

- Programs listed by youngest age, then alphabetical.
- Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Bricks4Kidz LEGO Winter Break Camp

5-11 yrs / Dates & prices below

School is out for winter break and we're open for play! Enjoy topics that include the popular LEGO themes of Mining & Crafting, Teenage Brick Turtles, Clash of Bricks and Super Heroes! Activities take place indoors.

Roger Carter Comm Ctr / 8:30 AM-5 PM / \$299

RP1715.501	Full day	Dec 28-31	M-Th
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Roger Carter Comm Ctr / 8:30 AM-12:30 PM / \$155

RP1715.511	Morning, half day	Dec 28-31	M-Th
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Roger Carter Comm Ctr / 1-5 PM / \$155

RP1715.512	Afternoon, half day	Dec 28-31	M-Th
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Roger Carter Comm Ctr / 8:30 AM-5 PM / \$95

RP1715.521	Mining & Crafting	Dec 28	M
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RP1715.522	Teen Brick Turtles	Dec 29	Tu
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RP1715.523	Clash of Bricks	Dec 30	W
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RP1715.524	Super Heroes	Dec 31	Th
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Bricks4Kidz LEGO School's Out Camps

5-11 yrs / Dates & prices below

School is out and we're open for play! Topics vary and include the popular LEGO themes of Ninja Training, Mining & Crafting, Super Heroes, Amusement Park and Space Adventures! Activities take place indoors.

5-11 yrs / Roger Carter Comm Ctr / Full day, 8:30 AM-5 PM / \$95

RP3369.501	Mining & Crafting	Sep 14	M
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RP3369.502	Space Adventures	Sep 23	W
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RP3369.503	Amusement Park	Oct 2	F
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RP3369.504	Super Heroes	Oct 16	F
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RP3369.505	Ninja Training	Nov 25	W
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5-11 yrs / Roger Carter Comm Ctr / Morning half day, 8:30 AM-12:30 PM / \$49

RP3369.511	Mining & Crafting	Sep 14	M
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RP3369.512	Space Adventures	Sep 23	W
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RP3369.513	Amusement Park	Oct 2	F
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RP3369.514	Super Heroes	Oct 16	F
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RP3369.515	Ninja Training	Nov 25	W
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5-11 yrs / Roger Carter Comm Ctr / Afternoon half day, 1-5 PM / \$49

RP3369.521	Mining & Crafting	Sep 14	M
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RP3369.522	Space Adventures	Sep 23	W
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RP3369.523	Amusement Park	Oct 2	F
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RP3369.524	Super Heroes	Oct 16	F
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RP3369.525	Ninja Training	Nov 25	W
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Science Club After School

with Club SciKidz Tech Scientific

Grades K-5 / 8 classes, start dates below & next page / \$149

Small Discoveries - The Life Cycle Protocol: It is time to discover the secret to life! Your little scientists discovers how fungi are in a kingdom all by themselves. Growing yeasts, they investigate their energy source and how they are affected by temperature. Finally, kids come to understand how every bite they take is part of a giant worldwide food web. Topics covered: The World of Fungi and Yeast, Food Chains and Food Webs.

(No class 10/2, 10/16, 10/30, 11/23-27.) Info: www.clubscientific.com.

Grades K-3

RP3355.501	Dayton Oaks ES	Sep 29	3:35-4:50 PM	Tu
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RP3355.502	Elkridge ES	Oct 1	4-5:15 PM	Th
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RP3355.503	Fulton ES	Sep 25	4-5:15 PM	F
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RP3355.504	Gorman Crossing ES	Sep 25	4-5:15 PM	F
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RP3355.505	Manor Woods ES	Sep 28	3:20-4:35 PM	M
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RP3355.506	Rockburn ES	Oct 1	3:25-4:40 PM	Th
RP3355.507	St. John's Lane ES	Oct 1	3:20-4:35 PM	Th
RP3355.508	Waterloo ES	Sep 30	4-5:15 PM	W
RP3355.509	West Friendship ES	Sep 29	3:50-5:05 PM	Tu

Energy, Motion & Aeronautics: The Engineering and Design process: Students to investigate a variety of concepts related to Newton's Laws and aeronautics. These concepts include aeronautics as it applies to force and motion as well as the effects on individuals who work and live in space. Design projects include: Balsa and Water Bottle Rockets. Using Kinex building systems test parachute design and end by the design and building of a K-force Kinex Air Pressure Blaster to take home!

(No class 11/23-27.)

Grades 3-5

RP3355.511	St. John's Lane ES	Sep 28	3:20-4:50 PM	M
RP3355.512	Veterans ES	Sep 30	4-5:15 PM	W

Bricks4Kidz LEGO

After-School Amazing Animals

Grades K-5 / 6 classes, start dates below / \$99

It's a zoo in here! Do you love creatures? Then prepared to be delighted! Build models of snakes, insects, mammals and more! Each week, discuss fascinating facts about the animals we build, from the chameleon that changes colors to the seal model that waddles across the table. These moving models celebrate the wonders of the animal kingdom! Bricks4Kidz is a STEM-based program using LEGO bricks. (No class 10/2, 10/16, 10/30, 11/23-27, 12/25, 1/1, 1/22.) Info: www.brick4kidz.com/ellcottcity-md.

RP3329.501	Atholton ES	Nov 13	3:50-4:50 PM	F
RP3329.502	Deep Run ES	Sep 16	4-5 PM	W
RP3329.503	Elkridge ES	Nov 9	3:50-4:50 PM	M
RP3329.504	Hollifield Station ES	Sep 21	3:20-4:20 PM	M
RP3329.505	Ilchester ES	Sep 22	4-5 PM	Tu
RP3329.506	Jeffers Hill ES	Nov 11	3:10-4:10 PM	W
RP3329.507	Swansfield ES	Nov 5	3:20-4:20 PM	Th
RP3329.508	Waterloo ES	Sep 18	4-5 PM	F

Bricks4Kidz LEGO

After-School Construction Craze

Grades K-5 / 6 classes, start dates below / \$99

Put on your hard hat and head on over to our construction site! Make your own motorized models of tools of the trade, from a hand-held power drill and power saw to a tough, all-terrain bulldozer and giant dump truck! Build your knowledge of construction while you create your own LEGO construction site! Learn the history of tools — from the Stone Age to the Space Age. Bricks4Kidz is a STEM-based program using LEGO bricks.

(No class 10/2, 10/16, 10/30, 11/23- 11/27, 12/25, 1/1, 1/22.)

Info: www.brick4kidz.com/ellcottcity-md.

RP3329.521	Atholton ES	Sep 18	3:50-4:50 PM	F
RP3329.522	Centennial Lane ES	Nov 11	3:20-4:20 PM	W
RP3329.523	Clemens Crossing ES	Nov 5	3:50-4:50 PM	Th
RP3329.524	Northfield ES	Nov 9	3:30-4:30 PM	M
RP3329.525	Rockburn ES	Sep 16	3:25-4:25 PM	W
RP3329.526	Running Brook ES	Sep 21	4-5 PM	M
RP3329.527	Swansfield ES	Sep 24	3:20-4:20 PM	Th
RP3329.528	Waterloo ES	Nov 13	4-5 PM	F

Bricks4Kidz LEGO After-School

Interesting Inventions

Grades K-5 / 6 classes, start dates in next column / \$99

Build and learn about the origins of inventions we use every day — like the hand mixer, windshield wipers and conveyor belts. Each model is motorized for maximum movement and fascination! Discuss the difference between an invention and a discovery; learn how inventions solve problems; and find out

how inventors get their ideas patented. Students are encouraged to think of what they could invent, improvements they could make, or problems they could solve. Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO bricks. (No class 10/2, 10/16, 10/30, 11/23-27, 12/25, 1/1, 1/22.) Info: www.brick4kidz.com/ellcottcity-md.

RP3329.541	Centennial Lane ES	Sep 16	3:20-4:20 PM	W
RP3329.542	Clemens Crossing ES	Sep 24	3:50-4:50 PM	Th
RP3329.543	Elkridge ES	Sep 21	3:50-4:50 PM	M
RP3329.544	Rockburn ES	Nov 11	3:25-4:25 PM	W
RP3329.545	Running Brook ES	Nov 9	4-5 PM	M
RP3329.546	St. John's Lane ES	Nov 10	3:20-4:20 PM	Tu
RP3329.547	Thunder Hill ES	Nov 13	4-5 PM	F
RP3329.548	Waverly ES	Nov 5	3:50-4:50 PM	Th

Bricks4Kidz LEGO After-School Pirates Quest

Grades K-5 / 6 classes, start dates below / \$99

Shiver me timbers as we explore the popular culture behind the life of a pirate! Build a motorized pirate ship, a helm and anchor; batten down the hatches and prepare for mutiny. Protect the hands on deck by building a launching trebuchet. Beware, me mateys, if it's too late, you must abandon ship and build a rowboat to escape. Watch out for crocodiles! Bricks4Kidz is a STEM-based program using LEGO bricks. (No class 10/2, 10/16, 10/30, 11/23-27, 12/25, 1/1, 1/22.) Info: www.brick4kidz.com/ellcottcity-md.

RP3329.561	Deep Run ES	Nov 11	4-5 PM	W
RP3329.562	Hollifield Station ES	Nov 9	3:20-4:20 PM	M
RP3329.563	Ilchester ES	Nov 10	4-5 PM	Tu
RP3329.564	Jeffers Hill ES	Sep 16	3:35-4:35 PM	W
RP3329.565	Northfield ES	Sep 21	3:30-4:30 PM	M
RP3329.566	St. John's Lane ES	Sep 22	3:20-4:20 PM	Tu
RP3329.567	Thunder Hill ES	Sep 18	4-5 PM	F
RP3329.568	Waverly ES	Sep 24	3:50-4:50 PM	Th

School's Out - Harry Potter –

Travel On Our Magical Tour

By Sciensational Workshops for Kids, Inc.

6-11 yrs / Sep 23 / \$99

All aboard for lots of hands-on fun! Join in the escapades of Harry and his friends. Play quidditch. Make an edible wand. Brew some fantastic potions to drink. Create and watch some amazing chemical reactions. Watch a mirage appear. You won't believe it! Make cool crystals. Come join us where the magic of science, art and literature meet. Experiment with colored magic sand. See a mysterious glowing ball. Wonder where the sorting hat will place you? Harry, Ron, and Hermione are waiting for your arrival!

(Characters do not make an appearance.)

RP3305.511	Roger Carter Comm Ctr	9 AM-4 PM	W
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School's Out – Prospector's Mystery Rock

by Sciensational Workshops for Kids, Inc.

6-11 yrs / Oct 2 / \$99

Be a prospector! Excavate for gems, fascinating rocks and fossils. Everything you find is yours to keep. What hidden wonders will you find? Experience the thrill of discovery just like a prospector. Specimens are in a hard clay material. You have to get them out without breaking or scratching them, using an excavation tool, specimen brush, log book, sorting trays and labels. For each of the specimens, record the color, wet and dry texture, and its ability to float. Make an educated guess whether each one is a rock, gem, or fossil, then learn its true classification and name.

RP3305.521	Roger Carter Comm Ctr	9 AM-4 PM	F
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Roller Coasters and More Amusement Park Rides Winter Break Mini-Camp

by Scienstational Workshops for Kids, Inc.

6-11 yrs / Dec 28 & 29 / \$175

Learn simple engineering ideas, but come here for action and fun! Build a working roller coaster as part of a group and watch as our coaster cars go up and down steep inclines and through loops. Our roller coaster is 3 feet long and 3 feet high. See if you can change things to make the ride more exciting. Learn the mechanism of a roller coaster. Design and help build other amusement park rides, such as a Ferris wheel, octopus whirl, swing ride and more! Have your own great adventure working... learning... and having fun!

RP3305.501 Roger Carter Comm Ctr 9 AM-4 PM M & Tu

NEW! Jr. Minecraft Programming After School with C3 Cyber Club

Grades 1-3 / 6 classes, start dates below / \$145

Looking for a fun way to learn programming? How about using a game you love. Using a custom mod called "ComputerCraft," learn how to program robots called "Turtles" inside the world of Minecraft. Use problem-solving skills by learning how to program your robot to complete various tasks and objectives such as programming turtles to automatically build, mine and craft items and structures. Be introduced to programming if-then-else statements, for-while loops, and implement their own functions using LUA, a simple scripting language.

RP3326.501	Atholton ES	Oct 8	3:50-4:50 PM	Th
RP3326.502	Dayton Oaks ES	Sep 25	3:35-4:35 PM	F
RP3326.503	Elkridge ES	Oct 7	4-5 PM	W
RP3326.504	Gorman Crossing ES	Oct 6	4-5 PM	Tu

NEW! LEGO WE-DO Robotics After School with Club SciKidz Tech Scientific

Grades 1-3 / 8 classes, start dates below / \$149

Fall 2015 Theme: Go Car Go! This session teaches basic physics using race cars and WE-DO vehicle builds to test science concepts. Learn integrated concepts in science while using the fun of LEGO bricks to build and program.

Go Car Go explores Newton's Laws of Physics, friction, aerodynamics, and engineering. Info: www.clubscientific.com.

RP3338.501	Clarksville ES	Sep 25	4-5:15 PM	F
RP3338.502	Forest Ridge ES	Sep 30	3:30-4:45 PM	W
RP3338.503	Fulton ES	Sep 29	4-5:15 PM	Tu
RP3338.504	Hammond ES	Sep 28	3:35-4:50 PM	M
RP3338.505	Lisbon ES	Sep 24	3:15-4:30 PM	Th
RP3338.506	Manor Woods ES	Sep 25	3:20-4:35 PM	F
RP3338.507	West Friendship ES	Sep 30	3:50-5:05 PM	W

Magnetic Levitation For Future Transportation Winter Break Mini-Camp

by Scienstational Workshops for Kids, Inc.

7-12 yrs / Dec 30 & 31 / \$175

Build your own "futuristic Maglev" car to race and take home. In 1999, a Japanese five-car maglev train set a record of 345 miles/hour. Yours won't go that fast, but have fun building it and learning how it operates. Discover the relationship between magnetism and electricity. Also build a simple maglev track as well as a cool electromagnet. Learn how motors and generators work. Build and take home the world's simplest motor. Make your own compass and take part in many other magnificent magnetic activities! Yes, Scienstational Workshops again starts with the Maglev car (magnetism - electricity - levitation) and goes in all directions to have fun and learn while doing hands-on activities.

RP3304.502 Roger Carter Comm Ctr 9 AM-4 PM W & Th

School's Out - CSI Crime Scene Investigation by Scienstational Workshops for Kids, Inc.

7-12 yrs / Oct 16 / \$99

Be a super science sleuth! Have fun learning about forensics, crime scene investigations, and crime lab chemistry through as many as 15 different experiments. Search for evidence, gather clues and discover how science can help solve a mystery. Participants dust for fingerprints, analyze handwriting, test for blood type using simulated blood, examine hair and clothing fibers, practice chemistry to identify mystery substances and much more. Then use your skills to solve crimes of the century.

RP3305.531 Roger Carter Comm Ctr 9 AM-4 PM F

NEW! LEGO NXT MINDSTORMS

After School with Club SciKidz -

Mission Challenge: Build and Program

Grades 3-5 / 8 classes, start dates below / \$149

This class is for beginners and more advanced students. Choose a model that is included in the class - build, modify and complete a mission designed for the model. Missions are designed to be scored - so no worries - score points based upon your ability and goals, then move on! Develop building and programming skills and have fun at the same time. Model choices: Bumper Car, Inchworm, Hammer Remote Vehicle. Curriculum lessons developed by Carnegie Mellon University's Robotics Academy and provide a series of real-life activities, covering topics within science, technology, engineering and mathematics. Info: www.clubscientific.com.

(No class 10/2, 10/16, 10/30, 11/23-27.)

RP3356.501	Clemens Crossing ES	Sep 29	3:50-5:05 PM	Tu
RP3356.502	Gorman Crossing ES	Sep 28	4-5:15 PM	M
RP3356.503	Hollifield Station ES	Sep 30	3:20-4:35 PM	W
RP3356.504	Manor Woods ES	Sep 29	3:20-4:35 PM	Tu
RP3356.505	Pointers Run ES	Sep 28	4-5:15 PM	M
RP3356.506	St. John's Lane ES	Sep 25	3:20-4:35 PM	F
RP3356.507	Waterloo ES	Sep 24	4-5 PM	Th

NEW! Minecraft Modding After School with C3 Cyber Club

Grades 3-5 / 6 classes, start dates below / \$145

Looking for a fun way to learn programming? How about using a game you love. Using a custom mod called "ComputerCraft," learn how to program robots called "Turtles" inside the world of Minecraft. Use problem-solving skills by learning how to program your robot to complete various tasks and objectives such as programming turtles to automatically build, mine and craft items and structures. Be introduced to programming if-then-else statements, for-while loops, and implement their own functions using LUA, a simple scripting language.

RP3327.501	Clarksville ES	Oct 7	4-5 PM	W
RP3327.502	Northfield ES	Sep 24	3:30-4:30 PM	Th
RP3327.503	Rockburn ES	Oct 5	3:25-4:25 PM	M
RP3327.504	Waverly ES	Sep 25	3:50-4:50 PM	F

Sports Page 73

Therapeutic Recreation Page 33

Tweens & Teens (11-18 yrs) Classes & Activities

- Programs listed by category, then alphabetical.
- Youth section has additional activities and classes.
- Registration: 410-313-7275.

Adventure & Outdoors Page 19

After School Program

- Info: Jennene Blakely, 410-313-1693 or jlblakely@howardcountymd.gov.

NEW! Friday Fun Zone

11-17 yrs / 14 classes starting Aug 28 / \$125, fall; \$199, school year
Every Friday afternoon, join the engaged and energetic staff at GJACC for a new and exciting program. Activities may include sports, games, science, Xbox One, arts & crafts and more! *Friday Fun Zone* participants have early access to the community center on half days of school and FREE admission to select teen special events hosted at GJACC. Special events details are sent to parents one week in advance. (No class 10/2, 11/27, 12/4.)

RP2991.501 Gary J Arthur Comm Ctr (GJACC) 2:30-5:30 PM F

Crafts & Fine Arts

- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

Anime & Manga: Styles of Classic Mangaka

11-17 yrs / 5 classes starting Sep 24 / \$69

"Mangaka" is the term for a Japanese Manga artist. Each class profiles a popular Japanese artist. Explore the styles and techniques of artists such as Osamu Tozuka (creator of "Astroboy"), Eiichiro Oda (creator of "One Piece"), and many more! Supplies included, but you are encouraged to bring your own sketchbook.

RP2855.501 N Laurel Comm Ctr 6:30-8 PM Th

Drawing Techniques

11-17 yrs / 5 classes starting Oct 3 / \$69

Strengthen your drawing skills while having fun. Each week, focus on a different medium and technique. Use graphite, charcoal, colored pencils, pastels and watercolor pencils. Learn modeling, color transitions, gesture style, blending and wet-on-dry. Materials provided, but you are encouraged to bring a sketchbook.

RP2851.501 Roger Carter Comm Ctr 10:30 AM-noon Sa

Jewelry Design

11-17 yrs / Classes & start dates below / \$15 + \$10 materials

Design your own jewelry using professional tools and supplies. Classes include bead stringing, crimping, wire wrapping, bead weaving and bead making. Beads and tools provided. Register for all three classes and receive 10% registration discount (must register by phone for discount).

Materials fee due at first class.

Roger Carter Comm Ctr

RP2852.501	Oct 10	Earrings	3:30-5:30 PM	Sa
RP2852.502	Oct 17	Bracelets	3:30-5:30 PM	Sa
RP2852.503	Oct 24	Necklaces	3:30-5:30 PM	Sa



Fine-tune your drawing skills at a class that keeps you drawing, creating and learning in a supportive environment.

Painting for Teens

12-17 yrs / 5 classes starting Nov 12 / \$85

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demonstration painting each week and works with you one-on-one. Previous experience not necessary. Materials included. (No class 11/28.)

RP2853.501 N Laurel Comm Ctr 10:30 AM-noon Sa

Dance

- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

African Dance: Dance Your Pain Away Page 59

Hip Hop Dance with Nysia Carter

11-17 yrs / 10 classes starting Oct 3 / \$115

During this fast-paced, high-energy class, focus on choreography, perfect skills and learn hip-hop, popping and breakdancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. (No class 11/28.)

RP2857.501 Roger Carter Comm Ctr 5-6 PM Sa

Enrichment

- Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov (unless otherwise noted).

Beauty & Hairstyling

Tangles – Hair Styling

11-17 yrs / 2 classes starting Dec 9 / \$65

Get hands-on experience from a licensed cosmetologist. Use mannequins to learn hairstyling techniques. Create simple styles (blow-drying, flat ironing, up-dos and braiding). Optional: mannequins available for purchase (\$40).

RP2860.501 N Laurel Comm Ctr 6-8 PM Tu



Can you walk the runway? Come perfect your stance, poses and more in our eight-week course.

Chess

Chess Tournament Training with Silver Knights Chess Company

Grades 6-8 / 8 classes starting Oct 15 / \$159

Are you ready to get serious about your chess game? Do you wish to improve? Come use chess clocks and score sheets each week. Focus on playing slower games and analyzing past games to learn from your mistakes. You must be a member of the US Chess Federation as this class plays rated tournament games. (We can help you sign up at the first class.) Class runs concurrently with K-5 Tournament Training. (No class 11/27.)

RP2861.501 Veterans ES 6-7:30 PM Th

Fitness

NEW! Teen Yoga with Rachel Wolfe *Page 70*

Job Skills

Babysitting Fundamentals with Carolyn Fleming

11-14 yrs / 3 classes starting Sep 30 / \$69

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience and other necessary skills (class does not include CPR training). Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion.

RP2862.501 Clarksville MS 5:30-7:30 PM W

Leadership

Howard County Teen Clubs

11-17 yrs / Continuous starting Oct 9 (see below & next column) / Free

Join a diverse group of teens to represent the youth of Howard County and promote programs and events at the community centers across the county. Bring your creative ideas and help develop new activities for teens. Monthly meetings focus on developing leadership, social networking and marketing skills. Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership.

Info: Jennene Blakely, 410-313-1693 or jlblakely@howardcountymd.gov.

RP2880.501 Roger Carter Comm Ctr 4-5:30 PM 1st Friday of the month

RP2880.502	Gary J Arthur Comm Ctr	3:30-5 PM	2 nd Friday of the month
RP2880.503	N Laurel Comm Ctr	5-6:30 PM	3 rd Friday of the month

Voices for Change Youth Coalition

13-17 yrs / Fall meeting dates below / Free

Make a difference and have your voice heard. Voices for Change is a diverse group of youth and adults committed to creating positive change in Howard County. Work on issues impacting teens, present trainings, create videos and make connections with other groups in the county. The group meets twice a month. Meetings include dinner and are held at Recreation & Parks Headquarters (7120 Oakland Mills Road, Columbia). Info: hcv4c.org.

Rec & Pks HQ 9/15, 9/29, 10/13, 10/27, 11/10, 12/8 5-7 PM Tu

Modeling

Modeling School:

Commercial Acting and Modeling

11-17 yrs / 8 wks starting Oct 10 / \$119

For a workshop designed to teach you the skills needed to enter the modeling industry, join Sean Gibson, a former National Modeling Agency Director, National Modeling School Instructor and current scout of Model Citizens Models, LLC. Train on the skills needed to successfully model in catalogues, cosmetics advertisements, television commercials, magazine advertisements, newspaper advertisements and billboards, just to name a few. The class also focuses on personality development, confidence, interviewing skills, auditioning, goal-setting, public speaking techniques and more! Not planning to be a model? How about having the **confidence of a model!** Perform a monologue or commercial at the graduation event. (No class 11/28.)

RP2867.501 N Laurel Comm Ctr 11:30 AM-1 PM Sa

Personal Development (Etiquette)

An Evening of Etiquette & Dining by The International School of Protocol *Page 45*

Social Etiquette &

Communication Skills Express

by The International School of Protocol

12-16 yrs / Oct 14 / \$55

Have a busy schedule? Then this class is for you. Good manners are required in all aspects of life. Learn about initial impressions; dressing for success; conversing and listening; and using proper public, phone and email etiquette. Don't miss this opportunity to discover what makes someone shine! This is a great as an introduction or as a refresher course.

RP2868.501 Centennial HS 6-8 PM W

Music & Theater Arts

Music

• Info: Kori Jones, 410-313-4609 or
kjones@howardcountymd.gov.

Guitar Studio *Page 46*

Intro to Piano *Page 47*

Rock School – Drums, Guitar, Keyboard or Vocals *Page 47*

Teen Voice Studio

11-15 yrs / 8 classes, start dates below / \$165 + \$25 materials

Find your vocal potential in this upbeat class that teaches you how to properly warm-up vocal muscles, strengthen the voice and increase your range. Sing popular, age-appropriate songs. Sing with karaoke tracks or live piano back-up. Perform solo and in a group at the end of the session. Material fee check due at first class (payable to Olenka School of Music).

RP2874.501	Sep 8	OSM-Ellicott City	7:30-8:25 PM	Tu
RP2874.502	Sep 14	OSM-Columbia	6:30-7:25 PM	M

Theater

Actors Studio

11-17 yrs / 6 classes starting Oct 19 / \$69

Enjoy an introduction to the concepts crucial to the art of acting: self-awareness, observation, creative imagination, improvisational skills and the use of the body and voice. Move towards building and heightening responsiveness to action and the development of an actor's skills. Last class features a short performance highlighting each actor. (No class 11/30.)

RP2875.501	Roger Carter Comm Ctr	2-4 PM	Su
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Middle School/High School Musical Theatre: *Schoolhouse Rock Live! Jr.*

Grades 6-12 / 8 classes starting Oct 3 / \$330

Sing, dance and act while working together as a theatrical team. Rehearse for the performance and gain knowledge of drama skills, including stage directions, pantomime, improvisation, character development and more! Show information, dress rehearsals and performance details can be viewed at www.dramalearningcenter.com.

RP2876.501	Drama Learning Ctr	10:30 AM-1 PM	Sa
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Musical Muses - Community Show Choir with Keith Tittermary *Page 62*

Nature & Environment *Page 24*

School's Out

- Listed in date order.
- Info: Jennene Blakely, 410-313-1693 or jlblakely@howardcountymd.gov.

Teens Day Out

Grades 6-8 / Dates below / \$39

School is closed so have fun and make new friends in a program created just for middle schoolers. Our engaged and energetic staff create a welcoming environment. The morning includes at least one of the following: cooking, science projects, team sports, recess games and more! After lunch, travel to Roger Carter Community Center for swimming, gym time, Xbox challenge tournaments and more! You have lots of time to be active, and time to relax. Specific activities are listed online after 8/1. Bring non-perishable lunch, drink, towel and swimsuit. Registration closes 1 week prior to each program.

RP2881.501	Ellicott Mills MS	Oct 2	8 AM-6 PM	F
RP2881.502	Folly Quarter MS*	Oct 2	Drop-off/Pick-up only	F
RP2881.510	Bonnie Branch MS	Oct 16	8 AM-6 PM	F
RP2881.511	Folly Quarter MS*	Oct 16	Drop-off/Pick-up only	F

* Folly Quarter MS is pickup/drop off location only. A staff person meets you outside to transport you to other schools.

NEW! Teens Day Out: Winter Break Camp

11-14 yrs / 3 days starting Dec 28 / Prices below

Want to have an amazing winter break? *Teens Day Out* is it! Our engaged and energetic staff create an environment where everyone is welcome. Enjoy a variety of activities that appeal to teens such as sports, games, cooking, baking, science, arts & crafts and more. Enjoy a trip each day. You have time to be active and to relax. Bring a non-perishable lunch and drink each day. An afternoon snack is provided. Swimsuits needed for Monday & Wednesday trips to Roger Carter Community Center. Space is limited! Register by December 21 to hold your spot. Daily registration options available.

Ellicott Mills MS / 8 AM-6 PM

RP2882.501	Dec 28-30	M-W	\$139
RP2882.502	Dec 28	M	\$49
RP2882.503	Dec 29	Tu	\$49
RP2882.504	Dec 30	W	\$49

Special Events

- Listed in date order.

Teen Pool Party

11-17 yrs / Aug 21 / \$7 in advance, \$10 at the door

Join the Teen Team and celebrate the endless summer. Whether you are dancing to the beats, enjoying the pool games, or lying out in the sun, this is a party you and your friends don't want to miss!

Info: Kori Jones, 410-313-4609 or kjones@howardcountymd.gov.

RP2975.401	Roger Carter Comm Ctr	6-9 PM	F
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NEW! Monster Mash

11-16 yrs / Oct 30 / \$5 in advance, \$9 at door

Get loud! Show your Halloween spirit in a night filled with fun and friends. DJ, glow light sports, costume contest, indoor trick-or-treat, Xbox tournament, and more. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

RP2991.501	Roger Carter Comm Ctr	7:30-9:30 PM	F
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Teen Opportunities Fair

11-17 yrs / Nov 21 / Free

Connect with other teens through leadership, volunteer and recreational programs. Meet with program providers, try hands-on activities, win great prizes and learn about great things to do in Howard County. Learn about academics, business, art, dance, finance, fitness, government, job skills, leadership, music, nature, outdoors, sports, theater and more!

No registration required. Community businesses and organizations are welcome to exhibit. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

Long Reach HS	11 AM-2 PM	Sa
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Exhibitor Registration (Early Bird Rate)

RP2993.501	Non-Profit Organization	\$20
RP2993.511	Business Exhibitor	\$40

Friday Fun Night

10-16 / Dec 18 / \$15, center members; \$20, nonmembers

Hangout with friends Friday night (so your parents can do some shopping). Join your friends 10-16 years old for a Fantastic Friday. Games & contests, DJ, Xbox One Tournament, Basketball and PIZZA! Register by December 15.

Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

RP2993.501	Gary J Arthur Comm Ctr	5:30-9 PM	F
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Sports *Page 73*

Therapeutic Recreation *Page 33*



Looking for some new tricks in the kitchen? Join a cooking class!

Adults (18 yrs +) Classes & Activities

Adventure & Outdoors Page 19

Cooking

- Below is in order by date.
- Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

American Regional

Festive Jewish Food with Chef Mark Waitsman

18 yrs + / Sep 16 / \$24 + \$20 materials

Prepare a magnificent meal that the whole family can talk about until next year! Sweet & Sour Brisket, Fruit and Noodle Kugel (pudding), and Absolutely The Best Challah (Egg Bread) you have ever tasted! Bubbie approved. Materials fee due at class.

RP0505.501 Howard HS 6:30-9 PM W

Maryland Crab Classics with Richard Douville

18 yrs + / 2 classes starting Oct 12 / \$50 + \$40 materials

Yes, crabs are still running! Chef Richard only offers this class once in two years, so book your class soon because it fills up fast! These are classics - Maryland Crab Imperial; Chesapeake Imperial Flounder; Maryland Red Crab Soup; Mobtown Mini Crab Cakes with Sweet Red Pepper Dressing; Stuffed Rockfish Cartoccio; Creamy Maryland Crab Soup; Easy Crab Nibble Dip; and Crabby Phyllo Packets. Materials fee due at class.

RP0516.501 Glenelg HS 6:30-9 PM M

The Apple of Your Eye with Chef Mark Waitsman

18 yrs + / Oct 22 / \$24 + \$20 materials

The perfect class for the fall season in Maryland! Delicious Waldorf Salad, Real Pork Tenderloin Normandy and Tarte Tartin (French Skillet Apple Pie). A taste of France from you own kitchen! Materials fee due at class.

RP0503.501 Howard HS 6:30-9 PM Th

Pride of the Chesapeake with Chef Mark

18 yrs + / Nov 18 / \$24 + \$20 materials

Blue Crab is one of the Chesapeake Bay's gifts. In this class, Chef Mark's Original Crab Quiche, Terrific Homemade Coleslaw and Great Homemade Buttermilk Biscuits are shared along with how to whip up Homemade Butter. They're simple to make and sure to please! Materials fee due at class.

RP0504.501 Howard HS 6:30-9 PM W

International

NEW! Easy Asian Indian: Six Simple Spices - Four Scrumptious Dishes with Chef Mark Waitsman

18 yrs + / Sep 30 / \$24 + \$20 materials

With a simple pallet of six spices, you can create the following masterpieces of culinary delight with restaurant quality results: (1) Lamb Meatballs in a Spicy Malabari Curry Sauce, (2) Spicy Eggplant with Tomatoes, (3) Corn with Mustard Seeds and (4) Spiced Basmati Rice. Materials fee due at class.

RP0501.501 Howard HS 6:30-9 PM W

NEW! A Taste of India I with Arvinder Goomer

18 yrs + / Oct 8 / \$24 + \$15 materials

These finger foods set the right tone for any get together. Fry, bake and sauté. Come in for a hands-on class with an appetite. We make Aloo tikki (stuffed with peas), bread pakoras with potatoes, seekh kabobs (non-vegetarian option), fried fish and cocktail samosas (with potatoes). Materials fee due at class.

RP0524.501 Lime Kiln MS 7-9 PM Th

NEW! An Introduction to Greek Meze with Chef Mark Waitsman

18 yrs + / Oct 14 / \$24 + \$20 materials

Come and dine on Mt. Olympus. The menu is Greek Meatball, Tatziki (yogurt & cucumber sauce), Garlic & Feta Sauce, Olive Dip and Fried Calamari, served with Pita. Learn how easy it is to get restaurant-quality dishes from your own kitchen. Materials fee due at class.

RP0502.501 Howard HS 6:30-9 PM W

NEW! A Taste of India II with Arvinder Goomer

18 yrs + / Oct 29 / \$24 + \$15 materials

The ingredients for a great party are good food and friends. Enjoy a planned meal that starts with the savory appetizer stuffed Gol Gappe, then a main course of Chicken Do Piazza (chicken cooked in layers of onions), Black Chana (black beans), and Bell Peppers and Potatoes, all served with Masala Rotis (a traditional Indian bread). Materials fee due at class.

RP0525.501 Hammond HS 7-9 PM Th

**NEW! A Taste of India III
with Arvinder Goomer**

18 yrs + / Nov 19 / \$24 + \$15 materials

Plan a warm get together with the enticing appetizer, Paneer Tikka, followed by a sumptuous meal of Chicken 69, stuffed Bell Peppers, Yellow Lentils and Rice, and Rice Pudding for dessert. Materials fee due at class.

RP0526.501 Hammond HS 7-9 PM Th

**The Mediterranean Souk
with Richard Douville**

18 yrs + / 2 classes starting Nov 30 / \$50 + \$30 materials

This popular class fills quickly! Explore dishes from countries that border on the Eastern and Southern Mediterranean, including Falafel, Tabbouleh, Lamb and Beef Schwarma, Grilled Souvlakia, Med Grilled Veggies, Ful Medammes, Farro Salad, Berbere Chicken Drumsticks, and Moroccan Seasoning Mix.

RP0518.501 Glenelg HS 6:30-9 PM M

**NEW! A Taste of India IV
with Arvinder Goomer**

18 yrs + / Dec 10 / \$24 + \$15 materials

Last class in our series of classes brings you the entire menu for an evening with friends! Let's start with an easy appetizer of puffed rice called, Poha, AND let the dinner progress into Butter chicken, lauki (Indian bottle gourd), lentils cooked in milk, served with matar (green pea) rice. We finish the meal with badam pista barfi (almond pistachio fudge). Materials fee due at class.

RP0527.501 Lime Kiln MS 7-9 PM Th

Specialty

NEW! "Forgotten Skills" Series

21 yrs + / Dates below / \$18*

Take a trip back to the "good ole' days" and learn time-honored traditions of your parents and grandparents. Like our ancestors, we can rely on our resourcefulness, "DIO" (Do-it-ourselves!) and make treasures from raw ingredients. Learn how to forage for edible plants and how to prepare them in recipes. Discover how to preserve the bounty of your summer or fall garden by canning. Find out how to ferment foods and beverages (homemade probiotics) to increase their health benefits for you and your family. Materials fee due at class.

6:30-8:30 PM

RP4861.501	Robinson Nature Ctr	Foraging	Sep 24	Th
RP3050.501	Pfeiffer's Corner Sch	Canning/preserving	Oct 15	Th
RP0523.501*	Roger Carter Comm Ctr	Fermentation	Nov 5	Th

* Plus \$20 materials for Fermentation

REAL Food Probiotics & Ferments 101

18 yrs + / Oct 22 / \$18 + \$15 materials

Learn what the talk about probiotics & fermented foods is all about! Discover the importance of fermented foods and fermented beverages for you and your family's optimal gut health & total health! Explore the different types that are available. Learn how to incorporate them into your food lifestyle & how to find good commercial varieties. Take home information packets and enjoy delicious tasting samples too! Materials fee due at class.

RP0521.501 Roger Carter Comm Ctr 7-8:30 PM Th



There are crafts & fine arts classes for all skill levels.

Adults (18 yrs +)

Vegetarian

**Knife Skills with Veggies and Fruits
with Richard Douville**

18 yrs + / 2 classes starting Nov 2 / \$50 + \$30 materials

Bring your favorite knife and cutting board to this class. Discussion of knives, types, uses, sharpening. The chef gives hands-on lessons in handling your knives in a manner safe and appropriate for home cooking. And make the following dishes: Portuguese Kale Soup; Roasted Butternut Squash and Kale; Kohlrabi and Rutabagas; Cauliflower Two-Ways; Eggplant-Tomato Casserole; Roasted Beets; Avocado and Beet Salad; Apple-Pear Pancake Topping; Garlic Two-Ways; Honey-Mint Carrots; Multi-use Broccoli and Green Beans with Herb Chiffonade; sautéed Marrows with Citrus and Feta.

Materials fee due at class.

RP0517.501 Glenelg HS 6:30-9:30 PM M

Crafts & Fine Arts

- Below is in order by date
- Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov

Drawing & Painting

Watercolor Holiday Cards with Brenda Kidera

18 yrs + / 5 classes starting Sep 1 / \$115 + \$5 reference materials

From new reference materials (that are provided), learn to build a painting using step-by-step instructions and demonstrations. Once complete, you can have the painting printed as cards in time to send out for the holidays. Elementary knowledge of watercolor necessary. Material fee due at first class. Supply list at www.howardcountymd.gov/crafts_finearts.htm.

RP0201.501 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM Tu



Enjoy painting and wine at Wine & Canvas Baltimore!

NEW! Oil & Acrylic: Ready, Set, Paint!

With Brenda Kidera

18 yrs + / 5 classes starting Oct 16 / \$115 + \$10 reference materials

Come build your confidence by learning techniques that quickly strengthen skills. Work on a new small painting every week. Reference material fee due at first class – bring your own art supplies. Elementary knowledge of your medium required. Supply list at

www.howardcountymd.gov/crafts_finearts.htm. (No class 11/13.)

RP0204.501 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM F

NEW! Crash Course Watercolor

18 yrs + / 4 classes starting Sep 11 / \$95 + \$5 materials

Always wanted to try watercolor painting but never picked up a brush? This class walks you through basic watercolor techniques using step-by-step instructions and demonstrations. Class discussion includes materials, color mixing and more. Materials fee due at first class. Materials list provided at www.howardcountymd.gov/crafts_finearts.htm.

RP0202.501 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM F

NEW! Wine & Canvas Baltimore

21 yrs + / Dates below / \$35

Unleash your inner Picasso. This is a 3-hour class with step-by-step instructions on how to paint. No experience needed. Class includes all the painting supplies, canvas, brushes, paint, aprons, and easels. Beverage and food available for purchase.

RP0220.501 Timbers at Troy Sep 17 6-9 PM Th

RP0220.502 Timbers at Troy Oct 15 6-9 PM Th

Couples Canvas

18 yrs + / Dates below / \$40 per couple + \$10 materials

What a creative date... a couples painting workshop. Bring your better half and paint with Abrakadoodle Art. Inspiration, paints, canvas, aprons, table top easels, and instruction provided to create a unique masterpiece. Everyone is an artist. All levels welcome. New projects each date, no repeats!

RP0210.501 Roger Carter Comm Ctr Oct 29 6-9 PM Th

RP0210.502 Gary J Arthur Comm Ctr Dec 10 6-9 PM Th

Oil Painting with Ann Wiker

18 yrs + / 6 classes starting Sep 24 / \$139

All levels welcome! Beginners, learn the basics of oil painting: prepping the canvas, mixing colors, brush techniques, composition and light and shadow. Intermediate painters, review color mixing and composition and choosing subject matter. Advanced painters, receive individualized instruction.

Don't be intimidated – this is fun! Materials list provided at www.howardcountymd.gov/crafts_finearts.htm. (No class 10/1, 10/15, 11/5.)

www.howardcountymd.gov/crafts_finearts.htm. (No class 10/1, 10/15, 11/5.)

RP0207.501 N Laurel Comm Ctr 9:30 AM-noon Th

Painting in Oil and Acrylics with Nancy Davis

18 yrs + / 6 classes starting Sep 30 / \$94 + \$5 materials

Work in acrylics or oils to learn how to create a successful painting through drawing, value, color and design. The instructor works with the group and individuals. Instructional handouts provided. You may choose to work from materials provided or from your own photographs. Materials fee due at first class. Materials list at www.howardcountymd.gov/crafts_finearts.htm.

RP0206.501 River Hill HS 7-9 PM W

NEW! Watercolor: Ready, Set, Paint!

With Brenda Kidera

18 yrs + / 6 classes starting Oct 6 / \$139 + \$13 reference materials

Gain confidence, learn technique and strengthen skills quickly! Work on a new small painting every week. Bring your own art supplies. Elementary knowledge of watercolor is necessary. Materials fee due at first class.

Supply list at www.howardcountymd.gov/crafts_finearts.htm. (No class 11/10.)

RP0203.501 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM Tu

NEW! Watercolor Sampler:

Nature with Brenda Kidera

18 yrs + / 3 classes starting Nov 24 / \$74 + \$5 reference materials

Using a wide variety of techniques, learn how to paint things from nature. We discuss elements of design, how to keep your colors luminous, work on mastering various textures, and more. Knowledge of basic watercolor techniques is necessary. Supply list provided on

www.howardcountymd.gov/crafts_finearts.htm. (No class 12/1.)

RP0205.501 Gary J Arthur Comm Ctr 9:30 AM-12:30 PM Tu

Polymer Clay

Intro to Clay Workshop

16 yrs + / 4 classes starting Oct 7 / \$48

Explore the fun and excitement of working safely with polymer clay. Discover the advantages of different brands of polymer clay, conditioning clay, baking polymer clay, and useful tools and equipment. Start with simple canes and progress to more complex ones. Projects include how to fashion beads, a pendant, and a pin; and assistance with a non-jewelry for those not interested in jewelry projects. Cutting and molding techniques introduced. Materials list at www.howardcountymd.gov/crafts_finearts.htm.

RP0217.501 Ellicott Mills MS 6-8:30 PM W

Polymer Clay Workshop:

Techniques with Leftover Canes

16 yrs + / Nov 11 / \$20

Do you have a collection of polymer cane fragments and want to learn some interesting patterns? Round up your cane scraps and come for a fun evening learning two techniques that use leftovers. There is a brief intro to safety aspects, conditioning and baking polymer clay. Bring a pasta/clay conditioning machine or arrange to share one with only another student. Two techniques are demonstrated, McLarty Mash and Stropple Cane. Both are better with an assortment of canes and need not be coordinated cane patterns or colors. Class demonstration project covers a small, glass, holiday ornament. Materials list at www.howardcountymd.gov/crafts_finearts.htm.

RP0218.501 Ellicott Mills MS 6-9 PM W

Polymer Clay Workshop:

Incorporating Metal Foil and Mica Powders

16 yrs + / Dec 2 / \$20

Add a little bling to your polymer clay projects by incorporating metal foil or mica powders. Metal foil and mica powders may be part of a pattern design, or incorporated within the clay blend. Acrylic paint may be used in clay pattern design or applied after baking, done in antiquing. There is a brief intro to safety aspects, conditioning and baking polymer clay. Bring a pasta/clay conditioning machine or arrange to share one with only one other student due to time constraints. Class demonstration project is an enamel pendant that makes a wonderful, holiday gift. Materials list at www.howardcountymd.gov/crafts_finearts.htm.

RP0219.501 Ellicott Mills MS 6-9 PM W

Crochet & Knitting

• Materials list: www.howardcountymd.gov/crafts_finearts.htm

Knit I with Anna Tai

18 yrs + / 3 classes starting Oct 27 / \$47

Experience the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension and correct mistakes. Combine garter and stockinet stitch patterns and make your first scarf.

RP0801.501 Oakland Mills HS 7-9 PM Tu

Crochet I with Anna Tai

18 yrs + / 3 classes starting Oct 28 / \$47

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet – drape, yarn selection, shaping. Project choices are a scarf, hat, wrap, bag or tank top.

RP0802.501 Oakland Mills HS 7-9 PM W

Jewelry Making

Jewelry Making for Beginners

with Sheila Henriquez

18 yrs + / Dates below / \$30 + \$10 materials

Learn how to make wire earrings and stringed necklace and how to identify equipment, materials and beads. Acquire basic skills in stringing and crimping. Enjoy creating jewelry connectors and wire loops. Materials fee due at class and must be in cash.

RP0806.501	Gary J Arthur Comm Ctr	Sep 26	5-8 PM	Sa
RP0806.502	Roger Carter Comm Ctr	Oct 10	Noon-3 PM	Sa

Earrings Galore with Sheila Henriquez

18 yrs + / Dates below / \$30 + \$10 materials

Tired of never having just the right earrings to go with your favorite clothes? Learn the basics of earring construction from choosing materials to making plain and wrapped loops. You have time to make two or three pairs of earrings in class. All tools are supplied by the instructor. Materials fee due at class and must be in cash.

RP0807.501	N Laurel Comm Ctr	Sep 12	Noon-3 PM	Sa
RP0807.502	Gary J Arthur Comm Ctr	Oct 2	5-8 PM	F

New! Intermediate/Advanced Bracelets

Galore with Sheila Henriquez

18 yrs + / Dates below / \$30 + \$10 materials

Do you have intermediate jewelry skills that include experience in creating loops, jump rings, spirals, use of crimp beads and crimp bead covers and knowledge of jewelry tools? Save time and money by creating your own beautiful bracelets to go with your favorite clothes. Come make two or three bracelets. Bring your own tools or use tools supplied by the instructor. Materials fee due in class and must be in cash.

RP0808.501	N Laurel Comm Ctr	Oct 24	Noon-3 PM	Sa
RP0808.502	Roger Carter Comm Ctr	Nov 16	5-8 PM	M
RP0808.503	Gary J Arthur Comm Ctr	Dec 12	Noon-3 PM	Sa

Paper Crafts & Card Making

Intro to Papercrafting

18 yrs + / Dates below / \$30 + \$15 materials

From scrap-booking and card-making to school projects, paper crafting is a fun hobby. Rubber-stamping is a technique used most often in paper crafting. Discover techniques for rubber-stamping that improve the look and feel of your handmade creations. Also learn about tools and techniques behind paper crafting, plus the skills to add designs to your crafts.

Create 1-2 greeting cards for different occasions by the end of class.

RP0809.501	Roger Carter Comm Ctr	Oct 15	6-9 PM	Th
RP0809.502	Waterloo ES	Nov 17	6-9 PM	Tu

Photography

Beginners Digital Photography

with John Guion

18 yrs + / 6 classes starting Sep 29 / \$100

This class is designed for someone just getting started with their digital camera and digital photography. As a "one-size-fits-all" class, it covers the basics. Whether a compact digital camera, an interchangeable lens compact camera, or a single lens reflex camera, John can help. Learn the basic features (e.g., image size settings, image quality controls, how to change them, and using the camera's creative modes). Course also discusses downloading photos to a computer and accessories you may want to consider such as a tripod or monopod. Bring your camera and manual.

RP0208.501 River Hill HS 7-9 PM Tu



Learn to take the camera off "automatic" and make your pictures pop!

NEW! Pick, Secure and Share Your Best Shots

18 yrs + / 3 classes starting Oct 6 / \$54

Bring in your favorite photos and your near and far misses. We use free software to find why we like one photo more than others, how they can inspire our shooting, how we can fix and share them, and how we can protect our memories from catastrophes – whether computer or nature calamities. Bring your laptop or borrow one from the instructor for a \$10 lab fee.

RP0212.501 Gary J Arthur Comm Ctr 6:45-8:45 PM Tu

Fall Photo Walk:

Ellicott City & Centennial Park

18 yrs + / Dates below / \$24

Catch the brilliant colors of fall in our choice of neighborhoods as we walk and shoot. Learn and apply our tools for using zoom and exposure, depth of field, close-up macros and wide-angle panoramas. Develop the power of applying exposure compensation. Then review our shots to discover more opportunities. Bring your digital camera and enthusiasm.

RP0213.501 Roger Carter Comm Ctr Oct 10 10 AM-noon Sa
RP0213.502 Centennial Pk South Nov 7 10 AM-noon Sa

Photoshop Elements Beginning

18 yrs + / 3 classes starting Nov 5 / \$54

Bring your old and new photos to rescue and fix with Adobe Photoshop Elements. Build a solid foundation of fundamentals including cropping and cloning. Rescue torn and dirty prints to turn them into heirlooms.

Bring a laptop or borrow one from the instructor for a \$10 lab fee.

RP0214.501 Roger Carter Comm Ctr 6:45-8:45 PM Th

Hands-On Photography:

Photoshop Elements Advanced

18 yrs + / 3 classes starting Dec 3 / \$54

Take charge of advanced Adobe Photoshop Element tools to adjust texture, fix color balance and colorize our old photos. Generate powerful black and white prints. Apply adjustment layers to combine photos, create montages and apply special effects. Work on new shots and old photos that we scan in. Bring your laptop or borrow one from the instructor for a \$10 lab fee.

RP0215.501 Ellicott Mills MS 6:45-8:45 PM Th

Dance

- Below is in order by date.
- Registration: 410-313-7275.
- Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

Ballroom Dance

Intro to Social Ballroom Dance with Jim and Lucy

18 yrs + / 8 classes starting Sep 30 / \$75 per person

This "dance survival" class equips you with simple dance routines adaptable to a variety of dance musical styles commonly played at weddings and parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, enjoy a two-week sampling of Swing dance steps. We look forward to planting in you the desire and the confidence to get out of your seats and head to the dance floor at parties, weddings, or anywhere you hear dance music playing! Singles as well as couples welcome; no sneakers please.

RP1106.501 Roger Carter Comm Ctr 7:05-8:05 PM W

Intro to Social/Ballroom Dance II with Jim and Lucy

18 yrs + / 8 classes starting Sep 30 / \$75 per person

Build on what was taught in *Intro to Social Ballroom Dance* basic footwork skills. Focus on popular Single and Triple-Step Swing styles. During the first two weeks, review and add to Single-Step routines. In weeks three through six, learn to move in sync with Triple-Step Swing songs, including Oldies, Motown and Rock-n-Roll sounds. While you learn steps, strengthen "leading and following" techniques necessary for the all-important "Swing dance partner connection." Also enjoy a two-week sampling of Foxtrot's 6-count (Slow, Slow, Quick, Quick) steps. After completing the class, we hope you feel comfortable saying "yes" to invitations to dance. Singles and couples welcome; no sneakers please.

RP1107.501 Roger Carter Comm Ctr 8:20-9:20 PM W

Next Step with Jim and Lucy:

Waltz and Cha Cha

18 yrs + / 8 classes starting Sep 25 / \$149 per couple

This *Next Step* class is designed for those who have taken classes in the last five years in both elegant Waltz and lively, universal Cha Cha, and/or are experienced with leading and following the basic steps and turns in both these dances. In the first week, review foundational steps in Waltz, then build your repertoire of Waltz mini-routines in weeks two to four. On the fifth night, review basic Cha Cha steps. Then learn new routines, including some rhythmic variations, during the last three weeks. Couples only; do not wear sneakers.

RP1105.501 Atholton ES 7:15-8:15 PM F

Ballroom Sampler: Cha Cha and Tango with Jim and Lucy

18 yrs + / 8 classes starting Sep 25 / \$149 per couple

This beginner class introduces a sampling of the unique character and joys of the lively, universal Cha Cha and the smooth yet dramatic American Tango. The first four weeks focus on Cha Cha, and the last four weeks on Tango (a popular club dance with Argentinian roots adapted to ballroom dance settings). Master the foundational steps of each of these dances, understand lead and follow, and be ready to take your dancing onto the dance floor. Each class reviews the basic techniques and foot patterns learned the week before, and then teaches one or two new steps. Couples only; no sneakers.

RP1104.501 Atholton ES 8:30-9:30 PM F

Couples Dancing with Mo and Barb Dutterer

18 yrs + / 8 classes starting Sep 14 / \$125 per couple

Ever dream of dazzling your friends with your dance skills? Join this popular class to make that happen. Come learn the Cha Cha, two-step, waltz, and slow dance. Learn a routine in each dance style. This couples-only class is for beginner and advanced dancers.

RP1119.501 Roger Carter Comm Ctr 8:30-9:30 PM M

Hand Dancing and Bop with Shirley Duncan

18 yrs + / 8 classes, start dates below / \$75

Experience the traditional and exciting hand dance and Bop that make you stand out socially. Spice up your dance ability in this class designed for all levels. Learn the basic six count/ weight change, proper coordination of foot patterns, balance and controlled turns. Partner not required.

RP1125.501 Long Reach HS Sep 28 6-7 PM M
RP1125.502 Ellicott Mills MS Oct 1 6-7 PM Th

Dance Movement

Adult Beginner Ballet with Cecilia Ituarte

18 yrs + / 8 classes starting Sep 10 / \$80

Adults with little or no previous ballet training, come learn the basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core.

RP1129.501 Misako Ballet Studio 7:30-8:30 PM Th

Contemporary Modern Dance for Beginners

18 yrs + / 8 classes starting Sep 14 / \$80

All levels, come dance and have fun. Enjoy an invigorating warm-up, practicing dance steps, and learning choreography. Class combines modern, ballet and jazz techniques to provide an enjoyable introduction to dancing and a relaxing workout. No experience necessary. Wear comfortable clothes to move and stretch in (leggings or sweat pants with an exercise top or cotton t-shirt). No shoes required, but you may wear ballet or jazz shoes.

RP1128.501 Misako Ballet Studio 7:15-8:15 PM M

Hip Hop with CJ Cunningham

18 yrs + / 11 classes starting Sep 15 / \$198

Get ready to work your body in ways you never imagined! Enjoy exciting hip hop routines that keep you moving and grooving. Learn to isolate your movements and hit it hard in easy to follow dances. Whether you're a beginner dancer or have years of experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel and water bottle.

RP1112.501 Kinetics Dance Theatre 8:30-9:30 PM Tu

Hip Hop Dance with Nysia Carter

18 yrs + / 8 classes starting Sep 21 / \$89

Enjoy a fusion of styles including hip hop, funk, street and high-energy jazz. Warm up with the latest hip-hop rhythms that transition into a larger choreographed piece prepared to meet your level and dance experience. This style of dance provides high-energy, low-impact aerobic and calorie-burning effects as you dance to the popular hits of today and yesterday. Beginners are encouraged to sign up. Wear jazz or gym shoes, no street shoes allowed.

RP1123.501 N Laurel Comm Ctr 6-7 PM M



Learn the rhythms and movements of West African dance.

International

African Dance: Dance Your Pain Away with Nneka Nnamdi

14 yrs + / 6 classes starting Sep 28 / \$60

Immerse yourself in the healing rhythms and movements of West Africa. This multi-level class focuses on both technique and nuance. Class also includes a discussion on the cultural uses and relevance of the dances and music. Women may wear a lappa (cloth wrapped around the hips) but it is not required. Lappas can be purchased directly from instructor. Bare feet ideal but not required.

RP1140.501 Howard HS 7:30-8:30 PM M

Bollywood Dance

18 yrs + / 6 classes starting Oct 6 / \$65

Trained in Indian classical dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet, and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form!

RP1108.501 Harper's Choice MS 7:30-8:30 PM Tu

Irish Set Dancing with Janice McVey

18 yrs + / 6 classes starting Oct 6 / \$75

Learn the most popular form of social dancing in Ireland! Set dancing is lively folk dancing done in a square formation of four couples. We feature basic steps and frequently danced sets. Bring a bottle of water and leather-soled shoes. Partner not required.

RP1109.501 Dunloggin MS 7-8:30 PM Tu

Irish Dance: Sean Nos Dance Workshop with Janice McVey

18 yrs + / Oct 10 / \$25

Come and learn basic old style steps from the Connemara region of Ireland. This is improvised dance with steps that are rhythmic and low to the ground. Bring leather soled shoes. Partner not required as steps are done individually.

RP1110.501 Dunloggin MS 1-2:30 PM Sa

Adults (18 yrs +)



Keep your bike in tip-top shape with Larry Black.

Line Dance

Line Dance with Mo & Barb Dutterer

18 yrs + / 8 classes starting Sep 14 / \$75

Sparkle the next time you are on the dance floor! New dances are taught each week in this class for beginner to advanced dancers. Learn the latest line dances and the old standbys using a variety of music.

RP1118.501 Roger Carter Comm Ctr 7:15-8:15 PM M

Party Line Dance with Nysia Carter

18 yrs + / 6 classes starting Sep 21 / \$65

Learn old and new party steps in an energetic setting. Have fun while learning so you can be the life of the party at the next gathering. This class is great for beginner or seasoned dancers.

RP1124.501 N Laurel Comm Ctr 7:30-8:30 PM M

Urban Line Dancing with Shirley Duncan

18 yrs + / 8 classes, start dates below / \$75

Learn some of the hottest new and old line dances currently being danced in Baltimore's top spots. Dances are done to the hottest R&B and oldies music around. Experience a fun-filled workout with high- and low-energy steps.

RP1126.501 Long Reach HS Sep 28 7-8 PM M

RP1126.502 Ellicott Mills MS Oct 1 7-8 PM Th

Lifelong Learning

- Below is in order by date.
- Registration: 410-313-7275.
- Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

Astronomy

Public Star Parties *Page 15*

Billiards

Learn How to Play Pool with Alvin Thomas

18 yrs + / 4 classes, start dates in next column / \$59

Build up your game or try something new. Learn the basics and gain a good foundation. Study the proper grip on the cue, stance at the table, cuing the

ball, stroke and follow through. Class size is limited to six.

RP3401.501	N Laurel Comm Ctr	Sep 26	10:30 AM-noon	Sa
RP3401.502	N Laurel Comm Ctr	Sep 26	Noon-1:30 PM	Sa
P3401.503	N Laurel Comm Ctr	Nov 7	10:30 AM-noon	Sa
RP3401.504	N Laurel Comm Ctr	Nov 7	Noon-1:30 PM	Sa

Communication

The Art and Basics of Table Manners with The International School of Protocol

18 yrs + / Nov 16 / \$55

Have you ever panicked when faced with more than three forks? Do you know why the table is set the way that it is? Learn why red and white wine glasses are handled differently, the difference between American and Continental Styles of dining, and where to place your silverware when resting or finished. Learn which side to enter your chair, the way to eat bread and other food (including the tricky ones), and how to deal with your napkin. Discover the history of dining, how to seat guests (including the tricky ones), what to do about dietary restrictions, as well as the secrets to handling stressful dining situations. A great class for the experienced and inexperienced. Featured in The Washington Post, Martha Stewart Living, Baltimore Sun, Style Magazine, and on CBS Early Morning Show, Voice of America, Maryland Public Television.

RP3413.501 Centennial HS 7-9 PM M

Mingle, Mingle

with The International School of Protocol

18 yrs + / Nov 2 / \$55

In two short hours, this program puts you at ease and helps you feel more confident and comfortable at social and work gatherings where you need to meet and have conversations with new people. Learn how to prepare for an event, enter and exit conversations, and learn what you can talk about and what you should not talk about. In this program, you learn to create a first and lasting impression through proper handshaking, eye contact, proper introductions and appropriate nonverbal conversation. This course is important for anyone who attends businesses gatherings, conferences, parties and school or community events. As featured in The Washington Post, Martha Stewart Living, The Baltimore Sun, Style Magazine, Baltimore Business Journal and on the CBS Early Morning Show, Voice of America, and Maryland Public Television.

RP3412.501 Centennial HS 7-9 PM M

Continuing Education

NEW! Introduction to Ayurveda (the Medical System of Yoga)

with Lenny Bernstein

18 yrs + / 5 classes starting Oct 6 / \$40

This is not a physical yoga class; it is more of an academic class. Ayurveda is the Sanskrit word that means the Science of Life. It is the medical system of Yoga, taught by a certified Ayurvedic Lifestyle Consultant. Ayurveda shares the common goals of all yoga, to unite the body, mind and spirit in order that the individual may more fully know their true nature. Ayurveda aims to keep the body in a state of maximum health by discovering its unique state of balance and providing the tools to maintain that balance. During this five-week course the student are introduced to the basic principles of Ayurveda.

RP3402.501 Roger Carter Comm Ctr 7-8 PM Tu

Do It Yourself

Bike Maintenance with Larry Black

18 yrs + / 4 classes, start dates below / \$99

Learn everything you need to know about maintaining and repairing your bike. Learn about on-the-road fixes, overhauls, wheel building, and how to negotiate the best price for repairs. Tools and some "practice" bikes are provided; bring your own bike to get hands-on experience.

Optional manual is \$25 at class.

RP3409.501	Gary J Arthur Comm Ctr	Sep 8	7-9 PM	Tu
RP3409.502	Gary J Arthur Comm Ctr	Nov 10	7-9 PM	Tu

Dog Instruction

NEW! Pet CPR & First Aid with PetStructor

16 yrs + / Oct 25 / \$70 + \$15 materials

Would you know what to do if you found your cat choking in the kitchen or your dog unresponsive in the backyard? This basic pet CPR & first aid class teaches participants how to manage pet CPR, rescue breathing, choking, heat & cold injuries, seizures, bleeding & shock, insect bites & stings and more! A 40-page handbook, emergency muzzle & certificate of training are included. Please leave pets at home. Materials fee is to be paid directly to instructor. No lunch, bring snacks if desired. PetStructor is located at 10015 Old Columbia Rd in Columbia. Use Entrance A.

RP3406.501	PetStructor Facility	11:30 AM-4:30 PM	Su
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Dog Park Manners

with Darryll Ann Buschling

16 yrs + / Dates below / \$25

Having trouble at the dog park? Is your dog nervous, aggressive, or does not listen when it's time to go? This is a great class for socializing and becoming acquainted with the dog park. We start with basic dog obedience and work up to socializing and experiencing the dog park. Please bring a 6-foot leash; no retractable leashes allowed. Bring plastic bag and scoop.

Class appropriate for any size dog.

RP3408.501	Worthington Dog Pk	Sep 19	11 AM-1 PM	Sa
RP3408.502	Worthington Dog Pk	Oct 10	11 AM-1 PM	Sa

Dog Obedience

16 yrs + / 6 classes, start dates below / \$69

Who's in charge, you or your dog? Turn Rover into a well-behaved companion. Dog must be at least five months old with current shots. Instructor advises about leash and collar. Please bring dog on a 6-foot leash; no retractable leashes allowed. Bring plastic bag and scoop.

Class appropriate for any size dog.

Mariann Hein / Dunloggin MS

RP3407.502	Sep 9	6:30-7:30 PM	W
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Darryll Ann Buschling / Schooley Mill Pk

RP3407.501	Sep 21	6:30-7:30 PM	M
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Finance

Financial Fitness with Fran Makino

18 yrs + / 3 classes starting Oct 14 / \$45

This is a basic personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurances and what is needed. Work on investment strategies. Questions are welcomed.

RP3410.501	River Hill HS	7-9 PM	W
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Can you make sure Rover comes running back?

Language

English for the Non-Native Speaker with Julie Sweeton

18 yrs + / 6 classes starting Sep 14 / \$52 + \$8 materials

Can people tell that English isn't your native language when they read something you've written? Do you want your workplace documents to be polished so as to clearly make your point? English articles are often misused by non-native English speakers, as it is difficult to determine when to use "a," "the," and other articles. Through exercises and examples, gain a better understanding of the rules of grammar and improve your written English.

RP3419.501	Reservoir HS	6-8 PM	M & W
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Hablemos Español – Conversational Spanish with Cecilia Redmond

18 yrs + / 5 classes starting Sep 28 / \$55

Enjoy a different topic of conversation for each class. A vocabulary list is provided. Instructor starts with English/Spanish directions; by the third class you are totally immersed. You have fun communicating with classmates only in Spanish. Pronunciation and grammatical errors are addressed by native speaker instructor.

RP3403.501	Ellicott Mills MS	7-8 PM	M
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Everyday Spanish I with Cecilia Redmond

18 yrs + / 6 classes starting Oct 1 / \$65

This class gives you the basic initiation to the language. You learn some grammar foundation and practice it in an enjoyable way. Build confidence as you learn vocabulary on familiar topics. Put it all together and you're ready for easy conversation starters. Native speaking instructor shares strategies and cultural insights.

RP3405.501	Ellicott Mills MS	7-8:30 PM	Th
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Adults (18 yrs +)



Beginner and intermediate guitar players, learn from Art Spilkia.

Music & Theater Arts

- Below is in order by date.
- Registration: 410-313-7275.
- Info: Karen Bradley Ehler, 410-313-4635 or kehlere@howardcountymd.gov.

Art of Hand Drumming with Orlando Cotto 18 yrs + / 6 classes starting Oct 1 / \$120

The course is suitable for any drumming beginner or serious enthusiast. Led by professional percussionist Orlando Cotto, you (re)learn the basics of drumming, develop your internal timing, and learn common folk rhythms from Cuba, Puerto Rico and West Africa. We teach techniques and skills such as drum tuning and developing sounds. You're encouraged to bring your own drums, though Congas drums can be rented from the instructor for a one-time fee of \$35.

RP3435.501 Gary J Arthur Comm Ctr 7-8 PM Th

Rock Guitar and Bass Class

18 yrs + / 5 classes starting Oct 2 / \$139

Have you ever wanted to play the guitar like your rock and roll heroes? You can accomplish this with the help of our classes and our instructors. We help anyone achieve this dream. Come and Rock out with THE ROCK SHOP. Please call 410-988-2062 or visit www.therockshopmd.com.

RP3430.501 Let There Be Rock School 7:30-8:30 PM F

Rock Drum Class

18 yrs + / 5 classes starting Oct 2 / \$139

Have you ever wanted to play the drums like your rock and roll heroes? From John Bonham to Dave Grohl, from beginner to advanced we can help you achieve this dream. You will love this! Please call 410-988-2062 or visit www.therockshopmd.com.

RP3431.501 Let There Be Rock School 6:30-7:30 PM F

Rock Keyboard Class

18 yrs + / 5 classes starting Oct 2 / \$139

Have you ever wanted to play the keyboard like your rock and roll heroes? From Keith Emerson to John Lord, you can do it with the help of our instructors. We can help beginner to advanced players achieve this dream. Just sign up and rock out with THE ROCK SHOP. Call 410-988-2062 or visit the www.therockshopmd.com.

RP3432.501 Let There Be Rock School 6:30-7:30 PM F

Rock Vocal Class

18 yrs + / 5 classes starting Oct 2 / \$139

Have you ever wanted to sing like your rock and roll heroes? We can help! Just sign up and rock out with THE ROCK SHOP. Please call 410-988-2062, or visit the www.therockshopmd.com.

RP3433.501 Let There Be Rock School 5:30-6:30 PM F

Musical Muses - Community Show Choir with Keith Tittermary

14 yrs + / 8 classes starting Oct 26 / \$35 + \$10 materials

Our choir returns for a second season! Do you like to sing but don't like classical music or religious hymns? If you don't have time for a full theatre production, but enjoy performing in a group, learn to sing and harmonize while having fun in a creative environment! Beginners and experienced singers welcome. Led by a professional choir director, learn entertaining secular music pieces including but not limited to Broadway show tunes, pop/rock hits, or old classics updated for a contemporary audience. No auditions are necessary. All rehearsals meet on Monday except one on Wednesday, December 2. Season ends with a public performance of holiday themed selections on Saturday, December 5. Bring a 3-ring binder with pockets. Materials fee due to instructor at first class. No refunds for missed classes/rehearsals. Sign up with a friend or spouse for more fun!

RP3424.501 Baldwin Hall 7-8:30 PM M

Beginning Guitar with Art Spilkia

18 yrs + / 5 classes starting Oct 20 / \$65

Learn chords and strums to accompany classic rock and folk-rock songs. Start to learn how to play rock and roll instrumentals. Bring a six string acoustic or electric guitar.

RP0225.501 Oakland Mills HS 7-8 PM Tu

Intermediate Guitar with Art Spilkia

18 yrs + / 5 classes starting Oct 20 / \$65

Now that you have a basic knowledge of chords and rhythms as well as the fret board notes, come learn more advanced chords, rhythms, and guitar instrumentals. Bring a six string acoustic or electric guitar.

RP0226.501 Oakland Mills HS 8-9 PM Tu

Piano I

18 yrs + / 8 classes starting Oct 3 / \$115

Learn the basics of playing the piano and reading music in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. During class, play/practice on your own keyboard with headphones. You should have access to a keyboard for practice outside of class.

RP0230.501 River Hill HS 10-11 AM Sa

Music Foundations with Keyboards with Olenka School of Music (OSM)

18 yrs + / 8 classes, start dates below / \$235 + \$42 materials

Begin a strong foundation for all future musical learning through this energetic class designed as a rich exploration into the essentials of music theory and practice. Class features ear training exercises, reading, writing, composing, and learning keyboard geography. Classes focus on the fundamentals of the Universal Language of Music. Materials include a songbook, CD, workbook, and homework binder.

Materials fee paid in check/cash on the 1st day of the class.

RP3426.501	OSM-Columbia	Sep 13	3:30-4:25 PM	Su
RP3426.502	OSM-Columbia	Sep 8	7:30-8:25 PM	Tu
RP3426.503	OSM-Ellicott City	Sep 10	7:30-8:25 PM	Th

Voice Studio

with Olenka School of Music (OSM)

18 yrs + / 8 classes starting Sep 14 / \$165 + \$25 materials

Come learn a variety of songs spanning several genres. Singers practice Solfege (do-re-mi), vocal exercises & warm-ups, note value, pitch recognition/ear training to improve singing in tune. Materials include songbook and CD. Cash/check for materials fee due to OSM on the first day of class.

RP3427.501 OSM-Columbia 7:30-8:25 PM M

Guitar Studio

with Olenka School of Music (OSM)

18 yrs + / 8 classes starting Sep 14 / \$165 + \$25 materials

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. Materials include: songbook, CD. Cash/check for materials fee due to OSM on the first day of class.

RP3425.501 OSM-Columbia 7:30-8:25 PM W

Theater

Funny or Bust: An Easy Introduction to Stand Up Comedy with Jill Kyle-Keith

16 yrs + / 6 classes starting Sep 24 / \$115

Of course you're funny – everyone says so! Learn how to channel your natural talents onstage, from writing a joke to presenting yourself to an audience. The last class is the best part – a fun presentation with fellow classmates at a local open mic night. Don't be afraid of the dark – the audience out there wants to laugh it up with you, and Jill shows you how! Whether you just want to be more comfortable giving relaxed presentations at the office, or have higher aspirations in the Land of Comedy, this six-week series is for you. Please bring a spiral notebook, electronic notebook, or cell phone to write with and record your ideas. No prior experience required; newbies and seasoned jokesters alike are encouraged! 16-17-year-olds welcome with accompanying parental permission.

RP3532.501 Hammond HS 7-8:30 PM Th

Acting for the Camera with Connie Bowman

16 yrs + / 4 classes starting Oct 4 / \$75 + \$10 materials

Learn the basics to get started with your acting career. Practice acting for commercials, TV, film, industrials, voice over, and print with veteran local actress Connie Bowman (www.conniebowman.com). Both beginners and advanced students welcome. Sign up with a friend for more fun.

Materials fee due at first class.

RP3527.501 N Laurel Comm Ctr 2-4 PM Su

Nature & Environment

Page 24



Do you see a ghost in the window? Explore the mystery of Belmont Manor.

Paranormal Investigation Lecture Series

• Registration/Info: 410-313-0200.

Are you intrigued by things that go bump in the night? Do you enjoy a spine-tingling ghost story? Or are you just interested in a different twist on Halloween fun? In this lecture series you learn from and meet local Inspired Ghost Tracking members along with authors who introduce you to ghost hunting investigations. This is your opportunity to ask about all the questions you've been dying to know! These classes are for entertainment.

NEW! Introduction to Ghost Investigating

18 yrs + / Sep 22 / \$10

This lecture provides an explanation of what a ghost and spirit is and reasons why they stay behind. It combines science with the art of technology, explaining how different equipment is used to detect entities. You also get information on how to cross ghosts over into spirit.

RP9902.501 Belmont Manor & Historic Pk 7-8:30 PM Tu

NEW! Double Murder Investigation

18 yrs + / Oct 13 / \$10

In this this lecture, members share a real case from their files where two team mediums and members with scientific instruments helped prove the identities of two ghosts who were victims of a double murder in Anne Arundel County.

RP9902.502 Belmont Manor & Historic Pk 7-8:30 PM Tu

NEW! Meet and Greet with Local Paranormal Authors

18 yrs + / Nov 15 / \$5 entry pass

Meet a number of authors from the local paranormal field. As you tour Belmont Manor House, you learn about their experiences and discuss their books. Books sales and signings are available. This is a great chance to select early holiday gifts for family and friends fascinated with ghosts and investigations.

RP9902.503 Belmont Manor & Historic Pk 2-5 PM Su

Sports

Page 73

Therapeutic Recreation

Page 33



Make beautiful art in a relaxed and supportive setting.

Adults (55 yrs +) Classes & Activities

- Below is in alphabetical order.
- Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.
- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section.
- In alphabetical order.

Adventure & Outdoors Page 19

Aquatics

Therapeutic Aqua Dancercise

55 yrs + / 10 classes starting Sep 22 / \$80

No, this is not your ordinary synchronized dancing in the water! Combine upbeat music with the added resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio, dance-based movements that are fun and easy to follow.

Aquatic fitness instructor assists with exercises and provides instruction.

RP3520.501 Cedar Lane School 6-7 PM Tu

Therapeutic Water Exercise

55 yrs + / 10 classes, start dates below / \$80

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace in group instruction. Aquatic fitness instructor assists with exercises and provides instruction. (No class 9/23.)

RP3519.501 Cedar Lane School Sep 16 5:45-6:45 PM W

RP3519.502 Cedar Lane School Sep 21 6:15-7:15 PM M

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



Stay active and enjoy the indoor pool with Aqua Dancercise!

Crafts and Fine Arts

NEW! Artful Journaling Club

55 yrs + / 12 sessions starting Sep 10 / \$15

Express yourself in an art journal! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. Participants are invited to suggest and lead activities on a voluntary basis. Supplies discussed at first meeting. This is a participant-run club; no instructors present.

RP0305.501 Bain Ctr 9:30 AM-noon Th

Watercolors with Carol Zika

55 yrs + / 12 classes starting Sep 11 / \$102 + materials

Fall is the perfect time to get in touch with your inner artist. Painting with watercolors is a great way to begin. Designed for beginners, but continuing students and experienced dabblers also welcome. Suggested supplies discussed at the first class and are available through the instructor. (No class 10/16, 11/27.)

RP0303.501 E Columbia Lib Sr Ctr 1-3:30 PM F

Drawing & Painting with Zina

55 yrs + / 14 classes starting Sep 14 / \$110 + ~\$50 materials

Beginners, learn to draw with right-brain techniques, discuss design and color theory and begin painting by the 10th class. **Advanced painters**, become motivated by art history, artist demonstrations and projects designed to inspire. Learn to create original work from real life or continue your personal style with the help of teacher critiques and demos.

Materials list (purchased separately) discussed at the first class.

RP0302.501 Gary J Arthur Comm Ctr 10 AM-noon M

RP0302.502 Gary J Arthur Comm Ctr 1:15-3:15 PM M

You Can Draw & Paint with Carol Zika

55 yrs + / 12 classes starting Sep 11 / \$102 + materials

Let your artistic expression soar in this congenial, fun and supportive atmosphere. Bring watercolors, acrylics, oils, pastels, or other materials. Explore your creative potential. Instructor provides direction/instruction in drawing and painting for beginners and experienced dabblers. Discuss materials (purchased separately) at first class. (No class 10/16, 11/27.)

RP0304.502 E Columbia Lib Sr Ctr 9:15-11:45 AM F



Can you knock off our Wii Bowling champions?

Drop-In

BUNCO

55 yrs + / Last Friday of the month / Free

It's a "roll of the dice" game. BUNCO is gaining in popularity and now you can get in on the fun! Join us for an hour of this exciting dice game.

No experience necessary. Preregistration required.

Bain Ctr 10:30-11:30 AM F

Community Knitting & Crocheting Group

55 yrs + / Ongoing / Free

Feel a sense of belonging and give back to your community! Join fellow knitting and crocheting enthusiasts to hand craft hats, scarves, comfort blankets and more for local hospitals, charities and senior care centers. This volunteer group meets the second and fourth Wednesday of each month.

Info: Linda DiPanfilo, 410-313-4704 or ldipanfilo@howardcountymd.gov.

RP3070.201 Kiwanis-Wallas Hall 1-3 PM W

Drop-In Social Bridge

55 yrs + / Ongoing / Free

Stop by for some social Bridge. Beginners welcome! Coffee, tea and light refreshments available. We gladly accept donations to the snack fund.

Kiwanis-Wallas Hall 9 AM-noon W

Duplicate Bridge

55 yrs + / Ongoing / Free

Enjoy a few hours of drop-in duplicate bridge. Bring a bag lunch; coffee, tea and light refreshments available. We accept donations to the snack fund.

Kiwanis-Wallas Hall Noon-3:30 PM W

Kiwanis-Wallas Hall 9:15 AM-12:45 PM F

Mahjong

55 yrs + / Ongoing / Free

Kiwanis-Wallas Hall 1-3:30 PM W

Marathon Bridge

55 yrs + / First Wednesday of the month / Free

Kiwanis-Wallas Hall Noon-4 PM W

Pinochle

55 yrs + / Ongoing / Free

Kiwanis-Wallas Hall 9:30 AM-3:30 PM F

Toss Across

55 yrs + / Ongoing / Free

Who says "close only counts in horseshoes?" In Toss Across, it definitely counts! Try the latest backyard and tailgating craze. Have fun and get a little exercise too. Meet in the Bain Center lobby. No preregistration required.

Bain Ctr 10:30-11:30 AM F

Trivia Time

55 yrs + / Last Friday of the month / Free

Come show us what you know during this entertaining hour of group trivia! Fire up those brain cells while you help your team compete.

Meet in the lobby. No preregistration required.

Bain Ctr 9:30-10:20 AM F

Wii Bowling Club

55 yrs + / Ongoing / Free

Why let the kids have all the fun? Bowl in a virtual alley without leaving the building. You improve hand-eye coordination and get some exercise while competing against your peers.

Bain Ctr 10-11 AM Tu

Lifelong Learning

Bridge Classes

For a complete listing of Bridge classes, please contact Cathy Vigus.

SASI Encore - A History of Broadway Musical Theatre, 1927-2015

18 yrs + / Sep 26 / \$18, 18-59 yrs; \$15, 60 yrs +

Did you get closed out of this course? Here it is again! Instructor Steven Friedman covers the evolution of Broadway Musical Theatre from *Tin Pan Alley* to present day. Topics include the legacy of Cole Porter, Rogers and Hammerstein and the Gershwins, The Golden Age of Broadway Musicals and so much more. This is co-sponsored with Howard Community College.

RP3501.501 HCC Business Training Ctr 9:30 AM-3:30 PM Sa

Nature & Environment

Page 24

Sports

Page 73

Therapeutic Recreation

Page 33



Want to stay in shape or get in shape? We offer a variety of fitness classes; find the one that's best for you!

Fitness

- Classes are for 18 years and up.
- Participants 12-17 years old may register, but must be accompanied by a participating parent/guardian.
- Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a Community Center member to attend HCRP fitness classes at our Community Centers.
- Info/Fitness Waiver: 410-313-4718.

Aerobics & Conditioning (18 yrs +)

- For Beginner Strength Training, ages 13-16, please see page 81.

All-Out Zumba with Kirsten Potter, ZUMBA 12 classes, start dates below / \$76

Ditch the workout and come party! Zumba fitness quickly burns calories in a party atmosphere. It's fun and effective! Before you know it, you'll be getting fit and your energy levels soar! All levels welcome.

RP8440.501	Bonnie Branch MS	Sep 16	7-8 PM	M & W
RP8440.502	Bonnie Branch MS	Nov 2	7-8 PM	M & W

AM Fitness Workout with Vickie Jacobs, AFAA, AAI 21 classes starting Sep 15 / \$116

Warm up with fun and easy moves, then move to the Precor cardio and strength training equipment for 40 minutes. Finish your workout with a great stretch to improve overall flexibility and balance. This class is perfect for all fitness levels! Fitness waiver must be completed prior to exercising.

RP8669.501	Roger Carter Comm Ctr	8-9 AM	Tu & Th
RP8669.502	Roger Carter Comm Ctr	9-10 AM	Tu & Th
RP8669.503	Roger Carter Comm Ctr	11 AM-noon	Tu & Th

Aqua Zumba 12 classes, start dates below / \$120

Known as the ZUMBA pool party, this Aqua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering — experience it all at Aqua Zumba class. Blend together the Zumba formula and philosophy with traditional aqua fitness in a safe, challenging water-based workout that's cardio conditioning, body-tightening, and most of all, exhilarating!

Tracy Cox / Roger Carter Comm Ctr

RP8612.501	Sep 15	9:45-10:30 AM	Tu & Th
RP8612.511	Nov 3	9:45-10:30 AM	Tu & Th

Meridith Hurd / Roger Carter Comm Ctr

RP8612.502	Sep 15	6:30-7:15 PM	Tu & Th
RP8612.512	Nov 3	6:30-7:15 PM	Tu & Th

Barre Burn with Becca Sigmund 11 classes starting Sep 16 / \$99

Ballet movements combine with fitness exercises for a full-body workout. Sculpt and tone your body while gaining a dancer's sense of alignment and control. Round off your workout with yoga and stretching. Bring 4-to-5-lb. weights; mats are provided but you are encouraged to bring your own.

RP8282.501	Kinetics Dance Theatre	8-9 PM	W
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NEW! BeFit4U Teen Fitness Room Challenge Page 17

Bender Barre with Heather Snyder, AFAA 12 classes starting Sep 15 / \$81

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results!

RP8130.501	Gary J Arthur Comm Ctr	6:30-7:25 PM	Tu
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Body Conditioning with Cyndi Kummerlowe, AFAA 24 classes starting Sep 15 / \$71

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights.

RP8220.501	Rockburn ES	7:05-8 PM	Tu & Th
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"Build Your Engine" Strength Training with Christy Edwards, ACE Personal Trainer 18 classes starting Sep 16 / \$67

Build the engine (muscles) that burns the fuel (the food you eat)! In our 30s, our metabolism slows down... but we can speed it up with strength training. Change your body composition, help stabilize your joints, feel stronger and healthier, and look great. Challenge and strengthen every muscle group in your body to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights.

RP8506.501	Thunder Hill ES	7-8 PM	M & W
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Cardio Blast Interval with Beth Harbinson, AFAA 24 classes starting Sep 16 / \$84

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work, and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs. recommended) and a mat.

RP8422.501	Veterans ES	7-8 PM	M & W
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Cardio Crunch Challenge with Lori Nowicki, ACE

12 or 24 classes starting Sep 16 / Prices below

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, Zumba and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility and balance training. Experience a high-energy class at high or low impact, take the challenge and have fun! Bring mat and hand weights. Steps and resistance bands provided.

12 classes / 1 day per wk / \$60

RP8481.501 Cedar Lane Rec Ctr 9:30-10:45 AM M or W

24 classes / 2 days per wk / \$105

RP8481.502 Cedar Lane Rec Ctr 9:30-10:45 AM M & W

Cardio Fusion with Marianne Larkin, AAAI

12 or 24 classes starting Sep 16 / Prices below

We combine your favorite cardio and toning formats one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your level. Pump up your workouts and burn fat with a mix of step, high/low and boot camp, core strength, balance, and agility exercises inspired by yoga and Pilates. Bring a mat and hand weights. Steps and bands provided.

12 classes / 1 day per wk / \$60

RP8482.501 Gary J Arthur Comm Ctr 9:35-10:50 AM M or W

24 classes / 2 days per wk / \$105

RP8482.502 Gary J Arthur Comm Ctr 9:35-10:50 AM M & W

Cardio Kickboxing

12 or 24 classes starting Sep 15 / Prices below

Exercise has never been so much fun! *Cardio Kickboxing* is a calorie-burning, dance-party exercise routine that combines kickboxing, aerobics and dance with great music. Come out and get in shape and have fun doing it!

12 classes / 1 day per wk / \$64

RP8550.501 N Laurel Comm Ctr 6:30-7:30 PM Tu or Th

24 classes / 2 days per wk / \$106

RP8550.502 N Laurel Comm Ctr 6:30-7:30 PM Tu & Th

Cardio Sculpt with Loretta Lambert

24 classes starting Sep 16 / \$87

Warm up, cool down and experience a fun, all-over body workout in this new combination class that includes a hi- or low-impact, cardiovascular dance aerobic workout and toning exercises all choreographed to music. This program is for everyone who wants to get in shape and have fun doing it! Please bring a mat and hand weights.

RP8290.501 Stevens Forest ES 7-8 PM M & W

Circuit Weight Training

with Amanda Demeusy, AFAA

24 classes starting Sep 16 / \$129

This super-fun workout trains your multiple muscle groups using Precor equipment. In just one hour, you get a thorough, total-body workout, including fat-burning cardio intervals. Each class finale includes targeted, no-nonsense exercises on the floor. Totally customizable, this workout is an effective way to keep challenging yourself as you gain strength. Guaranteed to be a super-motivational experience!

RP8660.501 Roger Carter Comm Ctr 9:15-10:15 AM M & W



Stretch out those muscles and get ready for a high-intensity class!

Fit Jam: Cardio Party with Liz Rolland

12 classes, start dates below / \$120

Think all workouts are boring? Think again! Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop, and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel and water bottle.

RP8350.501 Gary J Arthur Comm Ctr Sep 21 5:45-6:45 PM M

RP8350.502 Roger Carter Comm Ctr Sep 15 9:15-10:15 AM Tu

RP8350.503 Gary J Arthur Comm Ctr Sep 17 5:45-6:45 PM Th

Fit Jam: Fire and Spice! With Liz Rolland

12 classes starting Sep 18 / \$144

New extended class! More of everything you love! Think all workouts are boring? Think again! Spice up your workout with this unique blend of Pilates matwork, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, then challenge your workout more with light weights, stability balls and bands (provided). Bring a thick yoga mat and a water bottle. This workout is hot stuff!

RP8351.501 Gary J Arthur Comm Ctr 9:30-10:45 AM F

NEW! GJACC Indoor Track 5K Page 18

NEW! LaBlast® with Cecilia Ituarte

12 classes starting Sep 16 / \$149

Get ready to sweat with this exciting cardio program! LaBlast® combines the aerobic footwork of dancing with strength training and weights. It is an interval-based cardio workout that uses several dance styles. Get your heart pumping as you Mambo, Salsa, Merengue, and Rumba your way to fitness! LaBlast® is designed for all levels and we begin with an introduction to the program providing the foundation and base techniques used in LaBlast®. As the program progresses, the intensity of the workout increases, dances and choreography are expanded, and technique and details are refined.

RP8157.501 Misako Ballet Studio 7:45-8:45 PM W



Get that core tight!

La Canne (French Cane Fighting) with Steve Savoie

8 classes starting Sep 17 / \$46

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. A unique class. Once you try it, you'll love it! No experience required. Sticks provided. Shin guards recommended.

RP8505.501 Cedar Lane Rec Ctr 8:15-9:15 PM Th

Piloxing with Heather Snyder, AFAA

12 classes starting Sep 15 / \$79

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed, and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered!

RP8135.501 Gary J Arthur Comm Ctr 7:30-8:30 PM Tu

Step & Sculpt! with Marianne Larkin, AAI

12 or 24 classes, start dates & prices below

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with turbo-charged combinations in the latest in step choreography. Knowledge of aerobic step terms is recommended. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Continue this total-body workout with strength, core and ab exercises using hand weights, medicine balls, stability balls and resistance bands (provided) and finish with an energized stretch.

12 classes / 1 day per wk / \$63

RP8300.501 Gary J Arthur Comm Ctr Sep 12 8:30-9:45 AM Sa

12 classes / 1 day per wk / \$50

RP8300.511 Mt. View MS Sep 15 7-8 PM Tu or Th

24 classes / 2 days per wk / \$99

RP8300.512 Mt. View MS Sep 15 7-8 PM Tu & Th

Tabata Boot Camp with Lori Nowicki, ACE

12 classes starting Sep 18 / \$59

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest).

This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workout can be modified.

RP8485.501 Roger Carter Comm Ctr 9:15-9:55 AM F

Trim & Tighten

18 or 24 classes, start dates & prices below

Enjoy fun and beneficial exercises that tone and strengthen all your muscle groups! Bring a mat; 2-to-5-lb. hand weights are optional.

24 classes starting Sep 16 / \$72

RP8210.501 Burleigh Manor MS 6:30-7:25 PM M & W

Jeanne Sealing, ACE / 18 classes starting Sep 15 / \$51

RP8210.502 N Laurel Comm Ctr 9-9:50 AM Tu & Th

Marianne Larkin, AAI / 24 classes starting Sep 15 / \$72

RP8210.503 Mt. View MS 6-6:55 PM Tu & Th

Zumba

10 classes starting Sep 12 / \$124

Enjoy this Latin cardio-dance fitness craze to the pulsating rhythms of Reggaeton, Samba, Salsa, Afrobeat, and more! Join us as we tone and burn calories at this weekly dance party!

Leilani, ZUMBA, AFAA

RP8360.501 N Laurel Comm Ctr 9:30-10:30 AM Sa

Zumba!

24 classes starting Sep 16 / \$179

Let's face it, working out can be healthy, rewarding, and beneficial, but it may not always be fun... until now! Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout system that blows you away. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body and burn fat. All levels are welcome.

Valerie Stewart, Zumba, AFAA

RP8430.502 N Laurel Comm Ctr 6:30-7:20 PM M & W

Cheryl Osborne, Zumba, AFAA

RP8430.503 Mt. View MS 6:30-7:20 PM M & W

Zumba Basic with Stephanie Scott, ZUMBA

12 classes, start dates below / \$78

****Join us for a free class on Sep 16 from 5:30-6:30 PM. Call RCCC directly at 410-313-2764 to sign up!***

Exercise in disguise! This fun, high-energy class involves dance and aerobic elements. It's easy, fun, and safe for all levels. Enjoy the following dance styles: American, Cumbia, salsa, meringue, and more while getting in shape! Reduce weight, build strength and stamina, improve motion, cardio and posture, and socialize! Join the party! Come dance like no one is watching!

RP8330.501 Roger Carter Comm Ctr Sep 21 5:30-6:30 PM M

RP8330.502 Roger Carter Comm Ctr Sep 23 5:30-6:30 PM W

Zumba Circuit

with Anna Whittaker, ZUMBA, AFAA

12 classes starting Sep 15 / \$81

Enjoy a high-energy, calorie-blasting, metabolism-boosting fun class that combines both the strength training benefits of circuit training with the dance moves of Zumba!

RP8432.501 Mt. View MS 9:30-10:20 AM Tu

Zumba Step with Jan Smith AFAA, ZUMBA

12 classes starting Sep 21 / \$81

Come enjoy a class that combines all the toning and strengthening for your legs and glutes in a traditional step class with the exotic rhythms and high-energy fun of Zumba!

RP8431.501 Mt. View MS 7:30-8:20 PM M

Health & Relaxation

• Info/Fitness Waiver: Nicola Morgal, 410-313-4718 or nmorgal@howardcountymd.gov.

Hatha Yoga for Flexibility & Relaxation

11 classes, start dates below / \$99

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen, and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided.

Kris Copeman

RP8240.501 Kinetics Dance Theatre Sep 17 9:45-10:45 AM Th

Rachel Wolfe

RP8240.502 Kinetics Dance Theatre Sep 18 7:15-8:15 PM F

Introduction to Pilates with Christine Williams

6 classes starting Oct 24 / \$75

Stretch, strengthen, and balance your body with a systematic practice of specific exercises and breathing patterns that connect your mind, body, and spirit. Help relieve stress while you lengthen and strengthen your powerhouse/abdominals. This class is for the beginner to the advanced Pilates practitioner. Please bring a mat and wear comfortable shoes.

RP8155.501 Misako Ballet Studio 8:30-9:30 AM Sa

NEW! Pilates Plus with Liz Rolland

12 classes starting Sep 15 / \$144

This matwork class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Learn to correctly perform the 41 original basic matwork exercises and modify them to your own needs. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face the day! Bring a yoga or Pilates mat and a thick beach towel.

RP8384.501 Roger Carter Comm Ctr 10:30-11:30 AM Tu

Pilates with Marc Scimonelli, AFAA, NETA, Pilates

24 classes starting Sep 16 / \$107

This whole-body program emphasizes core strengthening for abdominal and lower back muscles. Tone and lengthen your muscles, increase your strength, improve your posture and flexibility, and have fun doing it!

RP8420.501 Cedar Lane Rec Ctr 7:30-8:30 PM M & W

NEW! PiYo® with Amanda Demeusy, AFAA, PiYo®

24 classes starting Sep 16 / \$179

Ready to find your flex appeal? Experience an intense but low-impact workout that burns crazy calories for a long, lean, beautiful physique. PiYo® combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility of flowing yoga movements. Use your body weight to perform a series of continuous targeted moves to define every single muscle, big and small. You sweat, stretch, and strengthen all in one PiYo® workout! No weights, no jumps, no bulk. Just hardcore results.

RP8435.501 Roger Carter Comm Ctr 10:30-11:20 AM M & W

Power Yoga Intermediate with Kris Copeman

11 classes starting Sep 17 / \$99

This class is an energizing, athletic way of practicing yoga postures that emphasizes strength, flexibility, and stamina while creating the calm awareness to the mind and body. If you want a fitness-based class designed



Combine dance and fitness with one of our Zumba classes!

to build upper-body and core strength while increasing flexibility and reducing stress, this Ashtanga-based yoga is for you! This is an intermediate class; prior yoga experience is required. Yoga mats/blocks provided.

RP8241.501 Kinetics Dance Theatre 11 AM-noon Th

Revive, Relax and Renew with Yoga with Mary Garratt, NETA, RYT200

12 classes, start dates below / \$114

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket.

RP8252.501 Gary J Arthur Comm Ctr Sep 21 7-8 PM M

RP8252.502 Gary J Arthur Comm Ctr Sep 16 5:45-6:45 PM W

RP8252.503 Roger Carter Comm Ctr Sep 16 1:20-2:20 PM W

Scoop Pilates II with Lori Nowicki, ACE, AFPA

24 classes starting Sep 15 / \$168

Pilates is the ultimate mind-body exercise program. This class, designed for the experienced Pilates exerciser, can be modified for the beginner. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms, and core; increase your flexibility; and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball.

RP8154.501 Cedar Lane Rec Ctr 9-10 AM Tu & Th

Sunday Afternoon Yoga with Mary Garratt, NETA, RYT200

12 classes starting Sep 13 / \$114

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week!

RP8252.512 Gary J Arthur Comm Ctr 2-3 PM Su



Looking to improve flexibility, balance and focus? Join us for a yoga or Pilates class.

Tai Chi

8 classes, start dates & prices below

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov!

11 classes / \$86 / Instructor: Tim Kwei

RP8850.501	Beg	Dunloggin MS	Sep 16	7-8 PM	W
RP8850.502	Adv	Dunloggin MS	Sep 16	8:05-9:05 PM	W

12 classes / \$93 / Instructor: Scott Vandame

RP8850.503	Beg	Murray Hill MS	Sep 17	7-8 PM	Th
RP8850.504	Adv	Murray Hill MS	Sep 17	8:05-9:05 PM	Th

NEW! Yoga for a Stressful World with Liz Rolland

12 classes, start dates below / \$144

Step out of the busy chaos of life and learn to slow down and breathe. Practice tuning out the noise of the world while tuning in to peace and joy. Relieve stress and tension with simple, safe yoga postures and sequences, gentle stretches, deep breathing techniques, and guided relaxation, including yoga nidra. No prior yoga experience necessary. Please bring a yoga mat and a thick beach towel to each class.

RP8284.501	Roger Carter Comm Ctr	Sep 21	9:15-10:15 AM	M
RP8284.502	Gary J Arthur Comm Ctr	Sep 18	11 AM-noon	F

NEW! Teen Yoga With Rachel Wolfe 13-17 yrs / 11 classes starting Sep 18 / \$99

This class follows Vinyasa yoga, a smoothly flowing style that synchronizes breath with each movement. This is an energizing class for beginner or intermediate that strengthens and stretches muscles with sun salutations, standing poses, balancing poses, reclining and seated poses. The integration of breath relaxes the mind while providing maximum energy to the body. Yoga mats/blocks provided but please bring your own mat if you have one.

RP8245.501	Kinetics Dance Theatre	4:30-5:30 PM	F
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Yogalates with EC Goode

11 classes starting Sep 15 / \$99

This class merges two disciplines, yoga, and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one.

RP8244.501	Kinetics Dance Theatre	8:30-9:30 PM	Tu
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Adults (55 yrs +)

• Info/Fitness Waiver: Nicola Morgal, 410-313-4718 or nmorgal@howardcountymd.gov.

Circuit Weight Training for Seniors

55 yrs + / 24 classes starting Sep 16 / \$129

Studies indicate that weight training is essential to maintaining health. This class, designed for seniors, combines an aerobic workout with weight training on Precor equipment. A fitness waiver must be completed prior to exercising.

RP8667.501	Roger Carter Comm Ctr	3-4 PM	M & W
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Exercise with Ease

with Joyce DiTomaso

55 yrs + / 22 classes starting Sep 15 / \$68

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves.

RP8060.501	E Columbia Lib 50 yrs + Ctr	9-10 AM	Tu & Th
RP8060.502	E Columbia Lib 50 yrs + Ctr	10-11 AM	Tu & Th

NEW! Fit & Fun with Pam Beck AAI

55 yrs + / 24 classes starting Sep 15 / \$129

Don't just sit on the sidelines! Join your friends for some fitness while having fun! Enjoy a cardiovascular workout mixed with strength, balance, flexibility and endurance training. We use light weights, bands, and balls (provided) to enhance your fitness level and making daily living much easier!

Seated modifications are available.

RP8061.501	Roger Carter Comm Ctr	1:30-2:30 PM	Tu & Th
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Fitness for Life

with Lori Nowicki, ACE, AFPA

55 yrs + / 12 or 24 classes, start dates & prices below

We don't stop exercising because we get old; we get old because we stop exercising! This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training on Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. A fitness waiver must be completed prior to exercising.

24 classes / \$140

RP8666.501	N Laurel Comm Ctr	Sep 16	1-2:15 PM	M & W
RP8666.502	Roger Carter Comm Ctr	Sep 15	12:15-1:30 PM	Tu & Th
RP8666.503	Gary J Arthur Comm Ctr	Sep 15	10:30-11:45 AM	Tu & Th

12 classes / \$70

RP8666.512	Roger Carter Comm Ctr	Sep 18	10-11:15 AM	F
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Concussion Information

www.howardcountymd.gov/concussion.htm

What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion? — For Immediate Attention Call 911

Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

What should you do if you think a concussion has occurred?

1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

2. Legally, you must keep your child out of play until medically cleared by a qualified health care provider.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

3. Inform all coaches about any recent concussions.

Coaches should know if your child has had a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

4. Help your child return to sports safely after a concussion.

As symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to

- Take rest breaks as needed
- Spend fewer hours at activities
- If in doubt, sit it out!

Consider getting a baseline test performed before a concussion occurs.

Righttime Medical Care, HeadFirst Sports Injury and Concussion Care is an innovative community program for young athletes, their families, physicians, coaches and athletic trainers in the education and evaluation of concussions, baseline testing and navigation to appropriate care in the unfortunate event a young athlete sustains a Traumatic Brain Injury.

One tool that assesses the symptoms of concussion is the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) test. ImPACT is a computerized exam that measures cognitive brain function and reaction time of athletes 10 years of age and older. It can be administered to student athletes before an injury occurs to assess pre-injury cognitive function and reaction time. It's also used to measure the impact a concussion has on areas of brain function after an injury. Essentially, the ImPACT test is a preseason physical of the brain.

HeadFirst offers ImPACT baseline testing. This non-invasive test is set up in "video-game" style and takes about 25 minutes to complete. Righttime Medical Care's HeadFirst program also offers free baseline tests to athletes ages 10 & up who currently participate in Howard County Recreation & Parks programs. ImPACT testing is offered by appointment at the following locations. Info/appointment: 888-808-6483 or www.myheadfirst.com.

6334 Cedar Lane, Columbia, MD 21044

18045 Georgia Avenue, Olney, MD 20832

2401 Brandermill Boulevard, Gambrills, MD 21054

Sudden Cardiac Arrest

www.howardcountymd.gov/suddencardiocarrest.htm

What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

Warning Signs of SCA

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
 - No response to tapping on shoulders
 - Does nothing when asked if he/she is OK
- No pulse

Emergency Response to SCA

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- Administer CPR.
- Use Automatic External Defibrillator (AED).

Warning Signs of Potential Heart Issues: The following need to be further evaluated by your primary care provider.

Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or lightheadedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

How Can We Minimize The Risk of SCA & Improve Outcomes?

The risk of SCA in student athletes can be minimized by providing appropriate prevention, recognition and treatment strategies. One way to minimize risk is through an annual pre-participation screening evaluation, often called a sports physical, performed by the athlete's medical provider.

1. There is a "Pre-Participation Physical Evaluation Form" available at <http://www.mpssaa.org/healthandsafety/forms.asp>.
2. Since the majority of these conditions are inherited, be aware of your family history, especially if any close family member:
 - a. had sudden unexplained and unexpected death before the age of 50.
 - b. was diagnosed with any of the heart conditions listed above.
 - c. died suddenly/unexpectedly during physical activity, during a seizure, from Sudden Infant Death Syndrome (SIDS) or from drowning.
3. Take seriously the warning signs and symptoms of SCA. Athletes should notify their parents, coaches, or school nurses if they experience any of these warning signs or symptoms.
4. Schools in Maryland have AED policies and emergency preparedness plans to address SCA and other emergencies in schools. Be aware of your school's various preventive measures.
5. If a cardiovascular disorder is suspected or diagnosed based on the comprehensive pre-participation screening evaluation, a referral to a child heart specialist or pediatric cardiologist is crucial. Such athletes should stop playing sports pending further evaluation and clearance by their medical providers.

Info from American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org) and the Sudden Cardiac Arrest Foundation (www.sca-aware.org).

Sports

- Superintendent: Allan Harden, 410-313-4652.

Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- Annual National background screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

League Refund Policy

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion.

Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 13 must remain at the facility.
- Read Concussion & Sudden Cardiac Arrest info on pages 71 and 72. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.
- Info: Todd Holmes, 410-313-2765.

Lessons: Youth (0-18 yrs)

Baby Water Play: Parent/Child

6 mos-3 yrs / 8 classes, start dates below / \$64

Parents learn how to work safely with their child in the water, including how to appropriately support and hold their child. With an adult, children explore submerging, buoyancy, and entering and exiting safely. Children begin to glide on the front and back with assistance and change body position in the water. Swimming diapers and rubber shorts must be worn.

Roger Carter Comm Ctr - Pool

RP4007.501	Sep 15	5-5:20 PM	Tu & Th
RP4007.502	Sep 15	5:30-5:50 PM	Tu & Th
RP4007.503	Oct 20	5-5:20 PM	Tu & Th
RP4007.504	Oct 20	5:30-5:50 PM	Tu & Th



Enjoy swim classes with your child starting at six months!

Preschool Swimming

4-5 yrs / 8 classes, start dates below / \$64

Level 1

Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

Level 2 (must have passed Level 1)

Children become more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

Level 3 (must have passed Level 2)

Children practice independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions.

Roger Carter Comm Ctr - Pool

RP4009.501	Level 1	Sep 15	6-6:20 PM	Tu & Th
RP4009.502	Level 1	Oct 20	6-6:20 PM	Tu & Th
RP4010.501	Level 2	Sep 15	7:15-7:35 PM	Tu & Th
RP4010.502	Level 2	Oct 20	7:15-7:35 PM	Tu & Th
RP4011.501	Level 3	Sep 15	7:40-8:10 PM	Tu & Th
RP4011.502	Level 3	Oct 20	7:40-8:10 PM	Tu & Th

Aqua Kids

6-10 yrs / 8 classes, start dates below / \$74

Level 1

In this introduction to swimming, children learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

Level 2 (must have passed Level 1)

Children learn the fundamental skills of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Children learn how to float without support and recover to a standing position. Deep-water safety is introduced.

Level 3 (must have passed Level 2)

Build on your skills and begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Children begin to learn head-first entries.

Roger Carter Comm Ctr - Pool

RP4012.501	Level 1	Sep 16	5-5:30 PM	W & F
RP4012.502	Level 1	Oct 21	5-5:30 PM	W & F
RP4013.501	Level 2	Sep 16	5:30-6 PM	W & F
RP4013.502	Level 2	Oct 21	5:30-6 PM	W & F
RP4014.501	Level 3	Sep 16	5:30-6 PM	W & F
RP4014.502	Level 3	Oct 21	5:30-6 PM	W & F



Refine your stroke at the Roger Carter Community Center pool.

Learn to Swim

11-15 yrs / 8 classes, start dates below / \$74

Beginner

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float without support and recover to a standing position.

Intermediate

Build on fundamentals of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Deep water safety is introduced. Begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Start to learn head-first entries.

Roger Carter Comm Ctr - Pool

RP4015.501	Beg	Sep 16	6:30-7 PM	W & F
RP4015.502	Beg	Oct 21	6:30-7 PM	W & F
RP4016.501	Int	Sep 16	6:30-7 PM	W & F
RP4016.502	Int	Oct 21	6:30-7 PM	W & F

Private Lessons (3 yrs +)

Private/Semi-Private Swim Lessons

3 yrs + / Ongoing after Oct 14 / Prices below

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Lessons are not transferrable. Registration for lessons is first-come, first-served. All lessons must be scheduled at the time of registration in person or over the phone.

Roger Carter Comm Ctr - Pool

RP4020.501	4 lessons (Private)	\$132
RP4020.501	8 lessons (Private)	\$231
RP4020.502	4 lessons (Semi-private)	\$172
RP4020.502	8 lessons (Semi-private)	\$301

Swim Team: Youth (6-18 yrs)

Swim Team Training

6-18 yrs / 8 classes, start dates & prices below

Pre-Swim Team Skills (PS)

In this stroke improvement course, work on the front crawl and elementary backstroke for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team! Prerequisite: 25-yard freestyle and 25-yard backstroke.

Rec Swim League (RS)

Thinking about swim team? This recreational league teaches you the basics of competing. Practices are one hour, twice a week, for four weeks. Prerequisite: 25-yard freestyle, 25-yard backstroke and 25-yard breaststroke.

Stroke and Turn Clinic (ST)

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and triathlons.

Prerequisite: 50-yard freestyle, 50-yard backstroke and 25-yard breaststroke.

Roger Carter Comm Ctr - Pool

RP4018.501	(PS)	6-18 yrs	Sep 15	7-7:30 PM	Tu & Th	\$74
RP4018.502	(PS)	6-18 yrs	Oct 21	7-7:30 PM	Tu & Th	\$74
RP4022.501	(RS)	6-18 yrs	Sep 14	5-7 PM, M & 7-9 AM, Sa		\$104
RP4024.501	(ST)	10 yrs +	Sep 20	6:30-7:30 PM	Su	\$92

Lessons & Drop-In: Adults (18 yrs +)

Adult Swim Lessons

18 yrs + / 8 classes, start dates below / \$74

Beginner

This course is intended for adults who never learned how to swim or want to build on basic fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

Stroke Refinement

Looking to refine and hone your stroke and turn skills? This course is intended for adults with intermediate swimming skills who would like to refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing are heavily emphasized.

Roger Carter Comm Ctr - Pool

RP4019.501	Beg	Sep 14	8:15-8:45 PM	M & W
RP4019.502	Beg	Oct 19	8:15-8:45 PM	M & W
RP4023.501	Stroke Ref.	Sep 15	8:15-8:45 PM	Tu & Th
RP4023.502	Stroke Ref.	Oct 20	8:15-8:45 PM	Tu & Th

NEW! Masters Swim Drop-In

18 yrs + / 16 classes starting Sep 14 / Free, Fit4U members; \$10 per class, nonmembers

This drop-in class is for advanced swimmers who want to fine tune the four competitive strokes (freestyle, backstroke, butterfly, and breaststroke).

This structured aquatic workout challenges swimmers to improve form and endurance and/or train for specific goals. *Masters Swim* promotes an active and healthy lifestyle and the ability to practice with an organized group.

Nonmember fee includes daily swim pass.

Roger Carter Comm Ctr – Pool 7-7:40 PM M & W

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

Guarding & Certifications

Lifeguard Training

15 yrs + / 1 wk starting Oct 12 / \$205

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific pre-course swimming requirements available when registering. Lifeguard participant manuals are provided upon successful completion of the pre-course. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certifications for 2 years in Lifeguarding/First Aid and CPR/AED for the professional rescuer. This 25-hour course takes place over seven days and includes classroom and in-water activities. You must be prepared to swim at all classes.
RP4002.501 Roger Carter Comm Ctr 5:30-9:30 PM, M-F & 9 AM-5 PM, Sa & Su

Lifeguard Review

15 yrs + / 3 days starting Sep 8 / \$125

Re-certify in just 10.5 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. You must provide copies of current certifications upon registration. Upon successful completion of the challenge, you gain 2-year certifications for Lifeguarding/First Aid and CPR/AED for the professional rescuer.
RP4003.501 Roger Carter Comm Ctr 5:30-9 PM Tu-Th

Badminton

Youth Badminton

9-14 yrs / 8 classes starting Sep 14 / \$70

Boys and girls learn the fun, fast-paced game of badminton. Each week, you learn skills and game concepts through games and activities and compete in matches. Racquets and shuttlecocks are provided.
Info: Will Dunmore, 410-313-1697.

RP6830.501 Meadowbrook Ath Comp 6-7:30 PM M

Adult Badminton

18 yrs + / 14 or 15 classes, start dates below / \$60

Play badminton during the day or at night! Join other badminton players of all ability levels in singles and doubles matches. The Meadowbrook Athletic Complex has courts set up during the designated times. A leader is on site to help assign players to matches. Bring your own racquets and shuttlecocks. (No classes 11/26.) Info: Will Dunmore, 410-313-1697 (evening session); Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov (morning session).

Meadowbrook Ath Comp

RP6830.511	14 classes	Sep 14	7:30-10 PM	M
RP6830.521	15 classes	Sep 3	10 AM-noon	Th

Baseball & Tee Ball

• Info: Brian Wyman, 410-313-4705 or
bwyman@howardcountymd.gov. (unless otherwise noted)

Youth (3-18 yrs)

Tiny Tykes Tee Ball

3-4 yrs / 6 classes, start dates in next column / \$75

Batter up! Nobody strikes out and everyone hits home runs! Our age-appropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. (No class 9/7, 9/14, 9/23, 11/23-28.)



The fast and head-turning sport of Badminton comes to the MAC.

Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Session One

RP6053.501	Meadowbrook Ath Comp	Aug 31	1:30-2:15 PM	M
RP6053.502	Gorman Crossing ES	Aug 31	5:30-6:15 PM	M
RP6053.503	Meadowbrook Ath Comp	Sep 8	10:30-11:15 AM	Tu
RP6053.504	Gary J Arthur Comm Ctr	Sep 8	1:30-2:15 PM	Tu
RP6053.505	Veterans ES	Sep 9	5:30-6:15 PM	W
RP6053.506	Cedar Lane Pk West	Sep 10	12:30-1:15 PM	Th
RP6053.507	N Laurel Comm Ctr	Sep 11	9:30-10:15 AM	F
RP6053.508	Hollifield Station ES	Sep 12	9:30-10:15 AM	Sa
RP6053.509	Waterloo ES	Sep 12	1:30-2:15 PM	Sa

Session Two

RP6053.510	Waterloo ES	Oct 26	5:30-6:15 PM	M
RP6053.511	Gary J Arthur Comm Ctr	Oct 27	12:30-1:15 PM	Tu
RP6053.512	Meadowbrook Ath Comp	Oct 27	1:30-2:15 PM	Tu
RP6053.513	Veterans ES	Oct 28	6:30-7:15 PM	W
RP6053.514	N Laurel Comm Ctr	Oct 30	12:30-1:15 PM	F
RP6053.515	Guilford ES	Oct 31	9:30-10:15 AM	Sa
RP6053.516	Dayton Oaks ES	Oct 31	1:30-2:15 PM	Sa
RP6053.517	Waterloo ES	Oct 31	2:30-3:15 PM	Sa

Kiddie Tee Ball

5-6 yrs / 6 classes, start dates below / \$47

Learn the fundamentals of baseball in this exciting clinic. Coaches have extensive training and focus on developing the necessary skills. Players learn to catch, throw, field ground balls, hit, and run the bases in a variety of drills and mini-games. Bring a glove; other equipment is provided. (No class 9/7, 9/14, 9/23.)

RP6054.501	Centennial Lane ES	Sep 21	4:25-5:25 PM	M
RP6054.502	Bellows Spring ES	Sep 8	5:05-6:05 PM	Tu
RP6054.503	St. John's Lane ES	Sep 9	4:25-5:25 PM	W
RP6054.504	Fulton ES	Sep 10	5:05-6:05 PM	Th



The Columbia Baseball League keeps growing. Join us in the fall!

After-School Baseball

6-8 yrs / 6 classes, start dates below / \$47

Learn the fundamentals of baseball in this exciting clinic. Coaches have extensive baseball training and focus on developing the necessary skills. Players learn to catch, throw, field ground balls, hit, and run the bases through a variety of drills and mini-games. Bring your glove, all other equipment is provided. (No class 9/7, 9/14, 9/23.)

RP6057.501	Centennial Lane ES	Sep 21	3:20-4:20 PM	M
RP6057.502	Bellows Spring ES	Sep 15	4-5 PM	Tu
RP6057.503	St. John's Lane ES	Sep 9	3:20-4:20 PM	W
RP6057.504	Fulton ES	Sep 10	4-5 PM	Th

Leagues (4-18 yrs)

Columbia Baseball League - Fall

4-12 yrs / 8 wks, start dates & prices below

Come join the CBL this fall for some exciting, fast-paced baseball. The league features a weeknight practice and a weekend game. You can specify practice nights when you register. Baseball games are on Saturdays, between 9 AM and 4 PM. Tee ball games are on Sundays, between 9 AM and 4 PM. Fee includes shirt and hat. Practices and games are held at schools in Columbia. Volunteer coaches needed.

Tee Ball / Sep 13

RP5990.501	4 yrs	9 AM-4 PM	Su	\$125
RP5990.502	5-6 yrs	9 AM-4 PM	Su	\$125

Baseball / Sep 12

RP5990.511	6-8 yrs	9 AM-4 PM	Sa	\$135
RP5990.521	9-10 yrs	9 AM-4 PM	Sa	\$135

Baseball Alliance / Sep 13

RP5990.531	11-12 yrs	Noon-4 PM	Su	\$135
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Western Howard County Youth Baseball & Softball League (WHCYBSL)

6-18 yrs / 8 wks starting Sep 13 / \$85, \$75 each additional child

WHCYBSL provides tee ball, baseball and fast pitch softball leagues to families in Western Howard County, Columbia, and Clarksville. Howard County Recreation & Parks is contracted to provide administrative services to WHCYBSL. Registration deadline is September 4. Info www.whcsports.com.

Fall Baseball

Continue to fine tune your baseball skills with WHC Fall Baseball! The fall schedule consists of one practice per week (specific night depends on coach/team placement) and games to be held on Sunday. All players receive a team jersey, hat and socks. Baseball players are required to provide/wear gray baseball pants, cleats and a glove. Opening Day is September 13; the season ends on October 25. Game locations are primarily at Western Regional Park, but are also held at other Howard County locations.

RP5981.501	6-8 yrs	RP5981.531	13-14 yrs
RP5981.511	9-10 yrs	RP5981.541	15-18 yrs
RP5981.521	11-12 yrs		

Fall Fast Pitch Softball

Continue to fine tune your softball skills with WHC Fall Fast Pitch Softball! The fall schedule consists of one practice per week (specific night depends on coach/team placement) and games to be held on Saturday. All players receive a team jersey, hat and socks. Softball players provide their own pants (color determined by coach), cleats and a glove. Bats and softball helmets are provided in the team equipment; a personal bat/helmet are optional. Opening Day is September 13; the season ends on October 24. Game locations are primarily at Western Regional Park.

RP5982.501	6-8 yrs	RP5982.531	13-14 yrs
RP5982.511	9-10 yrs	RP5982.541	15-18 yrs
RP5982.521	11-12 yrs		

Adults (18 yrs +)

Adult Softball Leagues

(Team registration only)

Visit www.howardcountymd.gov/softball.htm for information.

Basketball

Youth Instruction (3-13 yrs)

Little Tykes Hoops: Basketball

3-4 yrs / 6 classes, start dates below / \$75

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 9/7, 9/14, 9/23, 11/23-28.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Session One

RP6086.501	Gary J Arthur Comm Ctr	Aug 31	1:30-2:15 PM	M
RP6086.502	Meadowbrook Ath Comp	Sep 8	9:30-10:15 AM	Tu
RP6086.503	Cedar Lane Pk East	Sep 8	6-6:45 PM	Tu
RP6086.504	N Laurel Comm Ctr	Sep 8	6-6:45 PM	Tu
RP6086.505	N Laurel Comm Ctr	Sep 9	12:30-1:15 PM	W
RP6086.506	Cedar Lane Pk East	Sep 10	10:30-11:15 AM	Th
RP6086.507	N Laurel Comm Ctr	Sep 11	12:30-1:15 PM	F

Session Two

RP6086.508	Gary J Arthur Comm Ctr	Oct 26	1:30-2:15 PM	M
RP6086.509	N Laurel Comm Ctr	Oct 27	5-5:45 PM	Tu
RP6086.510	N Laurel Comm Ctr	Oct 28	12:30-1:15 PM	W
RP6086.511	Meadowbrook Ath Comp	Oct 29	10:30-11:15 AM	Th
RP6086.512	N Laurel Comm Ctr	Oct 29	6-6:45 PM	Th

Kiddie Basketball

5-7 yrs / 6 classes, start dates & prices below

Come learn the sport of basketball in this perfect introductory clinic. Players work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym.

(No class 9/7, 9/14, 9/23, 11/23-26.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

55 min / \$43

RP6080.501	Meadowbrook Ath Comp	Sep 21	5:05-6 PM	M
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60 min / \$47

RP6080.502	Hollifield Station ES	Sep 8	4:25-5:25 PM	Tu
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RP6080.503	N Laurel Comm Ctr	Sep 9	5-6 PM	W
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RP6080.504	Ducketts Lane ES	Sep 10	4:30-5:30 PM	Th
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RP6080.505	Fulton ES	Sep 21	5-6 PM	M
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RP6080.506	Pointers Run ES	Sep 8	5-6 PM	Tu
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RP6080.507	Elkridge ES	Sep 9	5-6 PM	W
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RP6080.508	Bushy Park ES	Sep 10	4:55-5:55 PM	Th
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RP6080.511	Bushy Park ES	Nov 2	4:55-5:55 PM	M
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RP6080.512	Cradlerock ES	Nov 3	3:55-4:55 PM	Tu
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RP6080.513	West Friendship ES	Nov 4	4:55-5:55 PM	W
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RP6080.514	Veterans ES	Nov 5	5-6 PM	Th
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RP6080.515	Gorman Crossing ES	Nov 2	5-6 PM	M
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RP6080.516	Rockburn ES	Nov 3	4:30-5:30 PM	Tu
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RP6080.517	Elkridge ES	Nov 4	5-6 PM	W
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RP6080.518	Dayton Oaks ES	Nov 5	4:40-5:40 PM	Th
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NEW! YBL Hoop Fest!

5-14 yrs / Nov 15 / Free

Enjoy an afternoon of basketball! This fun kickoff to the Winter Youth Basketball League (YBL; see next page for leagues) is the perfect opportunity for your player to experience the game and develop some fundamental basketball skills. The co-ed clinic is for players of all skill levels and features on-site program registration. Families are encouraged to attend. Limited spots available, must register in advance.

Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP6184.550	Meadowbrook Ath Comp	1-4 PM	Su
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Instructional Basketball League

6-10 yrs / 8 wks starting Sep 12 / \$76

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through activities and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Register by location.

Meet in the gym. Info: Brian Wyman, 410-313-4705 or

bwyman@howardcountymd.gov.

6-7 yrs Beginners

RP6082.501	Dayton Oaks ES	9-10 AM	Sa
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RP6082.502	Forest Ridge ES	9-10 AM	Sa
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RP6082.503	Jeffers Hill ES	9-10 AM	Sa
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RP6082.504	Waverly ES	9-10 AM	Sa
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7 yrs Advanced - 9½ yrs Beginners

RP6083.501	Dayton Oaks ES	10:15-11:15 AM	Sa
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RP6083.502	Forest Ridge ES	10:15-11:15 AM	Sa
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RP6083.503	Jeffers Hill ES	10:15-11:15 AM	Sa
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RP6083.504	Waverly ES	10:15-11:15 AM	Sa
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8½ yrs Advanced - 10 yrs

RP6084.501	Dayton Oaks ES	11:30 AM-12:30 PM	Sa
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RP6084.502	Forest Ridge ES	11:30 AM-12:30 PM	Sa
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RP6084.503	Jeffers Hill ES	11:30 AM-12:30 PM	Sa
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RP6084.504	Waverly ES	11:30 AM-12:30 PM	Sa
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After-School Basketball

8-10 yrs / 6 classes, start dates & prices below

School's over and it's time to play some basketball. In this clinic, boys and girls learn and develop fundamental skills such as dribbling, passing, shooting, defense and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues.

Meet in the gym. (No class 9/7, 9/14, 9/23, 11/23-26.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

55 min / \$43

RP6081.501	Meadowbrook Ath Comp	Sep 21	4:10-5:05 PM	M
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60 mins / \$47

RP6081.502	Hollifield Station ES	Sep 8	3:20-4:20 PM	Tu
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RP6081.503	N Laurel Comm Ctr	Sep 9	4-5 PM	W
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RP6081.504	Ducketts Lane ES	Sep 10	3:25-4:25 PM	Th
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RP6081.511	Bushy Park ES	Nov 2	3:50-4:50 PM	M
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RP6081.512	Cradlerock ES	Nov 3	2:50-3:50 PM	Tu
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RP6081.513	West Friendship ES	Nov 4	3:50-4:50 PM	W
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RP6081.514	Veterans ES	Nov 5	4-5 PM	Th
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Super Hoops with Chuck Nagle

8-13 yrs / 6 classes starting Oct 11 / \$80

Girls and boys, hoops anyone? Coaches help you advance your basic skills and fundamentals through a variety of drills, exercises, games and scrimmages.

Emphasis is on dribbling, passing, shooting, offensive, defensive positioning and teamwork. Basketball knowledge and playing experience is preferred.

Fee includes t-shirt. Meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6085.501	8-10 yrs	Hammond HS	1:30-3 PM	Su
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RP6085.511	11-13 yrs	Hammond HS	3:15-4:45 PM	Su
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NEW! Dribble, Pass, Shoot!

9-14 yrs / Nov 23 & 24 / \$15

Jumpstart your basketball season with this two-day clinic focusing on the fundamental skills of basketball! This clinic helps you get ready for the start of basketball season by concentrating on ball handling, passing, shooting, footwork, and court awareness. Players receive instruction on basketball rules and player development. The clinic is for players of all skill levels.

Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

RP6184.530	Boys	Meadowbrook Ath Comp	6-8 PM	M & Tu
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RP6184.531	Girls	Meadowbrook Ath Comp	6-8 PM	M & Tu
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Meadowbrook School's Out Basketball Camp

9-14 yrs / Dates below / \$57

School is out and Meadowbrook is open for action! This camp has all the excitement of an entire season packed into one fun-filled day. Players, you improve your skills and make new friends while enjoying a high-energy basketball experience. Throughout the day, our skilled coaches take you through creative drills, challenging exercises, and exciting games and scrimmages to help elevate your game. Camp ends with the camp tournament and the crowning of a camp champion! Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp

RP7020.501	Sep 14	8:30 AM-5 PM	M
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RP7020.502	Sep 23	8:30 AM-5 PM	W
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RP7020.503	Oct 2	8:30 AM-5 PM	F
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RP7020.504	Oct 16	8:30 AM-5 PM	F
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RP7020.505	Nov 25	8:30 AM-5 PM	W
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CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.



Can any team knock off the Zillas in the men's league?

Youth Leagues (5-18 yrs)

Youth Basketball League (YBL)

5-14 yrs / Fall and Winter Seasons

Boys and girls come have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun! Enjoy a "GoodSports" atmosphere through Certified Volunteer Coaches, league staff and facilities. League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches needed and volunteer assistant coaches welcomed. Info: www.howardcountymd.gov/basketball.htm.

Fall Season

5-8 yrs / 7 games, practices start Sep 12 / \$82;

*\$52, head coach's child

One-hour games are on Saturdays between 8 AM-noon starting September 19. Players receive a participation award and a jersey. Coaches contact participants regarding practice days/times one week prior to program start. Registration deadline is August 28. Info/volunteer to coach: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

9-14 yrs / 6 games, practices start Sep 15 / \$110;

*\$55, head coach's child

One-hour, full-court, officiated games are on Fridays starting between 6-9 PM and the season ends with a single-elimination tournament. Specific details on practice and game times/locations are communicated after the preseason skills assessment on September 1, 2, or 3. Registration deadline is August 24. Info/volunteer to coach: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp & Roger Carter Comm Ctr

RP5600.501	5-6 yrs	Co-ed	RP5600.502	7-8 yrs	Co-ed
RP5600.511*	5-6 yrs	Co-ed	RP5600.512*	7-8 yrs	Co-ed
RP6184.501	9-10 yrs	Co-ed	RP6184.502*	9-10 yrs	
RP6184.511	11-12 yrs	Co-ed	RP6184.512*	11-12 yrs	
RP6184.521	13-14 yrs	Co-ed	RP6184.522*	13-14 yrs	

Note: 9-14 yrs practices are also held at various HCPSS schools and N Laurel Comm Ctr.

Winter Season

5-8 yrs / 8 games, practices start Jan 9 / \$82;

*\$52, head coach's child

One-hour games are on Saturdays between 8 AM-noon starting January 16. Players receive a participation award and a jersey. Coaches contact participants regarding practice days/times one week prior to program start. Registration deadline is December 25. Info/volunteer to coach: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

9-14 yrs / 7 games, practices start Dec 14 / \$130;

*\$65, head coach's child

One-hour, full-court, officiated games are on Friday evenings or Saturdays and the season ends with a single-elimination tournament. Specific details on practice and game times/locations are communicated after the pre-season skills assessment on December 2, 3, or 9. Registration deadline is November 27. (The girls' divisions has the option of transferring to the co-ed division if there are not enough players for four teams per age division.) The 9-10 division's transitional clinic is on December 12. For winter season, teams from established organizations may be eligible to participate. Info/volunteer to coach: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp, N Laurel Comm Ctr & Roger Carter Comm Ctr

RP5600.601	5-6 yrs	Co-ed	RP5600.602	7-8 yrs	Co-ed
RP5600.611*	5-6 yrs	Co-ed	RP5600.612*	7-8 yrs	Co-ed
RP6184.601	9-10 yrs	Co-ed	RP6184.602	9-10 yrs	Girls
RP6184.603*	9-10 yrs		RP6184.611	11-12 yrs	Co-ed
RP6184.612	11-12 yrs	Girls	RP6184.613*	11-12 yrs	
RP6184.621	13-14 yrs	Co-ed	RP6184.622	13-14 yrs	Girls
RP6184.623*	13-14 yrs				

Note: 9-14 yrs practices are also held at various HCPSS schools.

Boys & Girls High School Basketball Leagues

Grades 9-12 / Fall and Winter Seasons

Info/volunteer to coach: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Fall Season

6 games starting Sep 26 / Prices below

Fine tune your skills before tryouts and the season! Coaches and players are encouraged to register as a school team. The Department forms teams from individual registrants. Games played on Saturdays at the Meadowbrook Athletic Complex with start times between 9 AM-3 PM. For individual registrants, the preseason skills assessment is on September 19. Registration deadline is September 14.

Meadowbrook Ath Comp / Team Registration / \$450

RP6403.501	Boys Varsity	RP6403.505	Girls Varsity
RP6403.502	Boys Jr. Varsity	RP6403.506	Girls Jr. Varsity

Meadowbrook Ath Comp / Individual Registration / \$65

RP6403.503	Boys	RP6403.507	Girls
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Winter Season

6 games starting Jan 16 / \$75

Bring your basketball skills on Saturday evenings to the Meadowbrook Athletic Complex for this exciting league! Players who did not have the opportunity or the time to commit to their high school teams play in competitive league games throughout the winter season. Players register as individuals and the league staff form teams and assign coaches. The league consists of six regular season games and ends with a single-elimination tournament. Specific details on team assignments and game times are communicated after the preseason skills assessment on January 9. Registration deadline is January 4.

RP6403.601	Boys	Meadowbrook Ath Comp or N Laurel Comm Ctr
RP6403.602	Girls	Meadowbrook Ath Comp or N Laurel Comm Ctr

Adults (18 yrs +)

• League Refund Policy Page 73

Fall & Winter League Basketball
18 yrs + / 8 wks, start dates below / \$600

Pull down some boards, tickle the twine or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games are played at Meadowbrook Athletic Complex, North Laurel Community Center and Roger Carter Community Center. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

Men's Fall League Basketball

Register by August 21. Register by August 7 to receive a 5% discount.

RP5080.501	Sep 8	8:15-10:30 PM	Tu
RP5080.502	Sep 8	8:15-10:30 PM	Tu (30 yrs +)
RP5080.503	Sep 9	8:15-10:30 PM	W
RP5080.504	Sep 10	8:15-10:30 PM	Th

Women's Fall League Basketball

Register by August 21. Register by August 7 to receive a 5% discount.

RP5080.505	Sep 10	8:15-10:30 PM	Th
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Co-Rec Fall League Basketball

Register by August 21. Register by August 7 to receive a 5% discount.

RP5080.506	Sep 9	8:15-10:30 PM	W
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Men's Winter League Basketball

Register by December 11. Register by December 4 to receive a 5% discount.

RP5080.601	Jan 5	8:15-10:30 PM	Tu
RP5080.602	Jan 5	8:15-10:30 PM	Tu (30 yrs +)
RP5080.603	Jan 6	8:15-10:30 PM	W
RP5080.604	Jan 7	8:15-10:30 PM	Th

Women's Winter League Basketball

Register by December 11. Register by December 4 to receive a 5% discount.

RP5080.605	Jan 7	8:15-10:30 PM	Th
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Co-Rec Winter League Basketball

Register by December 11. Register by December 4 to receive a 5% discount.

RP5080.606	Jan 6	8:15-10:30 PM	W
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Winter Classic 3 on 3 Basketball Tournament
18 yrs + / Dec 12 / \$105

This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds take place on Saturday. Teams provide uniforms. Fee includes four-game minimum, referees, awards, and administration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5605.601	Roger Carter Comm Ctr	8 AM-4:30 PM	Sa
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Drop-In Co-Rec Basketball
18 yrs + / 10 wks, start dates below / \$44

Join other athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the Get Active Package (page 9) if you are interested in playing more than once per week. Note: Some gyms may be canceled by the third meeting due to insufficient registration or attendance. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

RP6900.501	18 yrs +	Rockburn ES	Sep 14	8-10 PM	M
RP6900.502	18 yrs +	Meadowbrook Ath Comp	Sep 16	9-11 PM	W
RP6900.511	30 yrs +	Bonnie Branch MS	Sep 14	8-10 PM	M
RP6900.512	30 yrs +	Bonnie Branch MS	Sep 17	8-10 PM	Th
RP6900.513	30 yrs +	Reservoir HS	Sep 15	8-10 PM	Tu
RP6900.514	30 yrs +	Reservoir HS	Sep 17	8-10 PM	Th
RP6900.515	30 yrs +	Lisbon ES	Sep 15	8-10 PM	Tu



Cricket comes to Howard County with our Wicket Fun program.

Coaching Instruction

Coaching Youth Sports
16 yrs + / Dates below / \$27

Become a more effective coach. (You must complete this course in order to coach in a Recreation & Parks program.) This class includes discussion of and exercises on coaching outlook, sending positive, consistent messages, teaching sport skills, planning practices, managing risk and creating a safe environment. Complete the one-night course and pass a written exam to receive an American Sport Education Program (ASEP) Coaching Certificate. Youth sports associations nationwide endorse ASEP. Fee includes one sport-specific book on baseball, basketball, football, gymnastics, hockey, lacrosse, soccer, softball, swimming, tennis, volleyball or wrestling; indicate choice when registering. Info: Will Dunmore, 410-313-1697.

Rec & Parks HQ

RP6990.501	Aug 13	7-10 PM	Th
RP6990.502	Sep 1	7-10 PM	Tu
RP6990.503	Sep 24	7-10 PM	Th
RP6990.504	Oct 7	7-10 PM	W
RP6990.505	Nov 5	7-10 PM	Th
RP6990.506	Dec 9	7-10 PM	W

Cricket

Wicket Fun! Youth Cricket
5-14 yrs / 8 classes starting Sep 12 / \$85

Here is a chance to provide your child with a taste of what makes cricket the second-most popular sport worldwide! Participants receive specialized instruction on batting, bowling, fielding, and following the rules. No matter your level of experience, whether you have never played or have played for years, this instructional league ensures you leave a better cricket player! The program's focus is on skill development through drills, game rules and scrimmages. Program location to be determined. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

RP5976.501	5-10 yrs	TBD	9-11 AM	Sa
RP5976.502	11-14 yrs	TBD	9-11 AM	Sa

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

Dodgeball

After-School Dodgeball

7-10 yrs / 6 classes, start dates below / \$47

This is a great way for all ability levels to stay active, be a part of a team, and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. (No class 9/7, 9/14, 9/23, 11/23-26.)

Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6200.501	Fulton ES	Sep 21	4-5 PM	M
RP6200.502	Pointers Run ES	Sep 8	4-5 PM	Tu
RP6200.503	Elkridge ES	Sep 9	4-5 PM	W
RP6200.504	Bushy Park ES	Sep 10	3:50-4:50 PM	Th
RP6200.511	Gorman Crossing ES	Nov 2	4-5 PM	M
RP6200.512	Rockburn ES	Nov 3	3:25-4:25 PM	Tu
RP6200.513	Elkridge ES	Nov 4	4-5 PM	W
RP6200.514	Dayton-Oaks ES	Nov 5	3:35-4:35 PM	Th

Winter Dodgeball League

18 yrs + / 8 wks starting Jan 7 / \$280

Join the dodgeball craze! Anyone can play, no particular skill set required.

Enthusiasm and teamwork are key. Rosters consist of a maximum of 12

players per team. Games are 6 vs. 6, with two females on the court at

all times. Teams compete in regular season games with a postseason

tournament at the conclusion of the season. For official rules, visit

www.hcrpsports.com. Team registration deadline: December 11.

Registration is on a first-come, first-served basis. Fee includes balls, awards,

playoff officials and league administration. Each team is responsible for

paying for one of the two game officials (\$20) on-site each week.

See page 73 for refund policy. Info: Will Dunmore, 410-313-1697 or

wdunmore@howardcountymd.gov.

RP5835.601	County Schools	8-10 PM	Th
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Events

Celebration of Sports Page 15

Fencing

Fencing with the Baltimore Fencing Center

8-12 yrs / 8 classes starting Sep 17 / \$110

Have you ever dreamed of clashing swords like the pirates of the Caribbean?

Or wished you could be a steel-wielding musketeer? Work with the highly

experienced instructors from Baltimore Fencing Center to try your hand

at the exciting sport of fencing. Instructors use both traditional drilling

techniques and games to help students learn basic footwork, bladework and

bouting practices. The course finishes with an in-class tournament. Everyone

is encouraged to join! Info: Amanda Bartell, 410-313-1694 or

abartell@howardcountymd.gov.

RP8840.501	Baltimore Fencing Ctr in Columbia	6-7 PM	Th
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CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.



Move indoors for field hockey fun!

Field Hockey

• Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Introduction to Field Hockey

6-10 yrs / 6 classes starting Sep 13 / \$89

Tired of the same traditional sports? Want to experience a new challenge?

Field hockey is the hottest craze and keeps growing in popularity! This

introductory program provides youth with a strong foundation of skills

that may lead into a lifetime of field hockey. The program focuses on a fun

method of teaching skills through small games. The goal is to start young,

have fun and love the game! Mouth guard, outdoor field hockey stick and

shin guards are required. Field hockey sticks are provided on a limited

basis (if needed). Please bring a reusable water bottle. Fee includes t-shirt,

supplies and administration.

RP5266.501	Atholton HS	3:30-5 PM	Su
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Middle School Instructional

Field Hockey Clinic

10-14 yrs / 6 classes starting Sep 13 / \$89

Novice and experienced players, come compete in this instructional

recreational clinic. Program consists of fundamental instruction through

drills and skill work. First hour of session is instruction, followed by

scrimmages. Instructors are varsity field hockey coaches and players.

Please bring a reusable water bottle. Mouth guard, stick, and shin guards

are required. Fee includes t-shirt, supplies, and administration.

RP5260.501	Atholton HS	1-3 PM	Su
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Middle School Indoor Field Hockey Clinic

10-14 yrs / 6 classes starting Jan 10 / \$89

Do you love the game of field hockey? Indoor field hockey is a variant

of outdoor field hockey. The small court and sideboards make indoor

field hockey a quick and technical game. This clinic provides the basic

fundamentals of indoor play. Develop vision on and off the ball, improve

hand-eye coordination, ball handling and stick skills and gain a better

understanding of tactics and set plays. Scrimmages are incorporated.

Instructors are varsity field hockey coaches and players. Please bring a

reusable water bottle. Mouth guard, indoor stick and shin guards are

required. Outdoor sticks are not permitted. Fee includes t-shirt, supplies

and administration.

RP5260.601	Meadowbrook Ath Comp	1-2:30 PM	Su
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RP5260.602	Meadowbrook Ath Comp	2:30-4 PM	Su
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Winter Indoor Field Hockey League

10½-17 yrs / 8 wks starting Dec 13 / \$880

Join this fast-paced league! Teams play on regulation-size courts with an optimal indoor playing surface. Compete in two 25-minute, 5 vs. 5 games per night. Indoor stick, mouth guard, and shin guards required. Outdoor sticks not permitted. Teams must have a goalie; goalies must provide own equipment. Registration includes team shirt, facilities and paid officials. Games are on Sunday afternoons/evenings. Only team registrations accepted. Individuals interested in playing may contact the league coordinator. Teams must have a manager or coach in our Coaches Registry. The league Director approves team registrations from community sports organizations and independent clubs upon application to ensure a competitive balance of play.

RP5268.601	10½-14 yrs	Meadowbrook Ath Comp	4-7 PM	Su
RP5269.601	14-17 yrs	Meadowbrook Ath Comp	6-10 PM	Su

Fitness

Beginner Strength Training

13-16 yrs / 8 classes, start dates below / \$99

Learn the basics of safe resistance training and the proper nutritional guidelines to strengthen and build muscle. This weight training class is designed for beginners looking to learn the most beneficial lifts, techniques, and rep ranges. Lifts include compound movements such as squats, presses, and rows, as well as isolation movements such as curls, pullovers, and leg extensions. Small classes consisting of 4-8 participants allow instructors to focus on each individual. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP8567.501	Roger Carter Comm Ctr	Sep 22	6-7 PM	Tu
RP8567.502	N Laurel Comm Ctr	Sep 23	6-7 PM	W

Floor Hockey

• Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Kiddie Floor Hockey

5-7 yrs / 6 classes, start dates & prices below

Come learn how to play hockey! This first-time/beginner level class does not involve checking. Learn and improve skills, including puck/ball control, passing, shooting, teamwork and game play. Shin guards are recommended. Meet in the gym. (No class 9/7, 9/14, 9/23, 11/23-26.)

55 min / \$43

RP6265.501	Meadowbrook Ath Comp	Sep 8	5:05-6 PM	Tu
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60 min / \$47

RP6265.502	Lisbon ES	Sep 21	4:20-5:20 PM	M
RP6265.503	Hammond ES	Sep 9	4:40-5:40 PM	W
RP6265.504	Gorman Crossing ES	Sep 10	5-6 PM	Th
RP6265.511	Elkridge ES	Nov 2	5-6 PM	M
RP6265.512	Waterloo ES	Nov 3	5-6 PM	Tu
RP6265.513	Phelps Luck ES	Nov 4	4:30-5:30 PM	W
RP6265.514	Swansfield ES	Nov 5	4:25-5:25 PM	Th

After-School Floor Hockey

8-10 yrs / 6 classes, start dates & prices below & next column

This fast-paced, fun, beginner hockey class does not involve checking. Learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. (No class 9/7, 9/14, 9/23, 11/23-26.)

55 min / \$43

RP6263.501	Meadowbrook Ath Comp	Sep 8	4:10-5:05 PM	Tu
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NFL Flag football is fast-paced and competitive!

60 min / \$47

RP6263.502	Lisbon ES	Sep 21	3:15-4:15 PM	M
RP6263.503	Hammond ES	Sep 9	3:35-4:35 PM	W
RP6263.504	Gorman Crossing ES	Sep 10	4-5 PM	Th
RP6263.511	Elkridge ES	Nov 2	4-5 PM	M
RP6263.512	Waterloo ES	Nov 3	4-5 PM	Tu
RP6263.513	Phelps Luck ES	Nov 4	3:25-4:25 PM	W
RP6263.514	Swansfield ES	Nov 5	3:20-4:20 PM	Th

Football

Youth Instruction (5-10 yrs)

• Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Kiddie Flag Football

5-7 yrs / 6 classes, start dates below / \$47

Fall means football! Boys and girls wanting to learn or improve skills focus on the fundamentals of passing, catching, running routes and team play, all in a fun and exciting environment. Players apply their skills during scrimmages. Meet on the field. (No class 9/7, 9/14, 9/23.)

RP6030.501	Jeffers Hill ES	Sep 21	4:40-5:40 PM	M
RP6030.502	Elkridge ES	Sep 8	5-6 PM	Tu
RP6030.503	Thunder Hill ES	Sep 9	5-6 PM	W
RP6030.504	Lisbon ES	Sep 10	4:15-5:15 PM	Th

After-School Flag Football

8-10 yrs / 6 classes, start dates below / \$47

Fall means football! Boys and girls learn and improve skills by focusing on the fundamentals of passing, catching, running routes and team play, all in a fun and exciting environment. Players apply their skills during scrimmages. Meet outside school office; coaches escort players to field. (No class 9/7, 9/14, 9/23.)

RP6031.501	Jeffers Hill ES	Sep 21	3:35-4:35 PM	M
RP6031.502	Elkridge ES	Sep 8	4-5 PM	Tu
RP6031.503	Thunder Hill ES	Sep 9	4-5 PM	W
RP6031.504	Lisbon ES	Sep 10	3:15-4:15 PM	Th



Adults, show off your flag football skills in our league.

Youth Leagues (5-15 yrs)

• Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

Flag Football Winter on the Turf

5-14 yrs / 9 wks, start dates below / \$120; *\$80, head coach's child
Boys and girls, play 50-minute games on the turf field inside the Volleyball/Soccer House in Elkridge. Novices to experienced players learn and play the sport in a safe, fun environment. Scrimmage/games are 7-on-7 and non-contact. Practice and games are up to one hour, once a week, beginning December 12. The first three weeks are clinic/practice. Games begin January 9. (No practices 12/24-1/1.) Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Fee includes t-shirt and medal. Registration deadline is January 4.

5-6 yrs / Volleyball House & Soccer Arena / 5:30-7 PM / Th

RP6305.601 | RP6305.602*

7-9 yrs / Volleyball House & Soccer Arena / 10 AM-1 PM / Sa

RP6305.611 | RP6305.612*

9-12 yrs / Volleyball House & Soccer Arena / 1-4 PM / Sa

RP6305.621 | RP6305.622*

10-14 yrs / Volleyball House & Soccer Arena / 7-9 PM / Th

RP6305.631 | RP6305.632*

NFL Flag Football League

5-15 yrs / 9 wks starting Aug 29 / \$100; *\$65, head coach's child
Boys and girls, come play flag football while working on basic skills. Fifty-minute games are 5-on-5 and non-contact. Games played on Saturdays at Hollifield ES beginning September 12. Games are one hour, between 8:30 AM-5 PM. The Department forms teams; special requests not guaranteed. Fee includes team shirt and participation award. Coaches contact participants regarding practice day/time one week before practice begins. Indicate when registering if you cannot practice on a particular day. Head coaches are needed and their child receives a discount and a guaranteed spot on parent's team.

5-6 yrs / Hollifield ES / 8:30-10:30 AM

This is a Saturday morning program only. No weeknight practices.

RP6300.501

RP6300.502*

7-15 yrs

Practices are one hour, once a week on a weeknight, starting at least one week before games begins. Register by practice location.

Columbia

RP6300.511	7-8 yrs	RP6300.512*	7-8 yrs
RP6300.521	9-12 yrs	RP6300.522*	9-12 yrs
RP6300.531	12-15 yrs	RP6300.532*	12-15 yrs

Dayton Oaks

RP6300.517	7-8 yrs	RP6300.518*	7-8 yrs
RP6300.525	9-12 yrs	RP6300.526*	9-12 yrs
RP6300.535	12-15 yrs	RP6300.536*	12-15 yrs

Elkridge

RP6300.515	7-8 yrs	RP6300.516*	7-8 yrs
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Ellicott City

RP6300.513	7-8 yrs	RP6300.514*	7-8 yrs
RP6300.523	9-12 yrs	RP6300.524*	9-12 yrs
RP6300.533	12-15 yrs	RP6300.534*	12-15 yrs

Adult Leagues (18 yrs +)

• Info: 410-313-4718

Winter Co-Rec Football League

18 yrs + / 6 wks + playoffs starting Jan 9 / \$230 per team

Enjoy playing this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes six games plus playoffs. All teams qualify for playoffs. Fee includes six-game schedule, playoffs, awards, field rental and administration. Teams are responsible for \$34 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, it must pay the referees for forfeited game (\$68) prior to its next scheduled game. Failure to do so results in that team's removal from the league without refund. For complete rules, visit: www.howardcountymd.gov/football.htm. Team managers are updated with a league packet one week prior to start of games. Register by December 2.

RP5301.601 Rockburn Branch Pk (Turf Fields) 9 AM-2 PM Sa

Winter Men's Run & Shoot Football League

18 yrs + / 6 wks + playoffs starting Jan 10 / \$230 per team

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a six-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Teams are responsible for \$51 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, the team must pay the referees for the forfeited game (\$102) prior to its next scheduled game. Failure to do so results in the team's removal from the league without refund. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. Register by December 2.

RP5300.601 County Parks (Turf fields) 8 AM-2 PM Su

Golf

Celebration of Sports Golf Tournament

8 yrs + / Oct 9 / \$85, individual; \$340, foursome

Celebrate community sports and enjoy a day on the links. Fee includes lunch, green fees, cart, use of driving range, awards and hole prizes. Format is best ball scramble. On-site registration available by 7:30 AM, shotgun starts at 8:30 AM. Info: Mike Blevins, 410-313-1691.

RP6601.501	Foursome	Timbers at Troy Golf Course	F
RP6601.502	Individual	Timbers at Troy Golf Course	F

Youth (4-17 yrs)

• Info: Amy Patton, 410-313-4637 or
apatton@howardcountymd.gov.

Backyard Golf

4-8 yrs / 5 classes, start dates below / \$60

Join us for an exciting introduction into the world of golf. This program contains all the elements of golf but in a modified form, making it an easy and fun way to learn and play golf. The system builds on strong fundamentals of putting, chipping, pitching and full swing to develop playing ability quickly and effectively. All SNAG golf equipment is provided. Parent volunteers are encouraged to participate.

4-5 yrs

RP6319.501	Patapsco MS	Sep 14	5:15-6 PM	M
RP6319.502	Burleigh Manor MS	Sep 9	5:15-6 PM	W
RP6319.503	Mayfield Woods MS	Sep 11	5:15-6 PM	F

6-8 yrs

RP6319.511	Patapsco MS	Sep 14	6-6:45 PM	M
RP6319.512	Burleigh Manor MS	Sep 9	6-6:45 PM	W
RP6319.513	Mayfield Woods MS	Sep 11	6-6:45 PM	F

A Golf Experience

5-10 yrs / 4 classes, start dates below / \$99

Join certified golf instructors for a unique, fun golf experience in an energetic and safe environment. By using fun themes and words like GRASS (Grip, Relax, Aim, Stance and Swing), children learn proper golf fundamentals positioning them for golf success. Children experience the game of golf from "green to tee." We start on the putting green to learn the art of a good putt, and then we move to chipping stations to learn how to get the ball in the air. Next is pitching through fun, and sometimes moving targets. Hitting the ball long with the full swing completes the experience. We fit and supply real golf clubs for every child, and provide all other equipment used during the class. (No class 9/23.)

RP6318.501	Northfield ES	Sep 21	3:30-4:30 PM	M
RP6318.502	Clarksville ES	Sep 15	4-5 PM	Tu
RP6318.503	Atholton ES	Sep 16	4-5 PM	W
RP6318.504	Fulton ES	Sep 17	4-5 PM	Th

Junior Golf

7-17 yrs / 4 or 5 classes, start dates below / \$82 + ball fee

Beginners welcomed! This introduction to the game includes swing fundamentals, rules and etiquette. No equipment or experience necessary. Ball fee: \$15 at first class for Timbers and Fairway Hills; \$7 per week for Waverly Woods; \$6 per week for Rocky Gorge.

Timbers at Troy Golf Course / 5 classes

RP6320.501	Sep 14	4:30-5:15 PM	M
RP6320.502	Sep 9	4:30-5:15 PM	W
RP6320.503	Sep 11	4:30-5:15 PM	F
RP6320.504	Sep 12	9-9:45 AM	Sa
RP6320.505	Sep 12	Noon-12:45 PM	Sa

Waverly Woods Golf Course / 5 classes

RP6320.506	Sep 9	4-4:45 PM	W
RP6320.507	Sep 11	4-4:45 PM	F

Rocky Gorge Golf Fairway / 4 classes

RP6320.508	Sep 12	10-11 AM	Sa
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Fairway Hills Golf Course / 4 classes

RP6320.509	Sep 12	1-2 PM	Sa
RP6320.510	Sep 13	1-2 PM	Su

Adults (18 yrs +)

• Info: Amy Patton, 410-313-4637 or
apatton@howardcountymd.gov.

Fairway Hills Golf Lessons

18 yrs + / 4 classes, start dates below / \$82 + \$15 ball fee

These small-group beginner lessons include putting, chipping and full swing with both irons and woods. Ball fee due at first lesson; no clubs required.

Advanced Beginner

RP6321.501	Sep 14	4-5 PM	M
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Beginner

RP6321.502	Sep 8	11 AM-noon	Tu
RP6321.503	Sep 9	4-5 PM	W
RP6321.504	Sep 10	11 AM-noon	Th
RP6321.505	Sep 13	10-11 AM	Su

Rocky Gorge Golf Lessons

18 yrs + / 5 classes, start dates below / \$82 + \$6 per wk ball fee

Beginners and advanced beginners develop fundamentals of a sound swing. Learn personal skill analysis and self-improvement of distance and approach in small group lessons. Ball fee due weekly; no clubs required.

RP6323.501	Sep 8	6-6:45 PM	Tu
RP6323.502	Sep 9	6-6:45 PM	W
RP6323.503	Sep 12	11-11:45 AM	Sa

Timbers at Troy Golf Lessons

18 yrs + / 5 classes, start dates below / \$82 + \$15 ball fee

Enjoy small group lessons for beginners and advanced beginners that include iron play, driving, putting and more. Ball fee due at first lesson; no clubs required.

Beginners

RP6324.501	Sep 14	5:30-6:15 PM	M
RP6324.502	Sep 9	5:30-6:15 PM	W
RP6324.503	Sep 11	5:30-6:15 PM	F
RP6324.504	Sep 12	10-10:45 AM	Sa

Advanced Beginners

RP6324.511	Sep 14	6:30-7:15 PM	M
RP6324.512	Sep 9	6:30-7:15 PM	W
RP6324.513	Sep 11	6:30-7:15 PM	F
RP6324.514	Sep 12	11-11:45 AM	Sa

Waverly Woods Golf Lessons

18 yrs + / 5 classes, start dates below / \$82 + \$7 per wk ball fee

Beginners and advanced beginners, learn in a small group iron play, driving, putting and more. Ball fee due weekly; no clubs required.

Beginners

RP6325.501	Sep 9	5-5:45 PM	W
RP6325.502	Sep 11	5-5:45 PM	F

Advanced Beginners

RP6325.511	Sep 9	6-6:45 PM	W
RP6325.512	Sep 11	6-6:45 PM	F

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

Gymnastics

Youth (11½-12 yrs)

• Info: Amanda Bartell, 410-313-1694 or
abartell@howardcountymd.gov.

Parent/Child Gymnastics

1½-3½ yrs / 6 classes, start dates below / \$99

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking.

Columbia Gymnastics

RP6351.501	Sep 10	10-10:45 AM	Th
RP6351.502	Sep 11	10-10:45 AM	F

Preschool Gymnastics

3-5 yrs / 6 classes, start dates below / \$99

In this introduction to gymnastics, boys and girls develop strength coordination and locomotor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit.

Diapers or pull-ups are not allowed.

Columbia Gymnastics / Session One

RP6352.501	Sep 7	5-5:45 PM	M
RP6352.502	Sep 8	1:45-2:30 PM	Tu
RP6352.503	Sep 8	2:30-3:15 PM	Tu
RP6352.504	Sep 8	4:30-5:15 PM	Tu
RP6352.505	Sep 9	9:15-10 AM	W
RP6352.506	Sep 9	1-1:45 PM	W
RP6352.507	Sep 9	1:45-2:30 PM	W
RP6352.508	Sep 9	2:30-3:15 PM	W
RP6352.509	Sep 9	4:30-5:15 PM	W
RP6352.510	Sep 10	9:15-10 AM	Th
RP6352.511	Sep 10	10:45-11:30 AM	Th
RP6352.512	Sep 10	2-2:45 PM	Th
RP6352.513	Sep 10	2:45-3:30 PM	Th
RP6352.514	Sep 11	9:15-10 AM	F
RP6352.515	Sep 11	10:45-11:30 AM	F
RP6352.516	Sep 12	Noon-12:45 PM	Sa

Columbia Gymnastics / Session Two

RP6352.517	Oct 26	5-5:45 PM	M
RP6352.518	Oct 27	1:45-2:30 PM	Tu
RP6352.519	Oct 27	2:30-3:15 PM	Tu
RP6352.520	Oct 27	4:30-5:15 PM	Tu
RP6352.521	Oct 28	9:15-10 AM	W
RP6352.522	Oct 28	1-1:45 PM	W
RP6352.523	Oct 28	1:45-2:30 PM	W
RP6352.524	Oct 28	2:30-3:15 PM	W
RP6352.525	Oct 28	4:30-5:15 PM	W
RP6352.526	Oct 29	9:15-10 AM	Th
RP6352.527	Oct 29	10:45-11:30 AM	Th
RP6352.528	Oct 29	2-2:45 PM	Th
RP6352.529	Oct 29	2:45-3:30 PM	Th
RP6352.530	Oct 30	9:15-10 AM	F
RP6352.531	Oct 30	10:45-11:30 AM	F
RP6352.532	Oct 31	Noon-12:45 PM	Sa



Learn to twist and bend in our gymnastics classes.

Beginning Gymnastics

6-12 yrs / 6 classes, start dates below / \$99

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit. Participants begin to develop confidence, fitness, strength and flexibility in a fun, supportive environment.

Columbia Gymnastics / Boys

RP6353.501	Sep 10	6:30-7:30 PM	Th
RP6353.502	Oct 29	6:30-7:30 PM	Th

Columbia Gymnastics / Girls

RP6353.511	Sep 8	4:30-5:30 PM	Tu
RP6353.512	Sep 10	6:30-7:30 PM	Th
RP6353.513	Sep 11	6:30-7:30 PM	F
RP6353.514	Sep 12	11:45 AM-12:45 PM	Sa
RP6353.515	Oct 27	4:30-5:30 PM	Tu
RP6353.516	Oct 29	6:30-7:30 PM	Th
RP6353.517	Oct 30	6:30-7:30 PM	F
RP6353.518	Oct 31	11:45 AM-12:45 PM	Sa

Jump Rope

Youth (6-16 yrs)

• Info: Amy Patton, 410-313-4637 or
apatton@howardcountymd.gov.

Junior Jumpers with Kangaroo Kids

6-14 yrs / 12 classes, start dates below / \$172

This beginning jump rope class is all about fun and fitness. Jumpers learn basic single rope, Double Dutch and long rope skills. Jump rope fee: \$7 for first-time participants due at first class. Returning jumpers should bring their beaded jump ropes. (No class 10/6, 11/25.)

Meadowbrook Ath Comp

RP6361.501	Sep 8	4:25-5:25 PM	Tu
RP6361.502	Sep 8	5:30-6:30 PM	Tu
RP6361.503	Sep 9	4:25-5:25 PM	W
RP6361.504	Sep 9	5:30-6:30 PM	W



Sign up for a lacrosse league or clinic.

Intermediate Jumpers with Kangaroo Kids

6-16 yrs / 12 classes, start dates below / \$172

Jumpers build on basic single and long rope skills and are introduced to precision group routines. Prerequisite: Minimum two sessions of *Junior Jumpers* and/or coach's approval. (No class 10/6, 11/25.)

Meadowbrook Ath Comp

RP6363.501	Sep 8	4:25-5:25 PM	Tu
RP6363.502	Sep 8	5:30-6:30 PM	Tu
RP6363.503	Sep 9	4:25-5:25 PM	W

Preparation to Perform with Kangaroo Kids

8-16 yrs / 12 classes, start dates below / \$172

Jumpers with a desire to ultimately perform at public events build on single and long rope skills, precision routines and develop showmanship skills. No performing requirements. Prerequisite: Minimum two sessions of *Intermediate Jumpers* and/or coach's approval. (No class 10/6, 11/25.)

Meadowbrook Ath Comp

RP6364.501	Sep 8	4:25-5:25 PM	Tu
RP6364.502	Sep 9	5:30-6:30 PM	W

Lacrosse

Youth (3-18 yrs)

Mighty LAXers Lacrosse

3-4 yrs / 6 classes, start dates below / \$75

Calling all Mighty LAXers! This high-energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Children use age-appropriate equipment for a safe and fun experience in every LAXers class! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 9/7, 9/14, 9/23, 11/23-28). Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Session One

RP6972.501	Cedar Lane Pk West	Aug 31	9:30-10:15 AM	M
RP6972.502	Gary J Arthur Comm Ctr	Aug 31	12:30-1:15 PM	M
RP6972.503	Meadowbrook Ath Comp	Sep 8	1:30-2:15 PM	Tu
RP6972.504	Cedar Lane Pk East	Sep 8	5-5:45 PM	Tu
RP6972.505	Veterans ES	Sep 9	6:30-7:15 PM	W
RP6972.506	Cedar Lane Pk West	Sep 10	1:30-2:15 PM	Th
RP6972.507	N Laurel Comm Ctr	Sep 11	1:30-2:15 PM	F
RP6972.508	Guilford ES	Sep 12	9:30-10:15 AM	Sa
RP6972.509	Dayton Oaks ES	Sep 12	1:30-2:15 PM	Sa

Session Two

RP6972.510	Gary J Arthur Comm Ctr	Oct 26	12:30-1:15 PM	M
RP6972.511	Meadowbrook Ath Comp	Oct 27	9:30-10:15 AM	Tu
RP6972.512	Veterans ES	Oct 28	5:30-6:15 PM	W
RP6972.513	N Laurel Comm Ctr	Oct 30	1:30-2:15 PM	F
RP6972.514	Hollifield Station ES	Oct 31	10:30-11:15 AM	Sa
RP6972.515	Guilford ES	Oct 31	10:30-11:15 AM	Sa
RP6972.516	Dayton Oaks ES	Oct 31	2:30-3:15 PM	Sa

Kiddie Lacrosse

5-7 yrs / 6 classes, start dates below / \$47

Come learn and develop the fundamental skills of passing, catching, cradling, defense and overall team play in a fun and encouraging environment. Meet on the field. (No class 9/7, 9/14, 9/23.)

Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6715.501	Veterans ES	Sep 21	5-6 PM	M
RP6715.502	Dayton Oaks ES	Sep 8	4:40-5:40 PM	Tu
RP6715.503	Bushy Park ES	Sep 9	4:55-5:55 PM	W
RP6715.504	Clarksville ES	Sep 10	5-6 PM	Th

Lacrosse Introduction - Boys and Girls

5-10 yrs / 6 classes, start dates below / \$80

First-time players or those wanting to improve skills focus on lacrosse fundamentals. Program includes stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment, including protective eyewear for girls (mandated by U.S. Lacrosse).

Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Cedar Lane Pk West / Sep 6

RP6505.501	Boys	5-6 yrs	9-10 AM	Su
RP6505.502	Boys	7-8 yrs	10:15-11:15 AM	Su
RP6505.503	Boys	9-10 yrs	11:30 AM-12:30 PM	Su
RP6506.501	Girls	5-6 yrs	9-10 AM	Su
RP6506.502	Girls	7-8 yrs	10:15-11:15 AM	Su
RP6506.503	Girls	9-10 yrs	11:30 AM-12:30 PM	Su

Meadowbrook Ath Comp / Jan 10

RP6505.601	Boys	5-6 yrs	9-10 AM	Su
RP6505.602	Boys	7-8 yrs	10-11 AM	Su
RP6505.603	Boys	9-10 yrs	11 AM-noon	Su
RP6506.601	Girls	5-6 yrs	9-10 AM	Su
RP6506.602	Girls	7-8 yrs	10-11 AM	Su
RP6506.603	Girls	9-10 yrs	11 AM-noon	Su

After-School Lacrosse

8-10 yrs / 6 classes, start dates below / \$47

The school day is over and it's time to LAX it up! First-time players or those wanting to improve skills focus on the fundamentals of passing, catching, cradling, defense and overall team play in a fun and exciting environment. Meet outside school office; coach escorts players to the field.

(No class 9/7, 9/14, 9/23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP6720.501	Veterans ES	Sep 21	4-5 PM	M
RP6720.502	Dayton Oaks ES	Sep 8	3:35-4:35 PM	Tu
RP6720.503	Bushy Park ES	Sep 9	3:50-4:50 PM	W
RP6720.504	Clarksville ES	Sep 10	4-5 PM	Th

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

Fall Pick-Up Lacrosse – Boys and Girls

7-18 yrs / 6 sessions starting Sep 2 / \$85

Keep your lacrosse skills sharp in this pick-up style lacrosse program. There is instruction, scrimmages, game play and more. Games are played Wednesday evenings, beginning September 2. Full equipment required for boys. Girls bring stick, eye protection (mandated by U.S. Lacrosse), and mouth guard. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Cedar Lane Pk West

RP5502.501	Boys	7-10 yrs	Field 5	6-7 PM	W
RP5502.502	Boys	11-13 yrs	Field 5	7:15-8:15 PM	W
RP5505.501	Girls	10-13 yrs	Field 6	6-7 PM	W
RP5505.502	Girls	14-18 yrs	Field 6	7:15-8:15 PM	W

Middle School Lacrosse

Grades 6-8 / 6 sessions starting Jan 7 / \$85

Fast-paced, fun-filled indoor lacrosse designed to fine-tune players' skills for the upcoming spring season! Sessions include instruction followed by games. Players must provide equipment. Info: Ray Hall, 410-313-1689.

Gary J Arthur Comm Ctr

RP6501.601	Girls	6-7:15 PM	Th
RP6501.602	Boys	7:30-8:45 PM	Th

Youth Leagues (13-18 yrs)

Fall High School Boys Lacrosse League

13-18 yrs / 8 games starting Sep 14 / \$80, individual; \$1,200, team

Get in on this high-scoring, fast-action league designed for high school players. Instruction is limited; basic lacrosse skills are required. Players are encouraged to contact their high school coach about entering a team. Individuals are also welcome to form a team organized by HCRP. Players provide all equipment. Games are once or twice a week on Mondays and Wednesdays and start between 6-9 PM.

Info: Derrick Thompson, 410-313-4736.

Team / County Parks / 6-10 PM

RP5501.511	13-15 yrs	M & W
RP5501.512	15-18 yrs	M & W

Individual / County Parks / 6-10 PM

RP5501.501	13-15 yrs	M & W
RP5501.502	15-18 yrs	M & W

Adults (18 yrs +)

Men's Fall Pick-Up Lacrosse

18 yrs + / 6 sessions starting Sep 16 / \$65

Keep your lacrosse skills tuned in this fun social pick-up lacrosse program. Teams are split up at the beginning of each session. Referees are provided. Must bring a reversible light and dark colored jersey.

RP5503.520	Rockburn Branch Pk Turf Fields	8-10 PM	W
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Martial Arts

• Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Youth (5 yrs +)

After-School Karate Program

by Klotz Institute of Karate

5-11 yrs / 5 classes, start dates below / \$31

Exercise while working on following directions, listening, patience and building confidence. Learn basic motion, forms, jujitsu, one-step and sparring. All levels are welcome.

RP8700.501	Bellows Spring ES	Oct 7	3:55-4:40 PM	W
RP8700.502	Clemens Crossing ES	Oct 8	3:55-4:40 PM	Th



Learn one of several martial arts disciplines.

TKA Karate

5-12 yrs / 11 or 12 classes, start dates & prices below

Boys and girls of all skill levels, come learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. (No class 9/23, 11/23-26.)

11 classes / \$61

RP8730.501	Gary J Arthur Comm Ctr	Sep 21	6:30-7:30 PM	M
RP8730.502	Oakland Mills MS	Sep 21	7-8 PM	M

12 classes / \$66

RP8730.503	Worthington ES	Sep 15	7-8 PM	Tu
RP8730.505	Longfellow ES	Sep 15	7-8 PM	Tu
RP8730.506	Beg Fulton ES	Sep 16	6-7 PM	W
RP8730.516	Int Fulton ES	Sep 16	7-8 PM	W
RP8730.507	Northfield ES	Sep 16	7-8 PM	W
RP8730.508	Beg Rockburn ES	Sep 16	6-7 PM	W
RP8730.509	Int Rockburn ES	Sep 16	7-8 PM	W
RP8730.510	Gorman Crossing ES	Sep 17	7-8 PM	Th
RP8730.511	Manor Woods ES	Sep 17	7-8 PM	Th
RP8730.512	Pointers Run ES	Sep 17	7-8 PM	Th

D & S Karate with Seth Ismart

6-13 yrs / 11 or 12 classes, start dates & prices below

Improve coordination, confidence, flexibility, balance, agility and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts and have years of classroom experience instructing children in the art of self-defense and personal accomplishment. (No class 9/23, 11/23-26.)

11 classes / \$60

RP8710.501	Phelps Luck ES	Sep 21	7-8 PM	M
RP8710.502	N Laurel Comm Ctr	Sep 21	7-8 PM	M
RP8710.503	Hammond ES	Sep 16	7-8 PM	W
RP8710.504	Dayton Oaks ES	Sep 16	7-8 PM	W

12 classes / \$66

RP8710.505	Centennial Lane ES	Sep 17	7-8 PM	Th
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Kuk Sool Won with Darren Fulmore

6 yrs + / 24 classes starting Sep 15 / Prices below

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This is extremely well organized and seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques—which consist of kicking, punching, martial acrobatics and self-defense techniques—into a beautiful and dynamic hard/soft style focusing on discipline and respect.

RP8760.501	Beg	N Laurel Comm Ctr	6:30-7:30 PM	Tu & Th	\$150
RP8760.502	Adv	N Laurel Comm Ctr	7:30-8:30 PM	Tu & Th	\$167

Adults (13 yrs +)

TKA Karate

13 yrs + / 11 or 12 classes, start dates & prices below

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. (No class 9/23, 11/23-26.)

11 classes / \$76

RP8731.501	Gary J Arthur Comm Ctr	Sep 21	7:30-9 PM	M
RP8731.502	Oakland Mills MS	Sep 21	8-9:30 PM	M

12 classes / \$83

RP8731.503	Worthington ES	Sep 15	8-9:30 PM	Tu
RP8731.505	Longfellow ES	Sep 15	8-9:30 PM	Tu
RP8731.506	Fulton ES	Sep 16	8-9:30 PM	W
RP8731.507	Northfield ES	Sep 16	8-9:30 PM	W
RP8731.508	Rockburn ES	Sep 16	8-9:30 PM	W
RP8731.509	Gorman Crossing ES	Sep 17	8-9:30 PM	Th
RP8731.510	Manor Woods ES	Sep 17	8-9:30 PM	Th
RP8731.511	Pointers Run ES	Sep 17	8-9:30 PM	Th

Shotokan Karate with Steve Morris

13 yrs + / 12 classes, start dates below / \$78

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and takedowns. Special attention is given to low impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years.

Roger Carter Comm Ctr

RP8791.501	Sep 17	7-8 PM	Th
RP8791.502	Sep 17	8:05-9:05 PM	Th
RP8791.503	Sep 19	10-11 AM	Sa
RP8791.504	Sep 19	11:05 AM-12:05 PM	Sa

Aikido with Ki

by Russ Dauber, 4th Degree Black Belt

18 yrs + / 24 classes starting Sep 15 / \$69

Martial Art and Ki practice, as taught by Japan's Ki Society International, promotes dynamic movement with unified mind and body. Techniques flow with and lead attackers' directions and motions. The Ki part is low-impact. The Aikido part involves practice with partners and rolling on mats, while maintaining calmness and relaxation. Men and women welcome. Emphasis is on safety, knowledge and enjoyment.

RP8880.501	Waverly ES	7-9 PM	Tu & Th
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Tai Chi

18 yrs + / 11 or 12 classes, start dates & prices below

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress.

11 classes / \$86 / Instructor: Tim Kwei

RP8850.501	Beg	Dunloggin MS	Sep 16	7-8 PM	W
RP8850.502	Adv	Dunloggin MS	Sep 16	8:05-9:05 PM	W

12 classes / \$93 / Instructor: Scott Vandame

RP8850.503	Beg	Murray Hill MS	Sep 17	7-8 PM	Th
RP8850.504	Adv	Murray Hill MS	Sep 17	8:05-9:05 PM	Th

Multi-Sport

Youth (2-14 yrs)

Awesome Athletes, Amazing Artists

(Parent/Child) *Page 37*

Jump Bunch Kids by JumpBunch

2-5 yrs / 6 classes, start dates below / \$75

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging, and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include basketball, track & field (javelin & hurdles), flying discs, croquet with croquet hockey, soccer, and volleyball. Children enjoy using and exploring the child-friendly equipment provided by JumpBunch. (No class 11/28.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

St. John's Lane ES

RP6313.501	2-3 yrs	Sep 12	10-10:45 AM	Sa
RP6313.502	3-5 yrs	Sep 12	11-11:45 AM	Sa
RP6313.503	2-3 yrs	Oct 31	10-10:45 AM	Sa
RP6313.504	3-5 yrs	Oct 31	11-11:45 AM	Sa

MAC Pre-K Drop-In Play!

2-5 yrs / Continuous starting Oct 19 / \$4 (one child & adult), \$2 per additional child

This fall and winter, Drop-in Play days are full of fun and exciting activities in a safe and non-competitive environment. The MAC staff provides equipment for activities including mini basketball, floor hockey, soccer, lacrosse, jump rope, hula-hoops, big wheel trikes, scooters, and much more! Daily fee is collected at the MAC. Parent involvement required.

(No Drop-In 11/25, 11/27, 12/25/15-1/1/16.) Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp 9:30 AM-noon M, W & F

Preschool Adventures *Page 36*

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

Little Big Shots

3-4 yrs / 6 classes, start dates below / \$75

This multi-sport program introduces basketball, tee ball, and soccer through exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist. (No class 9/7, 9/14, 9/23, 11/23-28). Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Session One

RP6314.501	Meadowbrook Ath Comp	Aug 31	12:30-1:15 PM	M
RP6314.502	N Laurel Comm Ctr	Sep 8	5-5:45 PM	Tu
RP6314.503	N Laurel Comm Ctr	Sep 9	1:30-2:15 PM	W
RP6314.504	Cedar Lane Pk East	Sep 10	9:30-10:15 AM	Th
RP6314.505	Meadowbrook Ath Comp	Sep 10	10:30-11:15 AM	Th
RP6314.506	N Laurel Comm Ctr	Sep 10	6-6:45 PM	Th
RP6314.507	N Laurel Comm Ctr	Sep 11	10:30-11:15 AM	F
RP6314.508	Waterloo ES	Sep 12	2:30-3:15 PM	Sa

Session Two

RP6314.509	Meadowbrook Ath Comp	Oct 26	12:30-1:15 PM	M
RP6314.510	Meadowbrook Ath Comp	Oct 27	10:30-11:15 AM	Tu
RP6314.511	N Laurel Comm Ctr	Oct 27	6-6:45 PM	Tu
RP6314.512	N Laurel Comm Ctr	Oct 28	1:30-2:15 PM	W
RP6314.513	Meadowbrook Ath Comp	Oct 29	9:30-10:15 AM	Th
RP6314.514	N Laurel Comm Ctr	Oct 29	5-5:45 PM	Th
RP6314.515	N Laurel Comm Ctr	Oct 30	10:30-11:15 AM	F

Learn-N-Play Sports

3-5 yrs / 6 classes, start dates below / \$75

Children experience a variety of age-appropriate sports activities that help them develop their large motor skills and socialization skills in a fun atmosphere! Each week we focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Pointers Run ES / Sep 12 / Sa

RP6970.501	9:30-10:15 AM
RP6970.502	10:30-11:15 AM

Pointers Run ES / Oct 31 / Sa

RP6970.503	9:30-10:15 AM
RP6970.504	10:30-11:15 AM

Little Big Wheelers

3-5 yrs / 6 classes, start dates below / \$65

Parents, bring your children indoors to the Meadowbrook Athletic Complex to experience the most fun possible on three wheels! Children have a blast on their Big Wheels trike as they ride around the courts in a fun-filled, safe environment. The Meadowbrook Staff provides Big Wheels trikes, instruction and leadership as your little Speed Racers enjoy obstacle courses, individual and team races and all ideas possible while they exercise on their trikes. Helmets are mandatory. (No class 11/24, 11/26.) Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp

10-10:50 AM

RP6402.501	Sep 15	Tu
RP6402.503	Sep 17	Th
RP6402.505	Oct 27	Tu
RP6402.507	Oct 29	Th

11-11:50 AM

RP6402.502	Sep 15	Tu
RP6402.504	Sep 17	Th
RP6402.506	Oct 27	Tu
RP6402.508	Oct 29	Th

School's Out Junior Sports Camp

5-7 yrs / Dates in next column / \$34

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors.

Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP7008.501	Meadowbrook Ath Comp	Sep 14	8:30 AM-12:30 PM	M
RP7008.502	Meadowbrook Ath Comp	Sep 23	8:30 AM-12:30 PM	W
RP7008.503	N Laurel Comm Ctr	Oct 2	8:30 AM-12:30 PM	F
RP7008.504	N Laurel Comm Ctr	Oct 16	8:30 AM-12:30 PM	F

After-School Recess

5-10 yrs / 8 classes, start dates below / \$105

Feel the excitement and get involved in some physical activities! Children participate in a number of activities including kickball, relays, dodgeball, and field day games. The session concludes with an exciting game of Mission Impossible! Info: Carson Nickell, 410-313-4720 or cjniell@howardcountymd.gov.

RP6210.501	Northfield ES	Sep 8	3:30-4:30 PM	Tu
RP6210.502	Fulton ES	Sep 9	4-5 PM	W

Winter Mix Camp

5-13 yrs / 4 days, dates below / \$59 a day; \$199 four days

One, two, three, or four days of fun! Children participate in a wide variety of activities including sports, fitness, arts and crafts, nature, games and special surprises. Campers follow an exciting daily rotation that allows them to select activities of their choice to build their own program. Campers rotate in age- and skill-appropriate groups. The focus is on having fun, staying fit, building character, and boosting self-esteem. Bring a non-perishable lunch (no nut products) and a refillable water bottle. Campers can be registered for one, two, three, or all four days. Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp / 8 AM-6 PM

RP6404.601	Dec 28	M	RP6404.604	Dec 31	Th
RP6404.602	Dec 29	Tu	RP6404.605	Dec 28	M-Th
RP6404.603	Dec 30	W			

Home School Gym Class

5-14 yrs / 8 classes, start dates below / \$64

This is an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton and all other sport requests the staff can provide. Have fun, stay fit, build character and boost self-esteem. Activity groups separated based on age and ability. (No class 11/25.)

Info: Krista Billingsley, 410-313-1162 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp / 11 AM-noon

RP6405.501	5-10 yrs	Aug 26	W
RP6405.502	11-14 yrs	Aug 26	W
RP6405.503	5-10 yrs	Oct 21	W
RP6405.504	11-14 yrs	Oct 21	W

School's Out Sports Camp

8-13 yrs / Dates below / \$60

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors.

Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP7007.501	Meadowbrook Ath Comp	Sep 14	8:30 AM-6 PM	M
RP7007.502	Meadowbrook Ath Comp	Sep 23	8:30 AM-6 PM	W
RP7007.503	N Laurel Comm Ctr	Oct 2	8:30 AM-6 PM	F
RP7008.504	N Laurel Comm Ctr	Oct 16	8:30 AM-6 PM	F



Pickleball is for all at the Meadowbrook Athletic Complex.

Pickleball

Pickleball for All

18 yrs + / 13 classes, start dates below / \$65

Pickleball is a fun sport that combines many elements of tennis, badminton and table tennis. The rules are simple and the game is easy for beginners to learn, but it can develop into a fast-paced, competitive game for experienced players. Learn to play this fun and exciting game for the first week and then put your skills to the test in friendly games for the remaining classes. All necessary equipment is provided. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Meadowbrook Ath Comp

RP6835.501	Sep 7	1-3 PM	M
RP6835.502	Sep 9	1-3 PM	W
RO6835.505	Sep 11	1-3 PM	F
N Laurel Comm Ctr			
RP6835.503	Sep 8	Noon-2 PM	Tu
RP6835.504	Sep 10	Noon-2 PM	Th
RP6835.506	Sep 3	7-9 PM	Th

Running

Youth Distance Runners

Winter Indoor Training Program

7-18 yrs / 8 classes starting Jan 9 / \$75

Don't miss out on your opportunity to train this winter! Join Recreation & Parks, Howard County Junior Striders and Bullseye Running for this new indoor training program offering runner specific training and conditioning. Add this program to your already existing running schedule and transform yourself into the complete balanced runner and athlete. Each participant receives a t-shirt. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

RP6953.601	Meadowbrook Ath Comp	6:30-8 PM	Sa
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CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.



There is something for the beginner or advanced soccer player.

Soccer

Youth (2-14 yrs)

U.K. Elite Petite Soccer

2-5 yrs / 6 classes, start dates below / \$97

This is a mini-taste of the U.K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Cedar Lane Pk West Field 5

Sep 22 / Tu

RP6710.501	2-3 yrs	9:30-10:30 AM
RP6710.502	3-5 yrs	9:30-10:30 AM
RP6710.503	2-3 yrs	10:30-11:30 AM
RP6710.504	3-5 yrs	10:30-11:30 AM
RP6710.505	3-5 yrs	1:30-2:30 PM

Sep 24 / Th

RP6710.510	3-5 yrs	9:30-10:30 AM
RP6710.511	3-5 yrs	10:30-11:30 AM
RP6710.512	3-5 yrs	1:30-2:30 PM

Cedar Lane Pk East Field 7

Sep 19 / Sa

RP6710.516	2-3 yrs	9-10 AM
RP6710.517	3-5 yrs	10-11 AM

Centennial Pk West Field 6

Sep 15 / Tu

RP6710.518	2-3 yrs	5-6 PM
RP6710.519	3-5 yrs	5-6 PM
RP6710.520	2-3 yrs	6-7 PM
RP6710.521	3-5 yrs	6-7 PM

Sep 17 / Th

RP6710.526	3-5 yrs	3:45-4:45 PM
RP6710.527	3-5 yrs	4:45-5:45 PM

Sep 23 / W

RP6710.506	2-3 yrs	9:30-10:30 AM
RP6710.507	3-5 yrs	9:30-10:30 AM
RP6710.508	2-3 yrs	10:30-11:30 AM
RP6710.509	3-5 yrs	10:30-11:30 AM

3-5 yrs / Sep 25 / F

RP6710.513	3-5 yrs	9:30-10:30 AM
RP6710.514	3-5 yrs	10:30-11:30 AM
RP6710.515	3-5 yrs	1:30-2:30 PM

Sep 16 / W

RP6710.522	2-3 yrs	5-6 PM
RP6710.523	3-5 yrs	5-6 PM
RP6710.524	2-3 yrs	6-7 PM
RP6710.525	3-5 yrs	6-7 PM

Sep 18 / F

RP6710.528	2-3 yrs	3:45-4:45 PM
RP6710.529	3-5 yrs	3:45-4:45 PM
RP6710.530	3-5 yrs	4:45-5:45 PM

Meadowbrook Athletic Complex (5 week programs; will not run week of Thanksgiving)

Nov 10 / Tu

RP6710.531	2-3 yrs	9:30-10:30 AM
RP6710.532	3-5 yrs	10:30-11:30 AM
RP6710.533	3-5 yrs	1-2 PM

Western Regional Pk Field 4

Sep 23 / W

RP6710.537	3-5 yrs	11:30 AM-12:30 PM
RP6710.538	3-5 yrs	1:30-2:30 PM

Nov 11 / W

RP6710.534	2-3 yrs	9:30-10:30 AM
RP6710.535	3-5 yrs	10:30-11:30 AM
RP6710.536	3-5 yrs	1-2 PM



Cure that World Cup fever with one of our many soccer programs.

Mighty Kickers Soccer

3-4 yrs / 6 classes, start dates below / \$75

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills such as dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 9/7, 9/14, 9/23, 11/23-28.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Session One

RP6705.501	Cedar Lane Pk West	Aug 31	10:30-11:30 AM	M
RP6705.502	Gorman Crossing ES	Aug 31	6:30-7:15 PM	M
RP6705.503	Gary J Arthur Comm Ctr	Sep 8	12:30-1:15 PM	Tu
RP6705.504	Meadowbrook Ath Comp	Sep 8	12:30-1:15 PM	Tu
RP6705.505	Meadowbrook Ath Comp	Sep 10	9:30-10:15 AM	Th
RP6705.506	N Laurel Comm Ctr	Sep 10	5-5:45 PM	Th
RP6705.507	Guilford ES	Sep 12	10:30-11:15 AM	Sa
RP6705.508	Hollifield Station ES	Sep 12	10:30-11:15 AM	Sa
RP6705.509	Dayton Oaks ES	Sep 12	2:30-3:15 PM	Sa

Session Two

RP6705.510	Meadowbrook Ath Comp	Oct 26	1:30-2:15 PM	M
RP6705.511	Waterloo ES	Oct 26	6:30-7:15 PM	M
RP6705.512	Meadowbrook Ath Comp	Oct 27	12:30-1:15 PM	Tu
RP6705.513	Gary J Arthur Comm Ctr	Oct 27	1:30-2:15 PM	Tu
RP6705.514	N Laurel Comm Ctr	Oct 30	9:30-10:15 AM	F
RP6705.515	Hollifield Station ES	Oct 31	9:30-10:15 AM	Sa
RP6705.516	Waterloo ES	Oct 31	1:30-2:15 PM	Sa

Kiddie Soccer

5-7 yrs / 6 classes, start dates & prices below & in next column

Are you ready to play the world's most popular game? Boys and girls learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet on the field, or in the gym for session 2. (No class 9/7, 9/14, 9/23, 11/23-26.)

Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Session 1 - Outdoors (60 mins) / \$47

RP6700.501	Bushy Park ES	Sep 21	4:55-5:55 PM	M
RP6700.502	Clemens Crossing ES	Sep 21	4:55-5:55 PM	M
RP6700.503	Waverly ES	Sep 8	4:55-5:55 PM	Tu

RP6700.504	Guilford ES	Sep 8	5-6 PM	Tu
RP6700.505	Gorman Crossing ES	Sep 9	5-6 PM	W
RP6700.506	Waterloo ES	Sep 10	5-6 PM	Th

Session 2 - Indoors (60 mins) / \$47

RP6700.511	Atholton ES	Nov 3	4:55-5:55 PM	Tu
RP6700.512	Clarksville ES	Nov 4	5-6 PM	W
RP6700.513	Bushy Park ES	Nov 5	4:55-5:55 PM	Th

Session 2 - Indoors (55 mins) / \$43

RP6700.514	Meadowbrook Ath Comp	Nov 2	5:05-6 PM	M
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U.K. Elite Soccer: Technical Programs

5-14 yrs / 6 classes, start dates below / \$97

Do you want to take your skills to the next level by learning from some of the finest British soccer coaches? Boys and girls learn from one of the best professional youth soccer coaching companies in the states. This fantastic learning experience uses age-appropriate curricula and expert instruction. Emphasis is on sound fundamental techniques and skills, along with a firm understanding of the game. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Centennial Pk West Field 6 / 5:45-6:45 PM

RP6706.501	5-6 yrs	Sep 17	Th
RP6706.502	7-10 yrs	Sep 17	Th
RP6706.503	11-14 yrs	Sep 17	Th
RP6706.504	5-6 yrs	Sep 18	F
RP6706.505	7-10 yrs	Sep 18	F
RP6706.506	11-14 yrs	Sep 18	F

Cedar Lane Pk East Field 7 / 11 AM-noon

RP6706.507	5-6 yrs	Sep 19	Sa
RP6706.508	7-10 yrs	Sep 19	Sa

After-School Soccer

8-10 yrs / 6 classes, start dates & prices below

The world's most popular game awaits you. Boys and girls learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to field. (No class 9/7, 9/14, 9/23, 11/23-26.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Session 1 - Outdoors (60 mins) / \$47

RP6701.501	Bushy Park ES	Sep 21	3:50-4:50 PM	M
RP6701.502	Clemens Crossing ES	Sep 21	3:50-4:50 PM	M
RP6701.503	Waverly ES	Sep 8	3:50-4:50 PM	Tu
RP6701.504	Guilford ES	Sep 8	4-5 PM	Tu
RP6701.505	Gorman Crossing ES	Sep 9	4-5 PM	W
RP6701.506	Waterloo ES	Sep 10	4-5 PM	Th

Session 2 - Indoors (60 mins) / \$47

RP6701.511	Atholton ES	Nov 3	3:50-4:50 PM	Tu
RP6701.512	Clarksville ES	Nov 4	4-5 PM	W
RP6701.513	Bushy Park ES	Nov 5	3:50-4:50 PM	Th

Session 2 - Indoors (55 mins) / \$43

RP6701.514	Meadowbrook Ath Comp	Nov 2	4:10-5:05 PM	M
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Youth Leagues (4-10 yrs)

Fall Youth Soccer League

4-8 yrs / 9 wks starting Aug 24 / \$82, *\$52, head coach's child

Boys and girls have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, which practice once per week on a weeknight, beginning the week of August 24. One-hour games on Saturdays, starting September 12, between 9:30 AM-6 PM. Shin guards are required. Fee includes participation award, soccer jersey, socks and soccer ball from Play It Again Sports in Ellicott City. Coaches contact participants regarding practice days/times one week prior to the start of

the program. Volunteer head coaches are needed and receive a discount. Individual registrations only, no team entries. Registration deadline is August 10. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

RP5701.501	4 yrs	Meadowbrook Pk	9:30 AM-6 PM	Sa
RP5701.502*	4 yrs	Meadowbrook Pk	9:30 AM-6 PM	Sa
RP5701.511	5-6 yrs	Meadowbrook Pk	9:30 AM-6 PM	Sa
RP5701.512*	5-6 yrs	Meadowbrook Pk	9:30 AM-6 PM	Sa
RP5701.521	7-8 yrs	HC Ctr for the Arts	9:30 AM-6 PM	Sa
RP5701.522*	7-8 yrs	HC Ctr for the Arts	9:30 AM-6 PM	Sa

Winter Indoor Soccer League

4-8 yrs / 8 wks starting Jan 10 / \$77, *\$47, head coach's child

Boys and girls play soccer indoors while learning the basic skills of the sport. The Department forms the teams. Fee includes soccer jersey, socks and a participation trophy. (No team entries.) Sneakers and shin guards are required. This is a Sunday afternoon-only program. No weeknight practices. Volunteer coaches are needed and their child receives a discount. Registration deadline is December 11. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Harper's Choice MS / Noon-7 PM / Su

RP5702.601	4 yrs	RP5702.602*	4 yrs
RP5702.611	5-6 yrs	RP5702.612*	5-6 yrs
RP5702.621	7-8 yrs	RP5702.622*	7-8 yrs

Instructional Soccer League

5-10 yrs / 8 wks starting Sep 12 / \$76

First-time players or those wanting to improve their fundamental skills play small-sided games in this instructional league. Focus is on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-6 yrs / Beginners

RP6702.501	Dayton Oaks ES	1-2 PM	Sa
RP6702.502	Guilford ES	1-2 PM	Sa
RP6702.503	Hollifield Station ES	1-2 PM	Sa
RP6702.504	Waterloo ES	1-2 PM	Sa

6½ yrs / Advanced-8½ yrs / Beginners

RP6703.501	Dayton Oaks ES	2:15-3:15 PM	Sa
RP6703.502	Guilford ES	2:15-3:15 PM	Sa
RP6703.503	Hollifield Station ES	2:15-3:15 PM	Sa
RP6703.504	Waterloo ES	2:15-3:15 PM	Sa

8 yrs / Advanced-10 yrs

RP6704.501	Dayton Oaks ES	3:30-4:30 PM	Sa
RP6704.502	Guilford ES	3:30-4:30 PM	Sa
RP6704.503	Hollifield Station ES	3:30-4:30 PM	Sa
RP6704.504	Waterloo ES	3:30-4:30 PM	Sa

Adult Leagues (18 yrs +)

Adult Soccer Leagues

Team registration only. Visit www.howardcountymd.gov/soccer.htm for information.

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.

Softball

Western Howard County Youth Baseball & Softball League (WHCYBSL) Page 76

Adult Softball Leagues

Team registration only.

Info: www.howardcountymd.gov/softball.htm.

Tennis

• Info: Amy Patton, 410-313-4637 or

apatton@howardcountymd.gov. (unless otherwise noted)

Youth (3-18 yrs)

Play Time Tennis with Shantha Chandra

3-6 yrs / 6 classes, start dates below / \$62

Learn tennis and have fun with others while working on balance, agility, and reaction time. Bring a junior-sized racquet (size 19", 21" or 23"). Weekday classes have rain makeup on Fridays. Saturday classes have rain makeup on Sunday afternoons. Registration: 410-313-7275. (No class 9/5, 9/7.)

Cedar Lane Pk East – Tennis Courts

RP6847.501	Aug 29	8:15-9 AM	Sa
RP6847.502	Aug 26	10:15-11 AM	M & W
RP6847.503	Aug 27	1-1:45 PM	Tu & Th
RP6847.504	Aug 28	4:45-5:30 PM	F
RP6847.505	Sep 23	10:15-11 AM	M & W
RP6847.506	Sep 22	1-1:45 PM	Tu & Th

Parent/Child Tennis with Shantha Chandra

3-12 yrs / 6 classes, start dates below / \$85 per pair

Parents and children, learn how to work together to develop and improve tennis skills. Same parent should attend each week for consistency in learning. Saturday class rain makeup on Sunday afternoons. (No class 9/5, 9/7.)

Cedar Lane Pk East – Tennis Courts

RP6842.501	3-6 yrs	Aug 26	9:30-10:15 AM	M & W
RP6842.502	3-6 yrs	Sep 23	9:30-10:15 AM	M & W
RP6842.503	7-12 yrs	Aug 29	12:15-1:15 PM	Sa

Kiddie Tennis

5-7 yrs / 6 classes, start dates & prices below

Time for tennis! Players learn and practice basic tennis skills in this program taught by trained coaches. Classes include a variety of enjoyable drills and exciting games. (No class 9/7, 9/14, 9/23, 11/23-26.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Outdoors (60 mins) / \$47

RP6870.501	Atholton ES	Sep 21	5-6 PM	M
RP6870.502	Thunder Hill ES	Sep 8	5:10-6:10 PM	Tu
RP6870.503	Deep Run ES	Sep 9	5:10-6:10 PM	W
RP6870.504	Dayton Oaks ES	Sep 10	4:45-5:45 PM	Th

Indoors (60 mins) / \$47

RP6870.511	Jeffers Hill ES	Nov 2	4:40-5:40 PM	M
RP6870.513	Waterloo ES	Nov 4	5-6 PM	W
RP6870.514	Waverly ES	Nov 5	4:55-5:55 PM	Th

Indoors (55 mins) / \$43

RP6870.512	Meadowbrook Ath Comp	Nov 3	5:05-6 PM	Tu
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Junior GRIPS CHALLENGE

5-15 yrs / 5 classes, start dates below / \$112

This is a progressive 11-level tennis program that incentivizes and rewards kids for proving competency. Like karate, ability levels are rated and distinguished by colors - white grips are for beginners and black grips are for masters. Players receive a colored over-grip for their racquet which matches their current skill level. Games and drills conducted on court correspond with participants' grip color/skill set. This is a certified GRIPS program with officially certified GRIPS instructors. Players receive a password for access to their personal GRIPS web page where they are able to view tips, videos, drills and insights to further their tennis knowledge and gauge their progress relative to other players. Each player is required to participate in the free GRIPS skills assessment to establish baseline tennis proficiency and determine their starting grip level (color). Dates and times for the free assessment TBA.

RP6854.501	Junior Orange	Centennial Pk West	Sep 14	5:30-7 PM	M
RP6854.502	Junior Orange	Centennial Pk West	Sep 16	5:30-7 PM	W
RP6854.503	Junior Blue	Schooley Mill Pk	Sep 19	9-10:30 AM	Sa
RP6854.504	Junior Dark Blue	Schooley Mill Pk	Sep 19	10:30 AM-noon	Sa

10 & Under Tennis with Shantha Chandra

6-10 yrs / 6 classes, start dates & prices below

Drills, games, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. Saturday class rain makeup on Sunday afternoons. Bring a junior-size racquet (21" to 25"). (No class 9/5, 9/7.)

Cedar Lane Pk East – Tennis Courts

RP6840.501	6-8 yrs	Aug 29	9-10 AM	Sa	\$57
RP6840.502	6-8 yrs	Aug 26	5:45-7 PM	M & W	\$73
RP6840.511	6-8 yrs	Sep 23	5:45-7 PM	M & W	\$73
RP6840.503	9-10 yrs	Aug 29	10-11 AM	Sa	\$57
RP6840.504	9-10 yrs	Aug 26	4:45-5:45 PM	M & W	\$73
RP6840.513	9-10 yrs	Sep 23	4:45-5:45 PM	M & W	\$73

After-School Tennis

8-10 yrs / 6 classes, start dates & prices below

Have fun while you learn the basics or fine-tune your skills in this program taught by trained coaches. Classes include a variety of drills and games and an introduction to match play. Meet in front of school office; coaches escort players to tennis courts. (No class 9/7, 9/14, 9/23, 11/23-26.)

Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Outdoors (60 mins) / \$47

RP6871.501	Atholton ES	Sep 21	3:50-4:50 PM	M
RP6871.502	Thunder Hill ES	Sep 8	4:05-5:05 PM	Tu
RP6871.503	Deep Run ES	Sep 9	4:05-5:05 PM	W
RP6871.504	Dayton Oaks ES	Sep 10	3:40-4:40 PM	Th

Indoors (60 mins) / \$47

RP6871.511	Jeffers Hill ES	Nov 2	3:35-4:35 PM	M
RP6871.513	Waterloo ES	Nov 4	4-5 PM	W
RP6871.514	Waverly ES	Nov 5	3:50-4:50 PM	Th

Indoors (55 mins) / \$43

RP6871.512	Meadowbrook Ath Comp	Nov 3	4:10-5:05 PM	Tu
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Tennis Excellence

8-10 yrs / 6 classes starting Aug 29 / \$80

This introductory tennis class uses QuickStart tennis nets to reduce the court size to help make the learning process easier and more enjoyable. Learn the forehand, the backhand, volleys, serving and scoring. Weekly games and drills help teach basic skills and create an exciting environment. Rain makeups added to the end of season. Instructor is Mike Brinsko. (No class 9/5.)

Centennial Pk West – Tennis Courts

RP6859.501	11:15 AM-12:30 PM	Sa
RP6859.502	12:30 PM-1:45 PM	Sa



Always show good sportsmanship on the tennis court.

Junior USA Team Tennis

with Shantha Chandra

9-14 yrs / 6 classes starting Aug 29 / \$81

Advanced beginner and intermediate players, refresh basic ground strokes, volleys, serving and scoring, then enjoy match-play tennis. Rain makeup dates are Sunday afternoons. (No class 9/5.)

RP6849.501	Cedar Lane Pk East – Tennis Courts	1:15-2:45 PM	Sa
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Tennis Elite

10-13 yrs / 6 classes starting Sep 1 / \$91

Designed for advanced beginners already able to consistently hit the ball over the net and ready to take their game to the next level with serves and match play. Includes refresher drills to help improve all facets of your game. Rain makeups added to the end of season. These courts have lights. Instructor is Mike Brinsko.

RP6860.501	Centennial Pk West	7-8:30 PM	Tu
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NEW! I Want To Play High School Tennis

10-14 yrs / 6 classes, start dates below / \$91

Designed for advanced beginners/intermediate players. Playing for your high school tennis team is one of the great life experiences. Prepare yourself to make the team through strong fundamental skill building, footwork and a great attitude. Play the 8-game pro set against players of similar abilities and learn to make adjustments in your game to play competitively.

Centennial Pk West

RP6865.501	Sep 17	5-6:30 PM	Th
RP6865.502	Sep 20	11:30 AM-1 PM	Su

Team Tennis/Match Play

with Shantha Chandra

10-18 yrs / 6 classes, start dates below / \$81

Players, you should have fairly consistent strokes with medium paced shots, be able to rally and serve from baseline and keep score. Players must have some knowledge of volleys and lobs. Teams are formed and each team plays matches against other team. Participants also learn doubles strategy. Instructor determines if this class is not appropriate after the first class. (No class 9/5.)

Cedar Lane Pk East – Tennis Courts

RP6858.501	10-12 yrs	Aug 29	2:45-4:15 PM	Sa
RP6858.502	11-18 yrs	Aug 28	5:30-7 PM	F

Tennis Lessons with Shantha Chandra

11-14 yrs / 6 classes, start dates below / \$57

Beginners and advanced beginners, learn and improve basic skills in a group and through match play. Learn consistent stroke production, baseline serving and volleys. Saturday class rain makeup on Sunday afternoons. (No class 9/5.)

Cedar Lane Pk East – Tennis Courts

RP6841.501	Aug 29	11 AM-noon	Sa
RP6841.502	Aug 27	6-7 PM	Tu & Th
RP6841.503	Sep 22	5:45-6:45 PM	Tu & Th

High School Development Team Tennis with Shantha Chandra

13-18 yrs / 6 classes, start dates below / \$81

Advanced beginners and intermediate players, improve basic skills, including volleys, serving, scoring and ground strokes. Participate in match play against players of similar ability.

Cedar Lane Pk East – Tennis Courts

RP6855.501	Aug 27	4:30-6 PM	Tu & Th
RP6855.502	Sep 22	4:15-5:45 PM	Tu & Th

Tennis Essentials

14-18 yrs / 6 classes starting Aug 29 / \$74

Want to make the high school team or improve your position? This beginner and advanced beginner level tennis program prepares you with the tennis skills you need for match play tennis. Learn how to hit forehands, backhands, serve, volley and score. Instructor is Mike Brinsko. (No class 9/5.)

RP6863.501	Centennial Pk West	1:50-2:50 PM	Sa
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Adults (18 yrs +)

- Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov.

Mom's Tennis Swings with Shantha Chandra

18 yrs + / 6 classes, start dates below / \$105

Learn the basics or fine-tune your game. Lessons include drills and match play. No babysitting available. Rain makeup dates are on Fridays. (No class 9/7.)

Beginners & Advanced Beginners / Cedar Lane Pk East – Tennis Courts

RP6848.501	Aug 26	11 AM-12:30 PM	M & W
RP6848.502	Aug 27	11:30 AM-1 PM	Tu & Th
RP6848.503	Sep 23	11 AM-12:30 PM	M & W
RP6848.504	Sep 22	11:30 AM-1 PM	Tu & Th
RP6848.505	Oct 12	11 AM-12:30 PM	M & W
RP6848.506	Oct 13	11:30 AM-1 PM	Tu & Th

Intermediate / Cedar Lane Pk East – Tennis Courts

RP6848.507	Aug 27	10-11:30 AM	Tu & Th
RP6848.508	Sep 22	10-11:30 AM	Tu & Th
RP6848.509	Oct 13	10-11:30 AM	Tu & Th

Sunday Swings with Shantha Chandra

18 yrs + / 4 classes, start dates below / \$71

Beginners, advanced beginners and intermediate and advanced players, learn and improve your skills through drills, small-group games and match play. Tune up drills with special emphasis on level of play for league players/ NTRP. (No class 9/6.)

Beginner & Advanced Beginner / Cedar Lane Pk East – Tennis Courts

RP6844.501	Aug 30	Noon-1:30 PM	Su
RP6844.511	Oct 4	Noon-1:30 PM	Su

Intermediate / Cedar Lane Pk East – Tennis Courts

RP6844.502	Aug 30	10:30 AM-noon	Su
RP6844.512	Oct 4	10:30 AM-noon	Su

Advanced / Cedar Lane Pk East – Tennis Courts

RP6844.503	Aug 30	9-10:30 AM	Su
RP6844.513	Oct 4	9-10:30 AM	Su

NEW! Strictly Doubles

18 yrs + / 6 classes, start dates below / \$102

Clinic format focusing on the nuances and strategies of playing doubles tennis. You work strategies such as when to poach; partner communication and signals; how to move on the court; positioning, strategy, shot selection and placement; one up one back; two up at net; and volleys, half volleys, lobs and overheads. Drills and strategy sessions are followed by game play.

Centennial Pk West

RP6845.501	Sep 17	6:30-8 PM	Th
RP6845.502	Sep 20	10-11:30 AM	Su

Tennis Lessons

18 yrs + / 6 classes starting Sep 19 / \$94

Whether you are looking to fine tune your skills or work on advanced tennis tactics, we have a program for you. These small group lessons are filled with instructional drills, fun games, and match play. Beginners focus on learning basic tennis strokes and techniques including the grip, groundstrokes, serves and volleys, plus movement and timing. The Advanced Beginner class improves on existing skills by working on consistency, ball placement and adding topspin to shots. Intermediate classes focus on advanced shot selection including the approach shot, slice and lob shots, along with strategic tips and match-play tactics. The intermediate class also includes weekly match play.

Centennial Pk West

RP6843.501	Advanced-Beg	8-9 AM	Sa
RP6843.502	Intermediate	9-10 AM	Sa
RP6843.503	Beginner	10-11 AM	Sa
RP6843.504	Beginner	11 AM-noon	Sa

Volleyball

Youth (6-16 yrs)

- Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov.

Instructional Volleyball League

6-10 yrs / 8 wks starting Sep 19 / \$99

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. The first 4 weeks are instructional practices, the final 4 weeks are games. Fee includes t-shirt.

Roger Carter Comm Ctr

RP5893.501	6-7 yrs Beginners	1-2:10 PM	Sa
RP5893.502	7 yrs Advanced – 9 yrs Beginners	2:20-3:30 PM	Sa
RP5893.503	8 ½ yrs Advanced – 10 yrs	3:40-4:50 PM	Sa

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 74-75. Review of this information is required by law before you are allowed to register for youth sports programs.



Learn to perfect your serve at our volleyball programs.

Volleyball Skills Development

8-14 yrs / 6 or 8 classes, start dates & prices below

Practice makes perfect! This program is for beginner players who enjoy this exciting sport and want to learn the basics. Players develop new skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn to pass, hit, set and serve.

8-10 yrs / 8 classes / \$125

RP5892.501	N Laurel Comm Ctr	Sep 14	6-7:30 PM	M
RP5892.502	Gary J Arthur Comm Ctr	Sep 9	6-7:30 PM	W
RP5892.503	Roger Carter Comm Ctr	Sep 10	6-7:30 PM	Th

8-10 yrs / 6 classes / \$95

RP5892.504	N Laurel Comm Ctr	Nov 9	6-7:30 PM	M
RP5892.505	Gary J Arthur Comm Ctr	Nov 4	6-7:30 PM	W
RP5892.506	Roger Carter Comm Ctr	Nov 5	6-7:30 PM	Th

11-14 yrs / 8 classes / \$125

RP5892.511	N Laurel Comm Ctr	Sep 14	7:30-9 PM	M
RP5892.512	Gary J Arthur Comm Ctr	Sep 9	7:30-9 PM	W
RP5892.513	Roger Carter Comm Ctr	Sep 10	7:30-9 PM	Th

11-14 yrs / 6 classes / \$95

RP5892.514	N Laurel Comm Ctr	Nov 9	7:30-9 PM	M
RP5892.515	Gary J Arthur Comm Ctr	Nov 4	7:30-9 PM	W
RP5892.516	Roger Carter Comm Ctr	Nov 5	7:30-9 PM	Th

Volleyball Performance Clinic with Columbia Volleyball Club

9-14 yrs / 14 classes starting Sep 14 / \$200

Join coaches from the Columbia Volleyball Club (CVC) and other top coaches in the area as they instruct players in the finer points of the game. This clinic is designed to aide players in fine tuning their volleyball skills to assist them in playing on their future high school and club volleyball teams. Don't miss out!

RP5892.541	Meadowbrook Ath Comp	7-9 PM	M & W
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Youth Volleyball League – YVL

(Formerly Meadowbrook Volleyball League)

10-16 yrs / 8 wks starting Sep 13 / \$130, *\$60, head coach's child

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. Enjoy a "Good Sports" atmosphere and coming together weekly to learn and practice the fundamentals of the game. Our ASEP-Certified Parent Coaches provide a quality recreation environment for our players, parents, coaches and spectators. Weekly practices are scheduled between 5-9 PM on a weekday. Matches are on Sundays between 10 AM-4 PM. Players are placed on teams after a skills evaluation scheduled for September 13, time TBD. Specific details on one-hour matches/practice times are communicated after each season's skills evaluation. The YVL is for

novice to experienced players.

Matches: Meadowbrook Ath Comp / Practices: TBD

RP5891.501	10-12 yrs	RP5891.502*	10-12 yrs
RP5891.511	13-14 yrs	RP5891.512*	13-14 yrs
RP5891.521	13 yrs (adv)-17 yrs	RP5891.522*	13 yrs (adv)-17 yrs

Adults (18 yrs +)

Drop-in Co-Rec Volleyball

18 yrs + / 10 wks, start dates below / \$44

Join athletes of various skill levels for volleyball scrimmages. Games are self-officiated and site staff help form balanced teams. Driver's license required. Refer to the Get Active Package (page 9) if interested in playing more than once per week. Some gyms may be canceled by the third meeting due to insufficient registration or attendance. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

RP6901.501	Burleigh Manor MS	Sep 14	8-10 PM	M
RP6901.502	Burleigh Manor MS	Sep 17	8-10 PM	Th
RP6901.503	Forest Ridge ES	Sep 16	8-10 PM	W
RP6901.504	Rockburn ES	Sep 15	8-10 PM	Tu
RP6901.505	Meadowbrook Ath Comp	Sep 16	9-11 PM	W

League Refund Policy Page 73

Co-Rec Volleyball League

18 yrs + / 8 wks plus playoffs starting Sep 13 / \$220

The volleyball leagues play 6-on-6, with rosters up to 12 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes schedule, facility, awards and administration. Teams are required to pay game official fees of \$20 per team on the court at each match. Register by September 6; by July 26 to receive a 10% discount. Info, or if you are an individual looking for a team: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5890.501	Roger Carter Comm Ctr	4-10 PM	Su
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Co-Rec Volleyball

55 yrs + / 12 wks starting Sep 29 / \$19

Join senior men and women of various volleyball skill levels for competitive and fun volleyball play. Previous volleyball experience helpful. The program meets twice per week. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

RP5592.501	Meadowbrook Ath Comp	10:30 AM-12:30 PM	Tu & F
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Wrestling

Howard County Vipers Wrestling

4-16 yrs / Dates & prices below

Learn valuable skills and techniques while participating in the Vipers Wrestling Program. The Vipers Program offers an opportunity to compete at a level which best fits each child's need. Vipers Wrestling offers 3 programming levels: (1) Clinic for the beginner in a non-competitive environment (1 practice per week, no weekend commitment); (2) Recreation for both beginners and intermediate level wrestlers in a semi-competitive environment (2-3 practices per week, matches on Saturdays); and (3) Travel for the advanced wrestler in a competitive environment (3 practices per week, matches on Saturdays and Sundays). Practices are at Howard County high schools. Visit www.howardcountywrestling.com for a complete list of locations and times. Info: Amy Patton, 410-313-4637 or apatton@howardcountymd.gov. or www.howardcountywrestling.com.

County High Schools / Schools have different days & times / 6-9 PM

RP5950.501	4-8 yrs	Clinic	Nov 16-Feb 28	\$75
RP5950.511	6-15 yrs	Recreational	Nov 16-Feb 28	\$150
RP5950.521	7-16 yrs	Travel	Nov 2-Mar 13	\$175

General Information

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on page 3.

Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both check-in and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff are not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- verification of qualifying income level (2014 tax return required) or
- proof of assistance from the Department of Social Services.

Funds are limited and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

Make a Donation

You can make a tax-deductible contribution to our Scholarship Fund by www.howardcountymd.gov or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

Inclement Weather & Program Status Information

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7AM, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7 AM, programs in schools in progress may be completed but those later in the day will be canceled.
- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Inclement Weather/Program Status Lines

Programs (Events, Trips, Selected Sports,* Outdoor Rec, Child Care & Therapeutic Rec)	410-313-4451
Gary J. Arthur Comm Ctr,	
Meadowbrook Athletic Complex, North Laurel Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr	410-313-4452
Fields*	
All School Fields	410-313-6827
Alpha Ridge, Western Regional	410-313-4372
Blandair Park	410-313-3673
Cedar Lane	410-313-4453
Centennial	410-313-4454
Cypressmede & Hollifield	410-313-4457
Dayton Oaks Parks & Schooley Mill	410-313-4458

Dickinson, Hammond, Hawthorn, Huntington & Martin Road	410-313-4459
East Columbia Library, Guiliford Savage & N Laurel Fields	410-313-4456
Howard County Center for the Arts, Rockburn Branch, Waterloo & Worthington Off-Leash	410-313-4455
Meadowbrook Park	410-313-2727

Snack Policy

Many of our children’s activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

Rules of Conduct

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited.
- No smoking in buildings or on school property.
- No soliciting or loitering.
- No interference with employee or volunteer duties.
- No harassment or inappropriate or indecent conduct or language.
- No unauthorized use of drugs, intoxicants or weapons.
- No parking in unauthorized areas or driving/parking on field areas.
- No alteration or installation of equipment (eg. basketball hoops, fences.)
- No defacing of property, indoors or outdoors.
- No conduct that may jeopardize the safety of others.

Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A.D.A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager Susan Potts at 410-313-4628 or spotts@howardcountymd.gov or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov.

Other Policies

Additionally, the Department reserves the right

- to cancel a program for any reasonable cause;
- to deny registration or entry into a program when it deems necessary to assure public safety;
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- to photograph programs, participants and volunteers for publicity purposes; and/or
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

Public Meetings

For information about Howard County Recreation & Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Dr. Joel Goodman (Chair), Ms. Cynthia Vaillancourt (Board of Education Designee), Mr. Chuck Parvis (Board of Education), Ms. Joanne Kiebler, Mr. Thomas M. Franklin, Ms. Sylvia Ramsey, Mr. William Santos (Planning Board Designee), Mr. Daniel Tracy, Jr, Mr. Michael Smith (Student Member), Mr. John R. Byrd (Recording Secretary).

Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit www.howardcountymd.gov and click on the “I want to” tab.

The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We’d like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/ContractorApplication.pdf or call 410-313-4639.

Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.hocovolunteer.org to view opportunities and register.

Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668.

Program Locations

Schools

Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Spring ES	3 (b-4)
Bollman Bridge ES	4 (c-4)
Bonnie Branch MS	5 (b-5)
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	7 (b-4)
Bushy Park ES	8 (a-2)
Cedar Lane School	9 (c-3)
Centennial HS	10 (b-4)
Centennial Lane ES	11 (b-4)
Clarksville ES	12 (b-3)
Clarksville MS	13 (b-3)
Clemens Crossing ES	14 (b-4)
Cradlerock ES	15 (b-4)
Dayton Oaks ES	16 (b-3)
Deep Run ES	17 (c-4)
Ducketts Lane ES	113 (b-5)
Dunloggin MS	18 (b-4)
Elkridge ES	19 (b-5)
Elkridge Landing MS	20 (b-5)
Ellicott Mill s MS	21 (b-4)
Folly Quarter MS	22 (b-3)
Forest Ridge ES	23 (c-4)
Fulton ES	24 (c-3)
Glenelg HS	25 (b-2)
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Hammond ES	29 (c-4)
Hammond HS	30 (c-4)
Hammond MS	31 (c-4)
Harper's Choice MS	32 (b-3)
Hollifield Station ES	33 (a-4)
Homewood School	34 (b-3)
Howard HS	35 (b-4)
Ilchester ES	36 (b-5)
Jeffers Hill ES	37 (b-4)
Lake Elkhorn MS	15 (b-4)
Laurel Woods ES	38 (c-4)
Lime Kiln MS	39 (c-3)
Lisbon ES	40 (a-2)
Long Reach HS	41 (b-4)
Longfellow ES	42 (b-4)

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbott Springs ES	63 (b-4)
Thomas Viaduct MS	114 (b-5)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

Parks

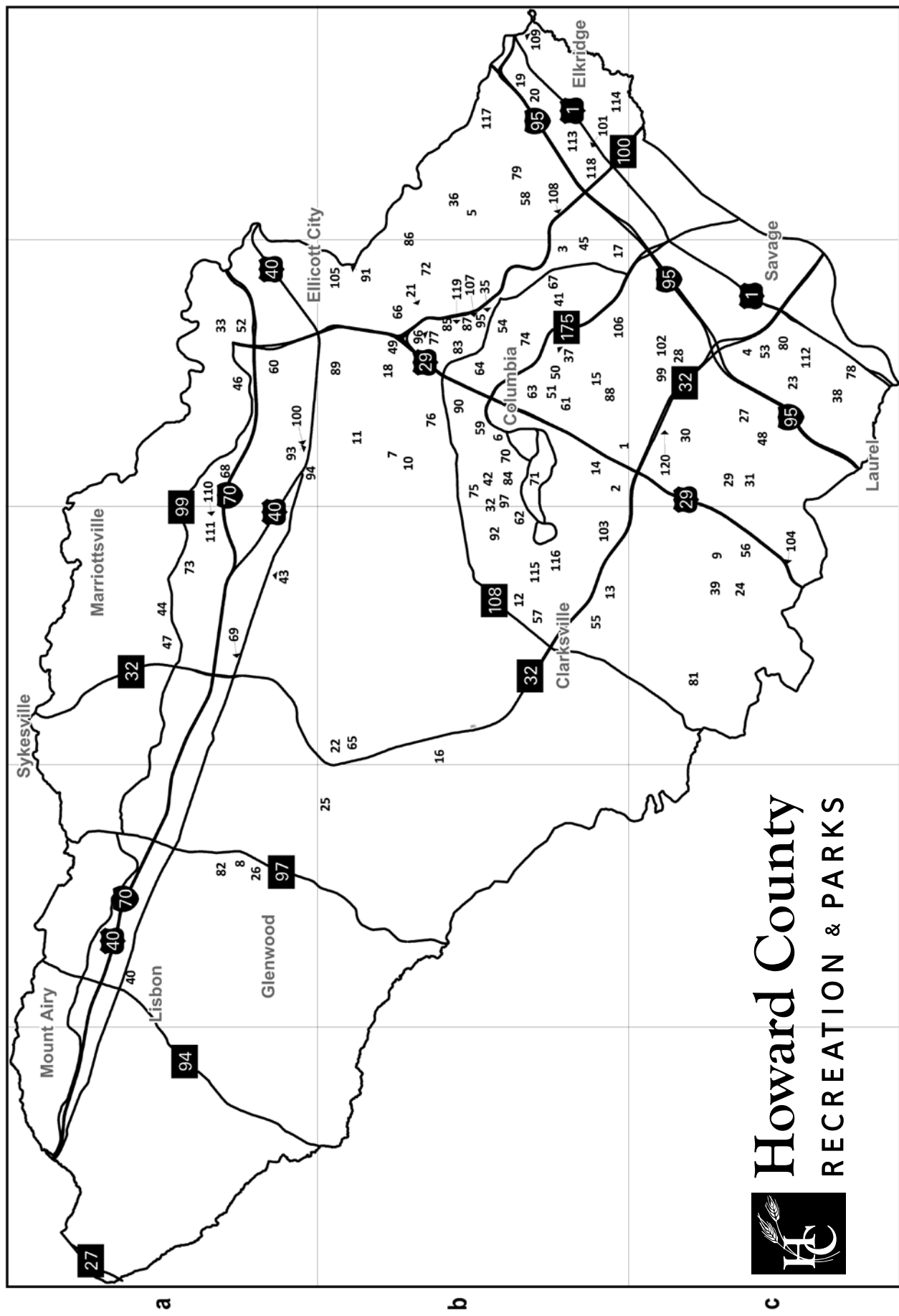
Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	75 (b-4)
Centennial Park	76 (b-4)
Meadowbrook Park	77 (b-4)
Middle Patuxent Environmental Area (MPEA), Trotter Road	115 (b-3)
Southwind Circle	116 (b-3)
North Laurel Park	78 (c-4)
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	81 (c-3)
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

Other

AXIS Sports Facility	83 (b-4)
Bain Center	84 (b-4)
Baldwin Commons Hall	112 (c-4)
Belmont Manor & Historic Park	117 (b-5)
Cedar Lane Rec Ctr	75 (b-4)
Columbia Gymnastics	85 (b-4)
Dance Connections, Inc.	86 (b-4)
DanceTEC Center	119 (b-4)
Drama Learning Ctr	87 (b-4)
East Columbia Library	88 (b-4)
Ellicott City Sr Ctr	89 (b-4)
Fairway Hills Golf Course	90 (b-4)
Gary J. Arthur Comm Ctr	82 (a-2)
Historic Ellicott City	91 (b-4)
Hobbitts Glen Golf Course	92 (b-3)
Kinetics Dance Theatre	93 (a-4)
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	95 (b-4)
Long Gate Park & Ride	96 (b-4)
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	97 (b-3)
North Laurel Comm Ctr	78 (c-4)
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
PetStructor	120 (c-4)
Pfeiffer's Corner Schoolhouse	79 (b-5)
Pump It Up – Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	103 (b-3)
Rocky Gorge Golf Course	104 (c-3)
Roger Carter Comm Ctr	105 (b-4)
Studio Inspire	106 (b-4)
Synergy Fitness	107 (b-4)
Timbers at Troy Golf Course	108 (b-5)
Volleyball/Soccer House	109 (b-5)
Waverly Woods Golf Course	110 (a-3)
Waverly Mansion	111 (a-3)

For additional locations and driving directions, please visit www.howardcountymd.gov/Directions.htm.

1 2 3 4 5





Howard County

RECREATION & PARKS

Registration Form

Phone: 410-313-7275

www.howardcountymd.gov/rap

7120 Oakland Mills Road, Columbia, Maryland 21046

Fax: 410-313-4658

Tdd: 410-313-4665

RP _____ . _____

Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

RP _____ . _____

Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

RP _____ . _____

Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

PAYMENT OPTIONS

Cash/Check

☐ Cash \$ _____ ☐ Check # _____ \$ _____

Make checks payable to **Director of Finance; Howard County**

Mail to: Howard County Recreation & Parks, Attn: Registration
7120 Oakland Mills Road, Columbia, MD 21046

Credit Card



Card #: _____ Exp. Date: _____ CVC Code: _____

Account Holder Signature _____ Date _____

Account Holder Name (Print) _____

Electronic Check Payment

☐ Checking

☐ Savings

Routing # _____ Account # _____

Account Holder Signature _____ Date _____

Account Holder Name (Print) _____



Routing Number

Account Number

☐ I would like to contribute \$ _____ to the HCRP Scholarship Fund.

		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Name of Payer	Date of Birth	Home Phone
Home Address: Street		Work Phone 1
		Cell Phone
City/State/Zip		Email Address

Completing the registration process today includes an understanding that you agree to all waivers and policies of Howard County Recreation & Parks. These waivers and policies can be found in our seasonal guides, online at www.howardcountymd.gov/recandparksforms.htm and on the bottom of your receipt. If you are unable to review this in our activity guide or online, our registration office can provide you written copies upon request.

Does the participant have a disability or any special accommodation request that we need to know about?

If yes, please explain. _____

Does the participant have an allergy that we need to know about?

If yes, please explain. _____

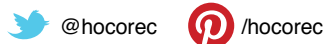
Signature _____ Date _____



Howard County

RECREATION & PARKS

7120 Oakland Mills Road, Columbia, MD 21046



43rd
Anniversary

Holiday Mart

Juried Arts & Crafts Show

December 5, 10 AM - 5 PM
5 yrs +, \$5 per person

- 140 crafters
- Door prizes
- Childrens craft corner
- Refreshments and lunch available for purchase

Info: 410-313-4840 or www.howardcountymd.gov/rap
Inclement Weather: 410-313-4452

Gary J. Arthur Community Center
2400 Route 97, Cooksville, MD 21723

\$1 off with this ad. (Must be presented at time of purchase, good towards one admission only.)



RP-FALL-2015